

West Point Child and Youth Services Connections



April - June 2025

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Volunteer Coaches Needed

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth sports office for next steps at 315-774-9238.

MONTH OF THE MILITARY CHILD

APRIL 2025

"Celebrating Military Children and Youth:
Building Stronger Character and Relationships"



Purple Up Day: April 23, 2025

MOMC Sneaker Ball Event: April 25, 2025

5-8pm at The West Point Club

Keep a look out for more CYS MOMC events!

Child Development Center

Spring is on the way!

We are looking forward to warmer weather. As always, please be sure that your children have the appropriate gear to participate in outdoor activities. We are ready to learn about and explore all things spring and look forward to implementing fresh ideas and adding fun creative activities into both the classroom and outdoors. We are setting up fun learning environments to engage the children in math, literacy, science, stem, technology and art. Get ready for some exploring and learning fun!

"You'll never be bored when you try something new. There's really no limit to what you can do!" - Dr. Seuss

Curriculum Snapshots

Teaching Strategies Gold



11.b.4 Practices an activity many times until successful



2.c.3 Plays near other children; uses similar materials or actions.



19.b.3 Mock letters or letter-like forms

Monthly Parent Participation:

Please join us for these events:

1– 30 April ("Month of the Military Child") There will be a posted calendar with multiple events!

9 May 2025 - Afternoon Tea Time at 4pm

13 June 2025 - Donuts with Grown-Ups at 4pm

Sign-ups will be located in the classrooms. Hope to see you there!



Need to contact the Child Development Center?

Front Desk: Phone: (315) 774-9236



School Age Center

- ◆ Director: Kimberly Pyron (315)774-9237
- ◆ Assistant Director: Kaylie LaGuardia (315)774-9521



The West Point School Age Center has had a blast kicking off the new year filled with laughs, delicious Cooking Club meals, Zumba, cookie decorating and so much more. We would like to honor Eleanor B. ,Sophia M., Madeline S., Carolyn C., Marie S., and Ellie K. who were selected by both the staff and children to be our Youth Of the Month for December, January and February! We are excited to see what other fun and exciting things are to come this year!

Important Dates and Information

- ◆ SAC will be **CLOSED** on May 26th
- ◆ WPES Spring Break : March 17th-March 21st
- ◆ Parent Participation (1600-1700)
 - April 25th: Spring Fling
 - May 16th: Tie-Dye Party
 - June 6th: End of Year Picnic
- ◆ Summer Camp begins June 9th!! Children not currently enrolled in Before/



Youth Sports and Fitness

Youth Spring Sports are In Full Swing!!!

Spring has sprung and Youth Sports are back in action!

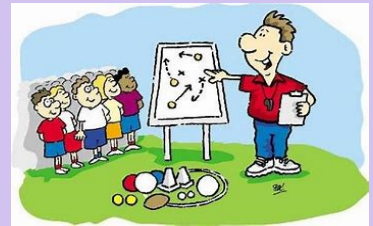
From soccer and baseball to volleyball and run club, our young athletes are hitting the fields, courts, and tracks with excitement and energy. It's the perfect time for youth to learn new skills, build teamwork, and have fun outdoors.

During the 2025 spring session our young athletes will have the opportunity to participate in, grow, and learn throughout a variety of sports including:

Baseball Flag Football Soccer

Volleyball Home School Gym Run Club

We hope you have a great beginning to your spring and an exciting countdown to the end of the school year!!



LOOKOUT: Summer Clinics Registration

Registration for our summer sports clinics will be opening soon. These clinics are designed to help kids improve their skills, stay active, and make lasting memories.

Whether your child is looking to refine their skills or try something new, there will be a clinic for them!

Keep an eye out for registrations details!

Let's make this summer a season of growth, fun, and sportsmanship!



Healthy Family Fun Idea

A great way to introduce new, healthy foods as a family this spring and summer is by color coding meals. For example, you could have a "red night," featuring pasta with tomato sauce, red peppers, and strawberries.

Make it a fun family activity by going to the store together to pick out the ingredients. Meal prep and cooking is a great way to stay healthy while bonding as a family!



Volunteer Coaches Needed



Volunteer coaches are needed to support our programs! If you or someone you know is interested in becoming a volunteer please contact the Youth Sports and Fitness office for next steps at (315)774-9238.

Free/Reduced Fees for Coaches!*

*Talk to Youth Sports and Fitness staff for qualifying details.



Middle School & Teen Center (MST)



The **Middle School & Teen (MST) Center** continues to host **Power Hour** everyday from 1420-1530. **Power Hour** helps youth achieve academic success with homework help and enrichment activities, and by encouraging them to become life-long, self-directed learners.



Stay tuned into your email as every month we will send activity schedules and cooking club flyers so you and your youth can be informed of the happenings at MST.

MST will operate 1230-1730 on early release, half-days, school-out days, and school breaks; based on WPMS and O'Neil Schedules.



**Upcoming Parent Participation:
1430-1730***

1-30 April MOMC!

15 May Painting w/ Parents*

6 June End-of-School Bash*

For MST programming questions call: (315)774-9238



School Support Services

A Driving Force for Student Success

Transition Services from Your School Liaison Officer

- Liaisons between the parent and the school to ensure compliance with Interstate Compact on Educational Opportunity for Military Children.
- Assists Families by connecting them to their next duty station.
- Facilitates communication between the school/installation leadership and the parent.
- Provides detailed information on school and local education policies.
- Provides direct contacts for school and installation support for special education information.
- Connects youth to youth sponsors.

PCS Checklist

Communicating with Schools During Transition

Before you move:

- Can you register your child prior to arriving?
- What forms and documents are needed to register?
- Is it possible to register on-line?
- Will my child be able to remain in their school if registered with a temporary address?
- Do they conduct a youth sponsorship program?
- What are the requirements for special education services?
- Are there deadlines for extracurricular try-outs (sports, theater, etc.)?
- What are the immunization requirements?
- Are there specific graduation requirements?
- What is the school schedule/cycle?
- What are the beginning and ending dates for the school year?
- High School – are they on a block schedule?
- High School – compare graduation requirements of your current and new school to identify any conflicts
- Research zones for schools and bus routes

Once you arrive at your new duty station:

- What is the daily schedule?
- What are the grading periods (6wk, 9wk, 12wk, or 18wk)?
- Does the school participate in a grading system parents can access?
- What is the attendance policy?
- What are the standardized testing procedures and requirements?
- Communicate with the new school regarding any course substitutions that might be needed to meet course graduation requirements.

Other Transition Considerations:

- Let the school know of upcoming deployments or additional transitions
- Discuss concerns about transition that both your child and you might have with school personnel
- Provide the school behavioral changes they should be aware of indicating challenges with transition

If your family is leaving West Point, contact your School Liaison Officer for student transition support:

Emily Miller



emily.s.miller1.naf@army.mil



(520)717-9761

School Records/Portfolio

A little preparation can save you lots of time and energy during a PCS.

Having a child's education records all in one place makes school enrollment easier for you, your child, and the school.

Your educational binder should include:

- School reports cards
- Standardized test scores
- Transcripts highlighting different curricula at different schools
- IEP/504 Plans (if applicable)
- Education Assessments
- School Contact Information

A portfolio takes the educational binder a step further and creates a living record of your child's educational progress.

An educational portfolio can also include:

- Student biographical information
- School contact information for all schools attended
- Course information, including course descriptions
- Community service information
- Extracurricular activities, including names of organizations, dates, leadership roles, and awards
- IEP/504 Plan history and special education documents (if applicable)
- Personal references
- Academic work samples from different subjects and different grades, including:
 - o Writing Samples
 - o Research Papers
 - o Math Assignments/Tests
 - o Projects
 - o Speeches/Presentations



CYS Nurse Notes

Greetings From The CYS Nurse

Happy Spring Everyone!

Please continue to monitor your children for early signs and symptoms of illness every morning before arriving at childcare or school. Maintain you and your child's good health by scheduling well visits. Following all physicals, please provide Parent Central with the updated vaccine records for immunization compliance. If your child has a change in health status or receives a new medical diagnosis, please contact Parent Central immediately for the paperwork to be completed by you and your pediatrician.

Tick season is here, prevention is key.

If returning from the outdoors perform a complete body check. Tick attachment sites are underarms, scalp, joints, groin, buttock, and back to name a few.

Take a shower as soon as possible.

Ask your pediatrician what tick repellent they recommend.

Keep your property manicured.

Keep your pet on a tick repellent regiment.

Stay on a well-marked trail when hiking.

If bitten remove the tick with a fine tipped tweezers. Place the tweezers tip closest to where the tick is embedded pulling it straight outward while avoiding squeezing the tick's body. This will result in the tick regurgitating more bacteria into the host. Clean the area with soap and water. Mark the calendar the day the person was bitten and the site. Monitor for symptoms of headache, fever, joint pain, fatigue, and the possible appearance of a red bulls-eye rash. Contact your doctor if symptoms develop.

I hope these tips are helpful.

Wishing you all a wonderful spring season!

Christine S. Marino RN CYS Nurse



Always remember to
WASH YOUR HANDS!

Parent and Outreach Services

Parent Central Services Team

Hours of Operation:

0730-1700

Monday-Friday

Call for an Appointment
Walk-ins Welcome

<p>Lisa Lloyd Administrative Assistant 520-717-9763</p>	<p>Kayla Keenan Administrative Assistant 520-717-9740</p>	<p>Susan Crandall Administrative Assistant 520-717-9724</p>	<p>Jacque Butler Director 520-717-9715</p>
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Education Opportunities — Register in-person or by phone with Parent Central Services

Parent CPR and First Aid

Free and open to the Community!

Hosted at Stony CDC – Bldg 1207

25 April 2025 @ 1700-1900

1 August 2025 @ 1700-1900

CYSitters Babysitter Course

Open to Youth aged 12+ enrolled with CYS!

Fee: \$20.00

24 May 2025

18 July 2025

Parent Education

Free and open to the Community!

Stony CDC Internal Transition

April – 1600-1700

Military Child Care 101

May – 1600-1700

CYS Parent Participation Points

June – 1700-1800

You can earn a 10% discount on your child care bill!

The West Point CYS Parent Participation Program provides parents an excellent opportunity to share their unique gifts, talents and abilities while volunteering to support regularly scheduled programs (full day and before and/or after school). See your child's program management for ways you can participate.



Military Family Resources on the Web

Participate in FREE face-to-face and online parenting programs at Thrive.psu.edu. Families with children aged 0-18 years are supported to “take root,” “sprout,” “grow,” and “branch out.”



As you care for your child, don't forget about yourself! Learn new skills and practice Self Care through the At Ease series at BabiesontheHomefront.org.



Visit MCEC at militarychild.org for access to courses, podcasts and webinars presented specifically for parents! Topics include Social Emotional Learning and the Military Child, Managing School Moves, Growing Great Readers and National Guard and Reserve Children.



Parent Advisory Board

All CYS Patrons are General Members of the West Point CYS PAB. The PAB provides an avenue for two-way feedback about CYS program operations between patrons and the command as well as helps identify parent/community needs. All CYS Patrons are welcome to participate beside the PAB Board Officers and West Point CYS Program representatives.



West Point CYS PAB meets every second Tuesday of each month!
Next meeting will be: 13 May 2025

See your Program Director for PAB Officer email contacts!