



USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

MAY 20 22

TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.

COVID-19 RESTRICTIONS STRICTLY ENFORCED AT MWR FACILITIES FOR CUSTOMER & STAFF SAFETY

 **DIGITAL GARRISON**
MOBILE APP

POWERED BY:



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

Mother's Day Brunch



West Point Club | Sunday, May 8

Seatings at:

11 am | 11:30am | 12pm | 12:30pm | 1pm | 1:30pm

Adults \$37 | Children 6-11 \$21 | Children 5 & under \$10

Non government employee, non West Point Resident, be prepared to provide vaccination record and negative covid test 72 hrs prior to the event.

*Gate Access Policy is in effect for this event.
Visitors Pass required.*



For reservations, call
845.938.5120

thewestpointclub.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



Club Lunch Program



Check our Facebook page for weekly menu rotations!

From 10:30am - 2pm, enjoy Bistro 603's Grab-N-Go lunch & daily carving board selections, plus:

NEW: "BUFFET BONANZA"
AT THE WEST POINT CLUB

Featuring Taco Tuesdays
and Wing Wednesdays!

Mondays, Thursdays, & Fridays:
Rotating International Favorites

Buffet Bonanza (Dine In only) Includes Chef's choice of dessert & Iced Tea. \$14 pp.



DINNER TO GO AT THE CLUB

Mon - Fri: Place order by 2pm.

Pick up from 4pm - 6:30pm.

Servings for 4 & 6 people available.

View our full menu [HERE](#). Order at
(845) 938-5120 or (845) 446-5545.



DINNER-TO-GO
AT THE WEST POINT CLUB

NOTE: BENNY HAVENS LOUNGE IS CLOSED UNTIL FURTHER NOTICE

Planning an event? Book one of our off-premise sites!

(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE



**NOW OPEN
FOR THE SEASON!**

WEST POINT GOLF COURSE DAILY FEES

<u>ON WEEKDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, KIDS	\$35	\$23
E7-03	\$48	\$28
04-010, RETIREES, & DOD CIVILIANS	\$50	\$30
CONTRACTORS, VETS, SENIORS, & GUESTS	\$60	\$35
GENERAL PUBLIC	\$71	\$43



<u>WEEKENDS & HOLIDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, KIDS	\$40	\$25
E7-03	\$55	\$32
04-010, RETIREES, & DOD CIVILIANS	\$58	\$35
CONTRACTORS, VETS, SENIORS, & GUESTS	\$73	\$45
GENERAL PUBLIC	\$88	\$55

TWILIGHT PRICING STARTS AT 3PM, & IS NOT AVAILABLE ON MONDAYS. DAILY FEES INCLUDE CART RENTAL. YOU MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

Open MON-THURS: 11am-7:30pm, FRI: 11am-11pm, SAT: 12pm-11pm, SUN: 12pm-7:30pm



DELIVERY HOURS*

MON-WEDS & FRI: 11AM - 7PM

THURS & SAT-SUN: 12PM - 7PM

PLACE ORDERS AT (845) 938-2140

VIEW OUR ENTIRE MENU ONLINE
AT WESTPOINT.ARMYMWR.COM



*DELIVERY IS AVAILABLE FOR WEST POINT RESIDENTS ONLY. ON-SITE PICKUP IS AVAILABLE FOR ALL OTHERS.



NOW THRU AUGUST 31ST!

Kids ages 2-15 get two FREE bowling games every program day!
Register for this offer online at: kidsbowlfree.com/Army. For more info, call the West Point Bowling Center at (845) 938-2140.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER



WEEKLY SPECIALS

LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center! \$5.00 per person, per game.

OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals. What are you waiting for?

BOWLING LEAGUES



League play runs September through May with Monday, Sunday, and Thursday evening leagues! Teams are often looking for full time players or alternates. All leagues are handicap formatted. Please call us for more information. We can help place you on an existing team, or assist you in setting up your own!



MON-THU: 8:30AM-1PM, FRI: 11AM-11PM, SAT: 12PM-11PM
SUN: 12PM-7:30PM | WWW.WESTPOINT.ARMYMWR.COM
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM



**Pet Kenneling • Dog Grooming • Summer Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage**



DOG GROOMING

- NAILS
- BATHS
- EARS
- TRIMS



MORGAN FARM

STABLE & KENNEL



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



HORSE RIDING LESSONS

Private & group lessons for ages 5+. Semi-private options available. Face masks required. For info, call (845) 938-3926 or visit [the MWR website](http://theMWRwebsite).



HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, an 225'x95' indoor ring, scenic trails, and 3 different boarding options. Get more info at (845) 938-3926 or online.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

MORGAN FARM

'22 SUMMER RIDING CAMPS AT MORGAN FARM



CAMP DATES

(MON-FRI, 9AM-3PM)

JUN 27TH - JUL 1ST | JUL 6TH - 8TH (← 3-DAY ONLY)

JUL 11TH - 15TH | JUL 18TH - 22ND | JUL 25TH - 29TH

CAMP PRICING

3-DAY

5-DAY

MILITARY OR DOD

\$225

\$345

MIL/DOD DEPENDENTS

\$205

\$298

GENERAL PUBLIC

\$230

\$350

LESSONS FOR ALL LEVELS OF RIDING EXPERIENCE!



OPEN TO THE PUBLIC FROM 8AM - 5PM DAILY
(845) 938-3926 | WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

LAKE FREDERICK REG AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Contact the Lake Frederick Office at (845)938-2649.

LAKE FREDERICK CABIN RENTALS

Spend some good ol' fashioned quality time with your family in our cozy lakeside bunk houses! Amenities include heat, a mini fridge, fire ring, & charcoal grill. Four Family Style cabins (with dining area) are available to rent for just \$100 per night! (\$125 on holidays/USMA events). Wood, bagged ice, & Lake Frederick patches are also available to buy! For more info, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

BULL POND REC AREA

**Bull Pond Recreation Area now open for the season!
Lodging dates and application info available [HERE](#).**



MAKE YOUR RESERVATION TODAY!

RESERVATIONS OPEN TO ALL ELIGIBLE DOD PERSONNEL.

Bull Pond Reservations are available on a first come, first serve basis. To make a reservation, call (845) 938-2649. Questions can be emailed to daniel.b.eichner.naf@army.mil. To see available lodging dates, please visit the [Bull Pond](#) page on westpoint.armymwr.com.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

RECREATIONAL FISHING & HUNTING



**NYS Freshwater
Fishing Regulations**



**TURKEY SEASON
IS NOW OPEN!**



OPENING IN MAY:

- WALLEYE • PICKEREL
- TIGER MUSKELLUNGE
- NORTHERN PIKE

[Fishing Permits & Fishing Info](#) | [Hunting Permits & Hunting Info](#)

CAMPING RESERVATIONS FOR 2022 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

[BULL POND](#) | [ROUND POND](#) | [LAKE FREDERICK](#)



OUTDOOR RECREATION EQUIPMENT RENTALS

The [Outdoor Recreation Equipment Checkout Center](#) is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER



THE AUTO CENTER IS OPEN FOR FULL SERVICE!

**OIL
CHANGE
SPECIAL**



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*).

Synthetic Oil: \$70 for up to 5qts*).

**Additional quarts extra*



Auto Skills Center Hours

Tuesday - Saturday 8am - 3pm.

For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

For more info, call us at (845) 938-2074. Reservations are required.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



HAPPY MOUNTAIN PAVILION



SHAPPY'S REC. PAVILION



WOOD-E LO HI PAVILION

RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

MAY

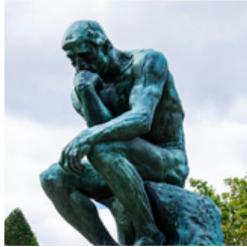
CALENDAR OF EVENTS



Creation Station Tue, May 3rd

3:30pm - 4:30pm

Complete a craft of your choice!
Projects prices start at \$15.
For ages 5 years and up.
Registration required.



Home School Art Class May 3rd & 5th

1:00pm - 2:00pm

Monthly art history projects
for homeschooling families.
For 1st grade & up. \$15 pp.
Registration required.



Little Impressionist Thurs, May 12th & 26th

10:30-11:30am + 1pm-2pm

Let your little ones express
their inner artist! For children
5 or younger. \$5 per child.
Registration required.



Home School Art Class May 24th & 25th

1:00pm - 2:00pm

Monthly art history projects
for homeschooling families.
For 1st grade & up. \$15 pp.
Registration required.

WP A&C Summer Camp Tues-Fri, June thru July

Registration opens May 10th

Our Summer Camp is open to all
1st - 9th graders! Cost is \$125 per
person. Register via Webtrack,
in person, or over the phone.

COME LET YOUR CREATIVITY SHINE THROUGH!



Weekly Open Ceramics Classes

Tuesdays, Wednesdays, & Thursdays

Weds: 9am - 5pm | Tues/Thurs: 9am - 4pm

Create a work of art in our Ceramics Studio!
Project cost varies. Participants must arrive at
least 1 hour before the end of class.

HOURS OF OPERATION: 9AM-4PM TUE-THURS. FRI: BY APPOINTMENT. FOR INFO,
GIFTS, OR CRAFT SERVICES, VISIT [OUR MWR WEB PAGE](#) OR CALL (845) 938-4812.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

PASSPORT TO ART SUMMER CAMP AT WP ARTS & CRAFTS



GRADES 1-4

10AM - 12PM

JUNE 28TH — JULY 1ST

JULY 5TH — JULY 8TH

JULY 12TH — JULY 15TH

JULY 26TH - JULY 29TH

GRADES 5-9

1PM - 3PM

JUNE 28TH — JULY 1ST

JULY 5TH — JULY 8TH

JULY 12TH — JULY 15TH

JULY 26TH - JULY 29TH

TRAVEL THE WORLD WITH A PASSPORT TO ART AT OUR SUMMER CAMP! EACH WEEK, WE'LL LEARN ABOUT COUNTRIES AROUND THE WORLD AND THEIR ART, THEN CREATE A PIECE REFLECTING THEIR CULTURAL STYLES!

\$125 PER CHILD, PER SESSION. REGISTER STARTING MAY 10TH VIA WEBTRAC, IN PERSON, OR BY PHONE. FULL PAYMENT IS REQUIRED AT REGISTRATION. SPACE IS LIMITED, SO REGISTRATION IS FIRST COME, FIRST SERVED.



WEST POINT ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
CONTACT ARTS & CRAFTS AT (845) 938-4812.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONS RUE MARKSMANSHIP CENTER



REG. SHOOTING: TUE-WED 10AM-3PM, & THU-FRI 6:30PM-9PM

**OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS.
REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.**

**Cadet
Appreciation Days**
April 7, 20, 26 and May 6
Tronsrue Marksmanship Center

Cadet Appreciation Days

Final Day: May 6th at TMC.

All cadets who visit the range during our operating hours will receive a One Hour Range fee for only \$5, and One Firearm rental for just \$5! (Ammo and targets remain their regular prices.)

USCCA Basic Pistol Course



USCCA Basic Pistol Course

Saturday, May 14th, 9am-4pm @ TMC.

Course includes live range time for practical application of the various shooting fundamentals, plus a USCCA certificate. Cost: \$150 per person.

TRONS RUE
MARKSMANSHIP
CENTER

**UTAH
(Non-Resident)
Concealed Permit Course**

UTAH Concealed Carry Permit Course

Sat, June 11th 1pm - 6pm @ BSP.

Permit allows non-residents to carry concealed handguns in 30+ states (not NY). No firearms or permits needed. \$150 pp + \$63.25 application fee. Bring a blank check.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

Tronsrue Marksmanship Center

PRIVATE Shooting Lessons



Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.

TRONSRUE CLOTHING AND STICKERS AVAILABLE NOW!



TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!

Tronsrue
Marksmanship
Center

**PUNCH PASSES
ON SALE NOW!**

WEST POINT FAMILY AND MWR



GIFT CARD

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

Step out of your comfort zone, boost morale, get to know your colleagues on a new level and have fun!

West Point Departments Team Building Activity



JUNE THROUGH AUGUST 2022
Tronsrue Marksmanship Center

\$50 per person
Minimum 6 People
Maximum 12 People
Duration 2 Hours
Must be 16 or Older
to Participate.

Includes:
Basic Pistol Instructions
Firearm Rental, Targets,
Range Time & 50 Rounds
of Ammo, Ear/Eye
Protection

*Pre-registration is required and no experience is necessary.
Open to groups & departments - Must be associated with USMA.*



**Call to register:
(845) 938-1700**

westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

ANOTHER AWESOME YEAR IS ON THE HORIZON! LEGOLAND NY IS NOW OPEN! GET YOUR TICKETS AT THE LTS OFFICE. (TICKETS REQUIRE DATE OF PARK VISIT AT POS.)

DINNER IN LITTLE ITALY/CHINATOWN - THURS, MAY 5TH



Spend a relaxing evening in NYC's most colorful neighborhoods! Enjoy fine dining with authentic Italian or Chinese cuisine. Great for an early Mother's Day Surprise! Depart WP at 4pm; depart NYC at 10pm. Transport cost: \$30/adult & \$25/child.

TAKE A WALK IN CENTRAL PARK - SATURDAY, MAY 7TH



A must-see for any visitor, Manhattan's 843 acre Central Park boasts sculptures, fountains, rolling meadows, gorgeous flowers, scenic waterways, and more! Depart WP at 9am; depart NYC at 3:30pm. Transport cost: \$30/adult & \$25/child.

THE 9TH AVENUE FOOD FESTIVAL - SATURDAY, MAY 14TH



The oldest & largest food festival in NYC, ft. international food & beverages, fine arts & crafts, and live entertainment. Plus, Japan Day is being held in Central Park as well! Depart WP at 9am; depart NYC at 5pm. Transport cost: \$30/adult & \$25/child.

LTS THEATER VAN TO BROADWAY - THURSDAY, MAY 26TH



Purchase half-price theater tickets at the TKTS booth, and enjoy an exciting night on the town with shows like Wicked, Chicago, Hadestown, Phantom of the Opera, & more! Depart WP at 4pm; depart NYC at 10:30pm. Transport cost: \$30/adult & \$25/child.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS IS OPEN FROM 8AM-4:15PM. CALL US AT (845) 938-3601

Six Flags, LEGOLAND, Hershey Park, Sesame Place, Universal, & IKON 2022 Season Passes are available! Click [HERE](#) for more info!

BUY YOUR DISNEY MILITARY SALUTE TICKETS HERE!

5-Day Disney Military Salute Ticket
with *Park Hopper*® Option*

\$70 per day

Total ticket price \$349

4-Day Disney Military Salute Ticket
with *Park Hopper*® Option*

\$83 per day

Total ticket price \$329



WALT DISNEY WORLD **50**



Ask us how to create your best Disney day with Disney Genie service!

To visit the Theme Parks, Theme Park reservations via the *Disney Park Pass* system (disneytraveltradeinfo.com/wdwparkreservations) AND valid admission are required for the same Theme Park on the same date for each person in your party ages 3 and up. A Park reservation must be made for each day of entry. Reservations are limited and subject to availability. View the Park Reservation availability calendar (disneytraveltradeinfo.com/wdwcacalendar).

*Disney will set specific *Park Hopper* hours during which this option is available. *Park Hopper* hours will start at 2 PM each day and end at the Park's scheduled close time. Guests must make a *Disney Park Pass* reservation for the first Park they plan to visit AND enter that first Park prior to visiting another. The ability to visit another Park will be subject to the Park's capacity limitations.

Tickets may be purchased through 12/12/22 in the case of the 5-Day Disney Military Salute Tickets and through 12/13/22 in the case of the 4-Day Disney Military Salute Tickets. Tickets are valid through 12/16/22. Disney Military Salute Tickets can be purchased at participating military base ticket offices including *Shades of Green Resort* at *Walt Disney World Resort* or at *Walt Disney World* Theme Park ticket windows. No tax if ticket is purchased at the base ticket office or *Shades of Green Resort* at *Walt Disney World Resort*. Tax is added if ticket is purchased at Theme Park ticket window. Each active or retired member of the U.S. military, including the National Guard, Reservists, the U.S. Coast Guard, the U.S. Space Force, the Commissioned Corps of the Public Health Service (PHS) and the Commissioned Corps of the National Oceanic and Atmospheric Administration (NOAA), or his/her spouse may purchase no more than six (6) Military Salute Tickets. Valid military ID required for all ticket transactions and military member (or spouse) must accompany the persons using these tickets for Theme Park admission. May not be combined with other discounts or promotions. All tickets and options are nontransferable, nonrefundable and exclude activities/events separately priced.

©Disney 2340880

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER



The MWR Fitness Center is now open 24 hours starting Tuesdays at 5:30am & running straight through until Sunday at 5pm! Mondays are 5:30am-8pm.

NEW Functional Fitness

Classes with Anthony



FUNCTIONAL FITNESS WITH ANTHONY

MON THROUGH FRI AT 9AM
+ NEW! TUE & THU 6PM-7PM

\$5 per pp. Class size is limited; pre-registration highly encouraged.



Personal Training Sessions & Assessments

Call our front desk or stop by to set up a session or assessment today! Call (845) 938-6490 or visit us online for pricing & more info.

U.S. ARMY
SPORTS - FITNESS - AQUATICS

WEST POINT MWR FITNESS CENTER

IS HIRING! RECREATION FACILITY AIDS FOR FLEXIBLE POSITIONS

U.S. ARMY
MWR

TO APPLY, CALL (845) 938-6490 OR VISIT USAJOBS.GOV

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

YOGA at Trophy Point

SATURDAYS | 9-10AM | \$5

June 4, 18 & 25 (Sue) | July 9 (Sue) July 23 (Noreen)
August 6 (Sue) August 20 (Noreen) | September 10 (Noreen)



Pre-registration online via WebTrac highly encouraged.
Class is limited to 20 participants. Weather permitting.
Please bring your own yoga mat!

Please bring group fitness coupon or exact change.



UNITED STATES ARMY
INSTALLATION MANAGEMENT COMMAND
westpoint.armymwr.com
(845) 938-6490



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS



WP Community Noontime Ultimate Frisbee League

March 21st - May 13th, Mon thru Fri
12pm - 1:15pm at Daly Field & River Courts (weather permitting).

To sign up, call (845) 938-3066



WP Community Outdoor Pickleball Open Play

April 6th - June 29th, Wednesdays
12pm-1pm & Sundays 3pm-5pm,
at Clinton Courts by Daly Field.

To sign up, call (845) 938-3066



WP Community Adult Intramural Golf League

April 26th - August 9th, Tuesdays
from 4pm until dusk at the West Point Golf Course.

To sign up, call (845) 938-3066



WP Community Adult Summer Softball League

June 1st - August 10th, Mondays & Wednesdays from 6pm to 10pm at all MWR H-Lot Softball Fields.

To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

OPEN GYM

Mon-Fri, 12pm-4pm

**At the Youth Center
(500 Washington Road)**

Jun 6th - Aug 19th

CYS will be holding Open Gym for all West Point Middle Schoolers & High Schoolers! No registration needed. Call the Youth Sports Office at (845) 938-8896/8525 for info.

CPR+ AED+ **FIRST AID CLASS**



AT STONY CDC (BLDG 1207)

MAY 13TH

FROM 5:00PM - 7:00PM

FOR CYS PATRONS ONLY



CPR / AED / First Aid Class

May 13th, 5pm-7pm, at Stony CDC.

Free & open to parents of registered CYS youth. Sign up in person at Parent & Outreach Services, or by calling (845) 938-4458 / 3969 / 1362.



UNITED STATES ARMY
CHILD & YOUTH SERVICES



JOIN OUR TEAM

**ALL NEW HIRES
WILL RECEIVE A**

\$500

**RECRUITMENT
BONUS!**



APPLY BY SCANNING
QR CODE, OR GO TO
WWW.USAJOBS.GOV

WEST POINT CYS IS HIRING!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



STAY TUNED TO OUR FACEBOOK PAGE FOR INFORMATION ABOUT OUR UPCOMING TEEN GAME NIGHT ON JUNE 3RD!

Wee-Play & Wee-Read



FAP WEE-ONES PROGRAMS AT THE YOUTH CENTER BLDG (500)

Wee-Ones programming is free and open to all Mil & DoD civilians with children ages 4 and younger. Registration is required. Register by calling (845) 938-0633.

WEE-PLAY: TUE

8:30AM-10AM, BI-WEEKLY

- April 12th + 26th
- May 10th + 24th
- June 7th + 21st

WEE-READ: WED

9AM-10AM, BI-WEEKLY

- April 13th + 27th
- May 11th + 25th
- June 8th + 22nd



FAP offers Life Skills Classes for Parenting, Couple's Communication, Stress Management, and Anger Management! Each program is 4-6 sessions of 1-2 hours each, located at the ACS Building (622) To register, call (845) 938-0633.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

EFMP

Exceptional Family Member Program

Coffee Hour

EVERY 3RD THURSDAY
OF THE MONTH FROM
10AM TO 11AM AT THE
ACS BUILDING (#622)

ACS invites all EFMP families to join us for a coffee hour, either in person at the ACS building (622) or online via Microsoft Teams. Come connect with other EFMP families and share resources, knowledge, and ideas for services focusing on individuals with special needs!

EFMP COFFEE HOUR IS SCHEDULED FOR THE FOLLOWING DATES:

1/20 2/17 3/17 4/21 5/19 6/16 7/21 8/18 9/15 10/20 11/17 12/15

Free & open to all. To register, call (845) 938-5655. Dates subject to change.



CALL ACS AT: (845) 938-3655 / EFMP: 5655
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
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