



USAG West Point

WHAT'S HAPPENING With Family & MWR



Special Events with MWR



APRIL 18, 2020 | 8AM
MWR FITNESS CENTER



SPONSORED BY:



PET SUPPLIES PLUS

Minus the hassle.
NEW WINDSOR, NEW YORK

No Federal Endorsement Implied

Doggie Dash 3K & 5K

Sat. Apr. 18th | 8AM-11AM | MWR Fitness Center
Sign-up Today!

Participants will follow the Doggie Dash 3K route or the 5K Fun Run route. Dogs must be well behaved and on a non-retractable leash. \$10 per person. Cadets are free, but must register. Register online at: westpoint.armymwr.com | More info, call: (845) 938-6490.

West Point Family & MWR | westpoint.armymwr.com



The West Point Club

(Open to the Public - DoD Visitor Access Policies Apply)

APR 17
6 - 7 PM VIP HOUR
7 - 10 PM



OPEN TO THE PUBLIC

Brew Fest

Fri. Apr. 17th | (6PM-7PM VIP Hour) 7PM-10PM
The West Point Club - Grand Ballroom
Open to the Public!

The 4th Annual Brew Fest is back at the West Point Club! 6-7PM is the VIP hour where you will get exclusive access to the participating breweries before everyone else. During the main event, vote for your favorite breweries and cider mills.

More info at: westpoint.armymwr.com | (845) 938-5120.

St. Patrick's Day Brunch

Sun. Mar. 15 | 10AM-1PM

Celebrate St. Patrick's day with delicious eggs, sausage & more!
\$35 Per Adult. \$18 Children 6-12.
\$8 Children 5 & under.
More info, call: (845) 938-5120



Corned Beef & Cabbage Lunch Special/ Dinner-to-Go

Tues. Mar. 17

For St Patrick's Day, The WPC will have delicious Corned Beef!
More info, call: (845) 938-5120



All West Point Club Events accept registration only by phone.



The West Point Club

(Open to the Public - DoD Visitor Access Policies Apply)

Champagne Sunday Brunch

Mar. 22, 29; Apr. 5, 19, 26
10AM-1PM

Sunday Brunch is back at the WPC. Have some wonderful waffles and more! \$30 Per Adult. \$15 Children 6-12. \$8 Children 5 & under. More info, call: (845) 938-5120



Seafest Night

Fri. Mar. 27 | 6-9PM

Indulge in great fish, shrimp and more with your friends and family. \$55 Per Adult. \$30 Per Child (6-12 years old). \$15 Per Child (5 years old and under). More info, call: (845) 938-5120



Family Pasta Night & Fish Fry

Fri. Apr. 3 | 6PM-9PM

Get together with your family and have a delightful dinner with either a big helping of pasta for everyone or a tasty fish fry. More info, call: (845) 938-5120



Easter Brunch

Sun. Apr. 12

First Seating: 10 or 10:30am

Easter Egg Hunt: 11:30am

Second Seating: 1 or 1:30pm

Easter Egg Hunt: 2:30pm

Celebrate Easter with delicious eggs, sausage & more!

\$35 Per Adult. \$18 Children 6-12.

\$10 Children 5 & under.

More info, call: (845) 938-5120



All West Point Club Events accept registration only by phone.

West Point Family & MWR | westpoint.armymwr.com



The West Point Club

A Premiere Catering and Wedding Venue

Wedding Tasting Event

Sun. Mar. 22 | 12-3PM

Sample our cuisine & meet our culinary team! Please RSVP by March 12. West Point Club booked weddings are entitled to two complimentary tickets. More info, call: (845) 938-5120



Wedding Season is Here at The West Point Club

Weddings at the West Point Club are perfect for making your special day, one to remember. Reserve/info, call: (845) 938-5120 thewestpointclub.com



MWR Delivery Services



DINNER-TO-GO

(DELIVERIES FOR WEST POINT RESIDENTS ONLY)

THE WEST POINT CLUB



Dinner-to-Go (Mon-Fri)

Place order by 2PM
Deliveries between: 5-7PM
Pick-up: 4:30-6:30PM

Servings for 4 & 6 people.
Deliveries on West Point only.
Menu: thewestpointclub.com
To order, call: (845) 938-5120

West Point Bowling Delivers Pizza

Sun-Thurs, 3-8PM
Fri-Sat, 3-9:30PM

Deliveries for West Point residents only. The West Point Bowling Center can cater all of your pizza needs. To order, call: (845) 938-2140



West Point Golf Course



Officially open Fri. Mar 13. No pro-shop/food-beverage services provided, but you can still play! Pro-shop opens Apr 1. Book your tee time today!

More info at: golfatwestpoint.com | (845) 938-2435.

West Point Community Scramble

Apr 30, Aug 14, Oct 8
Save the Date

Join the community for a little friendly competition on the course. More info, call: (845) 938-2435



Two Person Championship

Jul 25 & 26 | Save the Date

Grab a partner and compete to be the best golfing duo. Deadline to sign-up: Jul 1. More info, call: (845) 938-2435



Club Championship

Aug 22-23 | Save the Date

Win the title of the Club Champ at the West Point Golf Course. Deadline to sign-up: Aug 7. More info, call: (845) 938-2435



Morgan Farm

Morgan Farm Spring Break Pet Kenneling

DoD Customers

1st Dog \$24 per night
(add'l dogs \$12 per dog per night).

1st Cat \$16 per night
(add'l cats \$8 per cat per night).

Non-DoD Customers

Dogs \$25 per dog per night.

Cats \$17 per cat per night.

\$5 per walk

To reserve, call (845) 938-3926

or for more info go to:

westpoint.armymwr.com

Summer Camp Registration Begins

Now Taking Riders!

Morgan Farm's summer camp registration now open!

More info, call: (845) 938-3926

Or: westpoint.armymwr.com

Horse Boarding

Morgan Farms historic stables offers large stalls, daily turnout, 3 lighted outdoor rings, trails and three different boarding options in a scenic and private location.

More info, or to register call:

(845) 938-3926 or go to:

westpoint.armymwr.com

Riding Lessons All Year!

*Weather Permitting

For Ages 5 & Up

Private and group lessons available. Riding lessons suitable for beginners thru advanced.

More info, call: (845) 938-3926

Or: westpoint.armymwr.com

Morgan Farm Pet Boarding Spring Break Kenneling



Tronsrue Marksmanship Center



Basic Pistol Course

Sat. Mar. 21 | 9AM | Tronsrue Marksmanship Center

Thank you for your patronage. Course is full. Classroom portion will begin at 9AM at the Buffalo Soldier Pavilion located at 628 Hodges Pl. Practice follows at Tronsrue Marksmanship Center. Participants will receive a certificate.

Sign-up: (845) 938-1700 | westpoint.armymwr.com



Advanced Pistol Course

Sat. Apr. 18 | 9AM | Tronsrue Marksmanship Center

For those who have firearm experience, but would like to improve their skills. Stance, alignment, grip, and trigger control are discussed and put into practice. Firearm rentals and ammunition fees are included in the price for the course.

Sign-up: (845) 938-1700 | westpoint.armymwr.com



Leisure Travel Services

The untold true story
of the Witches of Oz

WICKED

The untold true story of the Witches of Oz



Wicked

Thurs. May 14th | 7PM | Gershwin Theater

Leave West Point 4PM. Leave NYC after the show. \$145 includes ticket and transportation. Register call: (845) 938-3601

Lower Manhattan

Sat. Mar. 28 | 8:30AM

Leave WP 8:30AM. Leave NYC 3:30PM. Visit the Statue of Liberty, 9/11 Memorial, NY Stock Exchange. \$30 Adult, \$25 Child (Bus only). More info: (845) 938-3601



NYBG & Arthur Avenue

Sat. Apr. 18 | 8:30AM

Leave WP 8:30AM. Leave NYC 4PM. Free admission to NYBG and then head over to Little Italy for shopping and dining. \$30 Adult, \$25 Child (transport only). More info: (845) 938-3601



Walk the Highline

Sat. Apr. 25 | 9AM

Leave WP 9AM. Leave NYC 3:30PM. Enjoy a spring day in NYC and going to the Chelsea Market. \$30 Adult, \$25 Child (transport only). More info: (845) 938-3601



ODR in 2020



Bull Pond Reservations Begin Starts Mon. Mar. 23 | 9AM

Lottery registration begins Mar. 23. Lottery will take place Sat. Apr. 4th at 9AM, Bonneville Cabin, Round Pond.
More info: (845) 938-2503 | westpoint.armymwr.com

ODR Summer Camping Season Starts April 1

Book your reservations with Round Pond and Lake Frederick. Trout fishing season starts (live bait available).
More info: (845) 938-2503
westpoint.armymwr.com



Hunter Education Course

Sun. Apr 26 | 8AM-5PM

Course at: Bonneville Cabin at Round Pond. Free and good for life. Complete the required homework.
More info: (845) 938-0123
westpoint.armymwr.com



Kids Fishing Derby Sat. May 9th | 9AM

The annual Kids Fishing Derby is back at Round Pond.
More info: (845) 938-2503
westpoint.armymwr.com



West Point Fitness Center



**NOW OPEN
24 HOURS!**

**HOUR
MWR FITNESS
CENTER**

Open 24 Hours at the MWR Fitness Center

Open Mon. 5:30AM - 8PM | Tues. 5:30 - 24 Hours.
Wed. - Sat. 24 Hours. Sun. 12AM - 5PM. 100% ID Check.
All MWR Fitness Center rules will still apply.
More info: (845) 938-6490 | westpoint.armymwr.com

Calendar Mar. 2020

NEW exciting classes, great instructors! The FMWR Fitness Center has it all to help you get moving.

More info, call: (845) 938-6490
Download the calendar at:
westpoint.armymwr.com



Spin Basics 101

Mon. 5:40PM & Wed. 5:40AM

Classes held every Monday and Wednesday at the MWR Fitness Center. Cost \$5.

More info, call: (845) 938-6490
westpoint.armymwr.com



March Yoga

**NEW at Buffalo Soldier Pavilion | Mar. 7, 14, 28
9:30AM**

More info, call: (845) 938-6490
westpoint.armymwr.com



West Point Fitness Center

MINDFUL LIVING WORKSHOP



Mindful Living Workshop

New Day, Time & Location:

Mon. 5PM | Buffalo Soldier Pavilion (No Class Mar 30)



FIRST CLASS FREE. NOW \$10 per class. Have you ever been stressed because of work, family, and all the other normal experiences we struggle with? Punita Jani-Thaker is the founder of SachetanLife, dedicated to making mindfulness accessible for all. More info/Sign-up, call: (845) 938-6490
westpoint.armymwr.com

Give the Gift of Massage!

Gift Certificates are available! Give your loved ones a day of relaxation this year. Partnered with Wellness Springs!

More info, call: (845) 938-6490
westpoint.armymwr.com



Childcare Co-Op

The co-op is dedicated to helping parents who want to work out without an infant or toddler hanging off their arm. Participants volunteer for shifts looking after children at the co-op (conveniently located at the MWR Fitness Center).

More info, call: (845) 938-3969
westpoint.armymwr.com



Intramural Sports



Noon-Time Ultimate Frisbee

Thurs. Mar 5, 19, 26
MWR Staff & Faculty

The league will be held indoor at the Foley Center. League play will be held on Thurs only, at 12-1PM. Registration open for individual players.

More info call: (845) 938-3066



Noon-Time Volleyball

Mon.-Fri. | Feb 24 - May 15

Night-Time Volleyball

Mon.-Thurs. | Mar 16-May 11

The league will be held at Arvin Gym. Noon-Time League play will be held on Mon.-Fri. at 12:15-1PM. Night-Time League play will be held on Mon.-Fri. at 6:30-8:30PM.

Registration open for single players. More info call: (845) 938-3066

MWR Bowling Center



Spring & Summer: Kids Bowl Free

Program Runs Apr 15 - Aug 31

Go online to sign-up for the FREE program at kidsbowlfree.com/army. Includes two free games of bowling per day!

Sign-up: (845) 938-2140 | westpoint.armymwr.com



Arts & Crafts Center

Calendar Mar. 2020

For the New Mar. Calendar

The West Point Arts & Crafts Center has amazing classes all. For a complete schedule of March & April classes go to:
westpointartsandcrafts.com



Gifts for All Occasions

The West Point Arts & Crafts Center can customize any gift for all occasions: bridal parties, weddings, birthdays, retirements, graduations and more!
Learn more, call: (845) 938-4812



Auto Center Special

Oil Change Special

Conventional Oil Change: \$35*
(Includes up to 5 qts of oil;
additional qts extra)

Synthetic Oil Change: \$55*
(Includes up to 5 qts of oil;
additional qts extra)

**For most cars and light trucks.*

Learn more, call: (845) 938-2074



Auto Skills Center NEW HOURS

The Auto Center will be open:
Tuesdays from 8AM-4PM
Wednesdays from 11AM-7PM
Thursdays from 11AM-7PM
Fridays from 10AM-6PM
Saturdays from 8AM-4PM
Learn more, call: (845) 938-2074



Child & Youth Services

Youth Center Open Saturdays

Now Open from 12-6PM for Open Recreation

MVP Club

Fridays Start Mar. 6 | 3-4PM
Youth Center

For grades 6-12. Take trips, learn healthy habits, exercise & compete in sports, gain volunteer hours, have fun and more!

Learn more, call: (845) 938-8889



Spring Rec Sports

Reg. Feb 10 - Mar 13
Season: Mar. 30 - May 28

Rec Soccer, T-Ball, Baseball, Flag Football, and Running Club available.

Learn more, call: (845) 938-0939



Coaches Needed

Meet the Coaches:
Mar 25 (Soccer Parents)
Mar 26 (T-Ball/Baseball, Flag Football & Running Parents)

Coaches must attend coaches meeting at MST March 24 at 5PM.
Learn more, call: (845) 938-0939



March Madness

Fri. Mar. 20 | 3PM
Youth Center Gym

Basketball Challenge! Create a team of 3-5 players. Ages 11-18. Sign-up at the Youth Center.
Learn more, call: (845) 938-8889



Child & Youth Services

Tae Kwon Do

Session 3: Apr 7 - May 7
Youth Center Gym

Learn a martial art this year at the Youth Center! Open to ages 6-18. 6-6:50PM is the beginner section. 7-7:50PM is the Yellow section. Learn more, call: (845) 938-0939



Spring Formal Dance

Fri. Apr. 17 | 5-8PM
Youth Center

The Spring Formal is coming up, so get your corsages ready and dance the night away with your friends. Learn more, call: (845) 938-8889



CYS Birthday/ MOMC Celebration

Fri. Apr 17 | Stony CDC

Celebrate CYS's birthday with cake and activities throughout Stony CDC during the Month of the Military Child.

Learn more, call: (845) 938-4040



MOMC Lock-in

Apr 25 | 9PM-6:30AM
Youth Center

Enjoy a night of fun times with close friends at the Youth Center Lock-in. For grades 6-12 registered members. Permissions slip is required.

Learn more, call: (845) 938-8889



Army Community Services

Survivor Access Badge

West Point is honored to use the Survivor Access Badge. For more information, speak with a Support Coordinator at ACS.

Learn more, call: (845) 938-5654
armymwr.com/survivor-out-reach



Wee Ones Open Play Group

Mar 16, 23 & 30 | 9:30-11AM
Youth Center

We invite children birth to four years of age and their parents to play together!

Learn more, call: (845) 938-3655



Wee Ones Open Reading Group

Mar. 26 | 9:30-10:30AM Bldg.
622 Conference Room

We invite children birth to four years of age and their parents to read together!

Learn more, call: (845) 938-3655



Let's Talk About Cyberbullying

Wed. Apr. 1 | 11:30AM-1PM
ACS, Bldg. 622

Presented by Julika von Stackelberg. Understand ins & out of cyberbullying. RSVP NLT Mar. 27 to reserve a seat or for more info call: (845) 938-5655.



Paid Advertisement

(No Federal Endorsement Intended.)



THE THAYER
Hotel
AT WEST POINT



Saturday, March 21st | 3:00pm - 5:00pm

Join us at MacArthur's Riverview Restaurant
for our monthly traditional Afternoon High Tea.

Enjoy scones, tea sandwiches & petite desserts!

\$31.00 per person | Reservations Recommended



The Historic Thayer Hotel at West Point
674 Thayer Rd, West Point, NY 10996
thethayerhotel.com | (845) 446-4731 | info@thayerhotel.com

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US Family Health Plan - A TRICARE Prime Option IS NOW LOCATED AT **THE EXCHANGE ON BASE!**

Meet with a TRICARE Certified Benefit Consultant at our kiosk to:

- ★ Check TRICARE eligibility in DEERS
- ★ Understand your TRICARE options
- ★ Ask TRICARE questions i.e. (retirement, moving, enrollment)

US Family Health provides TRICARE eligible beneficiaries:

- ★ Choice of over 20,000 private doctors off base
- ★ Easy referral process/no forms needed
- ★ Plus...one of three enhanced benefits @ \$0 cost to you!



Interested in hearing more?

Stop by our kiosk or call to schedule an appointment:

Darrel Hutchinson - Health Benefits Consultant

(646) 354-0126

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SEASON TICKET
MEMBERSHIPS
AVAILABLE NOW**

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BUCKNELL ★ PRINCETON ★ EASTERN MICHIGAN ★ BUFFALO ★ AIR FORCE



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