



USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

MARCH 20 23



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



DIGITAL GARRISON

MOBILE APP

POWERED BY:



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

ST. PATRICK'S DAY

Benny Havens Lounge

FRIDAY, MARCH 17, 1600-2000

Menu

CORNED BEEF SANDWICH ON MARBLE RYE W/ FRIES
\$12

FISH AND CHIPS
\$12

IRISH COTTAGE PIE
\$14

IRISH POTATO SOUP W/ IRISH SODA BREAD
\$8

MINI POTATO PANCAKES
\$8

REGULAR PUB MENU WILL ALSO BE AVAILABLE

IRISH MUSIC AND DRINK SPECIALS



THEWESTPOINTCLUB.COM

For more information,
call 845.938.5120



THE WEST POINT CLUB



Easter

APRIL
9th

Sunday Brunch West Point Club

Seatings at 10am and 10:30am

Adults: \$40 | Children 6-11: \$20 | Children 5 & under: \$10

No refunds after March 31st.

Reservations required by calling Rose at (845) 938-5120.

Gate pass required for non West Point residents and non DoD card holders.

For full menu, please visit thewestpointclub.com



thewestpointclub.com

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

HELP WANTED!

Apply now at www.usajobs.gov!

USA Jobs keyword: "Army Installation Management Command"

USA Jobs location: "West Point, NY"

Supervisory Chef NF-03:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$44,870 - \$50,088
- Work Site: West Point Club



Cook NA-08:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$20.87 - \$24.34 per hour
- Work Site: West Point Club



Cook NA-06:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$19.32 - \$22.54 per hour
- Work Site: West Point Club



Cook NA-04:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$17.78 - \$20.74 per hour
- Work Site: West Point Club



Food Service Worker NA-01:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$15.46 - \$18.04 per hour
- Work Site: West Point Club



Applicants/employees are authorized to have
two government positions!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

HELP WANTED!

Apply now at www.usajobs.gov!

USA Jobs keyword: "Army Installation Management Command"

USA Jobs location: "West Point, NY"

Food and Beverage Attendant NA-01:

*Army Installation Management Command
Family and Morale, Welfare and Recreation
Announcement #O3NAFBR2211322535SR*

- Starting pay: \$16.76 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- AKA: Event Waiter/Waitress
- Work Site: West Point Club



Bartender NA-03:

*Army Installation Management Command
Family and Morale, Welfare and Recreation
Announcement #O3NAFBR2211332894SR*

- Starting pay: \$17.00 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- Work Site: West Point Club



Bar Assistant NA-01:

*Army Installation Management Command
Family and Morale, Welfare and Recreation
Announcement #O3NAFBR2211553518SR*

- Starting pay: \$15.46 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- Work Site: West Point Club



**Applicants/employees are authorized to have
two government positions!**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



BENNY HAVEN'S LOUNGE NOW OPEN THU & FRI 4PM-9:30PM (KITCHEN CLOSSES AT 8:30PM)



Club Lunch Program



Check our Facebook page for weekly menu rotations!

From 10:30am - 2pm, enjoy Bistro 603's Grab-N-Go lunch & daily carving board selections, plus:

NEW: "BUFFET BONANZA"
AT THE WEST POINT CLUB

Featuring Taco Tuesdays
and **Wing Wednesdays!**

Mondays, Thursdays, & Fridays:
Rotating International Favorites

Buffet Bonanza (Dine In only) Includes Chef's choice of dessert & Iced Tea. \$14 pp.



DINNER-TO-GO AT THE CLUB

Now available Wednesday - Friday!

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu [HERE](#). Order by calling (845) 446-5506/5504.



DINNER-TO-GO

AT THE WEST POINT CLUB

Planning an event? Book one of our off-premise sites!

(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

Attn: Faculty, Soldiers, Families & Civilians...
School is Back and so is
West Point Club's Benny Haven's Lounge!



Benny Haven's Lounge Menu

Beer Battered Onion Rings \$6
Served with Horseradish Sauce

Tempura Fried Shrimp \$8
Served with Shredded Carrot, Teriyaki
Sauce and Sesame Seeds

**Warm Bavarian Pretzel Sticks
with Beer Cheese Dip \$6**

Loaded Waffle Fries \$9
Served with Melted Cheddar
and Applewood Bacon

**Warm Spinach-Artichoke Dip
with Tri-Color Tortilla Chips \$8**

BBQ Pulled Pork Sandwich \$12
On a Brioche Roll
served with House Fries

Chicken Wings \$10
Buffalo, Garlic Parmesan or BBQ
w/ choice of Bleu Cheese or Ranch

Chicken Tender Basket \$10
Served with BBQ sauce or
Honey Mustard and Fries

Flatbread of the Day \$8

Check the Chalkboard

Beginning August 25th, Benny Haven's Lounge
will open every Thursday & Friday evening from 4-9:30pm.
Kitchen is open 4-8:30pm.



THEWESTPOINTCLUB.COM

For more info,
call 845.938.5120



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE

**NOW OPEN
FOR THE SEASON!**



WEST POINT GOLF COURSE DAILY FEES

<u>ON WEEKDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, KIDS	\$35	\$23
E7-03	\$48	\$28
04-010, RETIREES, & DOD CIVILIANS	\$50	\$30
CONTRACTORS, VETS, SENIORS, & GUESTS	\$60	\$35
GENERAL PUBLIC	\$71	\$43



<u>WEEKENDS & HOLIDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, KIDS	\$40	\$25
E7-03	\$55	\$32
04-010, RETIREES, & DOD CIVILIANS	\$58	\$35
CONTRACTORS, VETS, SENIORS, & GUESTS	\$73	\$45
GENERAL PUBLIC	\$88	\$55

TWILIGHT PRICING STARTS AT 3PM, & IS NOT AVAILABLE ON MONDAYS. DAILY FEES INCLUDE CART RENTAL. YOU MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

VICTOR CONSTANT SKI AREA

FOR DAILY UPDATES & OPERATION TIMES, CALL (845) 938-2475



**VISIT VSCA
ONLINE HERE!**



SNOW PASSES, EQUIPMENT RENTALS,
TUNING AND REPAIR, LOCKERS, AND
MERCHANDISE NOW AVAILABLE HERE!

SKI & SNOWBOARDING LESSONS AND
CLINICS NOW OFFERED FOR AGES 7+.
REGISTER NOW VIA OUR WEBTRAC!



VCSA MARCH CALENDAR OF EVENTS

3RD

**MWR EMPLOYEE
APPRECIATION DAY**

FRIDAY

ALL MWR EMPLOYEES AND
IMMEDIATE FAMILY ENJOY
\$10 SNOW PASSES AND
\$10 EQUIPMENT RENTALS!
MWR EMPLOYEE MUST BE
PRESENT/PARTICIPATING.

4TH

**NIGHT LIGHT
SNOWSHOE**

SAT, 7:30-9:30PM

COME JOIN MWR FOR A
NIGHTTIME SNOWSHOE
ADVENTURE TO THE TOP
OF THE VCSA! \$25 PP
(INCLUDES EQUIPMENT &
BONFIRE WITH S'MORES).

5TH

**VETERAN
APPRECIATION DAY**

SUN, 9AM-5PM

VETERANS AND THEIR
IMMEDIATE FAMILY ENJOY
\$20 SNOW PASSES AND
\$20 EQUIPMENT RENTALS!
MUST SHOW A CURRENT
VETERAN ID OR DD-214.

11TH

**LIVE MUSIC IN
THE LODGE**

SAT, 2PM-5PM

ENJOY LIVE MUSIC WITH
"SMOKIN' BUDDY" STEVE
WELLS. FT. ROCK, POP,
COUNTRY AND BLUES HITS
FROM THE 60'S TO TODAY!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

WEST POINT FMWR BOWLING CENTER



WE DELIVER!*

MON-WED & FRI: 11AM - 7PM

THU & SAT-SUN: 12PM - 7PM

PLACE ORDERS AT (845) 938-2140



**FOOD DELIVERY SERVICE IS AVAILABLE FOR WEST POINT RESIDENTS ONLY. ON-SITE PICKUP AT THE BOWLING CENTER IS AVAILABLE FOR ALL OTHERS.*



**VIEW OUR ENTIRE MENU ONLINE
AT WESTPOINT.ARMYMWR.COM**



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM
SUN: 12PM-7:30PM | WWW.WESTPOINT.ARMYMWR.COM
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

SENSORY FRIENDLY BOWLING

Now offered from 4pm-5pm every
2nd Wednesday of the month!



During Sensory-friendly Bowling hour, no music will be playing, and only special needs bowlers will be allowed use of the facility. For more information, call the Bowling Center at (845) 938-2140.



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM
SUN: 12PM-7:30PM | WWW.WESTPOINT.ARMYMWR.COM
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER



WEEKLY SPECIALS

LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center! \$5.00 per person, per game.

OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals. What are you waiting for?

BOWLING LEAGUES



League play runs September through May with Monday, Sunday, and Thursday evening leagues! Teams are often looking for full time players or alternates. All leagues are handicap formatted. Please call us for more information. We can help place you on an existing team, or assist you in setting up your own!



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM
SUN: 12PM-7:30PM | WWW.WESTPOINT.ARMYMWR.COM
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

MORGAN FARM



**Pet Kenneling • Dog Grooming • Seasonal Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage**



DOG GROOMING

- NAILS
- BATHS
- EARS
- TRIMS



MORGAN FARM

STABLE & KENNEL



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



HORSE RIDING LESSONS

Private & group lessons for ages 5+. Semi-private options available. Face masks required. For info, call (845) 938-3926 or visit [the MWR website](http://theMWRwebsite).



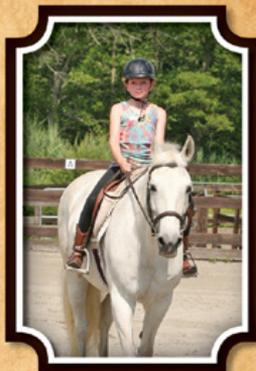
HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, an 225'x95' indoor ring, scenic trails, and 3 different boarding options. Get more info at (845) 938-3926 or online.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

MORGAN FARM

2023 SUMMER RIDING CAMPS AT MORGAN FARM



RIDING LESSONS FOR ALL LEVELS OF EXPERIENCE!

CAMP DATES

MON - FRI, 9AM - 3PM

WEEK 1: WED - FRI, JUL 5 TH - 7 TH	WK 2: MON - FRI, JUL 10 TH - 14 TH
WK 3: MON - FRI, JUL 17 TH - 21 ST	WK 4: MON - FRI, JUL 24 TH - 28 TH

PRICING

3-DAY 5-DAY

MILITARY OR DOD	\$216	\$360
GENERAL PUBLIC	\$236	\$380

**ADDITIONAL
CAMP INFO IS
AVAILABLE ON
REVERSE →**



OPEN TO THE PUBLIC, FROM 8AM TO 5PM, DAILY!
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

MORGAN FARM



Riding Camp will be held at the Saint Equestrian Center on Morgan Farm. We have an indoor ring, so it will be held rain or shine. Our camps are designed for children ages 5 and up to have a hands-on learning experience. Riding lessons will reflect and build upon each camper's level of expertise. In addition to riding, campers will be familiarized with basic safety, rules, and procedures, and will learn how to lead, brush, tack up, and perform daily horse care.

Friday is our "show day", where children will get a chance to show what they have learned! Families are invited to watch, and are encouraged to attend.

Children are to bring their own lunches/snacks/drinks. We have a fridge and freezer on the premises. **No glass bottles!**

If your child has allergies (airborne, food etc.), please let us know. Children are exposed to horse and cat dander, hay, dust, pollens, bugs, and sunlight.

Shoes/Boots with a small heel are required for safety. Children will not be allowed to work with horses if they are wearing sandals, jelly shoes, or soft-soled canvas sneakers. Helmets are mandatory and are provided by the barn. Children may bring their own, but it must have an attached safety harness and be S.E.I. approved. Bicycle helmets are not allowed.

Dress appropriately for being at the barn. Children in beginner/intermediate camps cannot wear shorts or capris for riding. Children in intermediate camps should bring old shorts, sneakers, and a t-shirt, daily. Sunscreen and insect repellent are recommended. Campers have access to an air conditioned lounge.

Please pick up children promptly, as the Instructor usually has lessons after camp.

Payment is due at time of registration. Children will not be considered registered unless payment has been made and confirmed. Make checks payable to IMWRF. Credit Cards and Cash are also accepted. Registration Forms available online at westpoint.armymwr.com or by emailing morganfarm@army.mil. Form and payment can given in person at, or mailed to: Morgan Farm, 681 Hardee Place, Room 206, West Point, NY 10996. Forms can also be sent back to the above email. When emailing a registration, you'll be called so that a credit card payment can be made over the phone.



OUTDOOR RECREATION

LAKE FREDERICK REC AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Contact the Lake Frederick Office at (845)938-2649.

LAKE FREDERICK CABIN RENTALS

Spend some good ol' fashioned quality time with your family in our cozy lakeside bunk houses! Amenities include heat, a mini fridge, fire ring, & charcoal grill. Four Family Style cabins (with dining area) are available to rent for just \$100 per night! (\$125 on holidays/USMA events). Wood, bagged ice, & Lake Frederick patches are also available to buy! For more info, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.

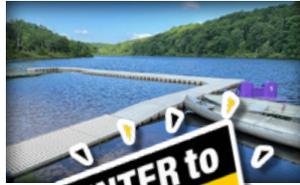


VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

BULL POND REC AREA

Now closed for the season! Reopening in April '23. Lodging dates and application info available [HERE](#).



BULL POND VIRTUAL LOTTERY

BULL POND LOTTERY WILL BE DRAWN MARCH 31ST!

Apply online at westpoint.armymwr.com by March 31st! Open to Active Duty Military only & limited to one chance per household. Winners will be notified by April 3rd. Dates available after lottery will be opened up to all other eligible DoD personnel on a first-come, first-serve basis. All reservations require full advance payment in cash, check, or credit.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

RECREATIONAL FISHING AND HUNTING

— RECREATIONAL FISHING —



**SHOP BAIT & TACKLE
AT ROUND POND!**

OPEN SEASON FOR:

- PICKEREL • SUNFISH • SALMON • EEL
- WHITEFISH • PIKE • WALLEYE • CRAPPIE
- PERCH • TIGER MUSKELLUNGE



NOW CATCH & RELEASE ONLY:

- BOTH SMALLMOUTH AND LARGEMOUTH BASS

Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide



— RECREATIONAL HUNTING —



**REMEMBER TO WEAR
YOUR HI-VIS GEAR!**

IN SEASON THIS MONTH:

- SNOW GEESE • PHEASANT • FOX
- SQUIRREL • RABBIT • RACCOON
- WEASEL • BOBCAT • COYOTE
- SKUNK • FISHER • OPOSSUM
- GROUSE • QUAIL



(PLEASE CHECK EACH COUNTY FOR DATES AND RESTRICTIONS)

Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CAMPING AND ODR EQUIPMENT RENTALS



OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is now closed for the season, and will be reopening next spring! However, we will continue to support equipment pickup during the off-season, including tables & chairs for upcoming holiday events. No delivery is available. For rental assistance or more info, call (845) 938-0123.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

B.O.S.S. SPECIAL EVENTS

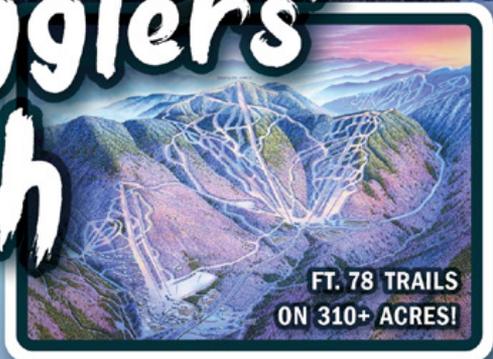


SCAN QR CODE
TO REGISTER

MARCH 10TH - 13TH
JOIN BOSS FOR OUR
ANNUAL SKI TRIP TO:



Smugglers' Notch RESORT



FT. 78 TRAILS
ON 310+ ACRES!

VANS LEAVE THE BSP (628 HODGES PL) AT 7AM ON MARCH 10TH. COST IS \$220 PP (DUE AT SIGN-UP). MUST REGISTER BY MAR 1ST. REGISTER ONLINE VIA WEBTRAC, OR BY SCANNING THE QR CODE.

REGISTRATION IS OPEN TO BOSS SOLDIERS ONLY. FOR MORE INFO, PLEASE CALL (845) 938-6497 OR VISIT WESTPOINT.ARMYMWR.COM



BOSS COORDINATOR PHONE: (845) 938-6497
VISIT MWR AT WESTPOINT.ARMYMWR.COM
VISIT BOSS'S FACEBOOK @WESTPOINTBOSS

BOSS
BETTER OPPORTUNITIES
FOR SINGLE SOLDIERS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER



THE AUTO CENTER IS OPEN FOR FULL SERVICE!

**OIL
CHANGE
SPECIAL**



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*).

Synthetic Oil: \$70 for up to 5qts*).

**Additional quarts extra*



Auto Skills Center Hours

Tuesday - Saturday 8am - 3pm.

For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

For more info, call us at (845) 938-2074. Reservations are required.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

WEST POINT AUTOMOTIVE SKILLS CENTER



ALIGNMENT & ROTATION

SPECIAL MAR 1ST - 31ST

GET A FULL ALIGNMENT & TIRE ROTATION FOR

ONLY \$99!_{.95}

CONTACT US TODAY
AT (845) 938-2074
TO SCHEDULE YOUR
VEHICLE'S SERVICE!



MAXIMIZE YOUR MILEAGE!

Improperly aligned tires can result in a decrease in fuel efficiency by up to 7%. Your vehicle could save nearly \$150 in annual fuel costs with properly aligned wheels!*

**Statistic obtained from the U.S. EPA.*

BENEFITS OF ALIGNMENT:

- » EXTENDS TIRE & TREAD LIFE
- » IMPROVES VEHICLE MILEAGE
- » SMOOTHER & SAFER DRIVING
- » SHORTER BRAKING DISTANCE

OFFER ENDS MARCH 31ST, 2023. THE AUTOMOTIVE SKILLS CENTER ACCEPTS CASH, CHECKS, AND CREDIT (VISA & MASTERCARD). MORE INFO AT (845) 938-2074 OR WESTPOINT.ARMYMWR.COM



BUSINESS HRS: TUE-SAT 8AM-4PM

CONTACT AUTO AT: (845) 938-2074

648 WILSON ROAD, WEST POINT, NY

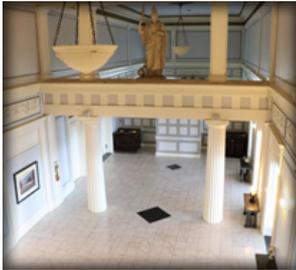
**AUTOMOTIVE
SKILLS CENTER**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Arts & Crafts Center

MARCH

CALENDAR OF EVENTS



Little Impressionist

Thu, Mar 2nd & 16th

10:30-11:30am + 1pm-2pm

Let your little ones express their inner artist! For children 6 years of age or younger. \$5 per child. Registration required.

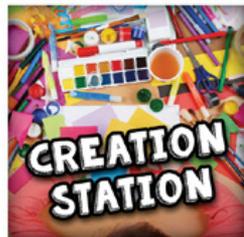


Open Studio

Sat, Mar 4th & 11th

9:00am - 3:00pm

Choose from a variety of mediums to work with in our studio! Projects start at \$12. Projects must begin by 2pm.



Creation Station

Tue, Mar 14th

3:30pm - 4:30pm

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.

DID YOU KNOW? IF YOU'RE AN ADULT. OR GO TO TRADITIONAL SCHOOL. BUT WOULD LIKE TO LEARN ABOUT OUR HOME SCHOOL CLASS'S FEATURED ARTIST. YOU CAN DO A SELF-GUIDED CLASS AND PROJECT DURING CREATION STATION OR OPEN STUDIO! CALL US FOR DETAILS.

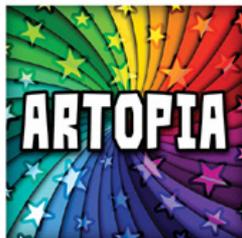


Home School Art Class

Wed, Mar 15th

1:00pm - 2:00pm

Monthly art history projects for homeschoolers in grades K & up. "Claude Monet". \$15 per person. Registration required.



ARTOPIA

Artopia

Tue, Mar 21st

3:00pm - 4:30pm

For grades 5 and up. Pick from several project options. Project pricing starts at \$15. Registration required.



Canvas Painting

Tue, Mar 21st

5:00pm - 7:00pm

Paint "Springtime in Paris" with us! An 11"x14" canvas is \$20 pp; a 16"x20" is \$30. All ages welcome. Registration required.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

Arts & Crafts Center

APRIL

CALENDAR OF EVENTS

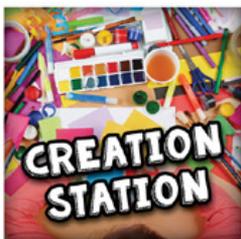


Little Impressionist

Thu, Apr 6th & 20th

10:30-11:30am + 1pm-2pm

Let your little ones express their inner artist! For children 6 years of age or younger. \$5 per child. Registration required.



Creation Station

Tue, Apr 11th

3:30pm - 4:30pm

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.



Home School Art Class

Wed, Apr 12th

1:00pm - 2:00pm

Monthly art history projects for homeschoolers in grades K & up. "Albert Bierstadt". \$15 per person. Registration required.

DID YOU KNOW? IF YOU'RE AN ADULT, OR GO TO TRADITIONAL SCHOOL, BUT WOULD LIKE TO LEARN ABOUT OUR HOME SCHOOL CLASS'S FEATURED ARTIST, YOU CAN DO A SELF-GUIDED CLASS AND PROJECT DURING CREATION STATION OR OPEN STUDIO! CALL US FOR DETAILS.



Canvas Painting

Thu, Apr 13th

5:00pm - 7:00pm

Come paint "Lovely Lilacs" with us! An 11"x14" canvas is \$20 pp; a 16"x20" is \$30. All ages welcome. Registration required.

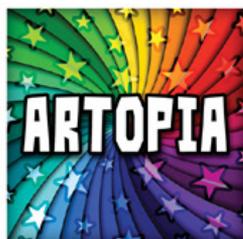


Open Studio

Sat, Apr 15th & 29th

9:00am - 3:00pm

Choose from a variety of mediums to work with in our studio! Projects start at \$12. Projects must begin by 2pm.



Artopia

Tue, Apr 18th

3:00pm - 4:30pm

For grades 5 and up. Pick from several project options. Project pricing starts at \$15. Registration required.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

REC SHOOTING: TUE-WED 10AM-3PM, & THU-FRI 6:30PM-9PM

OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.



NEW! Daily Specials at TMC

Tue & Wed, 11am-2pm: \$10 Range Fee; \$5 Firearm Rental (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!



Cadet Appreciation Days

From 10am-3pm at TMC on Mar 14th & 22nd, Apr 5th & 19th, and May 3rd & 9th, Cadets can enjoy exclusive discounts, feat. \$10 Range Fees and \$5 Rentals!



Cadet Only

Tactical Pistol Course

Sun, March 19th, 12pm-4pm at TMC.

Learn the fundamentals of tactical shooting and more with the Sig Sauer M17. \$125 pp (Includes ammo, targets, and eye/ear protection). Prerequisite: TMC Cadet Advanced Pistol Course.



Cadets Only Basic and Advanced Pistol Courses

Basic: Fri, Apr 21st, 4pm-6pm, and again on Sun, Apr 23rd, 10am-12pm (choose one). \$50pp. Advanced: Apr 23rd, 1pm-5pm. \$90pp. Prerequisite: Basic. Both at TMC; Rental & ammo + targets + eye/ear protection included.

LAST CADET COURSES BEFORE GRADUATION!

Basic: Friday | April 21st | 4-6pm
OR
Sunday | April 23rd | 10am-12pm
(Some courses, only choose one day.)

Advanced: Sunday | April 23rd | 1-5pm



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER



Firearms Rentals

Did you know? TMC allows you to rent firearms for practice shooting on our indoor ranges. Available rentals include several types of SIG Sauers, Rugers, Smith & Wessons, and BUL M-5 Commanders, and well as the Springfield 1911. Call for more info.

TRONSRUE CLOTHING AND STICKERS AVAILABLE NOW!



Tronsrue
Marksmanship
Center

**PUNCH PASSES
ON SALE NOW!**

WEST POINT FAMILY AND MWR



GIFT CARD

TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!



Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

NOW HIRING: Rec. Assistant (Range Operations) NF-02!



Intermittent. Salary: \$15.90 - \$20 per hour. Closes Feb 28th. Scan QR Code to view on USAJobs. Must have experience with firing range operation, firearm safety, customer service, & cashiering. Must pass drug test & obtain current Installation Range Cert + NRA Range Safety Officer Cert or equivalent within 60 days.

YOUTH AND FAMILY



INTRO TO FIREARM SAFETY CLINICS

YOUTH NIGHT **THURSDAYS IN APRIL**

\$5 per youth ages 12-20 with a non-shooting guardian experienced in firearm safety and operation.



FAMILY INTRO TO FIREARM SAFETY **THURSDAY, APRIL 13TH & 27TH, FROM 5PM-6PM**

\$5 per family with a maximum of 4 persons. Learn the basics of firearm safety and storage together.

FAMILY INTRO TO SHOOTING **APRIL 20TH & 28TH FROM 5PM-6PM**

\$5 per child. Shooting is open to children ages 12-20 only. Tronsrue staff will teach parents how to coach your child in shooting the Ruger 10.22 rifle.

REGISTRATION & INFO AT (845) 938-1700, WESTPOINT.ARMYMWR.COM, OR IN PERSON AT TMC

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



LEISURE TRAVEL SERVICES

DAYTRIPPER - MAR '23

SATURDAY, MAR 25TH - EXPLORING LOWER MANHATTAN



See where American history started for so many and the gateway for the future! Visit the Statue of Liberty, 9/11 Memorial, the NY Stock Exchange, Brooklyn Bridge and more. Leave WP at 8:30am; leave NYC at 3:30pm.

Transport cost: \$30/adult & \$25/child.

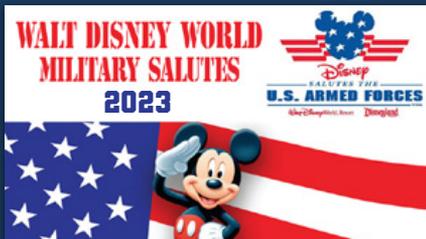
THURSDAY, MAR 9TH - THEATER VAN TO BROADWAY



Purchase half-price theater tickets at the TKTS booth, and enjoy an exciting night on the town with shows like Wicked, Chicago, Hadestown, POTO, & more! Depart WP at 4pm; leave NYC after shows (~10:45pm).

Transport cost: \$30/adult & \$25/child.

WALT DISNEY WORLD MILITARY SALUTES PASS 2023



Thru mid Dec '23, choose either a 4-day or 5-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility + ID)

- 5-Day w/ Park Hopper®: \$369 + tax.
- 4-Day w/ Park Hopper®: \$349 + tax.

For more information, click [HERE](#).

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR SWIM

Lunchtime Lap Swim is Back at Crandall Pool!

Wednesdays only, starting
November 30th from 12-1:45pm.

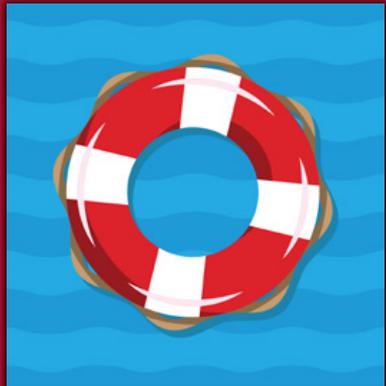


Crandall Pool is located at
727 Brewerton Rd., Arvin Gym.

For more info, call (845) 938-7060.

Open to Active Duty Personnel, DoD Civilians,
Retired Personnel & West Point Community Family Members.

Please note the pool depth is between 8-16 feet and is not recommended for use by young children as there are no shallow areas.



West Point Community, we need you! MWR is seeking volunteer lifeguards for our Indoor Swim program! Certified lifeguards are preferred, but free Red Cross Lifeguard Training is available. Hours are Mon-Fri, 12pm-1:45pm. Valid DOD ID card is required. If interested, call 845-938-7060, or email WestPointSFA@army.mil.

MWR FITNESS CENTER

Shamrock Shuffle 5K RACE



March 11 | 8am | \$20

Start and finish at the MWR Fitness Center.



Register online or at the fitness center by February 11th
and get a guaranteed shirt size!



westpoint.armymwr.com
(845) 938-6490



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Lifeguarding | Waterfront CPR | First Aid | AED CERTIFICATION CLASSES



CLASS 1

April 29th

8am at Long Pond (Waterfront)

12pm at Arvin Gym (Lifeguarding)

April 30th

8am at Buffalo Soldier Pavilion (CPR, FA, AED)

CLASS 2

May 6th

8am at Long Pond (Waterfront)

12pm at Arvin Gym (Lifeguarding)

May 7th

8am at Buffalo Soldier Pavilion (CPR, FA, AED)



**Open to ages 15 and up. Limited seats available,
sign-up today online or at the MWR Fitness Center.**

Cost: \$350 per person

If coming from off-post, background checks are required.



westpoint.armymwr.com

For more info, call (845) 938-7060.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.



CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

New Evening Time!

Functional Fitness

Classes with Anthony

FUNCTIONAL FITNESS WITH ANTHONY

MON THROUGH FRI AT 9AM
+ TUE & THU 7PM-8PM

SLAM

SWEAT LIKE A MOTHER!



Mondays, Thursdays & Fridays
9:30-10:30am

November 10th - March 31st
Youth Center Gym

BRING YOUR KIDS!

Single Class Pass \$12 | Five Class Pass \$60
Ten Class Pass \$110 | Unlimited Monthly \$65

On sale online at westpoint.armymwr.com
or at the Fitness Center.



GO AFTER WHAT YOU WANT

PERSONAL TRAINERS

AVAILABLE AT THE MWR FITNESS CENTER

Personal Training Sessions & Assessments

Call our front desk or stop by to set up a session or assessment today! Call (845) 938-6490 or visit us online for pricing & more info.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

ZUMBA

**Classes with Lindsey
At the MWR Fitness Center**



**BACK
MARCH
15TH**

Wednesdays 6-7pm and Saturdays 9-10am | \$5

*Tickets must be purchased at the
front desk of the Fitness Center.*



UNITED STATES ARMY INSTALLATION
MANAGEMENT COMMAND

westpoint.armymwr.com
(845) 938-6490



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS

West Point Community Adult Intramural Hockey League



OCTOBER 1ST
THROUGH
APRIL 30TH

MONDAY & TUESDAY, 6-7:30AM
AND THURSDAY, 12-1:30PM

Tate Rink | Holleder Center



Season Pass Fee:

Active Duty Personnel: \$150

DoD Civilians: \$200

Non DoD Approved Civilians: \$250

To sign up and for more info, email
james.p.mcguinness.naf@army.mil
or call 845-938-3066.



WP Community Noontime 4 on 4 Volleyball League

Tuesday & Friday, 12:15pm-1:15pm
inside Arvin Gym on 2nd Floor.
League runs Nov 29th - Apr 29th.

To sign up, call (845) 938-3066



WP Community Noontime Indoor Pickleball League

Wednesdays only, 12pm-1pm, in
the Arvin Gym 2nd Floor courts.
League runs Nov 9th - Mar 8th.

To sign up, call (845) 938-3066



WP Community Noontime Ultimate Frisbee Tournament

Mon - Fri, 12pm-1pm at Daly Field.
League runs March 20th - May 12th.

Deadline for entries: COB Mar 13th.
To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS

2022-2023

West Point Community Skate Program

Tate Rink - Holleder Center



EXTENDED DAYS IN MARCH!

Sundays 3-5pm
March 5th, 12th, 19th and 26th



Open to Active Duty Personnel, DoD Civilians,
Retired Personnel, & West Point Community Family Members.
This program is free but skaters must provide their own skates.

For more information, call the Skate Hotline at (845) 938-2991.



UNITED STATES ARMY INSTALLATION
MANAGEMENT COMMAND
westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

SPRING 2023 YOUTH SPORTS



SEASON RUNS FROM APRIL 3RD - JUNE 1ST.

REGISTRATION: FEB 6TH FOR MIL/DOD (FEB 27TH FOR OTHERS) - MAR 10TH.

SOCCER

Mon & Wed 5pm-6pm at H-Lot and Dragon Park. Ages 3-4: \$25. 5+: \$55.

- **Smart Start (Age 3): Mon ONLY**
- **Just 4 U (Age 4): Wed ONLY**
- **Division A (Ages 5-6)**
- **Division B (Ages 7-9)**
- **Division C (Ages 10-12)**



RUNNING CLUB

Thursdays at Dragon Park. \$25

- **Grades 2-5 | 4pm-5pm**
- **Grades 6-8 | 3pm-4pm**



HOME SCHOOL GYM

Tue & Thu in the MST Gym. \$25.

- **Grades K-3 | 11am-11:45am**
- **Grades 4-8 | 12:15pm-1pm**

FLAG FOOTBALL

Tue & Thu, 6pm-7pm at H-Lot. \$55.

- **Collegiate (Ages 7-9)**
- **Junior NFL (Ages 10-12)**
- **Grades 7-8**



BASEBALL

Tuesdays & Thursdays, 5pm-6pm.
At Dragon Park and H-Lot. \$55.

- **Tee Ball (Ages 4-6)**
- **Minor League (Ages 7-9)**
- **Major League (Ages 10-12)**



COACHES NEEDED!

Want to be a volunteer CYS Youth Sports Coach? Call (845) 938-3208. Must clear a background check & attend coaches meetings to qualify.

SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION. MORE INFO AT: (845) 938-3208/8525 OR WESTPOINTCYS.COM



YOUTH SPORTS OFFICE: (845) 938-3208/8525
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



CHILD & YOUTH SERVICES

INTRO TO FITNESS

YOUTH SPORTS CLASS

ON MONDAYS

APRIL 3RD - MAY 22ND

**3:30PM - 4:30PM AT
THE MWR FITNESS CENTER
(683 BUCKNER LOOP)**

CYS YOUTH SPORTS INVITES ALL 12-18 YEAR OLDS TO JOIN US FOR OUR INTRO TO FITNESS CLASS, TAUGHT BY A CERTIFIED PERSONAL TRAINER!

BENEFIT FROM EXTENSIVE WEIGHT TRAINING & CARDIORESPIRATORY ENDURANCE ACTIVITIES, AND LEARN TECHNIQUES USED TO OBTAIN OPTIMAL PHYSICAL FITNESS!

THIS CLASS WILL COVER THE FUNDAMENTALS OF WEIGHT TRAINING, STRENGTH TRAINING, & AEROBIC TRAINING, PLUS OVERALL FITNESS TRAINING AND CONDITIONING.



OPEN TO CYS YOUTH AGES 12-18. COST: \$50 PER PERSON (INCLUDES ALL CLASSES). REGISTRATION RUNS FROM FEB 27TH - MAR 27TH. TO REGISTER, CALL P&GS AT (845) 938-4458/1362/0938. FOR MORE INFO, CALL CYS YOUTH SPORTS AT (845) 938-8525/8896, OR VISIT WESTPOINTCYS.COM



YOUTH SPORTS OFFICE: (845) 938-8525/8896

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

WEST POINT CYS PARENTS

CPR+
AED+ **FIRST AID** CLASS



5PM-7PM MARCH 17TH

AT THE STONY CDC (1207 PATRICK TRAIL ROAD)

THIS CLASS IS FREE & OPEN TO ALL PARENTS OF CYS REGISTERED YOUTH!
REGISTER IN PERSON AT PARENT & OUTREACH SERVICES, OR BY CALLING
(845) 938-4458/0938/1362. SPACE IS LIMITED, SO PLEASE REGISTER ASAP.

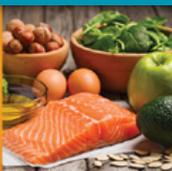


CALL STONY CDC AT: (845) 938-4798/4523
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR ON OUR FACEBOOK: @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES



HEALTHY EATING HABITS FOR YOU AND YOUR FAMILY



**MARCH 2ND AT 5PM | AT THE MST BUILDING
(500 WASHINGTON RD)**

EXERCISE AND PROPER NUTRITION ARE KEY TO BECOMING A STRONG ATHLETE! JOIN YOUTH SPORTS FOR A CLASS ON HEALTHY EATING HABITS FOR YOUTH AND FAMILIES. LED BY REGISTERED DIETITIAN JACQUELYN CONTANT FROM THE KELLER HOSPITAL NUTRITION DEPT. ALL ATTENDEES WILL RECEIVE A RECIPE BOOK, AND BE ENTERED INTO A RAFFLE FOR A CHANCE AT A GRAND PRIZE!

THIS EVENT IS FREE AND OPEN TO WEST POINT FAMILY AND YOUTH OF ALL AGES! FOR MORE INFORMATION, CALL (845) 938-8525/8896, OR VISIT WESTPOINTCYS.COM



YOUTH SPORTS OFFICE: (845) 938-4458/1362
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

CYS OPEN GYM

..... AT THE YOUTH CENTER



Mon-Fri, Feb 27th - Mar 17th
2pm - 5pm at the Youth Center Gym (Bldg 500)

CYS will be holding open gym at the Youth Center for all CYS registered youth in grades 6-8! For info, call the Youth Sports Office at (845) 938-8896/8525.

NOTE: CYS WILL BE CLOSED ON FEDERAL HOLIDAYS & OTHER COMMAND DIRECTED CLOSURES.



YOUTH SPORTS OFFICE: (845) 938-8525/8896
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

CYS SCHOOL SUPPORT SERVICES PRESENTS:

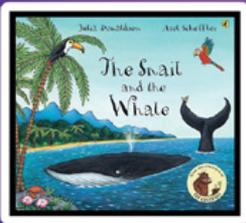
RESILIENCY THROUGH



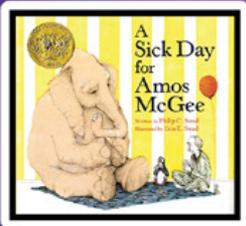
READING

- CELEBRATING THE MONTH OF THE MILITARY CHILD -

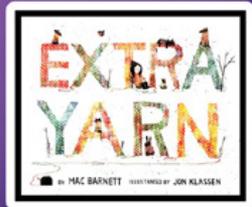
CYS SCHOOL SUPPORT SERVICES CELEBRATES OUR MILITARY CHILDREN! THIS APRIL, OUR STRONG BEGINNINGS CLASSROOMS WILL BE PRESENTED WITH A SPECIAL WEEKLY CHILDREN'S BOOK READING. COMPLETE WITH RELATED ACTIVITIES & DISCUSSION! CHILDREN WILL RECEIVE A FREE COPY OF THE BOOK. EACH STORY EXPLORES HOW RESILIENCY IS ROOTED IN BELIEF IN THEMSELVES AND THEIR RELATIONSHIPS WITH OTHERS.



- APRIL 4TH • APRIL 11TH
- APRIL 18TH • APRIL 25TH



LOCATED IN THE STRONG BEGINNINGS CLASSROOMS.



FREE! OPEN TO CYS PATRONS ENROLLED IN STRONG BEGINNINGS. NO REGISTRATION REQUIRED. FOR MORE INFO, CALL THE STONY CDC AT (845) 938-4798/4523, OR VISIT WESTPOINTCYS.COM



CALL STONY CDC AT: (845) 938-4798/4523
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

2023 CYS PARENT WORKSHOPS

3PM TO 4PM AT THE MST BUILDING
(500 WASHINGTON RD)

MAR 23RD - EDIS PRESENTATION TO PS PARENTS

LEARN ABOUT DEVELOPMENTAL SCREENINGS AVAILABLE THROUGH EDIS AND THE WEST POINT SCHOOL SYSTEM.

APR 27TH & 28TH - STOMP EVENT (WITH ACS & PAVE)

PATHWAYS TO MILITARY MEDICAL & MEDICAID BENEFITS FOR EXCEPTIONAL FAMILIES; PROPER COMPONENTS OF AN IEP, FINANCIALLY "DEPENDENT" PLANNING FOR A CHILD'S FINANCIAL STABILITY; EDUCATION SERVICES.

MAY 25TH - APPROPRIATE SEXUAL BEHAVIOR (WITH ACS FAPM)

DEVELOPMENTALLY APPROPRIATE SEXUAL BEHAVIORS FROM BIRTH TO EARLY ELEMENTARY SCHOOL; TEACHING CHILDREN CONSENT; INAPPROPRIATE/PROBLEMATIC SEXUAL BEHAVIORS; REPORTING CHANNELS AND SUPPORT.

JUN 22ND - SOCIAL MEDIA SAFETY FOR MIDDLE & HIGH SCHOOLERS

SOCIAL MEDIA USAGE + PROS & CONS; KEEPING MIDDLE & HIGH SCHOOL CHILDREN SAFE AND POSITIVE.

JUL 26TH - SETTING HEALTHY MEDIA LIMITS (WITH CYS FTS)

LIMITING MEDIA USE; HOW TO SET HEALTHY SCREEN TIME LIMITS; ALTERNATIVES TO MEDIA USAGE.

AUG 22ND - ONLINE SAFETY FOR ELEMENTARY SCHOOLERS (CYS FTS)

INTERNET SAFETY; USAGE BY CHILDREN + PROS & CONS; CYBERBULLYING; KEEPING CHILDREN SAFE ONLINE.

SEP 14TH & 15TH - TALK SAVES LIVES SUICIDE PREVENTION (SPPM & AFSP)

COMMON RISK FACTORS & WARNING SIGNS OF SUICIDE; HOW TO KEEP YOURSELF AND OTHERS SAFE & SAVE LIVES.

OCT 5TH - TOILET LEARNING

STEPS AND CHALLENGES OF TOILET LEARNING; DEVELOPMENTAL CONSIDERATIONS; CREATING BATHROOM PLANS.

NOV 9TH - HOW TO HANDLE TEMPER TANTRUMS

LEARN ABOUT TEMPER TANTRUMS AND THE STRATEGIES PARENT CAN USE TO CALMLY HANDLE THEM.

DEC 7TH - ONLINE SAFETY FOR MIDDLE & HIGH SCHOOLERS (CYS FTS)

INTERNET SAFETY; TEEN INTERNET USAGE + PROS & CONS; CYBERBULLYING; HOW TO KEEP TEENS SAFE ONLINE.

FREE AND OPEN TO WEST POINT PARENTS WITH CYS REGISTERED YOUTH. REGISTER IN PERSON AT PARENT & OUTREACH SERVICES OR BY CALLING (845) 938-1362/4458/0939.



CALL P&OS AT: (845) 938-1362/4458/0939

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



CHILD & YOUTH SERVICES

School Age Center



Mon - Fri, June thru August

6am - 5:30pm at Lee Area CYS Facility (Bldg 140)



FOR GRADES K-5. COST BASED ON INCOME. JOIN WAITLIST AT MILITARYCHILDCARE.COM (OPENS FEB 1ST AT NOON).

Lee Area CYS Facility



Before & After School Care

Before & After School Care

At Lee Area CYS Facility

Mon - Fri on normal school days,
6:00am-8:30am & 3:00pm-5:30pm

Register for the 2022-2023 School Year
online at: militarychildcare.com. For
more info, call (845) 938-8530 / 0941.



UNITED STATES ARMY
CHILD & YOUTH SERVICES



SALARY RANGE:
\$17.53 - \$20.76
PER HOUR



APPLY BY SCANNING
QR CODE, OR GO TO
WWW.USAJOBS.GOV

**ALL NEW HIRES
WILL RECEIVE A**

\$500
**RECRUITMENT
BONUS!**

**JOIN
OUR
TEAM**

WEST POINT CYS IS HIRING!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ACS EFMP INVITES YOU TO JOIN IN OUR

Stress Less

Series



**EVERY 2ND TUESDAY OF THE MONTH
3PM-5PM AT THE ACS BUILDING (#622)**

Studies have shown that interacting with animals can reduce loneliness, strengthen communal ties, and boost your mood. ACS EFMP has teamed up with Hudson Valley Paws for a Cause to provide you and your family with a 5-month series of wellness and stress-relief events. Take a "paws" and join us every 2nd Tuesday of the month for an afternoon of fun and relaxation! Free and open to the West Point & Highland Falls Community.



CALL ACS AT: (845) 938-3655 / EFMP: 5655
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



**Join the West Point Family Advocacy Program
as we delve deep into the following topics:**

- **OVERCOMING STRESS AND ANGER**
- **COUPLE'S ENRICHMENT**
- **POSITIVE PARENTING**
- **BABY BOOTCAMP**



**Be on the lookout for upcoming, program-specific course flyers!
Course content is also offered in-between sessions on a 1:1 basis.**

**ALL SESSIONS ARE FREE! FOR MORE INFORMATION, CALL US AT (845) 938-0629/5658,
OR CHECK OUT OUR OFFICIAL FACEBOOK PAGE @WESTPOINTARMYCOMMUNITYSERVICE!**



CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Wee-Play & Wee-Read



WEE-PLAY: 9AM-10AM WEEKLY, ON TUESDAYS*

Wee-Play is an open play group designed for your little ones to learn, play, make new friends, and develop their social, cognitive, and motor skills. This group also provides a great opportunity for West Point parents to connect and socialize with each other!

Jan 3rd, 10th, 17th, & 24th | Feb 7th, 14th, 21st, & 28th | Mar 7th, 14th, 21st, & 28th

WEE-READ: 9AM-10AM BI-WEEKLY, WEDNESDAYS

Wee-Read is a fun-filled story time with activities that promote speech development and learning. Come listen to a new story with us every session, and complete a themed activity together!

January 4th & 18th | February 1st & 15th | March 1st & 15th

WEE-ONES PROGRAMS OFFERED IN THE MST BUILDING'S GYM (500 WASHINGTON RD)

**Wee-Play sessions will be offered on a weekly basis for this season only. Wee-Ones Programs free and open to all ranks and DoD civilians with children ages 4 or under. Space is limited; registration is required. Call (845) 938-0633 to register. More info at westpoint.armymwr.com.*



CALL ACS AT: (845) 938-2519 / FAP: 0633

VISIT MWR AT: WESTPOINT.ARMYMWR.COM

f: [@WESTPOINTARMYCOMMUNITYSERVICE](https://www.facebook.com/WESTPOINTARMYCOMMUNITYSERVICE)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Wee-Play & Wee-Read



WEE-PLAY: 9AM-10AM BI-WEEKLY, ON TUESDAYS

Wee-Play is an open play group designed for your little ones to learn, play, make new friends, and develop their social, cognitive, and motor skills. This group also provides a great opportunity for West Point parents to connect and socialize with each other!

April 4th & 18th | May 2nd, 16th, & 30th | June 13th & 27th

WEE-READ: 9AM-10AM BI-WEEKLY, WEDNESDAYS

Wee-Read is a fun-filled story time with activities that promote speech development and learning. Come listen to a new story with us every session, and complete a themed activity together!

April 5th & 19th | May 3rd, 17th, & 31st | June 14th & 28th

WEE-ONES PROGRAMS OFFERED IN THE MST BUILDING'S GYM (500 WASHINGTON RD)

Free and open to all ranks and DoD civilians with children ages 4 or under. Space is limited; registration is required. Call (845) 938-0633 to register. More info at westpoint.armymwr.com.



CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



ARMY COMMUNITY SERVICE

Just PCS'ed to West Point? Then you need the...

ARMY COMMUNITY SERVICE RELOCATION READINESS ← NEWCOMERS ORIENTATION → AND WELCOME

SPOUSES
WELCOME TO
ATTEND!



HELD EVERY TUESDAY AT 1PM & THURSDAY AT 9AM
IN BUILDING 622 SWIFT RD, ACS HUDSON ROOM 156

SPOUSES ARE WELCOMED & ENCOURAGED TO ATTEND!

Open to all Active Duty Military and their families. No registration is required.
For more info, call the ACS Relocation Readiness Program at (845) 938-3487.



RELOCATION READINESS: (845) 938-3487
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ARMY COMMUNITY SERVICE

Little Movers



WEST POINT ARMY COMMUNITY SERVICE WOULD LIKE TO WELCOME YOUR CHILDREN TO THEIR NEW HOME!

Moving can be a stressful process, so ACS offers all newly relocated children ages 2 to 12 a free, fun-filled activity bag to keep them occupied while traveling or getting settled in!

CALL THE RELOCATION ASSISTANCE PROGRAM AT (845) 938-3487 TO SCHEDULE A TIME TO PICK UP YOUR ACTIVITY BAG(S) AT THE ACS BUILDING (622 SWIFT ROAD).



RELOCATION ASSISTANCE: (845) 938-3487
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

NEED TO BORROW BASIC HOUSEHOLD ITEMS? ACS HAS YOU COVERED!

ARMY COMMUNITY SERVICE LENDING CLOSET

You can borrow items for up to 30 days ... **for FREE!**

- Dishware • Cookware • Utensils
- Small Appliances • Microwaves
- Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm at the ACS Building (622 Swift Road).



For more information, please call ACS at (845) 938-3487.

EFMP

Exceptional Family Member Program

Coffee Hour

EVERY 1ST THURSDAY OF THE MONTH, 10AM-11AM AT THE ACS BLDG

ACS invites all EFMP families to join us for a free coffee hour at the ACS building (622 Swift Rd)! Come connect with other EFMP families and share resources, knowledge, and ideas for services focusing on individuals with special needs! Open to all. Dates subject to change.

EFMP COFFEE HOUR IS SCHEDULED FOR THE FOLLOWING DATES:

Jan 5 Feb 2 Mar 2 Apr 6 May 4 Jun 1 Jul 6 Aug 3 Sep 7 Oct 5 Nov 2 Dec 7

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Paid Advertisement (No Federal Endorsement Intended)

BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE
PRIME OPTION



West Point Family & MWR
681 Hardee Place, Rm 202
West Point, NY, 10996



#WESTPOINTMWR



/WESTPOINTMWR

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://www.westpoint.armymwr.com)