# WEST POINT CHILD AND YOUTH SERVICES

# Child Development Center (CDC) FAQs

### Can patrons get a tour of the facility prior to having a space for care?

The CDC welcomes families to tour the facility during the hours of operation. Tours are scheduled through Parent and Outreach services.

### Is there an Orientation for new patrons?

Orientation is mandatory for all Child and Youth Services (CYS) CDC patrons. Orientation affords patrons the opportunity to learn about program mission, philosophy, curriculum, accountability, payments and many more applicable CDC procedures and processes. Patrons will also have the opportunity to tour their child's assigned classroom and meet the caregiving staff assigned to that classroom.

#### Is there a curriculum for the classrooms? If so, what is it?

The West Point CDC provides a variety of experiences for children through planned and developmentally appropriate activities that promote learning and exploration. Activities, interactions, and environments support the development and refinement skills. All activities are developmental and recognize children's individual differences by providing an environment that encourages self-confidence and develops selfhelp and life skills, curiosity, creativity, and self-discipline. Concrete experiential learning activities encompass the following six domains: Social, Physical, Language/Literacy, Cognitive/Intellectual, Emotional, and Cultural.

The West Point Child Development Center also maintains active partnerships with Kids Included Together, Teaching Strategies, and Start Smart Programs. These curriculums are integrated into daily activities and options for children.

# Why is the CDC strict when it comes to labeling "first foods"/bottles?

The CDC is strict because we are inspected by Army Public Health and Veterinary Medicine to ensure bottles are properly labeled and that first foods brought in comply with Army and USDA Child and Adult Care Food Program (CACFP) requirements.

# What are the formula choices provided by the CDC for infants?

Similac Advance with Iron (milk-based) and Similac Isomil Advance with iron (soy-based).

# What is the nap schedule for each age group?

Children under 12 months adhere to individual nap schedules. Children 12 months and older nap after their lunch (usually 11:30-12:00) to approximately 1:45pm-2:00pm. However, there is some flexibility in the nap schedule based on the child's individual needs. If a child needs to sleep a bit longer, they are allowed to as sleep is important to their growth and development. Children who are unable to nap after 45 minutes will be permitted to participate in a quiet activity that does not disturb the other children.

#### What qualifies as a comfort item for nap time?

According to SIDS prevention guidelines, infants 12 months and younger sleeping in cribs may <u>only</u> have a pacifier in their crib at nap time. The pacifier may not be attached to a clip or necklace and will be removed should it fall from the infant's mouth during sleep. Children 12 months or older who are sleeping on a mat may use a small blanket, small stuffed animal or pacifier for their nap.

#### How does the CDC manage children's behavior?

Children's behavior is managed based upon our knowledge of ages and stages of development, child growth and development and the Operational Guidance for Behavior Support in response to the need to ensure that we are facilitating the development of positive social-emotional skills in young children.

#### What does my child need while in care?

Patrons must provide a sheet and blanket (children 12 months and up) for nap time. Extra change of clothing to include shirt, pants, socks, underwear (if applicable) and shoes. Diapers and wipes for children not toilet trained and basic care items such as diaper cream, chap stick or lotion if required. We realize there are times where your child may exhaust these items while in care. The CDC will make every effort to provide extra clothing and blankets in an emergency situation. However, you will be contacted to provide these if the center has exhausted their supply of these items.

**NICOLE STEVENS** FACILITY DIRECTOR

ELOISA OLIVIA Richelle Bien Assistant Directors

CHEREA DIAZ MELISSA ESPINOZA PARIS FAISON TRAINING AND CURRICULUM SPECIALISTS

STONY CDC 1207 Patrick Trail

845-938-4798/4523 (FRONT DESK)

HOURS: Monday-Friday 6:00 AM—5:30 PM

PARENT AND OUTREACH SERVICES 520-717-9763/9724/9740/9715

