West Point Child and Youth Services Connections



JOIN THE CYS TEAM TODAY!



Looking for new job opportunities?

Apply to be a Child & Youth Program Assistants (CYPA)

for Full-Time, Part-Time, and Flexible positions at:

- Stony Child Development Center (Ages 6 weeks through 5 years)
 - School Age Center (Grades Kindergarten through 5th grade)
 - Middle School Teen Center (6th grade through 12th grade) •

We are currently offering a \$500 Recruitment Bonus to all newly hired employees*!

*A newly hired employee is defined as an individual hired for the first time, or one who is being reinstated or reemployed after a break in service of at least 1 year.

To apply visit USAJobs.gov

Volunteer Coaches Needed

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth Sports office for next steps at 845-938-3727.

Inside this issue:





Stony Child Development Center

Winter has arrived, Stony CDC families!

As the temperature gets colder please ensure that children have on the appropriate clothing to enjoy play outdoors, weather permitting. Also, as it begins to snow please provide your children with the necessary gear to enjoy the fun: <u>snow boots, snow pants, gloves, and hats</u>. During these winter months, children will be given opportunities to bring the outdoors inside as well to experience indoor gross motor activities. Our classroom environments are set up to help engage the children in math, literacy, science, engineering, technology, and art. We are looking forward to seeing everyone and having fun while learning!

"You can't use up creativity. The more you use, the more you have." - Maya Angelou



Social-Emotional 2c.8 Interacts cooperatively in groups of four or five children

Curriculum Snapshots



Literacy 17a.2 Shows interest in books



Cognitive 11b.2 Repeats actions to obtain similar results

Parent Participation:

Please join us for these events: 24 January 2025: Snack-n-Paint

14 February 2024: Card Exchange

3-7 March 2024:

"Dr. Seuss Spirit Week / National Reading Month"

Sign-ups will be located in the classrooms! Hope to see you there! Have a question about CDC programming? Contact the CDC Management team: 845-938-4798/4523.



Upcoming CDC Closures:

1 January 2025

(New Years Day)

20 January 2025

(Martin Luther King Jr. Day)

17 February 2025 (Presidents Day)

School Age Center

Director: Kimberly Pyron

Assistant Director: Kaylie LaGuardia

Trainer: Shannon Lonergan

SAC Phone Number: 845-938-0941





COUNCIL ON ACCREDITATION ENGAGE. EMPOWER. EVOLVE.

The Winter months are here and with that comes a time for friends, family, and giving. Please join us at the School Age Center for our upcoming Parent Participation events. On January 17th our staff and youth will be hosting families for a Cookie Decorating contest. On February 14th we will be making friendship bracelets. We are excited to see everyone! In March, parents are invited to read to the youth every Friday.

Upcoming CYS Closures: 1 January, 20 January, and 17 February





Ms. Danielle she has consistently demonstrated what it means to genuinely enjoy and thrive in the work she does. Her passion for serving children and supporting the mission of CYS is evident in everything she does. She has stepped up in many different ways and we are thankful to have her!

Mr. Sean has consistently demonstrated a strong commitment to the CYS mission and to the children and families we serve. He currently serves as Lead CYPA for the School Age Center where his leadership and dedication are evident in everything he does. Page 4

Youth Sports and Fitness



Spring Sports Upcoming Dates

Spring registration will be open Jan 28th-March 7th.To ensure a smooth and efficient process, please check with our Parent Central Office to confirm that all of your child (ren)'s paperwork is up to date. We encourage you to complete registration as early as possible to secure your child's spot. If you have any questions or need assistance, please contact the Parent Central Office for support.

New York Knicks Military Appreciation Night

During the NBA season, teams will host a Military Appreciation Night in which they honor and celebrate the contributions of military service members, veterans, and their families. This past November, the New York Knicks hosted their military night against the Chicago Bulls. Some of our youth, coaches, and their families were able to participate in the fun and amazing experience.

Our youth and their families had the special opportunity to attend the shoot-around before the doors opened to the public. This unique experience allowed them to get an up-close look at the players as they warmed up and prepared for the game, creating memorable moments.

Before the main event, our youth were able to gear up and take the court for an exhibition game before the NBA players made their entrance for warmups. They were able to showcase their skills while the fans were pouring in and have the experience of playing on the Madison Square Garden court.

As the exhibition game wrapped up, it was time to take their seats for the main event. As the game was underway, our youth and their families appeared on the big screen as the crowd's cheers filled the venue recognizing the sacrifices and celebrating their dedication.

A heartfelt thank you to all our military personnel and their families for your unwavering service, sacrifices, and dedication in protecting our freedoms. We are deeply grateful for your commitment, both at home and abroad, and were honored to share this experience with you.

Spring Sports Offerings:

- Soccer (3-13 years old)
- Volleyball (4th 6th grade)
- Smart Start Baseball (4 years old)
- Coach Pitch (7-9 years old)
- Strength & Fitness (12-18 years old)
 Home School Gym (Grades K 8)
- Flag Football (7-13 years old)
- Running Club (7-13 years old)
- T-Ball (5-7 years old)
- Baseball (10-13 years old)

Volunteer Coaches Needed

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth sports office for next steps at 845-938-3727.



Middle School & Teen Center (MST)



This past fall, we had a great time helping the youth get ready for their first dance! MST's first annual Fall Ball gave 6th graders and homeschoolers the chance to dance the night away. We have also had our climbing wall inspected and it is now open to those whom have returned a signed permission slip.

The **Middle School & Teen (MST) Center** continues to host **Power Hour** everyday from 1420-1530. **Power Hour** helps youth achieve academic success with homework help and enrichment activities while encouraging them to become life-long, self-directed learners.

Stay tuned to your email, every month we will send activity schedules and Cooking Club flyers so that you and your youth can be informed of the happenings at MST.

MST will operate 1230-1730 on early release, half-days, school-out days, and winter break based on WPMS and James I. O'Neill schedules.



Jennifer Mann MST & Sports Admin jennifer.r.mann4.naf@army.mil

Ben Wheeler MST Assistant Director benjamin.m.wheeler16.naf@army.mil

Nia Atwood MST Director anias.r.atwood.naf@army.mil



School Support Services

U.S. ARM CS SUIT SPINSORSHIP



U.S. ARMY BEFORE YOU MOVE **GET CONNECTED** TO YOUR NEW COMMUNITY & SCHOOL

The Youth Sponsorship Program is designed to help you make a smooth transition from your previous community and school to your new community and school.

WHAT A YOUTH SPONSOR CAN DO FOR YOU!

- Get you the real 211 on your new community and school before you arrive
- Answer any questions you have
- Introduce you to new people that have similiar interests
- Help you learn the ropes even before you arrive
- Connect with other students at lunch
- · Get you to the right people when you need help
- Invite you to events

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- Let you know about try-outs, clubs, and other activities
- · Tell you the best places to hang out

JOIN OUR TEAM, WELCOME NEW STUDENTS BECOME A SPONSOR AND A LEADER IN YOUR COMMUNITY

To become a sponsor you must:

Complete an application Provide adult references Be a citizen in good standing Be a middle or high school student

Students who thrive in the Youth Sponsor role are:

- Able to problem solve
- Creative
- Willing to help and serve others
- Optimistic
- Organized
- Patient
- Proactive
- Trustworthy
- · Willing to listen



Benefits & Expectations

- Build a sense of belonging in your community and to give back to others
- Assist peers when they transition
- Gain leadership experience
- Participate in community service activities
- Attend meetings and training

To get a sponsor or to volunteer as a sponsor, contact: CYS School Liaison Officer Emily Miller (520) 717-9761 emily.s.miller1.naf@army.mil

CYS Nurse Notes

Greetings from the CYS Nurse

Wishing you all a Wonderful Happy and Healthy New Year!

Please continue health precautions by washing you and your child's hands frequently. It is critical to monitor you and your child's health for signs of illness such as fever, cough, congestion, vomiting, diarrhea, lack of participation, decreased appetite, and mood changes. Stay home if you or your child is sick.

Simple Winter Safety Tips For Kids:

-Adjust winter clothing for your child's needs. Dress young children and infants in one more layer of clothing than an adult would wear in the same weather conditions.

-Don't forget winter accessories such as boots, gloves, and hats!

-Always supervise children during sledding, snow tubing, skating, or any outdoor winter activity. When sledding, keep a safe distance from roadways, trees, fences, and any other obstacles; always sled feet first!

-When skiing, snowboarding, or ice skating always wear a helmet.

-Keep exposure to the cold weather at a minimum. Wear appropriate clothing and monitor exposure time. Monitor for signs and symptoms of frostbite. Watch for discolored skin (red, white, bluish in color) and tingling or numbness. If symptoms develop, move to a warm environment, apply warm water to the affected areas, and use blankets to raise the body temperature. Seek medical care if symptoms do not improve!

Looking forward to the New Year with health and prosperity! Let us all provide acts of kindness to one another and our communities throughout 2025.

Christine S. Marino RN CYS Nurse

Always remember to WASH YOUR HANDS!

Page 8 Parent and Outreach Services Hours of Operation: Parent Central Services Team 0730-1700 **Monday-Friday** Lisa Lloyd Kayla Keenan **Susan Crandall Jacquie Butler** Call for an Appointment Administrative Assistant Administrative Assistant Administrative Assistant Director Walk-ins Welcome 520-717-9763 520-717-9740 520-717-9724 520-717-9715 Education Opportunities - Register in-person or by phone with Parent Central Services Parent CPR and First Aid Parent Education **CYSitters Babysitter Course** Free and open to the Community! Free and open to the Community! Open to Youth aged 12+ enrolled with CYS! MilitaryChildCare 101 Hosted at Stony CDC- Bldg 1207 Fee: \$20.00 January - 1600-1700 **Understanding CYS MIAT** 1 March 2025 17 January 2025@ 1700-1900 February - 1600-1700 24 May 2025 25 April 2025 @ 1700-1900 CYS Coaching 101 with YSP 18 July 2025 1 August 2025 @ 1700-1900 March - 1700-1800 You can earn a 10% **Military Family Resources on the Web** discount on your childcare bill! Participate in FREE face-to-face and online parenting programs at Thrive.psu.edu. Families with children aged 0-18 years are The West Point CYS Parent Participasupported to "take root," "sprout," "grow," and "branch out." tion Program provides parents an excellent opportunity to share their unique gifts, talents and abilities while 🕈 thríve volunteering to support regularly scheduled programs (full day and before and/or after school). See your child's program management for ways you can participate. Visit MCEC at militarychild.org for access As you care for your child, don't forget to courses, podcasts and webinars presentabout yourself! Learn new skills and ed specifically for parents! Topics include: Social Emotional Learning and the Military practice Self Care through the At Ease series at BabiesontheHomefront.org. Child, Managing School Moves, Growing Great Readers and National Guard and Reserve Children. ON THE CEC OMEFRONT **Parent Advisory Board** All CYS Patrons are General Members of the West West Point CYS PAB. The PAB provides an avenue for everv two-way feedback about CYS program operations each Save the Date! between patrons and the command and helps Next identify parent/community needs. All CYS Patrons are 1 welcome to participate beside the PAB Board Officers and West Point CYS Program representatives. See your Program Director for PAB Officer email contacts!