# West Point Child and Youth Services Connections



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## **JOIN THE CYS TEAM TODAY!**



Looking for new job opportunities?

Apply to be a Child & Youth Program Assistants (CYPA)

for Full-Time, Part-Time, and Flexible positions at:

- Stony Child Development Center (Ages 6 weeks through 5 years)
  - School Age Center (Grades Kindergarten through 5th grade)
  - Middle School Teen Center (6th grade through 12th grade)

We are currently offering a \$500 Recruitment Bonus to all newly hired employees\*!

\*A newly hired employee is defined as an individual hired for the first time, or one who is being reinstated or reemployed after a break in service of at least 1 year.

To apply visit USAJobs.gov



## **Volunteer Coaches Needed**

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth Sports office for next steps at 845-938-3727.

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# Stony Child Development Center

#### Winter has arrived, Stony CDC families!

As the temperature gets colder please ensure that children have on the appropriate clothing to enjoy play outdoors, weather permitting. Also, as it begins to snow please provide your children with the necessary gear to enjoy the fun: snow boots, snow pants, gloves, and hats. During these winter months, children will be given opportunities to bring the outdoors inside as well to experience indoor gross motor activities. Our classroom environments are set up to help engage the children in math, literacy, science, engineering, technology, and art. We are looking forward to seeing everyone and having fun while learning!

"You can't use up creativity. The more you use, the more you have." - Maya Angelou

## **Curriculum Snapshots**



#### Social-Emotional

2c.8 Interacts cooperatively in groups of four or five children



#### Literacy

17a.2 Shows interest in books



#### Cognitive

11b.2 Repeats actions to obtain similar results

#### **Parent Participation:**

Please join us for these events:

24 January 2025: Snack-n-Paint

14 February 2024: Card Exchange

3-7 March 2024:

"Dr. Seuss Spirit Week / National Reading Month"

Sign-ups will be located in the classrooms! Hope to see you there!

Have a question about CDC programming?

Contact the CDC Management team: 845-938-4798/4523.



#### **Upcoming CDC Closures:**

1 January 2025

(New Years Day)

20 January 2025

(Martin Luther King Jr. Day)

17 February 2025

(Presidents Day)

# School Age Center

**Director:** Kimberly Pyron

Assistant Director: Kaylie LaGuardia

**Trainer:** Shannon Lonergan

**SAC Phone Number:** 845-938-0941







The Winter months are here and with that comes a time for friends, family, and giving. Please join us at the School Age Center for our upcoming Parent Participation events. On January 17<sup>th</sup> our staff and youth will be hosting families for a Cookie Decorating contest. On February 14<sup>th</sup> we will be making friendship bracelets. We are excited to see everyone! In March, parents are invited to read to the youth every Friday.

Upcoming CYS Closures: 1 January, 20 January, and 17 February









October

Ms. Danielle she has consistently demonstrated what it means to genuinely enjoy and thrive in the work she does. Her passion for serving children and supporting the mission of CYS is evident in everything she does. She has stepped up in many different ways and we are

thankful to have her!







**November** 

Mr. Sean has consistently demonstrated a strong commitment to the CYS mission and to the children and families we serve. He currently serves as Lead CYPA for the School Age Center where his leadership and dedication are evident in everything he does.

# **Youth Sports and Fitness**



### **New York Knicks Military Appreciation Night**

During the NBA season, teams will host a Military Appreciation Night in which they honor and celebrate the contributions of military service members, veterans, and their families. This past November, the New York Knicks hosted their military night against the Chicago Bulls. Some of our youth, coaches, and their families were able to participate in the fun and amazing experience.

Our youth and their families had the special opportunity to attend the shoot-around before the doors opened to the public. This unique experience allowed them to get an up-close look at the players as they warmed up and prepared for the game, creating memorable moments.

Before the main event, our youth were able to gear up and take the court for an exhibition game before the NBA players made their entrance for warmups. They were able to showcase their skills while the fans were pouring in and have the experience of playing on the Madison Square Garden court.

As the exhibition game wrapped up, it was time to take their seats for the main event. As the game was underway, our youth and their families appeared on the big screen as the crowd's cheers filled the venue recognizing the sacrifices and celebrating their dedication.

A heartfelt thank you to all our military personnel and their families for your unwavering service, sacrifices, and dedication in protecting our freedoms. We are deeply grateful for your commitment, both at home and abroad, and were honored to share this experience with you.

#### **Spring Sports Upcoming Dates**

Spring registration will be open Jan 28th-March 7th. To ensure a smooth and efficient process, please check with our Parent Central Office to confirm that all of your child (ren)'s paperwork is up to date. We encourage you to complete registration as early as possible to secure your child's spot. If you have any questions or need assistance, please contact the Parent Central Office for support.

### **Spring Sports Offerings:**

- Soccer (3-13 years old)
- Volleyball (4th 6th grade)
- Smart Start Baseball (4 years old)
- Coach Pitch (7-9 years old)
- Strength & Fitness (12-18 years old)
   Home School Gym (Grades K 8)
- Flag Football (7-13 years old)
- Running Club (7-13 years old)
- T-Ball (5-7 years old)
- Baseball (10-13 years old)

### **Volunteer Coaches Needed**

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth sports office for next steps at 845-938-3727.



MST Assistant Director benjamin.m.wheeler16.naf@army.mil

Nia Atwood

MST Director

anias.r.atwood.naf@army.mil

# Middle School & Teen Center (MST)

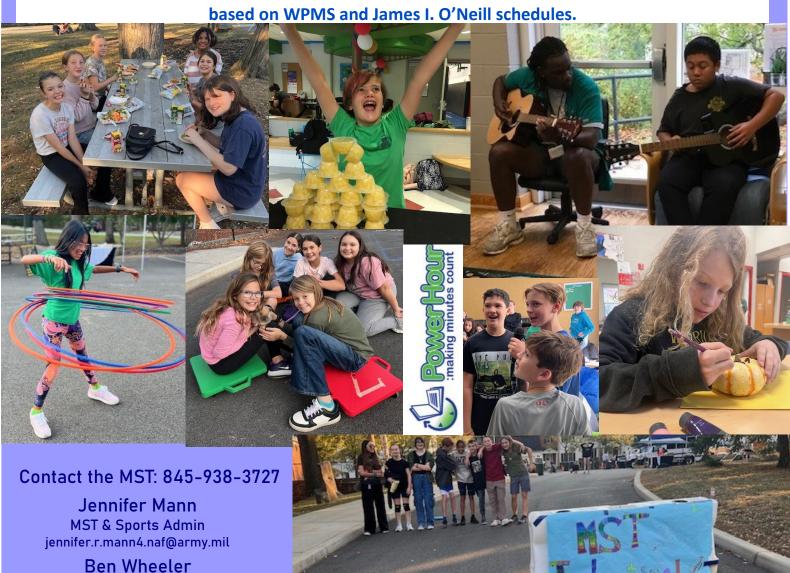


This past fall, we had a great time helping the youth get ready for their first dance! MST's first annual Fall Ball gave 6th graders and homeschoolers the chance to dance the night away. We have also had our climbing wall inspected and it is now open to those whom have returned a signed permission slip.

The **Middle School & Teen (MST) Center** continues to host **Power Hour** everyday from 1420-1530. **Power Hour** helps youth achieve academic success with homework help and enrichment activities while encouraging them to become life-long, self-directed learners.

Stay tuned to your email, every month we will send activity schedules and Cooking Club flyers so that you and your youth can be informed of the happenings at MST.

MST will operate 1230-1730 on early release, half-days, school-out days, and winter break based on WPMS and James L O'Neill schedules









# GET CONNECTED

#### TO YOUR NEW COMMUNITY & SCHOOL

The Youth Sponsorship Program is designed to help you make a smooth transition from your previous community and school to your new community and school.

#### WHAT A YOUTH SPONSOR CAN DO FOR YOU!

- Get you the real 211 on your new community and school before you arrive
- Answer any questions you have
- Introduce you to new people that have similiar interests
- Help you learn the ropes even before you arrive
- · Connect with other students at lunch
- Get you to the right people when you need help
- Invite you to events
- Let you know about try-outs, clubs, and other activities
- · Tell you the best places to hang out

### JOIN OUR TEAM, WELCOME NEW STUDENTS

# **BECOME A SPONSOR**

#### AND A LEADER IN YOUR COMMUNITY

#### To become a sponsor you must:

Complete an application
Provide adult references
Be a citizen in good standing
Be a middle or high school student

#### Students who thrive in the Youth Sponsor role are:

- · Able to problem solve
- Creative
- Willing to help and serve others
- Optimistic
- Organized
- Patient
- Proactive
- Trustworthy
- · Willing to listen







#### **Benefits & Expectations**

- Build a sense of belonging in your community and to give back to others
- Assist peers when they transition
- · Gain leadership experience
- Participate in community service activities
- Attend meetings and training

To get a sponsor or to volunteer as a sponsor, contact:

CYS School Liaison Officer

Emily Miller (520) 717-9761

emily.s.miller1.naf@army.mil





## **CYS Nurse Notes**

## **Greetings from the CYS Nurse**

Wishing you all a Wonderful Happy and Healthy New Year!

Please continue health precautions by washing you and your child's hands frequently. It is critical to monitor you and your child's health for signs of illness such as fever, cough, congestion, vomiting, diarrhea, lack of participation, decreased appetite, and mood changes. Stay home if you or your child is sick.

#### **Simple Winter Safety Tips For Kids:**

- -Adjust winter clothing for your child's needs. Dress young children and infants in one more layer of clothing than an adult would wear in the same weather conditions.
- -Don't forget winter accessories such as boots, gloves, and hats!
- -Always supervise children during sledding, snow tubing, skating, or any outdoor winter activity. When sledding, keep a safe distance from roadways, trees, fences, and any other obstacles; always sled feet first!
- -When skiing, snowboarding, or ice skating always wear a helmet.
- -Keep exposure to the cold weather at a minimum. Wear appropriate clothing and monitor exposure time. Monitor for signs and symptoms of frostbite. Watch for discolored skin (red, white, bluish in color) and tingling or numbness. If symptoms develop, move to a warm environment, apply warm water to the affected areas, and use blankets to raise the body temperature. Seek medical care if symptoms do not improve!

Looking forward to the New Year with health and prosperity! Let us all provide acts of kindness to one another and our communities throughout 2025.

Christine S. Marino RN CYS Nurse



Always remember to WASH YOUR HANDS!

# Parent and Outreach Services

## Parent Central Services Team

Lisa Lloyd

Administrative Assistant 520-717-9763

Kayla Keenan

Administrative Assistant 520-717-9740

Susan Crandall

Administrative Assistant 520-717-9724

**Jacquie Butler** 

Director 520-717-9715

Hours of Operation: 0730-1700 Monday-Friday

Call for an Appointment Walk-ins Welcome

#### **Education Opportunities** - Register in-person or by phone with Parent Central Services

#### Parent CPR and First Aid

Free and open to the Community!

Hosted at Stony CDC-Bldg 1207

17 January 2025@ 1700-1900 25 April 2025@ 1700-1900 1 August 2025@ 1700-1900

#### **CYSitters Babysitter Course**

Open to Youth aged 12+ enrolled with CYS!

Fee: \$20.00

1 March 2025 24 May 2025 18 July 2025

#### Parent Education

Free and open to the Community!

MilitaryChildCare 101

January - 1600-1700

**Understanding CYS MIAT** 

February – 1600-1700

CYS Coaching 101 with YSP

March - 1700-1800

# You can earn a 10% discount on your childcare bill!

The West Point CYS Parent Participation Program provides parents an excellent opportunity to share their unique gifts, talents and abilities while volunteering to support regularly scheduled programs (full day and before and/or after school). See your child's program management for ways you can participate.



### Military Family Resources on the Web

Participate in FREE face-to-face and online parenting programs at **Thrive.psu.edu**. Families with children aged 0-18 years are supported to "take root," "sprout," "grow," and "branch out."



As you care for your child, don't forget about yourself! Learn new skills and practice Self Care through the At Ease series at **BabiesontheHomefront.org**.



Visit MCEC at militarychild.org for access to courses, podcasts and webinars presented specifically for parents! Topics include: Social Emotional Learning and the Military Child, Managing School Moves, Growing Great Readers and National Guard and Reserve Children.





## Parent Advisory Board

All CYS Patrons are General Members of the West Point CYS PAB. The PAB provides an avenue for two-way feedback about CYS program operations between patrons and the command and helps identify parent/community needs. All CYS Patrons are welcome to participate beside the PAB Board Officers and West Point CYS Program representatives.



West
every
each
Next

See your Program Director for PAB Officer email contacts!