

Connections



APRIL
—
JUNE 2023

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April is The Month of the Military Child

The **Month of the Military Child** is a time to recognize Military children and Families for the many sacrifices they make and the challenges they overcome.



West Point Child and Youth Services (CYS) will be celebrating with several in-program events. Check with your child's center for details on how you can celebrate our strong military children.



Wear Purple!
SAC: Every Friday in April
CDC: April 21st

CYS is Hiring!

Join the Child and Youth Services Team at West Point Today!

When you join Army Child and Youth Services (CYS), you join a four decade tradition of serving our Nation's Soldiers and their Families. **CYS is committed to providing developmentally appropriate programs and services for our Soldiers and their Families.**

CYS job offers include direct caregiving, administrative support staff and management positions. When applying and accepting a job with Army **CYS** you will have the opportunity for Competitive Salaries, Flexible Work Hours, Insurance Coverage, Paid Leave, Travel Opportunities, Retirement and Investment Options, Career Progression, Tuition Reimbursement, Employee Assistance Program and Recruitment Incentive.

To view our current job opportunities, scan the QR code or visit usajobs.gov.



Stony Child Development Center

Happy Spring! Spring months are a great time for exploring and watching as the weather and the outdoor environment change. As the weather begins to warm, please ensure that children have the proper clothing including jackets and/or sweaters. We are excited for the season and look forward to engaging in new activities in both the classrooms and outdoors. We will be incorporating a multitude of sensory activities into the curriculum so get ready for some exploring and learning fun!

“Wheresoever you go, go with all your heart.” Confucious

Curriculum Snapshots



2.G-Science
Encourage children to use their five senses to observe, explore and experiment.



2.E-Literacy
Comprehends and responds to books and other texts.



2.C-Physical Development
Providing an environment that allows them to move freely.

Parent Participation at the Stony CDC:

Our classroom environments are ever-changing and teachers can always use a helping hand. Please see your classroom teachers to sign up for help with activities and/or materials.



Please join us for these coming events:

- MOMC Celebrations- April 2023
- Egg Hunt- 7 April 2023
- Mother's Day Tea- 12 May 2023
- Father's Day Ice Cream Social- 16 June 2023



Center Closings

Memorial Day- Monday, May 29

Staff Development Day- Friday, June 16

Juneteenth- Monday, June 19

Reminders:

Holiday/Vacations submissions require 2-week notice.

Withdraw request require 30-day notice

Label children's belongings and provide all items necessary for care.

Have a question about CDC programming?

Contact the CDC Management team:

845-938-4798/4523.

School Age Center



West Point School Age Center's Before and After Care is in full swing for children who attend West Point Elementary School. The School Age Center provides programming through developmentally appropriate activities and enriched environments that promote learning and exploration in five different services areas. If you are interested in having your child join the SAC program, request care today on MilitaryChildcare.com.

Nia Atwood; Director
845-938-8530

CURRENT & PAST EVENTS

Already Half Way There...

Registration for Summer Camp 2023 is OPEN on MilitaryChildcare.com.

School Year 2022-2023 is already half way over. In preparations for Summer Camp 2023 we are planning field trips to the zoo, baseball game, guest speakers, and so much more!!! We also have a ton of programming scheduled and we are planning for another hot summer to indulge in water play.

Parent Participation for the remainder of the school year is as follows... **April 20:** Blooming into Spring; **May:** Summer Camp Orientation; **June 9:** End of Year BBQ.

Memories

2020 - 2023



Staff of the Month... your voice matters too!

Staff are chosen to be Staff of the Month through performance, professional development, further involving the children in the process, additional information dissemination techniques, and providing additional opportunities to for children to develop socially, emotionally, physically, and mentally. If you see a star or if you children come home and rave about a staff member please fill out an ICE comment so that they get the recognition that they deserve!!

New Staff



Ms. Nicky Ms. Carin Ms. Jasmin

Youth Sports And Fitness

Winter Sports @ Youth Sports and Fitness

A Big Thank You!!

As winter sports has come to an end we want to take the time to share and show our appreciation!!

We would first like to thank the Army Women's Basketball & Volleyball teams for sharing their time, knowledge and passion for their sport with our teams. It was an experience they will not forget and we hope to have you join us again!!



Last but certainly not least, we would like to thank the parents and children who participated in this year's winter sports programs. It was a pleasure seeing you all weekly and watching and participating in our growth through sport. We cannot wait to see you all in the Spring, Fall, and again in the Winter!



We would like to thank our volunteer coaches for an exciting season of sports, teamwork, and fun. The children who participated were fortunate to have leaders like you to learn from. We hope to see you back for Spring, Fall, or Winter 2023 sports

Some heroes do not wear capes...they coach!!!

Spring 2023 Youth Sports Begins 3 April!

Program offerings:

Baseball: Ages 4-12

Flag Football: Ages 7-12/Grades 7 -8

Running Club: Grades 2-8

Home School Gym: Grades K-8th

Soccer: Ages 3-12

New Program Alert!!

Intro to Fitness Ages 12-18

*This class will cover the fundamentals of weight training, strength training, and aerobic training, plus overall fitness training and conditioning.
Taught by a certified Personal Trainer!*

**Mondays April 3rd - May 22nd 3:30pm- 4:30pm
MWR Fitness Center (683 Buckner Loop)**

Volunteer Coaches

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth sports office for next steps at 845-938-3208.

Middle School & Teen Program

The MST Program is currently closed until further notice.

The Middle School & Teen (MST) program has had a longstanding relationship with the Boys & Girls Clubs of America (BGCA). One of the many BGCA activities that CYS offers is **Money Matters**. Money Matters promotes financial responsibility and independence among Club members ages 13 to 18. Participants learn how to manage a checking account, create a budget, save and invest, start small businesses, and pay for college. Youth practice their financial decision-making skills through fun, engaging digital tools and games. Teens who complete Money Matters show improved financial management skills, including saving money and sticking to a budget.



Money Matters at Home:

Teens can access digital financial literacy tools on MyFuture – a social media platform featuring activities from Boys & Girls Club programs. It's easy to get started and you don't have to be a Boys & Girls Club member to participate. To get started go to:

<https://www.myfuture.net/activities?subjectAreas=17&idPrograms=22>

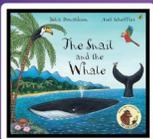
School Support Services

CYS SCHOOL SUPPORT SERVICES PRESENTS:

RESILIENCY THROUGH READING

- CELEBRATING THE MONTH OF THE MILITARY CHILD -

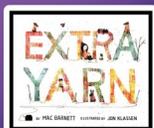
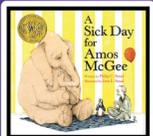
CYS SCHOOL SUPPORT SERVICES CELEBRATES OUR MILITARY CHILDREN! THIS APRIL, OUR STRONG BEGINNINGS CLASSROOMS WILL BE PRESENTED WITH A SPECIAL WEEKLY CHILDREN'S BOOK READING. COMPLETE WITH RELATED ACTIVITIES & DISCUSSION! CHILDREN WILL RECEIVE A FREE COPY OF THE BOOK. EACH STORY EXPLORES HOW RESILIENCY IS ROOTED IN BELIEF IN THEMSELVES AND THEIR RELATIONSHIPS WITH OTHERS.



• APRIL 4TH • APRIL 11TH
• APRIL 18TH • APRIL 25TH



LOCATED IN THE STRONG BEGINNINGS CLASSROOMS.



New York State Division of Veterans' Services has put together a terrific slate of activities — both in-person and online — to enjoy throughout this special month. We would be honored to welcome you and your family members to any (or all!) of these programs. Likewise, we would be grateful if you would share this information with any Military Families who might be interested in taking part.

April 1, 1 p.m.: Private magic show from Harrison Kramer (online)

April 2, 1 p.m.: Behind-the-scenes tour of Velan Studios (online)

April 22, 1 p.m.: Exclusive tour of the USS Slater (online and in-person)

April 23, 12:30 p.m.: Meet the baby elephant twins of the Rosamond Gifford Zoo (online and in-person)

April 29, 10 a.m.: Private tour of Yankee Stadium (online and in-person)

April 30, 12:30 p.m.: Private tour of Oheka Castle (online and in-person)

RSVP: Phone (518) 474-6114 |

benjamin.pomerance@veterans.ny.gov |



Division of Veterans' Services

For More Information Contact:

West Point CYS School Liaison Officer
845-938-2092

TECHNOLOGY IS BEST WHEN IT BRINGS KIDS TOGETHER.



TECHNOLOGY CORNER



Helps connect students to the real world

Technology allows educators to remove the physical barriers of the classroom, offering students a way to connect the curriculum with the real world and those areas of academic focus can truly enrich the student experience.



Prepares our kids for the workforce

By integrating a variety of technologies into the regular curriculum and on-going activities, classrooms are ensuring that their students are better prepared for the future.



Adds a fun-factor to learning

Outside the classroom, students use technology in all aspects of their lives. Within the classroom, technology can make learning more fun and exciting.



Encourages Collaboration

Many educational tools offer a variety of functionalities that promote collaboration. Students can easily share and edit projects with each other, helping to foster better overall collaboration in both the academic sphere and the world of work.



TECH IN CYS

CYS Nurse Notes

Happy Spring Everyone!

Please continue to monitor your children for early signs and symptoms of illness every morning before coming to childcare. Maintain your and your child's good health by scheduling well visits. Following all physicals please provide Parent Central with the updated vaccine records so your child's immunization file will be compliant.

Tick season is here, prevention is key!

1. If returning from the outdoors perform a complete body check. Common tick attachment sites are underarms, scalp, joints, groin, buttock, and back to name a few.
2. Take a shower as soon as possible after outdoor adventures.
3. Ask your pediatrician what tick repellent they recommend.
4. Keep your property manicured.
5. Be consistent with your pet's tick repellent regiment.
6. Stay on a well-marked trail when hiking.
7. If bitten remove the tick with a fine tipped tweezer. Place the tweezer tip closest to where the tick is embedded, pulling it straight outward. Avoid squeezing the tick's body as this will result in the tick regurgitating more bacteria into the host. Clean the area with soap and water and mark the calendar the day the person was bitten. Monitor for symptoms of headache, fever, joint pain, fatigue, and the appearance of a red bulls-eye rash. Contact your doctor if any symptoms develop.

I hope these tips are helpful.

Wishing you all a wonderful Spring season!

Thank you,
Christine S. Marino CYS Nurse

**Don't forget to submit your
Child(ren)'s updated physical to
Parent Central to ensure all
your documents are up to date.**



**Always remember to
WASH YOUR HANDS!**

Parent and Outreach Services

P&OS Team

Jacque Butler

Director
x3969

Lisa Lloyd

Administrative Assistant
x1362

Jodi Messina-Grieve

Administrative Assistant
x4458

Tarah McKellar

Administrative Assistant
x0939

Hours of Operation:
0730-1700 Monday-Friday

Walk-ins welcomed!

Education Opportunities — Register in-person or by phone at 845-938-4458/1362/0939

CYSitters Babysitter Course

Open to Youth aged 12+ enrolled in CYS!
29 April; 0900-1600 @ The Lee CYS Facility
Fee: \$20.00

Parent CPR and First Aid

Spaces are limited for this
FREE Parent Education Opportunity!
23 June @ the Stony CDC 1700-1900

Parent Education

STOMP Event
April—1500-1600 @ Lee CYS Facility
Appropriate Sexual Behavior
May—1500-1600 @ Middle School Teen
Social Media Safety for Middle and High
June—1500-1600 @ Lee CYS Facility

You can earn a 10% discount on your child care bill!

The West Point CYS **Parent Participation Program** provides parents an excellent opportunity to share their unique gifts, talents and abilities while volunteering to support regularly scheduled programs (full day and before and/or after school). See your child's program management for ways you can participate.



Military Family Resources on the Web

Participate in **FREE** face-to-face and online parenting programs at **Thrive.psu.edu**. Families with children aged 0-18 years are supported to “take root,” “sprout,” “grow,” and “branch out.”



Join CYS for a virtual event and stay informed about specialized training of military families (STOMP). STOMP workshops are open to all military connected families!



As you care for your child, don't forget about yourself! Learn new skills and practice Self Care through the At Ease series at **BabiesontheHomefront.org**.



Visit MCEC at **militarychild.org** for access to courses, podcasts and webinars presented specifically for parents! Topics include Social Emotional Learning and the Military Child, Managing School Moves, Growing Great Readers and National Guard and Reserve Children.



Parent Advisory Board

All CYS Patrons are General Members of the West Point CYS PAB. The PAB provides an avenue for two-way feedback about CYS program operations between patrons and the command as well as helps identify parent/community needs. All CYS Patrons are welcome to participate beside the elected PAB Board Officers and West Point CYS Program representatives.



Our next West Point CYS PAB meeting will be:
11 April
1630-1715 @ Stony Evac Bldg

Please see your Program Director for current PAB Officer email contacts!