



USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

NOVEMBER 20 23



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



DIGITAL GARRISON
MOBILE APP



POWERED BY:



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://westpoint.armymwr.com)

UPCOMING SPECIAL EVENTS

JOIN FAMILY AND MWR FOR OUR ANNUAL WEST POINT

SPONSORED BY
(NO FEDERAL
ENDORSEMENT
IMPLIED):



US FAMILY
HEALTH PLAN

Holiday Tree Lighting Ceremony

6pm December 4th at the Exchange

JOIN US FOR LIVE MUSICAL PERFORMANCES, MAGNIFICENT LIGHTS,
A VISIT FROM SANTA & FRIENDS, AND A HOLIDAY TREE GIVEAWAY
SUPPORTED BY TREES FOR TROOPS AND YOUR LOCAL BOSS PROGRAM!
THIS EVENT IS FREE AND OPEN TO THE WEST POINT COMMUNITY.

FOR MORE INFO, CALL (845) 938-6497 OR VISIT WESTPOINT.ARMYMWR.COM



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR BIRTHDAY PARTIES



Four great locations! Non-stop Fun!



West Point Bowling Center

10 Lanes, pizza, ice cream, music & more! (845) 938-2140

Morgan Farm Horse Party

Pony ride party on the farm!
(845) 938-3926



West Point Arts & Crafts

Multiple projects to choose & create lasting memories!
(845) 938-4812

OREC Paintball Birthday Parties

Consider OREC your party central!
(845) 938-0123



westpoint.armymwr.com

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

★ GO ARMY ★



SPIRIT LUNCHEON

West Point Club | Grand Ballroom



On sale
AUG 14th

Purchase at the
WPC Admin. Office
Mon-Fri 10am-4pm

Thur	Sept 7	Delaware State
Thur	Oct 5	Boston College
Thur	Oct 12	Troy Alabama
Thur	Oct 26	UMASS
Wed	Nov 1	Air Force (Away)
Thur	Nov 9	Holy Cross
Thur	Nov 16	Coastal Carolina
Wed	Dec 6	Navy (Away)

Doors Open at 11am | Luncheon Begins 12pm

\$14 Per Person in Advance | \$16 Per Person at Door

Seating: Buy Early for Reserved Seats!

Each Luncheon is a Pep Rally for that Week's Game!

Reservations are based on the tickets sold by 2pm on the day prior to the lunch. Please indicate which department you're with or who you would like to sit with when purchasing tickets. After 2pm, tickets will only be available at the door, and will be open seating, based on space availability.



U.S. ARMY



THEWESTPOINTCLUB.COM

For reservations,
call (845) 446-5504/5506/5545



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

West Point Club

Thanksgiving Dinner-To-Go

Orders received by 2pm
Wednesday, November 15th

Pick up on
Wednesday, November 22nd
between 1-5pm

\$90 serves 6
Ala Carte only available with
purchase of a full To-Go order.
Reheating directions provided.

*No refunds for cancellations after
Wednesday, November 15th.*



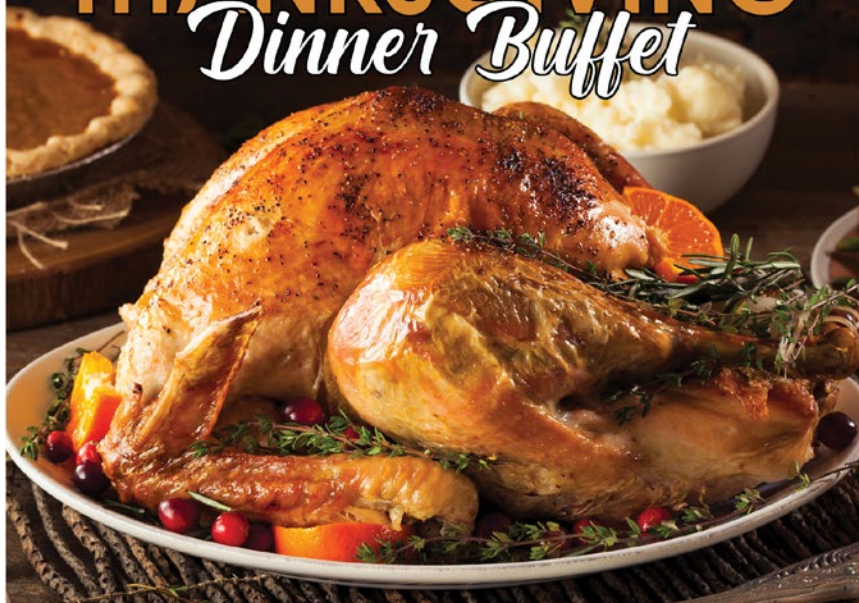
TheWestPointClub.com

To place an order,
call 845.938.5120.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

West Point Club **THANKSGIVING** *Dinner Buffet*



THURSDAY | NOVEMBER 23rd
Reservations every half hour from 12-2pm.



Adults: \$55 | Child 6-12: \$25 | Child 5 & under: \$15

No refunds/cancellations after Nov. 16th. Reservations only, no walk-ins.
Reservations end on COB November 16th.



THEWESTPOINTCLUB.COM

For reservations, call 845.938.5120

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

HELP WANTED!

Apply now at www.usajobs.gov!

USA Jobs keyword: "Army Installation Management Command";
location: "West Point, NY". Work Site: West Point Club

Food and Beverage Attendant NA-01:

*Army Installation Management Command
Family and Morale, Welfare and Recreation
Announcement #O3NAFBR2211322535SR*

- Starting pay: \$16.76 per hour, plus guaranteed gratuities on most events paid by the WP Club.



Cook NA-06:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$19.32 - \$22.54 per hour



Cook NA-04:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$17.78 - \$20.74 per hour



Food Service Worker NA-01:

*Army Installation Management Command
Family and Morale, Welfare and Recreation*

- Salary Range: \$15.46 - \$18.04 per hour



Applicants/employees are authorized to have *two* government positions!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



THE WEST POINT CLUB WILL
BE OPEN ON NOV 10TH, BUT
WILL BE CLOSED NOV 13TH.

BENNY HAVEN'S LOUNGE
WILL BE CLOSED NOV 3RD.

BENNY HAVEN'S LOUNGE IS OPEN THU & FRI, 4PM-9:30PM (KITCHEN CLOSING 8:30PM).



Club Lunch Program



Check our Facebook page for weekly menu rotations!

From 10:30am - 2pm, enjoy Bistro 603's Grab-N-Go lunch & daily carving board selections, plus:

NEW: "BUFFET BONANZA"
AT THE WEST POINT CLUB

**Featuring Taco Tuesdays
and Wing Wednesdays!**

Mondays, Thursdays, & Fridays:
Rotating International Favorites

Buffet Bonanza (Dine In only) Includes Chef's choice of dessert & Iced Tea. \$14 pp.



DINNER-TO-GO AT THE CLUB

Now available Wednesday - Friday!

Must place order by 2pm, and specify a
pick up time between 4pm and 6:30pm.
Servings for 4 or 6 people are available.

View our full menu [HERE](#). Order by
calling (845) 446-5506/5504.



DINNER-TO-GO

AT THE WEST POINT CLUB

Planning an event? Book one of our off-premise sites!

(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE



**LAST DAY OF THE SEASON:
SUNDAY, NOV 27TH**

WEST POINT GOLF COURSE DAILY FEES

ON WEEKDAYS

E1-E5, CADETS, KIDS

E6-03

**04-010, RETIREES,
& DOD CIVILIANS**

**CONTRACTORS, VETS,
SENIORS, & GUESTS**

GENERAL PUBLIC

DAILY

\$46

\$56

\$60

\$65

\$74

TWILIGHT

\$28

\$32

\$34

\$40

\$45

WEEKENDS & HOLIDAYS

E1-E5, CADETS, KIDS

E6-03

**04-010, RETIREES,
& DOD CIVILIANS**

**CONTRACTORS, VETS,
SENIORS, & GUESTS**

GENERAL PUBLIC

DAILY

\$53

\$64

\$70

\$79

\$91

TWILIGHT

\$30

\$36

\$38

\$42

\$46

TWILIGHT PRICING STARTS AT 3PM & IS NOT AVAILABLE MONDAYS. FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

VICTOR CONSTANT SKI AREA

HELP WANTED FOR 2023-24 SKI SEASON!

Apply now at www.usajobs.gov

USA Jobs keyword: "Army Installation Management Command"

USA Jobs location: "West Point, NY"



Recreational Equipment Operator (Snowmaker) NA-08

Army Installation Management
Command
Family and Morale, Welfare and
Recreation

Salary Range: \$21.91 - \$25.55 per hour



Recreation Aid (Lift Operation/ Rental Tech) NF-01

Army Installation Management
Command
Family and Morale, Welfare and
Recreation

Salary Range: \$15.85 - \$19.38 per hour



Recreation Assistant (Ski Patrol) NF-03

Army Installation Management
Command
Family and Morale, Welfare and
Recreation

Salary Range: \$41,010 - \$43,000 per year



Custodial Worker NA-02

Army Installation Management
Command
Family and Morale, Welfare and
Recreation

Salary Range: \$17.04 - \$19.88 per hour

Applicants/employees are authorized to have *two* government positions!



MON-FRI: 3:00PM-9:00PM | SAT: 9:00AM-7:00PM | SUN: 9:00AM-5:00PM | (845)938-8810 | WWW.VICTORCONSTANTSKI.COM
732 VICTOR CONSTANT ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

WEST POINT FMWR BOWLING CENTER



WE DELIVER!*

MON-WED & FRI: 11AM - 7PM

THU & SAT-SUN: 12PM - 7PM

PLACE ORDERS AT (845) 938-2140



**FOOD DELIVERY SERVICE IS AVAILABLE FOR WEST POINT RESIDENTS ONLY. ON-SITE PICKUP AT THE BOWLING CENTER IS AVAILABLE FOR ALL OTHERS.*



**VIEW OUR ENTIRE MENU ONLINE
AT WESTPOINT.ARMYMWR.COM**



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM
SUN: 12PM-7:30PM | WWW.WESTPOINT.ARMYMWR.COM
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

SENSORY FRIENDLY BOWLING

Now offered from 4pm-5pm every
2nd Wednesday of the month!



During Sensory-friendly Bowling hour, no music will be playing, and only special needs bowlers will be allowed use of the facility. For more information, call the Bowling Center at (845) 938-2140.



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM
SUN: 12PM-7:30PM | WWW.WESTPOINT.ARMYMWR.COM
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

Sign up for our Winter Bowling League season at the West Point Bowling Center! We have Monday night 4 person teams, Thursday 3 person teams, and (interest permitting) a Sunday night league!



WEEKLY SPECIALS

LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!
\$5.00 per person, per game.

OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.
What are you waiting for?

BOWLING LEAGUES



League play runs September through May with Monday, Sunday, and Thursday evening leagues! Teams are often looking for full time players or alternates. All leagues are handicap formatted. Please call us for more information. We can help place you on an existing team, or assist you in setting up your own!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM

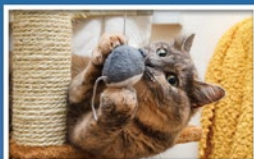


**Pet Kenneling • Dog Grooming • Seasonal Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage**

**MORGAN FARM KENNEL IS OPEN FOR
BOARDING OVER THANKSGIVING, ARMY/
NAVY WEEKEND, & DECEMBER HOLIDAYS!**



**RESERVE YOUR PET'S STAY-CATION TODAY!
CALL (845) 938-3926, MON-FRI, 8:30AM-1PM**



PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



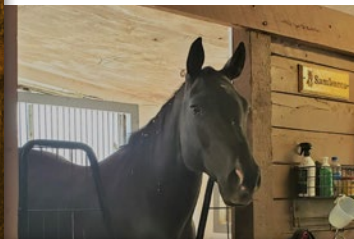
HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](http://www.westpoint.armymwr.com).



HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, scenic trails, and 3 different boarding options. For more info, call (845) 938-3926 or visit us [online](http://www.westpoint.armymwr.com).



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Morgan Farm

MORGAN FARM

FALL WEEKEND KENNELING SPECIALS *

A WINNING TRADITION CONTINUES!

VETERANS DAY WEEKEND:

STAY 4 NIGHTS & GET ONE FREE!
DROP OFF ON NOV 9TH, PICK UP
NOV 13TH. MUST BOOK AT LEAST
4 NIGHTS TO RECEIVE DISCOUNT.

ARMY/NAVY WEEKEND:

STAY 3 NIGHTS & GET ONE FREE!
DROP OFF ON DEC 8TH, PICK UP
DEC 11TH. MUST BOOK AT LEAST
3 NIGHTS TO RECEIVE DISCOUNT.

*SPECIALS & ADD'L PET PRICING ARE ONLY FOR ACTIVE/RETIRED MIL OR DOD.

CALL (845) 938-3926 TO BOOK YOUR RESERVATION TODAY!

Let us care for your cat or dog while you're away from home! Our kennel offers advance reservations, a climate controlled facility, large dog runs, and daily walks.

CAT BOARDING DOG BOARDING WALKS

\$16 per day; \$8 per add'l cat*

\$26 a day; \$13 per add'l dog*

Walks: \$7

Required vaccinations: Rabies, Distemper, and Bordetella for dogs, and Rabies and Distemper for cats. Reservations must be made with a valid credit or debit card. Boarding cancellations will be accepted up to 48 hrs prior to reservation time. Late cancellations and no shows will be charged 2 days worth of boarding per animal.



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM

BIRTHDAY

PARTIES

AT MORGAN FARM



Package 1
\$135
30 minute
pony rides
with 1 horse.
Up to 10 children.

Package 2
\$155
1 hour
pony rides
with 2 horses
and 2 helpers.
Up to 10 children.

Package 3
\$175
1 hour pony rides
with 2 horses & 2
helpers. 30 minute
unmounted lesson in
barn with horses.
Up to 10 children.

\$15 Each additional child per package.
\$30 Each additional horse per package.

Call (845) 938-3926 to
reserve a party today!



OPEN TO THE PUBLIC, FROM 8AM TO 5PM, DAILY!
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

LAKE FREDERICK REC AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Contact the Lake Frederick Office at (845) 938-2649.

LAKE FREDERICK CABIN RENTALS

Spend some quality time with your friends and family in our cozy lakeside bunk houses! Amenities include heat, a mini fridge, fire ring, & charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

FISHING & HUNTING

RECREATIONAL FISHING



**SHOP BAIT & TACKLE
AT ROUND POND!**

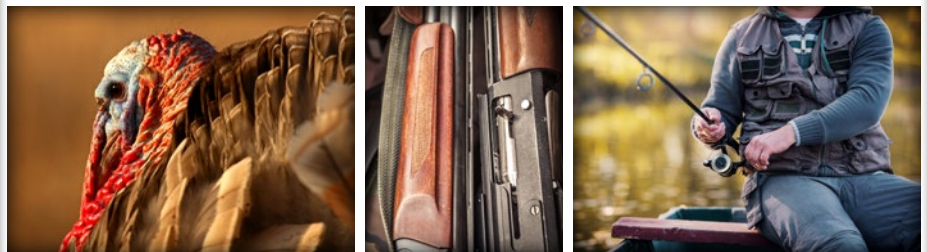
IT IS NOW OPEN SEASON FOR...

- WALLEYE • SUNFISH • PERCH • CRAPPIE
- WHITEFISH* • TIGER MUSKELLUNGE • EEL
- TROUT (C&R ONLY AFTER OCT 15TH, EXCEPT FOR LAKE TROUT, WHICH FULLY CLOSES)
- NORTHERN PIKE* • PICKEREL • SALMON*
- SMALL & LARGEMOUTH BASS (C&R ONLY AFTER NOV 30TH)
- ENDS NOV 30TH: HICKORY SHAD, STRIPED BASS**, MUSKELLUNGE



**Cannot be found on West Point. **Can be found in the Hudson River off West Point, but not in lakes or ponds on the installation.*

Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide



RECREATIONAL HUNTING



- DEER BOW HUNTING: OCT 1ST - NOV 17TH. CROSSBOW: NOV 4TH - 17TH.
- DEER REGULAR HUNTING SEASON: NOV 18TH - DEC 10TH.
- DEER LATE BOW HUNTING: DEC 11TH - 19TH & DEC 26TH - JAN 1ST.
- RACCOON, SKUNK, FOX, POSSUM, AND WEASEL: OCT 25TH - FEB 15TH
- BRANT: OCT 14TH - NOV 12TH • SNOW GEESE: OCT 1ST - APR 15TH
- QUAIL, GROUSE, PHEASANT & RABBIT: OCT 1ST - FEB 29TH.
- SQUIRREL: NOW - FEB 29TH • COYOTE: OCT 1ST - MAR 31ST
- BOBCAT: OCT 25TH - FEB 15TH • HARE: DEC 11TH - FEB 29TH.
- TURKEY: OCT 21ST - NOV 3RD • BEAR: OCT 1ST - DEC 19TH.
- DUCKS & COOTS: OCT 21ST - DEC 3RD & DEC 9TH - 24TH.
- SCAUP: NOV 30TH - DEC 3RD & DEC 9TH - 24TH.

Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

FISHING & HUNTING

Opening Day Hunting Lottery

Thursday | November 2 | 6pm
Victor Constant Ski Area Lodge



Reserve your hunting area prior to opening day!
Participate in the Hunting Lottery to reserve your
favorite area for Opening Day of Rifle Season.
Area is reserved until 9am of opening day only.

For more info, call 845.938.2503.

Priority # _____

Lottery # _____



westpoint.armymwr.com or
<http://westpoint.isportsman.net/>

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CAMPING AND ODR EQUIPMENT RENTALS



CAMPING RESERVATIONS FOR 2023 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

[BULL POND](#) | [ROUND POND](#) | [LAKE FREDERICK](#)



OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER

**NEW
HOURS!
STARTING
OCT 3RD,
2023**

THE AUTO CENTER IS OPEN FOR FULL SERVICE!

OIL CHANGE SPECIAL



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*
Synthetic Oil: \$70 for up to 5qts*).

**Additional quarts extra*



NEW Auto Skills Center Hours (starting Oct 3rd)

*The Auto Skills Center will now
offer evening hours on Thursdays!
We will continue to operate at the
current schedule for other days.*

NEW SCHEDULE:

Tue-Wed: 8am – 4pm

Thursday: 11am – 7pm

Fri-Sat: 8am – 4pm

Sun-Mon: Closed

*For more info, call (845) 938-2074,
or visit westpoint.armymwr.com.*



The Auto Skills Center offers full
mechanical services, self-help bays,
NYS Inspections, oil changes, tire
services, & computer diagnostics!

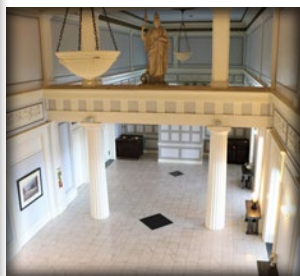
*For more info, call (845) 938-2074.
Reservations are required.*

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

**MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES
SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!**

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Arts & Crafts Center

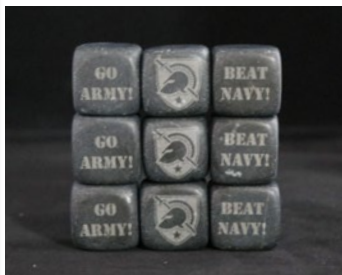
UNLEASH YOUR CREATIVITY!

The Arts & Crafts Center offers a variety of craft classes for all ages, including pick-and-paint pottery, stained glass, canvas painting, glass fusion, pallet painting, mosaics, sewing, scrapbooking, and more! Birthday packages and private event bookings are also available. Call (845) 938-4812 for more info.

BE ON THE LOOKOUT FOR OUR NEW LINEUP OF FALL CLASSES (COMING SOON TO THE ARTS & CRAFTS CENTER CALENDAR!)

Our custom framing experts will help turn your achievements into timeless works of art! Choose from 500+ quality mouldings, 450 acid-free mats, & UV-Protective glass. DIY framing classes are also available by appointment.

Turn your gift-giving up a notch! West Point Arts & Crafts offers framing, engraving, full color sublimation services, and other unique gifting options!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Arts & Crafts Center

NOVEMBER

CALENDAR OF EVENTS



Pick & Paint Ceramics

Wed, Nov 1st, 15th & 29th

9am - 7pm

Create a work of art in our Ceramics Studio! Prices vary. Must start project by 6pm. No registration required.

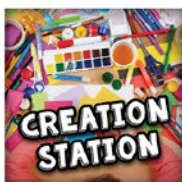


Little Impressionists

Thu, Nov 2nd & 16th

10:30-11:30am + 1pm-2pm

For ages birth through 6 years old. \$5 per child. Registration required.



Creation Station

Thu, Nov 2nd & 16th

3pm - 4:30pm

Complete a craft of your choice! Project prices start at \$15. For ages 5+. Registration required.



Home School Art Class

Wed, Nov 8th

1:00pm - 2:00pm

Monthly art history projects youth in grades K & up. "Pablo Picasso". \$15 pp. Registration required.



Meet the Artist Class

Wed, Nov 8th

3:30pm - 4:30pm

Monthly art history projects for all youth in grades K & up. "Pablo Picasso". \$15 pp. Registration required.



Arm Knitting Scarf Class

Thu, Nov 9th

5pm - 7pm

Learn how to make 3 types of scarves. \$50 pp. Space is limited. Registration a must!



Canvas Painting

Tue, Nov 14th

5:30pm - 6:30pm

Paint silly snowmen on an 11"x14" canvas! \$20 pp. Registration required.



Holiday Resin-palooza

Fri, Nov 17th

5pm-8pm

Make a holiday canvas with us! \$50 pp (includes supplies & instruction). Registration required.



Middle School Resin Class

Tue, Nov 21st

10am-12pm

Create a glass and resin piece of art! Prices start at \$30. Registration required.

"A STITCH IN TIME" WEEKLY YARN SOCIAL EVENT AT WEST POINT ARTS & CRAFTS: WEDNESDAYS FROM 9AM TO 12PM. STARTING NOVEMBER 1ST!

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Arts & Crafts Center

A STITCH IN TIME

GATHERING AT WEST POINT ART & CRAFTS



STARTING NOVEMBER 1ST

Come join other needle crafters to knit, crochet, embroider, cross stitch and more! Have a coffee or tea and enjoy some adult time.

OPEN GATHERING

WEDNESDAYS, 9AM-12PM

Bring your projects and
enjoy the company of others
working on their creations!



CHAIN 1 BEGINNER'S CROCHET CLASS

1ST WED OF THE MONTH, 9AM-10AM.

BRING THE FOLLOWING SUPPLIES:

1 Skein Med #4 Acrylic or cotton yarn (not
chenille), and 1 size J/10 crochet hook.



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONS RUE MARKSMANSHIP CENTER

TRONS RUE RANGE WILL BE CLOSED FOR THE HOLIDAY ON THU, NOV 23RD, & FRI, NOV 24TH. HAPPY THANKSGIVING!



REC SHOOTING: TUE-WED 10AM-3PM, & THU-FRI 6:30PM-9PM

OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS.
REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

***CHECK OUT OUR NEW FACEBOOK PAGE!
VISIT US ONLINE AT WWW.FACEBOOK.COM/TRONS RUE***

The Tronsrue Marksmanship Center Presents



**STOP
THE BLEED
AND SAVE A LIFE**

SUNDAY, NOVEMBER 19th | 9AM-1PM
Buffalo Solider Pavilion | 628 Hodges Place

STOP THE BLEED/TECC

Sun. Nov 19th, from 9am-1pm at TMC.

Learn how to provide lifesaving care when a bleeding emergency occurs!
Receive a free training tourniquet and certificate from the American College of Surgeons Committee on Trauma.
For ages 13+. \$50 per person.

Utah/Florida (Non-Resident) Concealed Permit Course



**Sunday
November 12
10am-4pm**



UTAH/Florida Concealed Carry Permit Course

Sun. Nov 12th, 10am-4pm at TMC.

This permit allows non-residents to carry a concealed handgun in 30+ states (not valid in NY). For ages 21+ (or Cadets 18+). \$175 pp (does not include permit application fee).

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONS RUE MARKSMANSHIP CENTER



Daily Specials at Tronsrue

Tuesday & Wednesday: \$10 Range Fee + \$5 Firearm Rental (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

TRONS RUE CLOTHING AND STICKERS AVAILABLE NOW!



Tronsrue
Marksmanship
Center

**PUNCH PASSES
ON SALE NOW!**

WEST POINT FAMILY AND MWR



GIFT CARD

TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!



Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONS RUE MARKSMANSHIP CENTER



PERSONALLY OWNED FIREARM OPEN RANGE SESSION

Gettysburg Range Complex (Range 5)
Rte. 293, Across from Round Pond Recreation Area



NOVEMBER 4TH, 9AM-3PM

Authorized users must have a Department of Defense issued form of identification and present it at the range. Two guests are authorized for each identification card holder and the guest must sign a liability waiver.

Authorized users include: Active Duty Military Personnel, Staff, Faculty and their families assigned to West Point or directly supported by it, U.S. Military Academy at West Point, Cadets and Cadets of all service academies who are assigned to West Point, DOD Civilians, Retired Military Personnel and their families. Minors must be accompanied by their sponsor at all times, minimum age is 12yrs.

All personnel attending this event must adhere to the following instructions:

1. All patrons are responsible to bring their own paper targets, hearing & eye protection.
2. Pistols, shotguns and rifles are permitted. Rifles are limited to 7.62x51mm NATO (.308 Winchester) cartridges or below.
3. Automatic weapons are not allowed.
4. Two guests per ID card holder permitted (liability waiver enforced).
5. Mine Tonne Road will be closed during these dates and times.



Tronsrue Marksmanship Center
(845) 938-1700.

westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

B.O.S.S. SPECIAL EVENTS

BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

Thanksgiving Dinner

TUE, NOV 21ST
FROM 5PM - 7:30PM
AT THE BSP
(BUILDING 628)

BRING YOUR FRIENDS THAT YOU CALL FAMILY, AND JOIN BOSS FOR OUR ANNUAL THANKSGIVING FEAST AT BUFFALO SOLDIER PAVILION! THIS EVENT IS FREE AND OPEN TO ALL SINGLE SOLDIERS & THEIR GUESTS. FOR MORE INFORMATION, CALL BOSS AT (845) 938-6497.



BOSS COORDINATOR PHONE: (845) 938-6497
VISIT MWR AT WESTPOINT.ARMYMWR.COM
VISIT BOSS'S FACEBOOK @WESTPOINTBOSS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

B.O.S.S. SPECIAL EVENTS

BETTER OPPORTUNITIES FOR SINGLE SOLDIERS

Stockings & Lunch

DECEMBER 11TH, 12PM-2PM AT ACS

JOIN BOSS AT THE ACS BUILDING (#622) FOR A FREE LUNCH BUFFET & STOCKINGS PROVIDED BY TOWNS FOR TROOPS! OPEN TO ALL SINGLE SOLDIERS. CALL (845) 938-6497 FOR MORE INFO.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES



LEISURE TRAVEL SERVICES

DAYTRIPPER - NOV '23

WEDNESDAY, NOV 8TH - THEATER VAN TO BROADWAY



Purchase half-price theater tickets at the ticket booth and enjoy a night on the town with shows like Chicago, Wicked, and more! We'll depart West Point at 4pm; depart NYC after the shows (approx. 10:30pm).

Transport cost: \$30/adult & \$25/child.

NOV 22ND - MACY'S BALLOONS & NAT. HISTORY MUSEUM



Visit NYC's renowned Natural History Museum, and watch the inflation of the giant Macy's Thanksgiving Day Parade balloons! We will depart West Point at 9:30am and leave NYC at 4:30pm.

Transport cost: \$30/adult & \$25/child.

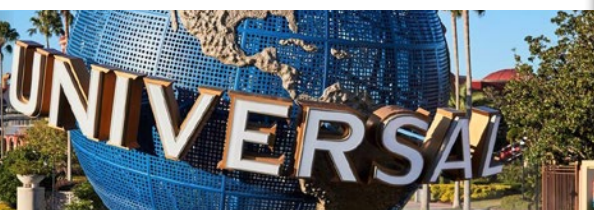
THU, NOV 23RD - MACY'S THANKSGIVING DAY PARADE



Join LTS for this holiday tradition filled with memories that will last a lifetime! We will depart West Point at 6am, and leave NYC immediately after the parade. There is limited seating, so act quickly!

Transport cost: all seats are \$40.

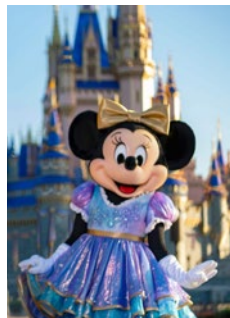
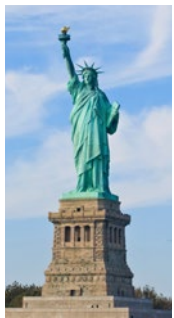
DISCOUNT UNIVERSAL STUDIOS TICKETS ARE AVAILABLE AT LTS!
CALL (845)-938-3601 FOR MORE INFO!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



LEISURE TRAVEL SERVICES

DAYTRIPPER - DEC '23

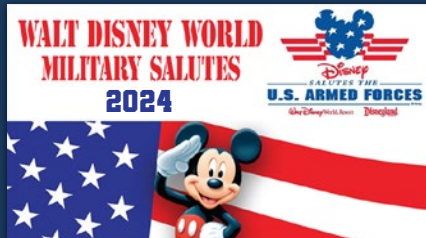
SATURDAY, DEC 2ND - NEW YORK CITY SHOPPING TRIP



Ready for some holiday cheer? Check out the Rockefeller Christmas Tree, shop along 5th Ave, see the fabulous holiday window displays, go ice skating, and more! We will depart WP at 9am and leave New York City at 4pm.

Transport cost: \$30/adult & \$25/child.

WALT DISNEY WORLD MILITARY SALUTES PASS 2024



Now available! Choose either a 4-day, 5-day, or 6-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility plus ID)

- 6-Day w/ Park Hopper®: \$409.
- 5-Day w/ Park Hopper®: \$389.
- 4-Day w/ Park Hopper®: \$369.

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

The Holiday's Hottest Tickets Are Here!



Tuesday, December 12th & 19th

Leave West Point at 1pm, curtain at 5pm,
return immediately after the show.

Orchestra seating

Wednesday, December 13th & 20th

Leave West Point at 4pm, curtain at 8pm,
return immediately after the show.

Orchestra seating

All tickets \$125 includes ticket & transportation.

Tickets on sale now! Seating is limited. Tickets not sold separately.

All sales final. Ticketmaster account required for ticket purchase.

Leisure Travel Services (LTS), 683 Buckner Loop

845.938.3601



United States Army Installation
MANAGEMENT COMMAND
westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR SWIM

Lunchtime Lap Swim at Crandall Pool

NEW DATES STARTING IN OCTOBER
12-1:45pm on day 1's only



October 10, 12, 18, 20, 23 & 25
November 1, 3, 6, 8, 13, 15, 20, 28 & 30
December 4, 6, 11, 13, 15, 20, 22

Crandall Pool is located at 727 Brewerton Rd., Arvin Gym.

For more info, call (845) 938-7060.

Open to Active Duty Personnel, DoD Civilians,
Retired Personnel & West Point Community Family Members.

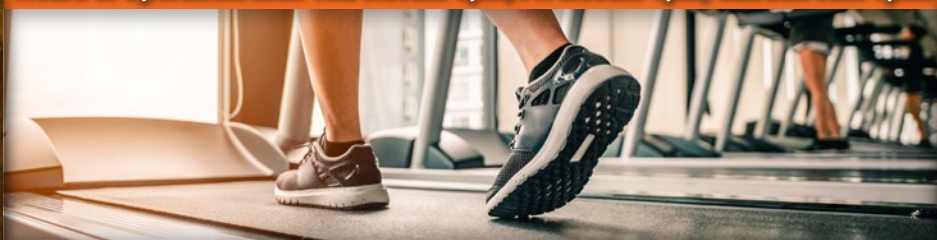
*Please note the pool depth is between 8-16 feet and is not
recommended for use by young children as there are no shallow areas.*



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.



CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

**NEW
DAYS & TIMES
STARTING NOV 1ST**

Functional Fitness

Classes with
Anthony

**MONDAY - THURSDAY | 9AM
MWR FITNESS CENTER
\$5 PER CLASS**



- Prepare your body for real life movement and activities.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

SLAM

SWEAT LIKE A MOTHER!

**Mondays, Thursdays & Fridays
9:30-10:30am**

**STARTING NOVEMBER 6TH
NEW LOCATION!**

**MST YOUTH CENTER
500 WASHINGTON RD.**

BRING YOUR KIDS!

Single Class Pass \$12 | Five Class Pass \$60
Ten Class Pass \$110 | Unlimited Monthly \$65

On sale online at westpoint.armymwr.com
or at the Fitness Center.

westpoint.armymwr.com | (845) 938-6490



Living Angelic
Massage Therapy



Massage therapy is back
starting April 10th at the MWR Fitness Center!

Living Angelic Massage Therapy

Helping you heal by relieving your tension with a wide variety of massage techniques! Schedule an appointment today by calling Elliot at (347) 567-6060. Full list of pricing and services at westpoint.armymwr.com.

ZUMBA
classes with Lindsey
At the MWR Fitness Center

STARTING SEPTEMBER 11TH
CLASSES WILL BE HELD ON
MONDAYS & WEDNESDAYS ONLY.

Zumba with Lindsey

Monday & Wednesday, 6pm-7pm
at the MWR Fitness Center. \$5 pp.
Pre-register online via Webtrac or
purchase class coupon at the front
desk. Call (845) 938-6490 or visit
westpoint.armymwr.com for info.

Wellbeats

Online Fitness Class

Offering 200+ different classes and
open any period! Take any class you
like (first come, first serve).

Call us at (845) 938-6490 or visit
westpoint.armymwr.com for info.

Wellbeats™
FITNESS THAT FITS YOUR LIFE

Starting Monday, March 20th
at the MWR Fitness Center!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS



WP Community Flag Football League

Wednesdays from 7pm-9pm at
USMAPS Football Field. League
will run from Sep 6th thru Nov 8th.

To sign up, call (845) 938-3066



WP Community Noontime 4 on 4 Volleyball League

Wednesday & Friday only, from
12:15pm-1:15pm at Arvin Gym 2nd
Floor Courts. League runs
October 27th - May 1st.

To sign up, call (845) 938-3066



WP Community Ultimate Frisbee Fall League

Mon & Thu only, 12:15pm-1:15pm
in Arvin Gym 2nd Floor courts.
League runs Nov 28th - April 14th.

To sign up, call (845) 938-3066



West Point Community Adult Intramural Hockey

Mon & Thu, 6pm-7:30am, and Tue,
12pm-1:30pm, at Tate Rink in the
Hollender Center. League will run
October 2nd - March 1st.

To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS

West Point Community Monday Morning WOMEN'S DOUBLES TENNIS League



STARTS MONDAY, OCTOBER 30TH

MONDAYS ONLY | 9AM - 11AM
LICHTENBURG INDOOR TENNIS FACILITY

Seasonal Pass Required | \$80 DoD/\$90 Non-DoD

**Open to Active Duty Personnel, DoD Civilians, Retired Personnel,
West Point Community Family Members & Approved Non-DoD.**

****All Levels Welcome****

To sign-up, email: sally.hilderbrand01@gmail.com
or call MWR Intramural Sports at (845) 938-3066.



westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS

2023-2024

West Point Community Skate Program Tate Rink - Holleder Center



SUNDAYS

October 22nd & 29th
5:15-7:15pm

November 5th & 26th | December 3rd & 10th
January 7th, 21st & 28th | February 11th & 18th
3-5pm



CHRISTMAS BREAK
Wednesday, December 27th
Thursday, December 28th
12:15-2:15



Open to Active Duty Personnel, DoD Civilians,
Retired Personnel, & West Point Community Family Members.

This program is free but skaters must provide their own skates.

For more information, call the Skate Hotline at (845) 938-2991.



UNITED STATES ARMY INSTALLATION
MANAGEMENT COMMAND
westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS



STARTS OCTOBER 23rd

MONDAYS ONLY | 7PM - 9PM
LICHTENBURG INDOOR TENNIS FACILITY

Seasonal Pass Required | \$80 DoD/\$90 Non-DoD

Open to Active Duty Personnel, DoD Civilians, Retired Personnel,
West Point Community Family Members & Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066
or email paul.peck@westpoint.edu.



UNITED STATES ARMY INSTALLATION
MANAGEMENT COMMAND
westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

CYS WINTER 2023

YOUTH SPORTS



OFFERED DEC 4TH - 15TH & JAN 3RD - FEB 22ND. REGISTRATION OPENS OCT 10TH FOR MIL/DOD (OCT 30TH FOR ALL OTHERS) AND RUNS THRU NOV 9TH.

BASKETBALL Mon-Thu. At the Youth Center, Lee CDC, and Elementary & Middle School Gyms. For age 4: \$25. Ages 5+: \$55.

- **Little Shooters (Age 4)** - Tue, 5pm-6pm
- **Training League (Ages 5-6)** - Mon & Wed, 5pm-6pm
- **Collegiate League (Ages 7-9)** - Mon & Wed, 6pm-7pm
- **Junior NBA (Ages 10-12)** - Tue & Thu, 6pm-7pm

TAEKWONDO SAMPLER

For Ages 7-12. Mon & Wed, 5:15pm-6pm at the Lee CDC. \$60.

BOWLING

For Grades 3-8. Wed, 5pm-6pm at the Bowling Center. \$60.

STRENGTH & FITNESS

For Ages 12-18. Thu, 5pm-6pm at the Elementary School Gym. \$25.

HOME SCHOOL GYM Tue & Thu at the Youth Center. \$50.

- **Grades K-3** - 11am-11:45am
- **Grades 4-8** - 12:15pm-1pm

SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION. TO REGISTER, CALL YOUTH SPORTS AT (845) 938-3266.



CYS YOUTH SPORTS OFFICE: (845) 938-3266
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

NOTABLE UPCOMING CYS DATES

- **NOV 4TH** CYSitters Babysitter Certification
Course: 9am-4pm at the School Age CenterAC
- **NOV 9TH** CYS Parent Workshop: How to Handle
Temper Tantrums - 3pm-4pm at the MST
- **NOV 9TH** CYS 2023 Winter Youth Sports Program
registration ends
- **NOV 14TH** ACS Presentation: Keeping Kids Safe
in a Digital World - 5:30pm in the West Point
Middle School Auditorium
- **NOV 20TH** SAC Parent Participation
Thanksgiving Luncheon
- **NOV 24TH** Learn to Play Ice Hockey
registration ends



Before & After School Care

At the School Age Center

Mon - Fri on normal school days,
6:00am-8:30am & 3:00pm-5:30pm

Register for the 2023-2024 School Year
online at: militarychildcare.com. For
more info, call (845) 938-8530 / 0941.

CHILD & YOUTH SERVICES

CYS OPEN GYM

..... AT THE YOUTH CENTER



Mon-Fri, Nov 6th - Nov 22nd

4pm - 6pm at the Youth Center Gym (Bldg 500)

CYS will be holding open gym at the Youth Center for all CYS registered youth in grades 6-8! For info, call the Youth Sports Office at (845) 938-8896/8525.

NOTE: CYS WILL BE CLOSED ON FEDERAL HOLIDAYS & OTHER COMMAND DIRECTED CLOSURES.



YOUTH SPORTS OFFICE: (845) 938-8525/8896
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

CYS YOUTH SPONSORSHIP PROGRAM



JOIN OUR TEAM & WELCOME NEW STUDENTS!

BECOME A SPONSOR
AND A LEADER IN YOUR COMMUNITY!

OPEN TO CYS REGISTERED YOUTH IN GRADES 1-12.

The Youth Sponsorship program is composed of kids that want to help other kids that are new to West Point. In this program, you'll be a guide, a mentor, a cyber pal, and a friend. Activities include training, welcomes and farewells, orientation tours, and more!

- ASSIST PEERS • BUILD LEADERSHIP • BUILD FRIENDSHIPS
- SERVE THE COMMUNITY • FOSTER A SENSE OF BELONGING

PROGRAM TRAINING SESSION DATE: TO BE DETERMINED

For more info, call (845) 938-2092 or email westpointcys_youthsponsorship@army.mil



SCHOOL LIAISON OFFICER: (845) 938-2092

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES



CYSITTERS

BABYSITTER CERTIFICATION COURSE

— OPEN TO ALL CYS REGISTERED YOUTH AGES 12+ —

NOVEMBER 4TH, 9AM-4PM

AT THE LEE CYS FACILITY (140 BUCKNER LOOP)

IN THIS CLASS, PARTICIPANTS WILL LEARN HOW TO:

- Care for children and infants
- Be a good leader and role model
- Make good decisions & problem solve
- Keep children and themselves safe
- Handle emergencies and injuries
- Become CPR certified, and more!

\$20 PER PERSON. OPEN TO ALL CYS REGISTERED YOUTH AGES 12+. REGISTRATION WILL RUN THROUGH NOV 2ND OR UNTIL FILLED. REGISTER ONLINE VIA WEBTRAC, IN PERSON AT PARENT CENTRAL SERVICES, OR BY CALLING (845) 938-1362/0939. CLASS SIZE IS LIMITED TO THE FIRST 8 REGISTRANTS. ATTENDEES MAY BRING NUT-FREE SNACKS AND LUNCHES TO CLASS.



OUTREACH SERVICES: (845) 938-1362/0939

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

LEARN TO PLAY ICE HOCKEY

FROM 1:30PM TO 2:30PM ON SUNDAYS

*At the Tate Ice Rink inside the Hollender Center
(Located at 714 Fenton Place, West Point, NY)*

DEC 3RD & 10TH | JAN 7TH, 21ST, & 28TH | FEB 11TH, 18TH, & 25TH

**VOLUNTEER
COACHES
NEEDED!**

**THIS PROGRAM
CAN ONLY RUN
WITH ENOUGH
VOLUNTEERS!**



OPEN TO ALL CYS REGISTERED YOUTH AGES 4-12!

COST: \$100. TO REGISTER, CALL (845) 938-3208/8525. REGISTRATION RUNS OCT 23RD - NOV 24TH.

SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION. MORE INFO AT: (845) 938-1362/0939 OR WESTPOINTCYS.COM



YOUTH SPORTS OFFICE: (845) 938-3208/8525
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

HOW TO HANDLE TEMPER TANTRUMS

A CYS PARENT AND
OUTREACH SERVICES
PARENT WORKSHOP



November 9th, 3PM-4PM

AT THE MST BUILDING (500 WASHINGTON ROAD)

Join CYS for a free Parent Workshop on How to Handle Temper Tantrums, where we will define temper tantrums, create strategies to help parents remain calm, and explore how parents can handle temper tantrums. Free and open to all West Point Parents with CYS registered Youth. Register in person at P&OS or by calling them at (845) 938-1362/0939.



OUTREACH SERVICES: (845) 938-1362/0939

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ACS EFMP INVITES YOU TO JOIN IN OUR

Stress Less

Series

SEP-JUN



**EVERY 2ND TUESDAY OF THE MONTH
3PM-5PM AT THE ACS BUILDING (#622)**

Studies show that interacting with animals can reduce loneliness, strengthen communal ties, and boost your mood. ACS EFMP has teamed up with Hudson Valley Paws for a Cause to provide a series of wellness & stress-relief events. Thru Jun 2024, take a "paws" with us every 2nd Tuesday of the month for a fun, relaxing afternoon! Free & open to the West Point/Highland Falls Community.

Sep 12 Oct 10 Nov 14 Dec 12 Jan 16* Feb 13 Mar 12 Apr 16* May 14 Jun 11

**Third Tuesday*



U.S. ARMY



CALL ACS AT: (845) 938-3655 / EFMP: 5655
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

EFMP
Coffee Hour

**SPECIAL
EVENT!**



November 9th at 10am

ACS invites EFMP spouses to join us for a free trip to Jones Farm in Cornwall! Enjoy fresh baked goods, farm animals, and all the art, clothing, toys, jewelry, & home goods this country store has to offer! This event will be co-hosted by USO, which will be providing transportation. Registration is required. Register online at newyork.uso.org/events/346

This event is replacing the previously scheduled Nov 2nd EFMP Coffee Hour.



CALL ACS AT: (845) 938-3655 / EFMP: 5655
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



KEEPING KIDS SAFE IN A DIGITAL WORLD

HOSTED BY THE ACS FAMILY ADVOCACY PROGRAM

November 14th, 5:30PM
IN THE WEST POINT MIDDLE SCHOOL AUDITORIUM

Hear from Special Agents from the FBI Child Crimes Task Force and Army CID to discuss the risk and vulnerability of online activities. This topic is applicable to parents of children of all ages, educators, childcare staff, prevention personnel, and other interested parties.

Free & open to all DoD ID Cardholders and members of the Public with Installation access. Registration is required by November 11th. To register, please call ACS at (845) 938-0629 or email emily.a.calangi2.civ@army.mil.

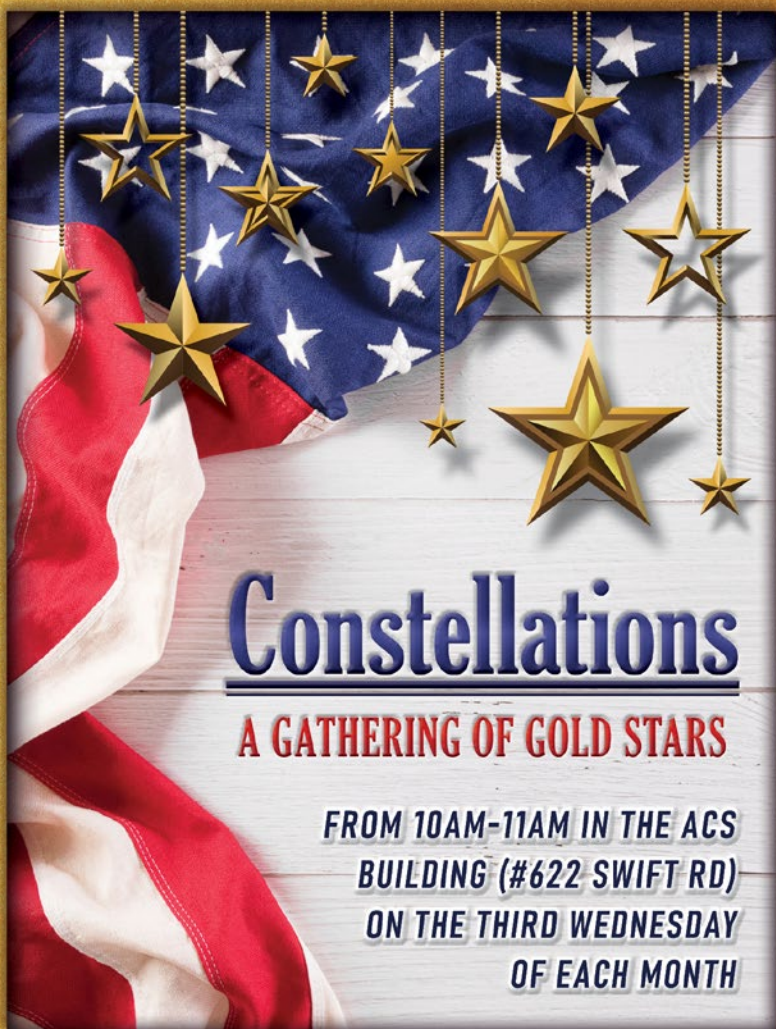


CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: [@WESTPOINTARMYCOMMUNITYSERVICE](https://www.facebook.com/WESTPOINTARMYCOMMUNITYSERVICE)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



Constellations

A GATHERING OF GOLD STARS

**FROM 10AM-11AM IN THE ACS
BUILDING (#622 SWIFT RD)
ON THE THIRD WEDNESDAY
OF EACH MONTH**

Survivor Outreach Services invites Gold Star Family members to join us on the third Thursday of each month to socialize, support, learn, and grow with one another! Call SOS at (845) 938-5654 for more info.



CALL ACS AT: (845) 938-2519 / SOS: 5654
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



**Join the West Point Family Advocacy Program
as we delve deep into the following topics:**

- **OVERCOMING STRESS AND ANGER**
- **COUPLE'S ENRICHMENT**
- **POSITIVE PARENTING**
- **BABY BOOTCAMP**



**Be on the lookout for upcoming, program-specific course flyers!
Course content is also offered in-between sessions on a 1:1 basis.**

**ALL SESSIONS ARE FREE! FOR MORE INFORMATION, CALL US AT (845) 938-0629/5658,
OR CHECK OUT OUR OFFICIAL FACEBOOK PAGE @WESTPOINTARMYCOMMUNITYSERVICE!**



CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Wee-Play & Wee-Read



WEE-PLAY: 9AM-10AM BI-WEEKLY, TUESDAYS

Wee-Play is an open play group designed for your little ones to learn, play, make new friends, and develop their social, cognitive, and motor skills. This group also provides a great opportunity for parents and guardians to connect and socialize with each other!

October 10th & 24th | November 7th & 28th | December 12th

WEE-READ: 9AM-10AM BI-WEEKLY, WEDNESDAYS

Wee-Read is a fun-filled story time with activities that promote speech development and learning. Come listen to a new story with us every session, and complete a themed activity together!

October 11th & 25th | November 8th & 29th | December 13th

BOTH PROGRAMS OFFERED IN THE MST BUILDING'S GYM (500 WASHINGTON RD)

Free and open to all ranks and DoD civilians with children ages 4 or younger.



CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Just PCS'ed to West Point? Want to learn more about the installation? Then you need the...

ARMY COMMUNITY SERVICE RELOCATION READINESS ← NEWCOMERS ORIENTATION → AND WELCOME

HELD EVERY TUESDAY AT 1PM & THURSDAY AT 9AM
IN BUILDING 622 SWIFT RD, ACS HUDSON ROOM 156

Open to all Active Duty Military and their families. No registration is required.
For more info, call the ACS Relocation Readiness Program at (845) 938-3487.

SPOUSES ARE WELCOMED & ENCOURAGED TO ATTEND!

SPOUSES
WELCOMED TO
ATTEND



ACS
Employment Readiness Program
Where Career Success Begins

JOB SEARCH ASSISTANCE • CAREER RESOURCES • REFERRAL SERVICES • TRAINING OPPORTUNITIES

ACS Employment Readiness Program (ERP)

ERP advances careers by providing info about job search tips, education, training, transition, and volunteering to Soldiers, DoD Civilians, and their Family. Call (845) 938-0232 for details.

ACS *Little Movers*



**WEST POINT
ARMY COMMUNITY
SERVICE WOULD
LIKE TO WELCOME
YOUR CHILDREN TO
THEIR NEW HOME!**

Moving can be a stressful process, so ACS offers all newly relocated children ages 2-12 a free, fun-filled activity bag to keep them occupied while traveling or getting settled in!

CALL THE RELOCATION ASSISTANCE PROGRAM AT (846) 938-3487 TO SCHEDULE A TIME TO PICK UP YOUR ACTIVITY BAG(S) AT THE ACS BUILDING (622 SWIFT ROAD).

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Paid Advertisement (No Federal Endorsement Intended)

ACTIVE-DUTY FAMILIES & MILITARY RETIREES



It's Time to Enroll in US FAMILY HEALTH PLAN

You get all the TRICARE® benefits, plus added perks!

TRICARE OPEN SEASON

Nov. 13 - Dec. 12



FIND OUT MORE ABOUT WHAT WE OFFER

West Point Family & MWR
681 Hardee Place, Rm 202
West Point, NY, 10996



 **#WESTPOINTMWR**
 **/WESTPOINTMWR**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM