## Youth Sports Instructional Programs

## TAE KWON DO

This program provides instruction in non-contact Tae Kwon Do. It will enhance flexibility, body awareness, discipline and mental concentration . . .

All of which are characteristics of the martial arts.

**Eligibility:** Ages 6-18 years

Days:

\*Registration opens from July 16th to September 7th\*

Tuesdays and Thursdays Session 2: October 16, 18,

Session 1: September 11, 13, 23, 25, 30 18, 20, 25, 27 November 1, 6, 8, 13, 15

October 2, 4, 9, 11 (Makeup - Nov 20)

Times: 6:00-6:50pm Beginners

7:00-7:50pm Yellow Belts & up

**Cost:** \$90.00 per session

**Location:** Lee Area CYS Services Facility, Bldg. 140

**Instructor:** Jan Brown, 8<sup>th</sup> Dan Grand Master Instructor

**Attire:** \*Comfortable, loose clothing

\*DOBOKS/uniforms may be purchased for \$25.00 at Bldg. 140

Testing is optional and is done by invitation only. A \$30 fee must be paid prior to the administration of the rank examination. A new rank/belt cannot be awarded without

passing an exam, but students may still participate in class without testing.

\*Please note: Participants who have not yet entered the sixth grade, must have a parent or designated quardian who remains on-site during the class.\*

All Students must have a CURRENT CYSS Membership on file at Parent Central before registering for class.

Registration may be also be done on Webtrac: webtrac.mwr.army.mil/webtrac/westpointcyms.html

A Webtrac ID can be obtained by contacting Parent Central.

\*As per the Department of Army Fee guidance, refunds are not authorized
for withdrawal from a Instructional Program.\*



**Testing:** 

West Point Child & Youth Services Instructional Program, 938-3208 Parent Central, 938-0939/3969

