



**USAG WEST POINT**

# WHAT'S HAPPENING WITH FAMILY & MWR

## JUNE 20 24



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR UPCOMING EVENTS



## ***UPCOMING EVENTS & PROGRAMS***

**(CLICK ON HYPERLINKED ACTIVITIES FOR MORE INFO)**

### **JUN**

**1<sup>st</sup>**

**WOMEN ONLY INTRO TO PISTOL - 9AM AT TRONS RUE**

**8<sup>th</sup>**

**NYS CONCEALED CARRY PERMIT COURSE - 9AM AT TRONS RUE**

**9<sup>th</sup>**

**NYS CONCEALED CARRY PERMIT COURSE - 9AM AT TRONS RUE**

**10<sup>th</sup>**

**CYS SUMMER CAMP BEGINS - 6AM AT THE SCHOOL AGE CENTER**

**10<sup>th</sup>**

**MORGAN FARM RIDING CAMP WEEK 1 - 9AM AT MORGAN FARM**

**11<sup>th</sup>**

**ACS FIRST RESPONDERS MEET & GREET - 3PM AT WP MS PARKING LOT**

**15<sup>th</sup>**

**ARMY BIRTHDAY 5K RACE - 8AM AT MWR FITNESS CENTER**

**17<sup>th</sup>**

**MORGAN FARM RIDING CAMP WEEK 2 - 9AM AT MORGAN FARM**

**19<sup>th</sup>**

**SOS CONSTELLATIONS: GOLD STARS - 10AM AT ACS BUILDING**

**22<sup>nd</sup>**

**USCCA BASIC PISTOL COURSE - 9AM AT TRONS RUE**

**24<sup>th</sup>**

**MORGAN FARM RIDING CAMP WEEK 3 - 9AM AT MORGAN FARM**

**25<sup>th</sup>**

**SUMMER IN COLOR ART CAMP (GRADES 1-4) - 9AM AT WP ARTS & CRAFTS**

**25<sup>th</sup>**

**SUMMER IN COLOR ART CAMP (GRADES 5-9) - 1PM AT WP ARTS & CRAFTS**

**26<sup>th</sup>**

**CYS PARENT WORKSHOP: SOCIAL MEDIA SAFETY - 3:30PM, LOCATION TBD**

***MORE MWR EVENTS, PROGRAMS, & OFFERINGS BELOW!***

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# MWR SPECIAL EVENTS

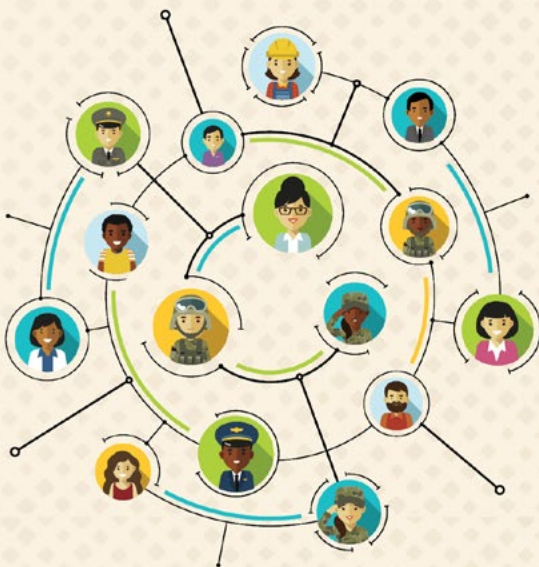
# WELCOME!

WEST POINT

# COMMUNITY FAIR

## JULY 31, 2024, TIME TBD

### IN THE CREST & GRAND BALLROOMS, INSIDE IKE HALL (655 PITCHER RD, WEST POINT, NY)



Come see what West Point and the Hudson Valley have to offer!

New Military Families and Civilians who have recently been assigned to West Point are encouraged to attend.

This event is also open to the general public!

VENDOR REGISTRATION RUNS THRU JUL 19 FOR WEST POINT DOD AGENCIES & AFFILIATED WEST POINT PRIVATE ORGANIZATIONS, OFF-POST NON-DOD ORGANIZATIONS, & BUSINESSES. TO REGISTER, OR FOR MORE INFO, VISIT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM).



681 ROGERS PL #202, WEST POINT, NY 10996  
CALL MWR MARKETING AT: (845) 938-8186  
VISIT ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
OR ON OUR FACEBOOK: @WESTPOINTFMWR

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR FITNESS CENTER

## '24 WEST POINT Summer CHALLENGER SERIES!

**MAY 27TH TO  
SEPTEMBER 2ND**

**EARN POINTS FOR EVERY  
CHALLENGE COMPLETED.  
ADULT & YOUTH DIVISIONS.  
PRIZES FOR MOST POINTS!**

- **GEOCACHING**
- **SPORTS**
- **5K RACES**
- **BIKING**
- **SWIMMING**
- **YOGA**

**SCAN QR CODE FOR MORE**



To sign-up, contact the  
MWR Fitness Center at  
(845) 938-6490.  
[westpoint.armymwr.com](http://westpoint.armymwr.com)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



**PATRONS, PLEASE NOTE: BENNY HAVEN'S LOUNGE HAS BEEN CLOSED INDEFINITELY.**

## COCKTAIL HOUR PACKAGES

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

**2-Hour Package info [here](#); 3-Hour [here](#). Reserve yours today at (845) 446-5120!**



## CLUB LUNCH / GRAB-N-GO

**Buffet & Carving Line:** available Wed & Thu, 10:30am-2pm in the Pierce Dining Room.

**Express Buffet Lunch:** available Tue & Fri by reservation only (20 person minimum).

More information available [HERE](#). Order at (845) 446-5504/5545/5506.



## Club Lunch Program

★  
Check our Facebook page for weekly menu rotations!

## DINNER-TO-GO AT THE CLUB

**Available Wednesday & Thursday!**

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu online [HERE](#). Order at (845) 446-5504/5545/5506.



## DINNER-TO-GO

★  
AT THE WEST POINT CLUB

**Planning an event? Book one of our off-premise sites!**

(845) 938-5120 OR (845) 446-5545 | [THEWESTPOINTCLUB.COM](http://THEWESTPOINTCLUB.COM)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# WEST POINT GOLF COURSE



## WEST POINT GOLF COURSE DAILY FEES

<u>ON WEEKDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, YOUTH	\$46	\$28
E7-03	\$56	\$32
04-010, RETIREES, & DOD CIVILIANS	\$60	\$34
CONTRACTORS, VETS, SENIORS, & GUESTS	\$65	\$40
GENERAL PUBLIC	\$74	\$45



<u>WEEKENDS &amp; HOLIDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, YOUTH	\$53	\$30
E7-03	\$64	\$36
04-010, RETIREES, & DOD CIVILIANS	\$70	\$38
CONTRACTORS, VETS, SENIORS, & GUESTS	\$79	\$42
GENERAL PUBLIC	\$91	\$46

TWILIGHT PRICING STARTS AT 3PM (NOT AVAILABLE MONDAYS). ALL FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# WEST POINT GOLF COURSE

**CLICK HERE FOR THE MONTHLY GOLF COURSE UPDATE!**

**West Point Golf Course**

## **ANNUAL PASS SALE**



GET READY TO SWING INTO ACTION! ANNUAL PASSES FOR THE WEST POINT GOLF COURSE WILL BE UP FOR GRABS STARTING MARCH 26<sup>TH</sup>! ENJOY UNLIMITED ACCESS TO OUR PREMIER GOLF COURSE FOR THE ENTIRE 2024 SEASON (OPENING MARCH 29<sup>TH</sup>)! SEASON PASSES WILL BE AVAILABLE FOR PURCHASE AT THE VICTOR CONSTANT SKI LODGE.

### **ANNUAL PASS**

**(COVERS GREENS FEES ONLY):**

- YOUTH AGES 18 & UNDER, CADETS, & E1-E6: \$800 (FAMILY PASS: \$1160)
- E7-03: \$1600 (FAMILY PASS: \$2550)
- 04-010 & AUTHORIZED DOD PATRONS: \$1800 (FAMILY PASS: \$2900)
- SENIORS AGES 62+ & VETERANS: \$2000 (FAMILY PASS: \$3000)
- WEST POINT ARMY CONTRACTORS & ARMY COACHES: \$2500 (FAMILY PASS: \$3500)
- GENERAL PUBLIC: \$3000 (FAMILY PASS: \$3600)



### **Driving Range Now Open!**

Open Wednesday-Sunday, 7am-6pm. Shuttle buses run every 30 min from the Ski Lodge to Golf Maintenance, from 7am-5pm. The last shuttle back to the Ski Lodge will leave at 6pm.

Small Bucket of Golf Balls: \$8.

Large Bucket of Golf Balls: \$14

# WEST POINT BOWLING CENTER

## **KIDS BOWL FREE PROGRAM**

### **APRIL 15<sup>TH</sup> THROUGH AUGUST 31<sup>ST</sup>!**

Kids ages 2-15 get two FREE bowling games every program day! Friday and Saturday, games must be completed by 5pm. For more info, call the West Point Bowling Center at (845) 938-2140.

**REGISTER FOR THIS OFFER AT: [KIDSBOWLFREE.COM/ARMY](https://www.kidsbowlfree.com/army)**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://www.westpoint.armymwr.com)**

# WEST POINT BOWLING CENTER

## BOWLING HOURS

Mon-Thu: 11am - 7:30pm

Friday: 11am - 11pm

Saturday: 12pm - 11pm

Sunday: 12pm - 7:30pm

## DELIVERY HOURS

(For West Point locations only)

Mon-Weds & Fri: 11am - 7pm

Thu & Sat-Sun: 12am - 7pm

Place your order at (845) 938-2140.

Sign up for a Bowling League today! League play runs Sep-May with Mon, Sun, and Thu evening league options. All Leagues are handicap formatted. Call (845) 938-2140 for info and assistance.

## WEEKLY BOWLING SPECIALS

### LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

### TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$9.00 per child!

### COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!  
\$5.00 per person, per game.

### OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.  
What are you waiting for?

WEST POINT FMWR  
BOWLING CENTER



**SENSORY  
FRIENDLY  
BOWLING**



ON THE 2<sup>ND</sup> THURSDAY OF EACH MONTH, FROM 4PM-5PM

### Sensory Friendly Bowling

Offered from 4pm-5pm on every 2<sup>nd</sup> Thursday of the month at the West Point FMWR Bowling Center! During this time, no music will play, and only special needs bowlers will be allowed use of the facility. Call (845) 938-2140 for more information.

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# MORGAN FARM



**Pet Kenneling • Dog Grooming • Seasonal Riding Camp  
Riding Lessons • Horse Boarding • RV & Boat Storage**



## HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](http://www.westpoint.armymwr.com).

## HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us [online](http://www.westpoint.armymwr.com).



## DOG GROOMING

- NAILS
- BATHS
- EARS
- TRIMS

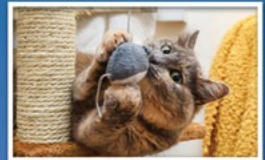


# MORGAN FARM

STABLE & KENNEL



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM  
(845) 938-3926 | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
206 MORGAN FARM ROAD, WEST POINT, NY 10996



## PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS

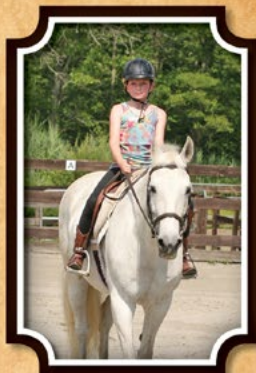


VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)



# MORGAN FARM

## 2024 SUMMER RIDING CAMPS AT MORGAN FARM



**RIDING LESSONS FOR ALL LEVELS OF EXPERIENCE!**

### CAMP DATES

**WEEK 1: JUN 10<sup>TH</sup> - JUN 14<sup>TH</sup>**

**WEEK 2: JUN 17<sup>TH</sup> - JUN 21<sup>ST</sup>**

**WEEK 3: JUN 24<sup>TH</sup> - JUN 28<sup>TH</sup>**

**WEEK 4: JUL 8<sup>TH</sup> - JUL 12<sup>TH</sup>**

**WEEK 5: JUL 15<sup>TH</sup> - JUL 19<sup>TH</sup>**

**WEEK 6: JUL 22<sup>ND</sup> - JUL 26<sup>TH</sup>**

**WEEK 7: JUL 29<sup>TH</sup> - AUG 2<sup>ND</sup>**



**EACH 5-DAY CAMP WILL RUN  
MONDAY - FRIDAY, 9AM - 3PM.**

**THE PRICE FOR A 5-DAY  
CAMP IS \$390 PER CHILD.**

**REGISTRATION AND INFO AT  
[WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM  
(845) 938-3926 | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
206 MORGAN FARM ROAD, WEST POINT, NY 10996



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# OUTDOOR RECREATION

## CAMPING AND ODR EQUIPMENT RENTALS



### CAMPING RESERVATIONS FOR 2024 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

**[BULL POND](#) | [ROUND POND](#) | [LAKE FREDERICK](#)**



### OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

### RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# OUTDOOR RECREATION

## LAKE FREDERICK RECREATION AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Lakeside bunk house amenities include heat, a mini fridge, fire ring, and charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit [westpoint.armymwr.com](http://westpoint.armymwr.com) or call (845) 938-2649.

## BULL POND RECREATION AREA

**Bull Pond is available to DOD civilian employees!  
Lodging dates and application info available [HERE](#).**



**TO MAKE A BULL POND RESERVATION, CALL (845) 938-2649 (FIRST COME, FIRST SERVED). EMAIL QUESTIONS TO [DANIEL.B.EICHNER.NAF@ARMY.MIL](mailto:DANIEL.B.EICHNER.NAF@ARMY.MIL).**



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# RECREATIONAL SWIMMING

## SWIMMING AT LONG POND

**NEW  
WATER PARK  
WIBITS!**



- June 1<sup>st</sup>: 10am-5pm
- June 8<sup>th</sup> & 9<sup>th</sup>: 10am-5pm
- June 15<sup>th</sup> & 16<sup>th</sup>: 10am-5pm (Wibits are installed)
- June 22<sup>nd</sup> to Labor Day: 9am-6pm, 7 Days/week

**FOR MORE INFORMATION AND PRICING, CALL (845) 938-7060.  
OR VISIT WESTPOINT.ARMYMWR.COM OR HUDSONSKYROPES.COM**

## Round Pond & Lake Frederick Swim Areas

Open Memorial Day Weekend  
to Labor Day Weekend.

Open 11am-5pm with lifeguard on duty.

Open weekends and holidays only:  
May 25th-27th, June 1st-2nd, June 8th-9th,  
June 15th-16th, June 19th & June 22nd-23rd.

Open 7 days a week starting  
June 29th through August 25th.

Open Labor Day Weekend  
August 31 - September 2nd  
(Final Weekend).



westpoint.armymwr.com  
(845) 938-7060



**VOLUNTEER INDOOR LIFEGUARDS NEEDED!**  
Certified lifeguards are preferred; free training is available. Hours are Monday-Friday, 12pm-1:45pm. A valid DOD ID card is required. If interested, call (845) 938-7060, or email WestPointSFA@army.mil.

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM**

# OUTDOOR RECREATION



## SUMMER

### *Swim Events at Round Pond Beach!*

#### Fourth of July Summer Bash

Join us on July 4th and receive a  
FREE ice cream with paid entry!

#### Adult Swim Party, July 27th, 5pm-8pm

BYOB - with games, music & swimming!  
Must be 21+ cost is \$15 per person

#### Millennial Day, August 3rd

Listen to all the greatest hits of the  
90's, 2000's and 2010's while  
enjoying games & ice cream!

#### Movie Night, TBD

Projected on a large inflatable screen!



[westpoint.armymwr.com](http://westpoint.armymwr.com)

For more info, call  
(845) 938-7060.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# FISHING & HUNTING

## RECREATIONAL FISHING



### CURRENT SEASONAL FISH:

- SMALL & LARGEMOUTH BLACK BASS (OPENS JUN 15<sup>TH</sup>; UNTIL THEN C&R ONLY)
- ALL TROUT SPECIES
- NORTHERN PIKE
- PICKEREL
- SPLAKE
- MUSKELLUNGE
- STRIPED BASS
- SUNFISH
- PERCH
- AMERICAN SHAD
- CRAPPIE
- EEL
- WHITEFISH\*
- ATLANTIC SALMON\*
- TIGER MUSKELLUNGE
- WALLEYE

\*Cannot be found on West Point.

[Fishing Permits & Fishing Info](#) | [NYS Freshwater Fishing Guide](#)

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT [WESTPOINT.ISPORTSMAN.NET](http://WESTPOINT.ISPORTSMAN.NET)

[Hunting Permits & Hunting Info](#) | [NYS Hunting & Trapping Guide](#)

## AUTOMOTIVE SKILLS CENTER

### AUTOMOTIVE SKILLS CENTER

### OPEN FOR FULL SERVICE!

**OIL CHANGE SPECIAL**



### OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts\*  
Synthetic Oil: \$70 for up to 5qts\*.

\*Additional quarts extra



### Auto Skills Center Hours

Tuesday - Saturday 8am - 4pm.

For more info, call (845) 938-2074  
or visit us at [westpoint.armymwr.com](http://westpoint.armymwr.com).

The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

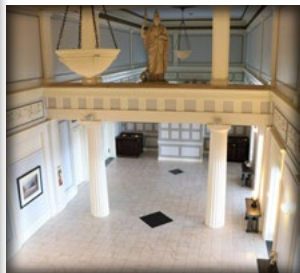
For more info, call us at (845) 938-2074. Reservations are required.

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# RENTAL FACILITIES

**MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!**

**VIEW OUR FULL RENTAL BROCHURE [HERE!](#)**



## RENTALS FOR ALL OCCASIONS!



**BUFFALO SOLDIER PAVILION**



**VICTOR CONSTANT SKI LODGE**



**CLASS OF '49 LODGE**



**CLASS OF '47 TRAIN STATION**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# ARTS & CRAFTS CENTER

## JUNE / JULY CALENDAR OF EVENTS

PLEASE NOTE: THERE WILL BE NO OPEN STUDIO FROM JUN 25<sup>TH</sup> THROUGH AUG 1<sup>ST</sup>

### *A Stitch in Time*

A weekly yarn social at West Point Arts & Crafts



Wednesdays, from 9am-12pm

### A STITCH IN TIME

9am-12pm

- June 5<sup>th</sup>
- June 12<sup>th</sup>

Returns  
July 31<sup>st</sup>

BRING YOUR CURRENT PROJECTS AND ENJOY THE COMPANY OF FELLOW TEXTILE ARTISTS!

WEST POINT ARTS & CRAFTS WISHES YOU A SAFE, HAPPY, AND FUN FILLED SUMMER!

### Summer in COLOR ART CAMP

AT WEST POINT ARTS & CRAFTS

#### GRADES 1-4

9AM - 11:30AM

- SESSION 1: JUNE 25<sup>TH</sup> - 28<sup>TH</sup>
- SESSION 2: JULY 9<sup>TH</sup> - 12<sup>TH</sup>
- SESSION 3: JULY 16<sup>TH</sup> - 19<sup>TH</sup>
- SESSION 4: JULY 23<sup>RD</sup> - 26<sup>TH</sup>

#### GRADES 5-9

1PM - 3:30PM

- SESSION 5: JUNE 25<sup>TH</sup> - 28<sup>TH</sup>
- SESSION 6: JULY 9<sup>TH</sup> - 12<sup>TH</sup>
- SESSION 7: JULY 16<sup>TH</sup> - 19<sup>TH</sup>
- SESSION 8: JULY 23<sup>RD</sup> - 26<sup>TH</sup>

### SUMMER IN COLOR ART CAMP

With new projects every day, young artists will explore different art mediums while strengthening their self-confidence, creative thinking, and art making techniques, both individually and in a collaborative setting. Campers will be immersed in colors, lines, shapes, and textures. Camp sessions will be bursting with creative activities to explore! \$150 per child per session (due in full at registration). Registration will run from 9am May 14<sup>th</sup> to 4pm June 13<sup>th</sup>. Sessions that fail to meet the minimum participation required may be canceled.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



#### ARTS & CRAFTS CENTER HOURS:

TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.  
VISIT US ONLINE BY SCANNING THE QR CODE!  
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

# TRONSRUE MARKSMANSHIP CENTER

## ***NEW SUMMER HOURS AT TRONSRUE!***

ENJOY MORE OPPORTUNITIES TO ENJOY TMC FROM MAY 28<sup>TH</sup> - AUG 9<sup>TH</sup>!  
**TUESDAY-WEDNESDAY: 12PM-7PM. THURSDAY-FRIDAY: 3PM-9PM.**



**OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.**



### **Private Shooting Lessons**

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.



### **Daily Specials at Tronsrue**

Tuesday & Wednesday: Lunch Hours rate from 12-3pm (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

***OUR WOMEN'S ONLY INTRO TO PISTOL, OUR HANDGUN 101, & OUR NYC CONCEALED CARRY COURSES ARE ALL SOLD OUT!***

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# TRONSRUE MARKSMANSHIP CENTER

## Father's Day Specials At Tronsrue Marksmanship Center



**MWR GIFT CARDS** Purchase a \$50 MWR Gift Card between May 1<sup>st</sup> & June 14<sup>th</sup> at the Marksmanship center and you'll receive a FREE 1 hour Range Card!

**RANGE DAY PACKAGES** Shoot with Dad on June 13<sup>th</sup> or 14<sup>th</sup>, and receive a 9mm Pistol Package (\$40) or an AR-Rifle Package (\$30)!\*

*\*Package includes 1 hour of Range Time, a Firearm Rental, 1 Box of Ammunition, and 1 Target. Military/DoD ID is required.*

### USCCA BASIC PISTOL COURSE



Saturday | June 22nd | 9am-5pm  
Tronsrue Marksmanship Center

### USCCA Basic Pistol Course

Sat, June 22<sup>nd</sup>, 9am-5pm at TMC

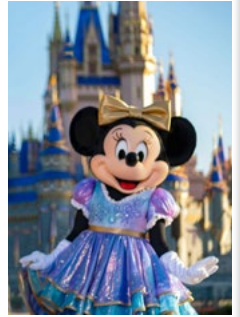
Learn firearm basics and shooting fundamentals for revolver and pistol, plus gear & gadgets, holster draw, and firearm purchasing. \$150 pp (includes live range time and USCCA certificate).

**CHECK OUT OUR NEW FACEBOOK PAGE!  
VISIT US ONLINE AT [WWW.FACEBOOK.COM/TRONSRUE](http://WWW.FACEBOOK.COM/TRONSRUE)**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



## LEISURE TRAVEL SERVICES

# DAYTRIPPER: MAY-JUN

## SATURDAY, JUNE 8<sup>TH</sup> - EXPLORING LOWER MANHATTAN



See where American history started for so many and the gateway for the future! Visit the Statue of Liberty, 9/11 Memorial, the NY Stock Exchange, Brooklyn Bridge and more. Leave WP at 8:30am; leave NYC at 3:30pm.

Transport cost: \$30/adult & \$25/child.

## WEDNESDAY, JUN 12<sup>TH</sup> - LTS THEATER VAN TO BROADWAY



Treat yourself to a dazzling Broadway show with half-price tickets from the iconic TKTS booth! Or, just enjoy a night of fun in the Big Apple! We'll leave West Point at 4pm; depart NYC after shows (approx. 10:45pm).

Transport cost: \$30/adult & \$25/child.

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# LEISURE TRAVEL SERVICES

## TUESDAY, JUNE 18<sup>TH</sup> - THE MUSEUM MILE FESTIVAL



Explore art and culture at the Museum Mile Festival! Enjoy exhibitions, performances, and activities at the Metropolitan Museum of Art, the Guggenheim, and more! We will depart WP at 4pm and leave NYC at 9:30pm.

Transport cost: \$30/adult & \$25/child.

## WED, JUN 26<sup>TH</sup> - NY BOTANICAL GARDENS & BRONX ZOO



Enjoy a day at the beautiful NY Botanical Gardens and/or the Bronx Zoo! Tickets for both attractions must be reserved online in advance. We will leave from West Point at 8:45am and leave from NYC at 3:30 pm.

Transport cost: \$30/adult & \$25/child.

DISCOUNT UNIVERSAL  
STUDIOS TICKETS ARE  
AVAILABLE AT LTS!

FOR MORE INFO, CALL  
(845)-938-3601



## WALT DISNEY WORLD MILITARY SALUTES PASS 2024



Now available! Choose either a 4-day, 5-day, or 6-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility plus ID)

- 6-Day w/ Park Hopper®: \$409.
- 5-Day w/ Park Hopper®: \$389.
- 4-Day w/ Park Hopper®: \$369.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.

## PERSONAL TRAINING SESSIONS AND ASSESSMENTS

**STOP BY OR CALL (845) 938-6490 TO SET UP A SESSION OR ASSESSMENT TODAY! FOR DETAILS, CALL OR VISIT ONLINE.**

**CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.**

**NEW DAYS & TIMES STARTING NOV 1ST!**

## Functional Fitness

Classes with Anthony



## Functional Fitness

A class for building functional muscle used in everyday activities! Monday thru Thursday, starting at 9am at the Fitness Center. \$5 per class. Passes on sale online or at the Fitness Center. Call (845) 938-6490 for info.

## 24/7 FITNESS ACCESS AT THE WEST POINT FITNESS CENTER

- ✓ YOU MUST BE AN AUTHORIZED USER OF THE MWR PHYSICAL FITNESS CENTER (AW AR 215-1, TABLE 7-1 AND A MINIMUM OF 18 YEARS OLD (17 YEARS OLD FOR ACTIVE DUTY)).
- ✓ PRE-REGISTER, IN-PERSON, AT THE MWR FITNESS CENTER, BEGINNING NOVEMBER 15, AT 12PM.
- ✓ 24/7 WILL BE AVAILABLE NIGHTS, WEEKENDS, HOLIDAYS AND DURING SEVERE WEATHER, BUT YOU MUST BE PREREGISTERED TO TAKE ADVANTAGE.

**THE FITNESS CENTER WILL REMAIN OPEN DURING CODE REDS. MUST BE REGISTERED FOR THE 24/7 FITNESS ACCESS TO USE THE FACILITY. ENTER AT YOUR OWN RISK. WE ARE NOT RESPONSIBLE FOR ANY INJURIES THAT MAY OCCUR IN OR OUTSIDE OF THE FACILITY DUE TO WEATHER. LOCKER ROOMS MAY BE CLOSED, BUT BATHROOMS ARE AVAILABLE.**

## S.L.A.M

**SWEAT LIKE A MOTHER!**

Fitness Class

Mondays, Thursdays & Fridays  
9:30-10:30am

STARTING APRIL 1ST  
NEW LOCATION!

DRAGON PARK



## S.L.A.M.

A fitness class for mothers! Mon & Fri, 9:30am-10:30am at Dragon Park. Bring your kids! Single Class Pass: \$12. Five Class Pass: \$60. Ten Class Pass: \$110. Unlimited Monthly Pass: \$65. On sale online or at the Fitness Center front desk. Call (845) 938-6490 for info.

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# MWR FITNESS CENTER



## YOGA at Trophy Point

SATURDAYS | 9-10AM | \$5

JUNE  
1st, 15th & 29th

AUGUST  
3rd, 17th & 31st

SEPTEMBER  
7th & 14th

Pre-registration online via WebTrac highly encouraged.

Class is limited to 20 participants. Weather permitting.

Please bring your own yoga mat!

Please bring group fitness coupon or exact change.

For more info, call (845) 938-6490  
or visit [westpoint.armymwr.com](http://westpoint.armymwr.com)



## Army Birthday 5K Race

June 15<sup>th</sup> at 8am. Starts & ends at the Fitness Center. Cost is \$25 pp (includes T-shirt). Sign up by June 1<sup>st</sup> to guarantee shirt size. Day-of registration starts at 7am. Sign up online or at the Fitness Center desk. For more info, call (845) 938-7060.



## Become an Fitness Trainer or Instructor!

Join our team and become a Personal Fitness Trainer or Group Fitness Instructor! For info on how to become one, call (845) 938-7060 or email [patrick.j.starro.naf@army.mil](mailto:patrick.j.starro.naf@army.mil).

## Parent/Child POWER ZONE

AT THE MWR FITNESS CENTER



## Parent/Child Power Zone

Bring your child with you and work out in our dedicated Fitness Studio! Room includes Rower, Spin Bikes, Exercise Balls, & Free Weights. Children must be supervised at all times. Hours are Mon-Thu: 9am-8pm; Fri: 9am-6pm; & Sat-Sun: 9am-5pm

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR INTRAMURAL SPORTS

West Point Community  
Noontime  
Badminton/Pickleball  
Open Play



## WP Community Noontime Badminton/Pickleball Open Play

Tuesdays from 12pm-1pm at Arvin  
Gym 2nd floor courts.

To sign up, call (845) 938-3066

West Point Community  
Adult Intramural  
GOLF  
League

APR 2nd - AUG 27th  
TUESDAYS | 4:30PM - DUSK  
West Point Golf Course



## WP Community Adult Intramural Golf League

Tuesdays, 4:30pm to Dusk, at the  
West Point Golf Course. League  
will run April 2<sup>nd</sup> - August 27<sup>th</sup>.

To sign up, call (845) 938-3066

West Point Community  
Adult Summer  
SOFTBALL  
League - Chicago 16 Inch



## Adult Summer Softball League (Chicago 16")

June 3<sup>rd</sup> - June 26<sup>th</sup>. 6pm-10pm,  
Mon and Wed at the USMAPS  
Prep School Soccer Field.

To sign up, call (845) 938-3066

ARMY START ARMY S

★ ATTENTION ALL ★  
ACTIVE DUTY PERSONNEL!

Sign-up today for the 39th annual  
**ARMY TEN MILER**  
**MWR TEAM**  
and represent West Point!



## 40<sup>th</sup> Annual Army 10 Miler

October 13<sup>th</sup> in Washington D.C.  
Open to all Active Duty personnel.  
Represent West Point MWR!

To try out for a spot on the team, or  
for info, call (845) 938-3066 or email  
[james.p.mcguinness.naf@army.mil](mailto:james.p.mcguinness.naf@army.mil)



# CHILD & YOUTH SERVICES

***CLICK ON THIS LINK TO VIEW THE CYS YOUTH SPORTS 2024-2025 CALENDAR!***

## **CYS SUMMER 2024** **SPORTS CLINICS**



**OFFERED JUNE 10<sup>TH</sup> THRU JULY 25<sup>TH</sup>.**

**4-DAY CLINICS, MON - THU. \$30 PER SESSION. REGISTRATION OPENS MAY 14<sup>TH</sup>.**

**BASKETBALL:** June 10<sup>th</sup> - 13<sup>th</sup> at the Youth Center.

**4pm-5pm (Ages 7-9): Intro to Hoops** - Students new to basketball will receive an intro to the sport and learn basic concepts, terms, and motor movements.

**5pm-6pm (Ages 10-12): Complete Skills** - helps players of all abilities develop athletically, refine fundamental skills, and enhance their skill set at the post, wing, or guard position.

**MULTISPORT:** June 24<sup>th</sup> - 27<sup>th</sup> at Dragon Park.

**4pm-5pm (Ages 4-6) | 5pm-6pm (Ages 7-12)** - A non-sports-specific clinic that includes a variety of fun, interactive and sports-related activities with a focus on development and fun! Participants will learn the foundation of techniques and skills through exciting drills and games!

**FLAG FOOTBALL:** July 8<sup>th</sup> - 11<sup>th</sup> at Dragon Park.

**5pm-6pm (Ages 7-12)** - Participants will learn the fundamentals while developing their skills and using proper techniques. Offensive and defensive position drills along with proper stretching and warm-ups occur daily, plus fun competitions.

**FIELD GAMES:** July 15<sup>th</sup> - 18<sup>th</sup> at Dragon Park.

**4pm-5pm (Ages 4-6) | 5pm-6pm (Ages 7-12)** - A variety of fun-filled outdoor games—including tug-o-war, sack races, balloon toss, and capture the flag—will foster the spirit of friendly competition while engaging youth in physical activity!

**RUNNING CLUB:** July 22<sup>nd</sup> - 25<sup>th</sup> at Dragon Park.

**5pm-6pm (Ages 7-12)** - Instructors will help children develop healthy habits by utilizing running, walking, proper form, and games to enrich their daily lives.

**SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION. MORE INFO AT: (845) 938-1362/0939 OR WESTPOINTCYS.COM**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM**



**CHILD & YOUTH SERVICES**

**CYS PARENT WORKSHOP:**  
**SOCIAL MEDIA**  
**SAFETY** FOR MIDDLE AND  
HIGH SCHOOLERS

WITH THE CYS FTS



**3:30PM-4:30PM** **JUNE 26<sup>TH</sup>**

**AT THE MST (500 WASHINGTON ROAD)**

**JOIN CYS FOR OUR PARENT WORKSHOP ADDRESSING THE SOCIAL MEDIA USAGE OF MIDDLE AND HIGH SCHOOLERS. WHERE WE'LL DISCUSS THE PROS AND CONS OF SOCIAL MEDIA, AND PROVIDE METHODS TO KEEP CHILDREN SAFE AND POSITIVE WHILE ONLINE.**

**THIS EVENT IS FREE AND OPEN TO THE WEST POINT COMMUNITY! REGISTER IN PERSON AT PARENT & OUTREACH SERVICES OR BY CALLING THEM AT (845) 938-1362/4458/0939.**

**CYS YOUTH SPONSORSHIP PROGRAM**



**JOIN OUR TEAM & WELCOME NEW STUDENTS!**

**CYS Youth Sponsorship**

Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit [westpoint.armymwr.com](http://westpoint.armymwr.com)

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# ARMY COMMUNITY SERVICE

## FIRST RESPONDER MEET & GREET



**TUE, JUNE 11<sup>TH</sup>**

**3PM-5PM IN THE  
WEST POINT MIDDLE  
SCHOOL PARKING LOT**

**HOSTED BY: ACS EFMP**

FOR SOME CHILDREN WITH DISABILITIES, THE BRIGHT LIGHTS AND LOUD NOISES FROM EMERGENCY VEHICLES CAN BE VERY OVERWHELMING, BUT LEARNING TO INTERACT WITH EMERGENCY RESPONDERS IS JUST AS IMPORTANT FOR THESE CHILDREN AS IT IS FOR THE RESPONDERS! JOIN ACS AS WE HOST A FREE SENSORY FRIENDLY MEET & GREET WITH LOCAL FIRST RESPONDERS. LIGHT REFRESHMENTS WILL BE PROVIDED. EVENT IS FREE & OPEN TO THE WEST POINT AND HIGHLAND FALLS COMMUNITY!

### SOS Constellations

Survivor Outreach Services invites Gold Star Families to join them on the third Wednesday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.



ACS EFMP INVITES YOU TO OUR



**SEP-JUN**

## Stress Less Series



**EVERY 2<sup>ND</sup> TUESDAY  
OF THE MONTH, FROM  
3PM-5PM AT THE ACS  
BLDG (622 SWIFT RD)**

ACS EFMP HAS TEAMED UP WITH HUDSON VALLEY PAWS FOR A CAUSE TO PROVIDE THE WEST POINT AND HIGHLAND FALLS COMMUNITY WITH A 5-MONTH SERIES OF FREE STRESS-RELIEF EVENTS! TAKE A "PAWS" WITH US & RELAX WITH THEIR RED CROSS VOLUNTEER THERAPY DOG TEAMS!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARMY COMMUNITY SERVICE

## ARMY COMMUNITY SERVICE

# LENDING CLOSET

**Need to borrow basic household items?**

ACS has you covered! You can borrow items from our lending closet for up to 30 days, for FREE!

- Dishware • Cookware • Utensils • Small Appliances
- Microwaves • Irons & Ironing Boards • and more!

Open 9am-1pm at the ACS Building (622 Swift Rd).



For more information, contact ACS at (845) 938-3487.

## ACS *Little Movers*

WEST POINT  
ACS WOULD  
LIKE TO  
WELCOME  
YOUR  
CHILDREN  
TO THEIR  
NEW  
HOME!

## ACS Little Movers

West Point ACS welcomes children to their new home! ACS offers free, fun-filled activity bags for children ages 2-12 to entertain them while traveling or unpacking! Call (845) 938-3487 to schedule a pick up at 622 Swift Rd.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# ARMY COMMUNITY SERVICE

## Wee-Play & Wee-Read



### WEE-PLAY: TUE

9AM-10AM, BI-WEEKLY

- April 9<sup>th</sup>
- May 7<sup>th</sup> & 21<sup>st</sup>
- June 4<sup>th</sup>

### WEE-READ: WED

9AM-10AM, BI-WEEKLY

- April 10<sup>th</sup>
- May 8<sup>th</sup> & 22<sup>nd</sup>
- June 5<sup>th</sup>

### FAP WEE-ONES PROGRAMS AT THE SCHOOL AGE CENTER GYM

Free and open to all ranks and DoD civilians with children ages 4 or younger. For more information, call FAP at (845) 938-0633 or visit [westpoint.armymwr.com](http://westpoint.armymwr.com).



## ACS RRP Newcomers Orientation & Welcome

Relocation Readiness Program offers a Newcomers Orientation & Welcome every Tue at 1pm & Thu at 9am at 622 Swift Road in the ACS Hudson Room 156. Spouses are welcome to attend!

Join the FAP at the ACS Building (622 Swift Rd) for our THRIVE workshops!



- April 1<sup>st</sup>, 1pm-2pm - Problematic Sexual Behavior in Children & Youth
- April 4<sup>th</sup>, 11:30am-12:30pm - Couples Communication
- April 11<sup>th</sup>, 11:30am-12:30pm - Stress and Anger Management
- April 17<sup>th</sup>, 4pm-5pm - Positive Parenting
- April 18<sup>th</sup>, 11:30am-12:30pm - Enhancing Your Child's Wellness

- May 2<sup>nd</sup>, 11:30am-12:30pm - Couples Communication
- May 9<sup>th</sup>, 11:30am-12:30pm - Stress and Anger Management
- May 15<sup>th</sup>, 4pm-5pm - Positive Parenting
- May 23<sup>rd</sup>, 11:30am-12:30pm - Perinatal Wellness

- June 3<sup>rd</sup>, 1pm-2pm - Problematic Sexual Behavior in Children & Youth
- June 6<sup>th</sup>, 11:30am-12:30pm - Couples Communication
- June 13<sup>th</sup>, 11:30am-12:30pm - Stress and Anger Management
- June 26<sup>th</sup>, 4pm-5pm - Positive Parenting
- June 27<sup>th</sup>, 11:30am-12:30pm - Family Advocacy Program Overview



REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-0629. ALL SESSIONS ARE FREE!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



Paid Advertisement (No Federal Endorsement Intended)

# HUDSON VALLEY LUXURY RESORTS

AVAILABLE FOR BOOKING!  
**WEST POINT**  
2026 GRADUATION



GIVE US A CALL OR EMAIL US AT:



+845-510-3188



shari@hudsonvalleyluxuryresorts.com



West Point Family & MWR  
681 Rogers Place, Rm 202  
West Point, NY, 10996



#WESTPOINTMWR



/WESTPOINTMWR

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM



# BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



US FAMILY  
HEALTH PLAN

A TRICARE  
PRIME OPTION

