

PROGRAM DESCRIPTIONS

COLD SPRING (3 hrs.) - \$70
Journeying out South Dock, this tour takes paddlers through World's End around Constitution Island and into Foundry Cove to the historic river town of Cold Spring. Lunch and rest is taken in Cold Spring at Foundry Dock or Dockside Park. This trip is of moderate length, eight miles and is ideal for those with kayaking experience and / or athletic ability. Don't miss the June 30 fireworks display at Cold Spring!

CONSTITUTION ISLAND (2 hrs.) - \$70
Get on the river and explore the Hudson's historic World's End and Constitution Island by kayak. This journey will include a river crossing in as we navigate the deepest and narrowest parts of the Hudson River. Exploring Constitution Island by water and on land when we stop for our lunch and visit the sites of some of the earliest Revolutionary War fortifications in the Hudson Valley. This tour is quite special as the island is off limits to the public.

FAMILY FRIENDLY KAYAKING (4 hrs.) - \$70
We invite paddlers of all ages to participate in the fun, where we can accommodate families and offer younger paddlers ages eight up, to paddle independently in their own craft. The aim of this program is to get kids comfortable on the water and we keep it fun, fun fun, with games, races and lots of splashing!

INTRO TO STAND UP PADDLING (6 hrs.) - \$85
This beginner level course will provide you with the basic equipment knowledge and paddling concepts you need to confidently and efficiently explore this exciting sport. The class will focus on appropriate board and paddle selection, outfitting, paddling stance and basic strokes.

INTRO TO KAYAKING (6 hrs.) - \$85
In this class we will introduce paddlers to paddling techniques with a focus on safe body mechanics, maneuvering, and basic rescues. We'll also review essential equipment and its use. While the course is perfect for the beginner, anyone who has never had formal instruction will benefit from this class.

POPOLOPEN CREEK-FORT MONTGOMERY (4 hrs.) - \$70
We'll make our way to Popolopen Creek and hike up the hill to take lunch on the Hill at Fort Montgomery Historic Site and enjoy Hudson river views and explore the visitors center and check out the exhibits. This trip is of moderate length, eight miles and is ideal for those with kayaking experience and/or athletic ability.

STAND UP PADDLEBOARD (SUP) YOGA (1.5 hrs.) - \$40
Experience the serene yet invigorating joy of yoga on a paddleboard. Our instructor will familiarize you with the equipment and you'll be practicing the relaxation of yoga in no time! Anyone can do it, it's fun for all levels. Equipment is included in the class. Have a group of (4) or more and would like more of a private session, we can accommodate your request.

WEST POINT FIREWORKS DISPLAY (3 hrs.) - \$100
Get on the river with us and take in the impressive fireworks display, there is no better way to celebrate our nation's birthday than to be on the water under the USMA's firework display! We'll paddle north and create a flotilla off of Constitution island where we'll have a great vantage point to take in the action. With a emphasis on safety our guides will navigate World's End; enjoy the thrill of being on the river at night!



ODR Equipment Checkout Center
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2019
MAY-SEPTEMBER
ODR AQUATICS
CALENDAR



WESTPOINT.ARMYMWR.COM

MAY

KAYAKING

Constitution Island-\$70

18

10am

Cold Spring-\$70

19

10am

Popolopen Creek
Fort Montgomery-\$70

27

10:30am



JUNE

KAYAKING

Intro to Kayaking-\$85

1

10am

Popolopen Creek
Fort Montgomery-\$70

1

2pm

15

2pm

23

9am

29

1pm

Cold Spring-\$70

2

9am

8

9:30am

22

2pm

Constitution Island-\$70

9

9:30am

Family Friendly-\$70

26

1pm

30

9am

Cold Spring Fireworks-\$100

30

6:30pm

STAND UP PADDLE

Intro to Stand Up
Paddling-\$85

15

10am

SUP Yoga-\$40

1

10am

3

5pm

8

10am

10

5pm

15

10am

17

5pm

22

10am

24

5pm

29

10am

30

10am

JULY

KAYAKING

West Point Fireworks-\$100

6

6:30pm

Constitution Island-\$70

6

1:30pm

27

1:30pm

Cold Spring-\$70

7

2pm

20

1pm

Family Friendly-\$70

10

1pm

14

9am

24

1pm

Intro to Kayaking-\$85

13

10am

Popolopen Creek
Fort Montgomery-\$70

13

11am

STAND UP PADDLE

SUP Yoga-\$40

1

5pm

6

10am

22

5pm

27

10am

28

10am

29

5pm

Intro to Stand Up
Paddling-\$85

21

10am

27

10am

AUGUST

KAYAKING

Popolopen Creek
Fort Montgomery-\$70

3

9am

Cold Spring-\$70

4

2pm

Family Friendly-\$70

7

1pm

17

9am

21

1pm

Intro to Kayaking-\$85

10

10am

25

10am

STAND UP PADDLE

SUP Yoga-\$40

3

10am

5

5pm

12

5pm

17

10am

19

5pm

24

10am

25

10am

26

5pm

31

10am

Intro to Stand Up
Paddling-\$85

11

10am

24

10am

SEPTEMBER

KAYAKING

Intro to Kayaking-\$85

7

10am



STAND UP PADDLE

Intro to Stand Up
Paddling-\$85

14

10am



The Outdoor Recreation Equipment Center also offers an equipment resale program which offers new outdoor equipment at a discounted price. For more information on all that we have to offer, call (845) 938-0123.

Price points reflects each person.