

## Month of the Military Child 2022



Our staff thanks all those who were able to help us celebrate!

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### Technology Corner

#### Virtual (VR) Reality



**VR**

**What is it?**

Virtual Reality is a computer-generated environment with scenes and objects that appear to be real, making the user feel they are immersed in their surroundings.

**VR**

**How does it work?**

Virtual Reality uses computer based software to produce images, sounds, and other sensations to create a different place so that a user feels like he/she is really part of this other place (imagining playing in a game).

### Virtual Reality at the School Age Center

With the support of our Functional Technology Specialist, JC, the School Age Center children and youth are now able to explore Virtual Reality in the Game Room!

Thank you, JC!



### Virtual (VR) Reality in the classroom



- Active experience rather than just passive information
- Enhances learning and memory recall
- Provides visualizations that aren't possible in the traditional classroom
- Improves the quality of education in different fields

# Stony Child Development Center

**Hello Summer!** During the summer months staff will provide outdoor water play activities. Please ensure that your children have swimsuits, towels and water shoes so they may participate. Also, ensure that your children arrive to care with sunscreen applied for morning outdoor play. Our learning environments have been set up to engage the children in math, literacy, science, engineering, technology, and art. We are excited for the weather and look forward to implementing new activities into both the classroom and outdoors. Get ready for some exploring and learning fun!

*"Children have a real understanding only of that which they create themselves." Jean Piaget*

## Curriculum Snapshots



### Cognitive

- 11.** Demonstrates positive approaches to learning.  
a. Attends and engages.



### Mathematics

- 21.** Explores and describes spatial relationships and shapes. **b.** Understands shapes.



### Science and Technology

- 27.** Demonstrates knowledge of Earth's environment.

## Parent Participation

### at the Stony CDC:

Our classroom environments are ever changing and teachers can always use a helping hand. Please see your classroom teachers to sign up for help with activities and/or materials.



**Strong Beginnings Pre K**  
Army Child, Youth & School Services

### Reminders:

- Vacation credit requests require a 2-week notice
  - Withdrawals require 30 day notice.
- Label children's belongings and provide all items necessary for care.

## Save the Dates!

### Upcoming Center Closings

Independence Day July 4th  
Labor Day September 5th

### PreK Strong Beginnings

#### Orientation

Thursday, 18 August

### Stony CDC Open House

Thursday, 15 September

Have a question about CDC programming? Contact the CDC Management team:

845-938-4798/4523.



# School Age Center



**FRONT DESK**  
**845-938-8530.**

West Point School Age Center is currently offering Summer Camp care for School Age children enrolled in Child and Youth Services at West Point, in addition to Full Day School Age care for ESY students in other districts. The School Age Center provides programming through developmentally appropriate activities and enriched environments that promote learning and exploration in five different services areas.

**Have questions about SAC Programming? Contact the Director at 845-938-0086.**

## CURRENT & PAST EVENTS

Before and After School Registration for School Year 2022-23  
now OPEN on [militarychildcare.com](http://militarychildcare.com)!

### Last Day of WPES

The last day of school for West Point Elementary School was 10 June 2022. The children gathered in the gym for a massive dance party and dodgeball. Congratulations to all students on completion of another hard but successful school year!

### Summer Camp

Summer Camp has officially kicked off. From sports at H lot, water play on the field, field trips, and lots of programming in between, the children are having a blast! The future of Summer Camp holds several activities including heading to Round Pond and exploring the Hudson on the Supe's Boat. Some of our many themes this summer are space, color wars, camping, nature, travel and so much more!

## **SAC Scoop!**

### "SAC" Garden

We all worked together to remove an old shed and tilled the ground to create a plot of land for the children to create their own garden. Through this experience the children have learned how to germinate seeds, plant them, and care for them on a daily to weekly basis by watering them. Through the summer the children will observe the growing cycle of different plants. Once the plants have matured we will show the children how to harvest them and turn them into ingredients for healthy snacks.



### Groups

This summer we have divided the children into groups based on their grade and age. Each group has a lead caregiver that takes them to different activity spaces within the facility. The caregivers carry out at least five planned activities that fall into one of our core service areas



## EMPLOYEE OF THE MONTH

### Staff of the Month

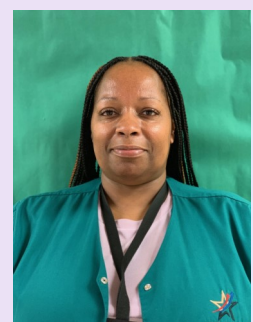
Staff are chosen to be Staff of the Month through performance, professional development, further involving the children in the process, additional information dissemination techniques, and providing additional opportunities for children to develop socially, emotionally, physically, and mentally.

MAY



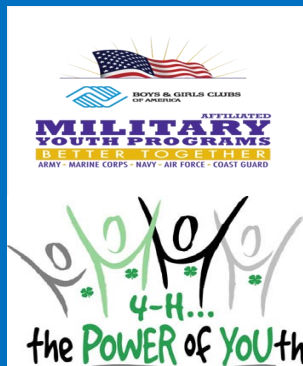
Ms. Collette

JUNE



Ms. Chonda

# MIDDLE SCHOOL & TEEN CENTER



**The Youth Center gym is currently open Mon-Fri 1200-1600 through 19 Aug. Call 845-938-8896/8525 for more information!**

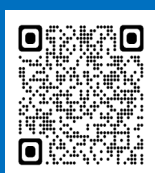
**\*All other activity spaces remain closed.\***

The Youth Center provides programs for youth to get involved in based on our 5 service areas: The Arts, Education & Career Development, Character & Leadership Development, Health, Wellness & Life Skills, and Sports & Recreation. We send out monthly program calendars, trip information, upcoming events, and volunteer opportunities to parents emphasizing the particular programs and clubs going on for the current month (if you are not receiving emails, please make sure your contact information is up to date at Parent Central).



## Free Online Tutor Training– BGCA

Saga Coach and BGCA have partnered to provide free online training to allow Club staff and volunteers to tutor Club youth more effectively and assist them to improve their grades and boost their confidence  
Learn More at the link below OR Scan the QR Code



[Register · Saga Coach \(sagaeducation.org\)](https://sagaeducation.org)

## Summer Brain Gain– BGCA

Summer Brain Gain helps prevent youth from falling behind and losing academic skills while school is out.



[Summer Brain Gain \(bgca.org\)](https://bgca.org)





# Youth Sports & Fitness Programs

## Coaches Needed!

Volunteer coaches are needed to support our programs. If you or someone you know is interested in becoming a volunteer please contact the Youth sports office at **845-938-3208**.

## FALL 2022 YOUTH SPORTS

SEASON RUNS AUGUST 29<sup>TH</sup> - OCTOBER 27<sup>TH</sup>.

REGISTRATION: JUL 11<sup>TH</sup> FOR MIL/DOD (AUG 1<sup>ST</sup> FOR OTHERS) - AUG 12<sup>TH</sup>.

### SOCCER

Mon & Wed, 5pm-6pm\* at Dragon Park for Division C; H-Lot for others.  
\$25 for Ages 3-4; \$55 for all older.

- **Smart Start (Age 3): Mon ONLY**
- **Just 4 U (Age 4): Weds ONLY**
- **Division A (Ages 5-6)**
- **Division B (Ages 7-8)**
- **Division C (Ages 9-12)**

\*Sessions are 45 min for Ages 3-4.

### FLAG FOOTBALL

Tue & Thu, 5pm-6pm at H-Lot. \$55.

- **Collegiate (Ages 7-9)**
- **Junior NFL (Ages 10-12)**
- **Grades 7-8**

### RUNNING CLUB

Tues & Thurs at Dragon Park. \$25

- **Grades 2-8 | 4pm-5pm**

### VOLLEYBALL

Mon & Wednesdays, 4pm-5pm.  
At the MST (Building 500). \$55.

- **Ages 7-12**

### INTRO TO GOLF

Thursdays at H-Lot, in 2 sessions:  
4pm-4:45pm & 5pm-5:45pm. \$25.

- **Ages 6-9**

SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION. MORE INFO AT: (845) 938-4458/1362 OR WESTPOINTCYS.COM



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MANAGEMENT COMMAND  
WESTPOINT.ARMYMWR.COM



## JBK Travel Soccer

### Did you know?

West Point Child and Youth Services offers a travel soccer program for CYS Beneficiaries and families that live in the Highland Falls - Fort Montgomery Central School District. This an alternative to recreational soccer and offers a higher competitive level of play.

Tryouts for the 2022-2023 season will take place in early August.



## School Support Services

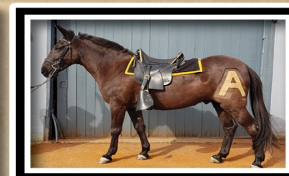
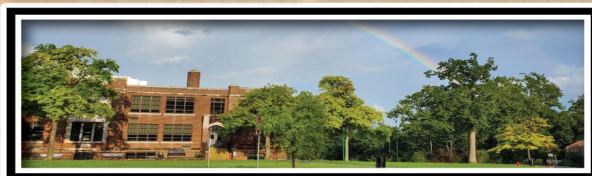
*A Driving Force for Student Success*

CYS SCHOOL SUPPORT SERVICES PRESENTS:

# SEE THE POINT!



**A TOUR FOR 6<sup>TH</sup>-8<sup>TH</sup> GRADERS NEW TO WEST POINT!**



### FEATURES OF THIS TOUR OF WEST POINT INCLUDE:

- MORGAN FARM & THE ARMY MULES
- THE WEST POINT BOWLING CENTER
- THE MIDDLE SCHOOL TEEN CENTER
- WEST POINT MIDDLE SCHOOL
- WEST POINT ARTS & CRAFTS CENTER
- OUTDOOR RECREATION, AND MORE!
- PLUS, ENJOY A COMPLIMENTARY SLURPEE AT AAFES EXPRESS!

See P&OS for permission slip. To register, call P&OS at (845) 938-4458 / 1362 / 3969. Space is limited. Register at least 48hrs before tour. Please pack a lunch and wear comfortable walking shoes & socks (for bowling). If desired, after tour, participants may remain at the MST for Open Gym until 4pm. Call (845) 938-2092 for more info.



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**For additional information or questions please contact School Support Services**

**West Point School Liaison Officer**

**Michi.L.Carl.NAF@Army.mil or 845-938-2092**



# Greetings from the CYS Nurse

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## Happy Summer to You All!

Please continue to monitor your children for early signs and symptoms of illness every morning before coming to daycare. Maintain your and your child's good health by scheduling **well visits**. Following all physicals please provide Parent Central with the **updated vaccine records** so that your child's immunization file will be compliant. Read on below for some important Summer health reminders for you and yours!

### Summer Health Tips

1. Wear sunscreen; apply 30 minutes before exposure to the sun and reapply every two hours or immediately after water play.
2. **Stay hydrated! Drink eight glasses of water a day. Wear light clothes. Monitor for heat related illness. Symptoms such as headache, dizziness, nausea, muscle cramps to name a few. Seek a cool environment and drink fluids preferably sport drinks.**
3. Supervise all children when they are in or near water. Monitor all pool activities and promote swimming lessons for all children.
4. **Always wear a helmet when motorcycling, biking, horseback riding or when on an ATV.**
5. Leave fireworks to the professionals. Fireworks can lead to facial burns, amputations, eye injuries. Sparklers can cause severe burns and even blindness.
6. **Check for ticks; do a body check upon returning from the outdoors followed by showering.**
7. Car safety- never leave a child unattended in a vehicle. Check your child's car seat; be sure it fits properly.
8. **Playground equipment can become extremely hot during the summer months. Monitor the temperature of the play equipment before and during playtime.**
9. Prior to boating, take a safety course on line. Be sure everyone wears life jackets that are a proper fit.
10. **June is garage door safety month. Never allow anyone to stand under a garage door. All areas marked in red on your garage door are a danger warning. Sensors should be working properly. Always seek the professionals if repairs are needed.**

Enjoy the beautiful summer season!

*Christine Marino, CYS Nurse*

For More Information Contact: [Christine.s.marino.naf@army.mil](mailto:Christine.s.marino.naf@army.mil) 845-938-8528

# Parent & Outreach Services

## Parent CPR and First Aid

Spaces are limited for this  
**FREE Parent Education Opportunity!**  
 19 August 2022 @ the Stony CDC 1700-1900  
 Registration Opens 6 July 2022  
 Call 845-938-4458/1362/3969



## You can earn a 10% discount on your child care bill!

The West Point **CYS Parent Participation Program** provides parents an excellent opportunity to share their unique gifts, talents and abilities while volunteering to support regularly scheduled programs (full day and before and/or after school). See your child's program management for ways you can participate.

## Parent Central Services

Monday-Friday  
 7:30 AM - 5:00 PM  
 845.938.1362  
 845.938.4458  
 845.938.0939

Walk-ins welcomed!

## CYSitters Babysitter Course

Open to Youth aged 12+ enrolled in CYS!  
 8 July; 0900-1600 @ The Lee CYS Facility  
 Fee: \$20.00

Registration: Open Now via WebTrac, in-person or by phone: 845-938-4458/1362/3969.

## Military Family Resources on the Web

### ZEROtoTHREE.ORG

Early connections that last a lifetime.

COMING TOGETHER AROUND MILITARY FAMILIES®  
 SUPPORTING OUR BABIES AND TODDLERS  
 SELF-CARE

"Why don't you baby yourself for a change?"

Parents and caregivers who take care of themselves often find it easier to take care of their babies and toddlers.

Zero to Three is a national organization that provides information and resources to help military families support their babies and toddlers. For more information, visit [www.zerotothree.org/military](http://www.zerotothree.org/military)

Visit MCEC at [militarychild.org](http://militarychild.org) for access to podcasts and webinars presented specifically for parents! Topics include Learning Through Play, Military Moves and Growing Great Readers.



**MCEC**®

Register online for FREE enrollment to ZOOM webinars hosted throughout the summer. "For the Sake of the Child" podcasts are released weekly on your favorite podcasting service with 100 archived episodes available! Simply search for MCEC.



## Parent Advisory Board (PAB)

All CYS Patrons are General Members of the West Point CYS PAB. The PAB provides an avenue for two-way feedback about CYS program operations between patrons and the command as well as helps identify parent/community needs. All CYS Patrons are welcome to participate beside the elected PAB Board Officers and West Point CYS Program representatives.

Save the Date!

Our next West Point CYS PAB meeting will be:  
 September 2022  
 Date/Time TBD.

General inquiries and requests to be added to the PAB distribution list can be sent to

Secretary Mike Ruppert: [mikeruppert97@gmail.com](mailto:mikeruppert97@gmail.com).