



USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

MAY 20
24

TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.

Happy Mother's Day!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

USMA GRADUATION SERVICES



MAKE YOUR USMA GRADUATION RESERVATIONS WITH MWR!

- For MWR Graduation Services info, click [HERE](#)
- For West Point Club Catering requests, email westpointcatering@army.mil
- For Outdoor Graduation Tailgates, order [HERE](#)

THE WEST POINT CLUB

Mother's Day Brunch

West Point Club
Sunday, May 12th



Seatings at:

10:30am, 11:00am, 11:30am,
12:00pm, 12:30pm and 1:00pm

Register online at thewestpointclub.com
or by calling the club at (845) 938-5120.

Purchased before March 18th
Adults (12+): \$50
Under Age 12: \$25

Purchased after March 18th
Adults (12+): \$60
Under Age 12: \$30
Children under age 3 are free.

No refunds after May 6th.

TheWestPointClub.com
(845) 938-5120



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



PATRONS, PLEASE NOTE: BENNY HAVEN'S LOUNGE HAS BEEN CLOSED INDEFINITELY.

COCKTAIL HOUR PACKAGES

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

2-Hour Package info [here](#); 3-Hour [here](#). Reserve yours today at (845) 446-5120!



Club Lunch Program

★
Check our Facebook page for weekly menu rotations!

CLUB LUNCH / GRAB-N-GO

Buffet & Carving Line: available Wed & Thu, 10:30am-2pm in the Pierce Dining Room.

Express Buffet Lunch: available Tue & Fri by reservation only (20 person minimum).

More information available [HERE](#).
Order at (845) 446-5504/5545/5506.

DINNER-TO-GO AT THE CLUB

Available Wednesday & Thursday!

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu online [HERE](#).
Order at (845) 446-5504/5545/5506.



DINNER-TO-GO

★
AT THE WEST POINT CLUB

Planning an event? Book one of our off-premise sites!

(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE



WEST POINT GOLF COURSE DAILY FEES



<u>ON WEEKDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, YOUTH	\$46	\$28
E7-03	\$56	\$32
04-010, RETIREES, & DOD CIVILIANS	\$60	\$34
CONTRACTORS, VETS, SENIORS, & GUESTS	\$65	\$40
GENERAL PUBLIC	\$74	\$45



<u>WEEKENDS & HOLIDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, YOUTH	\$53	\$30
E7-03	\$64	\$36
04-010, RETIREES, & DOD CIVILIANS	\$70	\$38
CONTRACTORS, VETS, SENIORS, & GUESTS	\$79	\$42
GENERAL PUBLIC	\$91	\$46

TWILIGHT PRICING STARTS AT 3PM (NOT AVAILABLE MONDAYS). ALL FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE

West Point Golf Course

ANNUAL PASS SALE



GET READY TO SWING INTO ACTION! ANNUAL PASSES FOR THE WEST POINT GOLF COURSE WILL BE UP FOR GRABS STARTING MARCH 26TH! ENJOY UNLIMITED ACCESS TO OUR PREMIER GOLF COURSE FOR THE ENTIRE 2024 SEASON (OPENING MARCH 29TH)! SEASON PASSES WILL BE AVAILABLE FOR PURCHASE AT THE VICTOR CONSTANT SKI LODGE.

ANNUAL PASS

(COVERS GREENS FEES ONLY):

- YOUTH AGES 18 & UNDER, CADETS, & E1-E6: \$800 (FAMILY PASS: \$1160)
- E7-O3: \$1600 (FAMILY PASS: \$2550)
- O4-O10 & AUTHORIZED DOD PATRONS: \$1800 (FAMILY PASS: \$2900)
- SENIORS AGES 62+ & VETERANS: \$2000 (FAMILY PASS: \$3000)
- WEST POINT ARMY CONTRACTORS & ARMY COACHES: \$2500 (FAMILY PASS: \$3500)
- GENERAL PUBLIC: \$3000 (FAMILY PASS: \$3600)



Driving Range Now Open!

Open Wednesday-Sunday, 7am-6pm. Shuttle buses run every 30 min from the Ski Lodge to Golf Maintenance, from 7am-5pm. The last shuttle back to the Ski Lodge will leave at 6pm.

Small Bucket of Golf Balls: \$8.

Large Bucket of Golf Balls: \$14

WEST POINT BOWLING CENTER

KIDS BOWL FREE PROGRAM

APRIL 15TH THROUGH AUGUST 31ST!

Kids ages 2-15 get two FREE bowling games every program day! Friday and Saturday, games must be completed by 5pm. For more info, call the West Point Bowling Center at (845) 938-2140.

REGISTER FOR THIS OFFER AT: [KIDSBOWLFREE.COM/ARMY](https://www.kidsbowlfree.com/army)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://www.westpoint.armymwr.com)

WEST POINT BOWLING CENTER

BOWLING HOURS

Mon-Thu: 11am - 7:30pm

Friday: 11am - 11pm

Saturday: 12pm - 11pm

Sunday: 12pm - 7:30pm

DELIVERY HOURS

(For West Point locations only)

Mon-Weds & Fri: 11am - 7pm

Thu & Sat-Sun: 12am - 7pm

Place your order at (845) 938-2140.

Sign up for a Bowling League today! League play runs Sep-May with Mon, Sun, and Thu evening league options. All Leagues are handicap formatted. Call (845) 938-2140 for info and assistance.

WEEKLY BOWLING SPECIALS

LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!
\$5.00 per person, per game.

OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.
What are you waiting for?

WEST POINT FMWR
BOWLING CENTER



**SENSORY
FRIENDLY
BOWLING**



ON THE 2ND THURSDAY OF EACH MONTH, FROM 4PM-5PM

Sensory Friendly Bowling

Offered from 4pm-5pm on every 2nd Thursday of the month at the West Point FMWR Bowling Center! During this time, no music will play, and only special needs bowlers will be allowed use of the facility. Call (845) 938-2140 for more information.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM



**Pet Kenneling • Dog Grooming • Seasonal Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage**



HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](#).

HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us [online](#).



DOG GROOMING

- NAILS
- BATHS
- EARS
- TRIMS



MORGAN FARM

STABLE & KENNEL



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)

MORGAN FARM

2024 SUMMER RIDING CAMPS AT MORGAN FARM



RIDING LESSONS FOR ALL LEVELS OF EXPERIENCE!

CAMP DATES

WEEK 1: JUN 10TH - JUN 14TH

WEEK 2: JUN 17TH - JUN 21ST

WEEK 3: JUN 24TH - JUN 28TH

WEEK 4: JUL 8TH - JUL 12TH

WEEK 5: JUL 15TH - JUL 19TH

WEEK 6: JUL 22ND - JUL 26TH

WEEK 7: JUL 29TH - AUG 2ND



**EACH 5-DAY CAMP WILL RUN
MONDAY - FRIDAY, 9AM - 3PM.**

**THE PRICE FOR A 5-DAY
CAMP IS \$390 PER CHILD.**

**REGISTRATION AND INFO AT
WESTPOINT.ARMYMWR.COM**



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CAMPING AND ODR EQUIPMENT RENTALS



CAMPING RESERVATIONS FOR 2024 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

BULL POND | ROUND POND | LAKE FREDERICK



OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

LAKE FREDERICK RECREATION AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



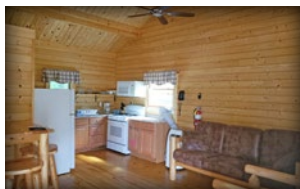
Lakeside bunk house amenities include heat, a mini fridge, fire ring, and charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.

BULL POND RECREATION AREA

**Bull Pond is available to DOD civilian employees!
Lodging dates and application info available [HERE](#).**



TO MAKE A BULL POND RESERVATION, CALL (845) 938-2649 (FIRST COME, FIRST SERVED). EMAIL QUESTIONS TO DANIEL.B.EICHNER.NAF@ARMY.MIL.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION & SWIM

Kids' Fishing Fun Day

Saturday, May 18th | 9am-12pm

Happy Mountain Pavilion | Round Pond

Open to all DOD cardholders and their children.

Cost: \$3 per child | \$5 per adult

Refreshments provided | Need to provide own pole & tackle

Pre-register online at westpoint.armymwr.com.



Round Pond & Lake Frederick Swim Areas

Open Memorial Day Weekend
to Labor Day Weekend.

Open 11am-5pm with lifeguard on duty.

Open weekends and holidays only:
May 25th-27th, June 1st-2nd, June 8th-9th,
June 15th-16th, June 19th & June 22nd-23rd.

Open 7 days a week starting
June 29th through August 25th.

Open Labor Day Weekend
August 31 - September 2nd
(Final Weekend).



westpoint.armymwr.com
(845) 938-7060



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

FISHING & HUNTING

RECREATIONAL FISHING

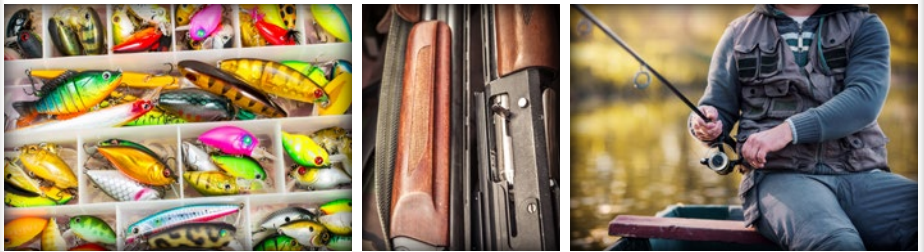


CURRENT SEASONAL FISH:

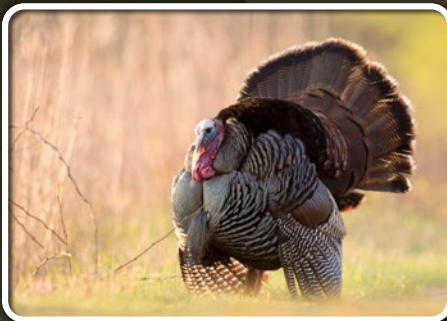
- SMALL AND LARGEMOUTH BLACK BASS
- STRIPED BASS • SUNFISH • PERCH
- AMERICAN SHAD • CRAPPIE • EEL
- WHITEFISH* • ATLANTIC SALMON*
- TIGER MUSKELLUNGE • WALLEYE
- ALL TROUT SPECIES • SPLAKE
- NORTHERN PIKE • PICKEREL

**Cannot be found on West Point.*

Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide



RECREATIONAL HUNTING



SPRING TURKEY SEASON:

- MAY 1ST - MAY 31ST

TURKEY HUNTING HOURS:

1/2 HOUR BEFORE SUNRISE TO NOON.

BAG LIMIT: 2 BEARDED BIRDS

Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER



THE AUTO CENTER IS OPEN FOR FULL SERVICE!

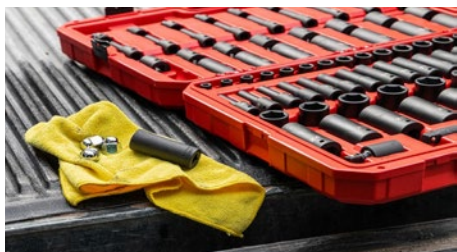
**OIL
CHANGE
SPECIAL**



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*.
Synthetic Oil: \$70 for up to 5qts*.

**Additional quarts extra*



Auto Skills Center Hours

Tuesday - Saturday 8am - 4pm.

For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

For more info, call us at (845) 938-2074. Reservations are required.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

Spring into Savings at the West Point Automotive Skills Center



10% OFF

Vehicle Tune Up

Valid April 16 - June 1, 2024

10% OFF

Brake Service

Valid April 16 - June 1, 2024

\$10 OFF

Alignment Service

Valid April 16 - June 1, 2024

\$15

**Tire Rotation when added to
another service (Reg. \$25)**

Valid April 16 - June 1, 2024



U.S. ARMY



BUSINESS HRS: TUE-SAT 8AM-4PM

CONTACT AUTO AT: (845) 938-2074

648 WILSON ROAD, WEST POINT, NY

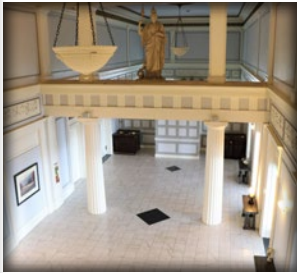
**AUTOMOTIVE
SKILLS CENTER**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



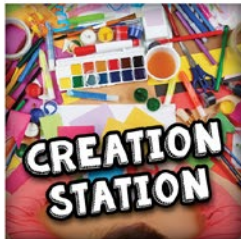
CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

MAY

CALENDAR OF EVENTS



Creation Station

Thu, May 2nd, 16th & 30th
3:00pm-4:30pm

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.



Little Impressionist

Thu, May 2nd, 16th & 30th
10:30am-11:30am + 1pm-2pm

Let your little ones express their inner artist! For children 6 years of age or younger. \$5 per child. Registration required.



Home School Art Class

Wed, May 8th
1:00pm - 2:00pm

Art history projects for grade K+ homeschoolers. We will discuss the artists from the past year! \$15 pp. Registration required.

A Stitch in Time

A weekly yarn social at West Point Arts & Crafts



Wednesdays, from 9am-12pm

BRING YOUR CURRENT PROJECTS & ENJOY THE COMPANY OF YOUR FELLOW TEXTILE ARTISTS!

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

DON'T MISS OUT! REGISTRATION FOR OUR SUMMER IN COLOR ART CAMP OPENS 9AM ON MAY 14TH, AND SPACE IS LIMITED!



Summer in COLOR ART CAMP

AT WEST POINT ARTS & CRAFTS

GRADES 1-4

9AM - 11:30AM

SESSION 1: JUNE 25TH - 28TH

SESSION 2: JULY 9TH - 12TH

SESSION 3: JULY 16TH - 19TH

SESSION 4: JULY 23RD - 26TH

GRADES 5-9

1PM - 3:30PM

SESSION 5: JUNE 25TH - 28TH

SESSION 6: JULY 9TH - 12TH

SESSION 7: JULY 16TH - 19TH

SESSION 8: JULY 23RD - 26TH

WEST POINT ARTS & CRAFTS INVITES YOU TO JOIN THEM FOR SUMMER CAMP! WITH NEW PROJECTS EVERY DAY. YOUNG ARTISTS WILL EXPLORE DIFFERENT ART MEDIUMS WHILE STRENGTHENING THEIR SELF-CONFIDENCE, CREATIVE THINKING, AND ART MAKING TECHNIQUES. BOTH INDIVIDUALLY AND IN A COLLABORATIVE SETTING. CAMPERS WILL BE IMMERSSED IN COLORS, LINES, SHAPES, & TEXTURES. CAMP SESSIONS WILL BE BURSTING WITH CREATIVE ACTIVITIES TO EXPLORE!

\$150 PER CHILD, PER SESSION. REGISTRATION OPENS 9AM MAY 14TH VIA WEBTRAC, IN PERSON, OR BY PHONE. FULL PAYMENT REQUIRED AT REGISTRATION. SPACE IS LIMITED. REGISTRATION IS FIRST COME, FIRST SERVED. DON'T DELAY; REGISTER NOW! SUMMER IN COLOR ART CAMP REGISTRATION WILL CLOSE AT 4PM JUNE 13TH. SESSIONS THAT DO NOT MEET THE MINIMUM PARTICIPATION REQUIREMENT ARE SUBJECT TO CANCELLATION.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

**OUR WOMEN'S ONLY INTRO TO PISTOL & OUR HANDGUN 101-
BASIC FIREARM TRAINING COURSES ARE BOTH SOLD OUT!**



REC SHOOTING: TUE-WED 10AM-3PM, & THU-FRI 6:30PM-9PM
OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS.
REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

Mother's Day & Father's Day **Tronsrue Marksmanship Center Specials**



MWR GIFT CARDS Purchase a \$50 MWR Gift Card between May 1st & June 14th at the Marksmanship center and you'll receive a FREE 1 hour Range Card!

RANGE DAY PACKAGES Shoot with Mom on May 9th & 10th, or Dad on June 13th & 14th, and receive a 9mm Pistol Package (\$40) or an AR-Rifle Package (\$30)!*

**Package includes 1 hour of Range Time, a Firearm Rental, 1 Box of Ammunition, and 1 Target. Military/DoD ID is required.*

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

TRONSRUE MARKSMANSHIP CENTER



NYS Concealed Carry *Permit Course*

NYS Concealed Carry Permit Course

June 8th & 9th, 9am-6pm at TMC. \$400 per person. 16 hr class + 2 hrs live fire. Both days required for permit. Learn firearm safety & fundamentals, and NY laws including use of deadly force as well as carry locations & possession.

USCCA BASIC PISTOL COURSE



Saturday | June 22nd | 9am-5pm
Tronsrue Marksmanship Center

USCCA Basic Pistol Course

Sat, June 22nd, 9am-5pm at TMC

Learn firearm basics and shooting fundamentals for revolver and pistol, plus gear & gadgets, holster draw, and firearm purchasing. \$150 pp (includes live range time and USCCA certificate).

Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.

Daily Specials at Tronsrue

Tuesday & Wednesday: \$10 Range Fee + \$5 Firearm Rental (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

**CHECK OUT OUR NEW FACEBOOK PAGE!
VISIT US ONLINE AT WWW.FACEBOOK.COM/TRONSRUE**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



LEISURE TRAVEL SERVICES

DAYTRIPPER: MAY - JUN

THU, MAY 9TH - DINNER IN LITTLE ITALY OR CHINATOWN



Spend a relaxing evening in NYC's most colorful neighborhoods! Enjoy fine dining with authentic Italian or Chinese cuisine. Depart WP at 4pm; depart NYC at 10:30pm.

Transport cost: \$30/adult & \$25/child.

WED, MAY 15TH & JUN 26TH - NYB GARDENS/BRONX ZOO



Enjoy a day at the beautiful NY Botanical Gardens and/or the Bronx Zoo! Tickets for both attractions must be reserved online in advance. We will leave from West Point at 8:45am and leave from NYC at 3:30 pm.

Transport cost: \$30/adult & \$25/child.

SUNDAY, MAY 18TH - THE 9TH AVENUE FOOD FESTIVAL



The oldest & largest food festival in NYC, ft. international food & beverages, fine arts & crafts, and live entertainment. Plus, Japan Day is being held in Central Park as well!

Depart WP at 9am; depart NYC at 5pm.

Transport cost: \$30/adult & \$25/child.

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

WED, MAY 22ND & JUN 12TH - THEATER VAN TO BROADWAY



Treat yourself to a dazzling Broadway show with half-price tickets from the iconic TKTS booth! Or, just enjoy a night of fun in the Big Apple! We'll leave West Point at 4pm; depart NYC after shows (approx. 10:45pm).

Transport cost: \$30/adult & \$25/child.

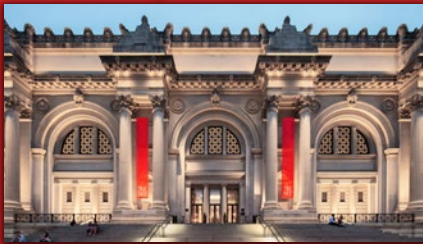
SATURDAY, JUNE 8TH - EXPLORING LOWER MANHATTAN



See where American history started for so many and the gateway for the future! Visit the Statue of Liberty, 9/11 Memorial, the NY Stock Exchange, Brooklyn Bridge and more. Leave WP at 8:30am; leave NYC at 3:30pm.

Transport cost: \$30/adult & \$25/child.

TUESDAY, JUNE 18TH - THE MUSEUM MILE FESTIVAL

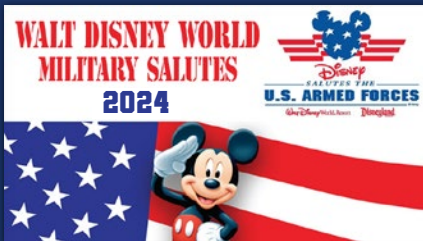


Explore art and culture at the Museum Mile Festival! Enjoy exhibitions, performances, and activities at the Metropolitan Museum of Art, the Guggenheim, and more! We will depart WP at 4pm and leave NYC at 9:30pm.

Transport cost: \$30/adult & \$25/child.



WALT DISNEY WORLD MILITARY SALUTES PASS 2024



Now available! Choose either a 4-day, 5-day, or 6-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility plus ID)

- 6-Day w/ Park Hopper®: \$409.
- 5-Day w/ Park Hopper®: \$389.
- 4-Day w/ Park Hopper®: \$369.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR SWIM



NOW HIRING LIFEGUARDS!

To work at the Lake Frederick
and Round Pond Rec Areas!

Scan the QR Code to apply.



LUNGTIME LAP SWIM AT GRANDALL POOL: 12PM-1:45PM

On May 1st, 6th, 8th, 10th, 15th, 17th, 21st, 23rd, 29th, & 31st.

Crandall Pool is located at 727 Brewerton Rd, in the Arvin Gym

WATERFRONT SKILLS & LIFEGUARD



CPR



AED



FIRST AID

**Certification
Offered through
MWR Swim**

Cost: \$300



Waterfront Skills & Lifeguarding CPR/FA/AED

- | | |
|-----------------|---|
| May 4th | Round Pond Beach at 10am
Crandall Pool from 12:00pm to 6:00pm. |
| May 6th | Buffalo Soldier Pavilion from 2:30pm to 4:30pm |
| May 11th | Round Pond Beach at 10am
Crandall Pool from 12:00pm to 6:00pm. |
| May 12th | Buffalo Soldier Pavilion from 9am to 11am |

Open to ages 15 and up. Limited seats available.

Sign-up today at the MWR Fitness Center.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.

PERSONAL TRAINING SESSIONS AND ASSESSMENTS

STOP BY OR CALL (845) 938-6490 TO SET UP A SESSION OR ASSESSMENT TODAY! FOR DETAILS, CALL OR VISIT ONLINE.

CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

NEW
DAYS & TIMES
STARTING NOV 1ST

Functional Fitness

Classes with
Anthony



Functional Fitness

A class for building functional muscle used in everyday activities! Monday thru Thursday, starting at 9am at the Fitness Center. \$5 per class. Passes on sale online or at the Fitness Center. Call (845) 938-6490 for info.

24/7 FITNESS ACCESS AT THE WEST POINT FITNESS CENTER

- ✓ YOU MUST BE AN AUTHORIZED USER OF THE MWR PHYSICAL FITNESS CENTER (AW AR 215-1, TABLE 7-1 AND A MINIMUM OF 18 YEARS OLD (17 YEARS OLD FOR ACTIVE DUTY)).
- ✓ PRE-REGISTER, IN-PERSON, AT THE MWR FITNESS CENTER, BEGINNING NOVEMBER 15, AT 12PM.
- ✓ 24/7 WILL BE AVAILABLE NIGHTS, WEEKENDS, HOLIDAYS AND DURING SEVERE WEATHER, BUT YOU MUST BE PREREGISTERED TO TAKE ADVANTAGE.

THE FITNESS CENTER WILL REMAIN OPEN DURING CODE REDS. MUST BE REGISTERED FOR THE 24/7 FITNESS ACCESS TO USE THE FACILITY. ENTER AT YOUR OWN RISK. WE ARE NOT RESPONSIBLE FOR ANY INJURIES THAT MAY OCCUR IN OR OUTSIDE OF THE FACILITY DUE TO WEATHER. LOCKER ROOMS MAY BE CLOSED, BUT BATHROOMS ARE AVAILABLE.

S.L.A.M

SWEAT LIKE A MOTHER!
Fitness Class

Mondays, Thursdays & Fridays
9:30-10:30am

STARTING APRIL 1ST
NEW LOCATION!

DRAGON PARK



S.L.A.M.

A fitness class for mothers! Mon & Fri, 9:30am-10:30am at Dragon Park. Bring your kids! Single Class Pass: \$12. Five Class Pass: \$60. Ten Class Pass: \$110. Unlimited Monthly Pass: \$65. On sale online or at the Fitness Center front desk. Call (845) 938-6490 for info.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Parent/Child POWER ZONE

AT THE MWR FITNESS CENTER



Parent/Child Power Zone

Bring your child with you and work out in our dedicated Fitness Studio! Room includes Rower, Spin Bikes, Exercise Balls, & Free Weights. Children must be supervised at all times. Hours are Mon-Thu: 9am-8pm; Fri: 9am-6pm; & Sat-Sun: 9am-5pm

MWR Fitness Center Presents:

ARMY BIRTHDAY 5K RACE

June 15th | 8am



Army Birthday 5K Race

June 15th at 8am. Starts & ends at the West Point Club. Cost is \$25 pp (includes T-shirt). Sign up by June 1st to guarantee shirt size. Day-of registration starts at 7am. Sign up online or at the Fitness Center desk. For more info, call (845) 938-7060.



Become an Fitness Trainer or Instructor!

Join our team and become a Personal Fitness Trainer or Group Fitness Instructor! For info on how to become one, call (845) 938-7060 or email patrick.j.starro.naf@army.mil.

Living Angelic Massage Therapy

~MOTHER'S DAY SPECIAL~
May 12th-19th

25% off massage therapy
services for mothers!

Contact MWR Fitness Center at (845) 938-6490
to schedule your appointment today.

For a complete list of services offered and pricing,
visit westpoint.armymwr.com



THE PERFECT
MOTHER'S DAY
GIFT!

Living Angelic offers a wide variety
of different massage techniques to help
you heal and feel less tense!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS



West Point Community
Noontime
Badminton/Pickleball
Open Play



WP Community Noontime Badminton/Pickleball Open Play

Tuesdays from 12pm-1pm at Arvin
Gym 2nd floor courts.

To sign up, call (845) 938-3066

West Point Community
Adult Intramural
GOLF
League



APR 2nd - AUG 27th
TUESDAYS | 4:30PM - DUSK
West Point Golf Course

WP Community Adult Intramural Golf League

Tuesdays, 4:30pm to Dusk, at the
West Point Golf Course. League
will run April 2nd - August 27th.

To sign up, call (845) 938-3066



Adult Summer Softball League (Chicago 16")

June 3rd - June 26th. 6pm-10pm,
Mon and Wed at the USMAPS
Prep School Soccer Field.

To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

CYS SUMMER 2024 SPORTS CLINICS



OFFERED JUNE 10TH THRU JULY 25TH.

4-DAY CLINICS, MON - THU. \$30 PER SESSION. REGISTRATION OPENS MAY 14TH.

BASKETBALL: June 10th - 13th at the Youth Center.

4pm-5pm (Ages 7-9): Intro to Hoops - Students new to basketball will receive an intro to the sport and learn basic concepts, terms, and motor movements.

5pm-6pm (Ages 10-12): Complete Skills - helps players of all abilities develop athletically, refine fundamental skills, and enhance their skill set at the post, wing, or guard position.

MULTISPORT: June 24th - 27th at Dragon Park.

4pm-5pm (Ages 4-6) | 5pm-6pm (Ages 7-12) - A non-sports-specific clinic that includes a variety of fun, interactive and sports-related activities with a focus on development and fun! Participants will learn the foundation of techniques and skills through exciting drills and games!

FLAG FOOTBALL: July 8th - 11th at Dragon Park.

5pm-6pm (Ages 7-12) - Participants will learn the fundamentals while developing their skills and using proper techniques. Offensive and defensive position drills along with proper stretching and warm-ups occur daily, plus fun competitions.

FIELD GAMES: July 15th - 18th at Dragon Park.

4pm-5pm (Ages 4-6) | 5pm-6pm (Ages 7-12) - A variety of fun-filled outdoor games—including tug-o-war, sack races, balloon toss, and capture the flag—will foster the spirit of friendly competition while engaging youth in physical activity!

RUNNING CLUB: July 22nd - 25th at Dragon Park.

5pm-6pm (Ages 7-12) - Instructors will help children develop healthy habits by utilizing running, walking, proper form, and games to enrich their daily lives.

SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION. MORE INFO AT: (845) 938-1362/0939 OR WESTPOINTCYS.COM



YOUTH SPORTS OFFICE: (845) 938-3208/8525

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

JOIN CYS FOR AN

OPEN HOUSE PARTY

AT THE MST!

MAY 10TH

2:30PM TO 5PM

CELEBRATE THE REOPENING OF THE MST (500 WASHINGTON RD) WITH CYS! REGISTER, TOUR THE FACILITY, AND ENJOY FREE FOOD FRESH OFF THE GRILL!



CPR+ AED+ **FIRST AID CLASS**



LOCATED AT THE STONY CDC (1207 PATRICK TRAIL ROAD)

ON MAY 10TH

FROM 5:00PM - 7:00PM
FOR CYS PARENTS ONLY

West Point Parents Only CPR + AED + First Aid Class

May 10th, 5pm-7pm at the Stony CDC.

Learn CPR, AED, and First Aid in this class for West Point Parents, hosted by CYS! For more info, visit westpoint.armymwr.com

School Age Center 2024

Summer Camp



Mon - Fri, starting June 10th

6am - 5:30pm at the School Age Center (Building 140)



FOR GRADES K-5. COST BASED ON INCOME. REQUESTS OPEN ON FEB 1ST AT 12:30PM ON MILITARYCHILDCARE.COM
VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

THE YOUTH CENTER (MST) IS REOPENING MAY 13TH!

**SUMMER HOURS:
12:30PM - 5:30PM**

**SCHOOL YEAR HOURS:
2:30PM - 5:30PM**

THE MST OFFERS FREE WIFI, SNACKS, HOMEWORK ASSISTANCE, CLUBS, ACTIVITIES, AND SPECIAL EVENTS! AMENITIES INCLUDE MACBOOKS, A GYM, A CAFÉ, A GAME ROOM, A THEATER ROOM, A MUSIC/TEEN ROOM, AND AN ART ROOM.

YOUTH MAY REGISTER AT THE MST (AT 500 WASHINGTON ROAD) AT ANY TIME. HOWEVER, IF THEY REQUIRE ANY RESCUE MEDICATION (INHALER, EPIPEN, ETC.), THEY MUST FIRST REGISTER THRU PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.

COMPLETE OUR MST REOPENING SURVEY VIA THIS QR CODE!



CYS YOUTH SPONSORSHIP PROGRAM



JOIN OUR TEAM & WELCOME NEW STUDENTS!

CYS Youth Sponsorship

Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit westpoint.armymwr.com

CYS SCHOOL SUPPORT SERVICES PRESENTS:

IKE HALL

BACKSTAGE TOUR FOR HOME SCHOOLERS

IKE HALL IS LOCATED AT 655 PITCHER ROAD

**MAY 17TH
10:30AM - 12PM**

JOIN CYS FOR A FREE BACKSTAGE TOUR OF IKE (EISENHOWER) HALL! STAND ONSTAGE AND SEE THE THEATER FROM THE OTHER SIDE OF THE CURTAIN! OPEN TO ALL CYS REGISTERED HOME SCHOOLERS IN FIRST GRADE OR HIGHER, AND THEIR PARENTS. WE WILL MEET UP AT THE STAGE DOOR, LOCATED AT THE LOADING DOCK.

LEARN ABOUT ...

- ▶ LIGHTING SYSTEM
- ▶ SOUND SYSTEM
- ▶ RIGGING SYSTEM
- ▶ DRESSING ROOMS
- ▶ GREEN ROOM
- ▶ WARDROBE ROOM
- ▶ TRAP ROOM

REGISTRATION IS REQUIRED. REGISTER ONLINE THRU WEBTRAC, OVER THE PHONE, OR IN PERSON AT P805 FROM MAY 1ST - MAY 15TH. FOR MORE INFO, CALL (845) 938-2092.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

FIRST RESPONDER MEET & GREET



TUE, JUNE 11TH

3PM-5PM IN THE WEST POINT MIDDLE SCHOOL PARKING LOT

HOSTED BY: ACS EFMP

FOR SOME CHILDREN WITH DISABILITIES, THE BRIGHT LIGHTS AND LOUD NOISES FROM EMERGENCY VEHICLES CAN BE VERY OVERWHELMING. BUT LEARNING TO INTERACT WITH EMERGENCY RESPONDERS IS JUST AS IMPORTANT FOR THESE CHILDREN AS IT IS FOR THE RESPONDERS! JOIN ACS AS WE HOST A FREE SENSORY FRIENDLY MEET & GREET WITH LOCAL FIRST RESPONDERS. LIGHT REFRESHMENTS WILL BE PROVIDED. EVENT IS FREE & OPEN TO THE WEST POINT AND HIGHLAND FALLS COMMUNITY!

Constellations
A GATHERING OF GOLD STARS

10AM-11AM IN THE ACS BUILDING (622 SWIFT ROAD)
ON THE THIRD WEDNESDAY OF EACH MONTH

SOS Constellations

Survivor Outreach Services invites Gold Star Families to join them on the third Wednesday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.

ACS EFMP INVITES YOU TO OUR



SEP-JUN

Stress Less Series



EVERY 2ND TUESDAY OF THE MONTH, FROM 3PM-5PM AT THE ACS BLDG (622 SWIFT RD)

ACS EFMP HAS TEAMED UP WITH HUDSON VALLEY PAWS FOR A CAUSE TO PROVIDE THE WEST POINT AND HIGHLAND FALLS COMMUNITY WITH A 5-MONTH SERIES OF FREE STRESS-RELIEF EVENTS! TAKE A "PAWS" WITH US & RELAX WITH THEIR RED CROSS VOLUNTEER THERAPY DOG TEAMS!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Cruise the Hudson with ACS



JUN 27TH | JUL 25TH | AUG 22ND

2pm-4pm, starting at South Dock
Boat Launch

Calling all
West Point
Newcomers!

ACS will host three Hudson River cruises for newly arrived Active-Duty Soldiers and their Families! Don't miss out! Space is limited; registration is required. For info and registration, call (845) 938-3487.

NEED TO BORROW BASIC HOUSEHOLD ITEMS? ACS HAS YOU COVERED!

ARMY COMMUNITY SERVICE LENDING CLOSET

You can borrow items for
up to 30 days ... for FREE!

- Dishware • Cookware • Utensils
- Small Appliances • Microwaves
- Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm
at the ACS Building (622 Swift Road).



For more information, please call ACS at (845) 938-3487.

ACS Little Movers

WEST POINT
ACS WOULD
LIKE TO
WELCOME
YOUR
CHILDREN
TO THEIR
NEW
HOME!

ACS Little Movers

West Point ACS welcomes children to their new home! ACS offers free, fun-filled activity bags for children ages 2-12 to entertain them while traveling or unpacking! Call (845) 938-3487 to schedule a pick up at 622 Swift Rd.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



Join the West Point Family Advocacy Program for our workshops on the following topics:

- April 1st, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- April 4th, 11:30am-12:30pm - *Couples Communication*
- April 11th, 11:30am-12:30pm - *Stress and Anger Management*
- April 17th, 4pm-5pm - *Positive Parenting*
- April 18th, 11:30am-12:30pm - *Enhancing Your Child's Wellness*

- May 2nd, 11:30am-12:30pm - *Couples Communication*
- May 9th, 11:30am-12:30pm - *Stress and Anger Management*
- May 15th, 4pm-5pm - *Positive Parenting*
- May 23rd, 11:30am-12:30pm - *Perinatal Wellness*

- June 3rd, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- June 6th, 11:30am-12:30pm - *Couples Communication*
- June 13th, 11:30am-12:30pm - *Stress and Anger Management*
- June 26th, 4pm-5pm - *Positive Parenting*
- June 27th, 11:30am-12:30pm - *Family Advocacy Program Overview*

REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-0629. ALL SESSIONS ARE FREE AND TAKE PLACE AT THE ACS BUILDING (622 SWIFT ROAD).



CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Wee-Play & Wee-Read



WEE-PLAY: TUE

9AM-10AM, BI-WEEKLY

- April 9th
- May 7th & 21st
- June 4th

WEE-READ: WED

9AM-10AM, BI-WEEKLY

- April 10th
- May 8th & 22nd
- June 5th

FAP WEE-ONES PROGRAMS AT THE SCHOOL AGE CENTER GYM

Free and open to all ranks and DoD civilians with children ages 4 or younger. For more information, call FAP at (845) 938-0633 or visit westpoint.armymwr.com.



ACS RRP Newcomers Orientation & Welcome

Relocation Readiness Program offers a Newcomers Orientation & Welcome every Tue at 1pm & Thu at 9am at 622 Swift Road in the ACS Hudson Room 156. Spouses are welcome to attend!

ARMED FORCES DAY

Bowling Bonanza

IN MAY 18TH 5PM - 7PM

AT THE WEST POINT FMWR BOWLING CENTER



ENJOY AN EVENING OF BOWLING ON US! INCLUDES 2 GAMES, SHOE RENTAL, PIZZA, AND UNLIMITED FOUNTAIN DRINKS! FREE AND OPEN TO ALL CADETS, ACTIVE DUTY, GUARD, RESERVE, & VETERAN SERVICE MEMBERS AND THEIR FAMILIES. OFFER LIMITED TO FIRST 50 BOWLERS. MUST ADHERE TO START & END TIMES. REGISTRATION REQUIRED. CALL (845) 938-0629 TO REGISTER.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE
PRIME OPTION



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://www.westpoint.armymwr.com)

Paid Advertisement (No Federal Endorsement Intended)

HUDSON VALLEY LUXURY RESORTS

AVAILABLE FOR BOOKING!
WEST POINT
2026 GRADUATION



GIVE US A CALL OR EMAIL US AT:



+845-510-3188



shari@hudsonvalleyluxuryresorts.com



West Point Family & MWR
681 Rogers Place, Rm 202
West Point, NY, 10996



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VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM