



USAG West Point

WHAT'S HAPPENING With Family & MWR

February 2020 Edition



Special Events with MWR



Sponsored by:



No Federal Endorsement Implied



PREMIUM GERMAN PILSENER



Polar Fest 2020!

Sat. Feb. 29th | 11AM-7PM | Victor Constant Ski Area
Open to the Public! Sign-up Today!

Polar Fest is going to be fun for the whole family. Mark your calendars for the annual ski and snowboard event of the season! Register online at: westpoint.armymwr.com or on-site at the Victor Constant Ski Office, or by calling (845) 938-8810.

West Point Family & MWR | westpoint.armymwr.com



Victor Constant Ski Area



at Victor Constant
Ski Area with

**STEVEN
WELLS**

Live Music at Victor Constant Ski Area With Steven Wells

Feb. 7, 14 & 21 | 5:30-8:30PM | Open to the Public

"Smokin' Buddie" Steve plays Classics of the Rock/Pop era. 60's thru today. One guitar, one voice, throw in some classic Country and Blues tunes and you have a recipe for an enjoyable listening experience.

For more info call: (845) 938-8810 | westpoint.armymwr.com

Cadet Appreciation Ski Week

Feb 23 - Feb 28

Special for all cadets and USMAPS cadet candidates. \$10 Lift ticket and \$10 Rentals.

More info: (845) 938-8810

victorconstantski.com



Group Ski/Snowboard Packages - Plan Your Ski Trip with Us

Do you have a large group of people that want to ski or snowboard? Plan your Ski trip with us! We offer a great package value! 1-Hour group lesson, ski/snowboard and snow pass \$54 per person. Helmet rental and food option extra. Call us today at 845-938-8810!

victorconstantski.com



Ski Rentals

Rent the Ski Lodge

2019-2020 Season

The ski lodge can host any event you have this season! Rent the lodge for \$200 per day for your private event, or rent the lodge and the slope for \$725 per day.

More info: (845) 938-8810

victorconstantski.com



Ski Resale Merchandise



Victor Constant Ski Area Merch.

We want to re-introduce our resale merchandise! From shirts, to beanies, to coffee tumblers, we got it! Stop by the VCSA Ski Office this week and get your swag!

More info: (845) 938-8810 | victorconstantski.com

The West Point Club

(Open to the Public - DoD Visitor Access Policies Apply)

Mother-Son Dance

Fri. Feb. 7 | 10AM-2PM

Sold Out!!

Event is sold out. Thank you West Point for your Patronage.



Valentine's Day Brunch

Sun. Feb. 9 | 10AM-2PM

Celebrate Valentine's Day with delicious pancakes, crepes & more!
\$35 Per Adult | \$18 Children 6-12
\$8 Children 5 & under
More info, call: (845) 938-5120



St. Patrick's Day Brunch

Sun. Mar. 15 | 10AM-2PM

Celebrate St. Patrick's day with delicious eggs, sausage & more!
\$35 Per Adult | \$18 Children 6-12
\$8 Children 5 & under
More info, call: (845) 938-5120



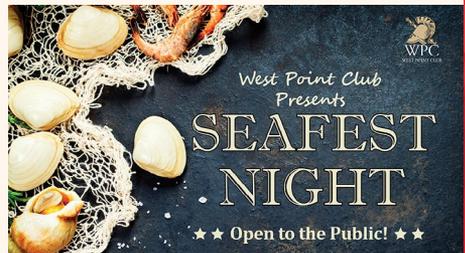
Seafest Night

Fri. Mar. 27 | 6-9PM

Save the Date!

Mark your calendar! Seafest Night is on its way. Indulge in great fish, shrimp and more with your friends and family.

More info, call: (845) 938-5120



All West Point Club Events accept registration only by phone.



The West Point Club

A Premiere Catering and Wedding Venue

Wedding Tasting Event

Sat. Mar. 22 | 12-3PM

Sample our cuisine & meet our culinary team! Please RSVP by March 12. West Point Club booked weddings are entitled to two complimentary tickets. More info, call: (845) 938-5120



Wedding Season is Here at The West Point Club

Weddings at the West Point Club are perfect for making your special day, one to remember. Reserve/info, call: (845) 938-5120 thewestpointclub.com



MWR Delivery Services



DINNER-TO-GO

(DELIVERIES FOR WEST POINT RESIDENTS ONLY)

THE WEST POINT CLUB



Dinner-to-Go (Mon-Fri)

Place order by 2PM
Deliveries between: 5-7PM
Pick-up: 4:30-6:30PM

Servings for 4 & 6 people.
Deliveries on West Point only.
Menu: thewestpointclub.com
To order, call: (845) 938-5120

West Point Bowling Delivers Pizza

Sun-Thurs, 3-8PM
Fri-Sat, 3-9:30PM

Deliveries for West Point residents only. The West Point Bowling Center can cater all of your pizza needs. To order, call: (845) 938-2140



Morgan Farm - Kenneling

Valentine & President's Day Weekend Special

Get one night free! Get 4 nights of boarding for the cost of 3. Drop-off Fri. Feb 14 & pick-up on Tues. Feb. 18.

To reserve, call (845) 938-3926 or for more info go to:

westpoint.armymwr.com



Summer Camp Registration Begins

Begins March 1

Morgan Farm's summer camp registration starts soon! More info, call: (845) 938-3926 Or: westpoint.armymwr.com



Horse Boarding

Morgan Farms historic stables offers large stalls, daily turnout, 3 lighted outdoor rings, trails and three different boarding options in a scenic and private location.

More info, or to register call: (845) 938-3926 or go to:

westpoint.armymwr.com



Riding Lessons All Year!

*Weather Permitting
For Ages 5 & Up

Private and group lessons available. Riding lessons suitable for beginners thru advanced.

More info, call: (845) 938-3926 Or: westpoint.armymwr.com



Tronsrue Marksmanship Center



Basic Pistol Course

Sat. Mar. 21 | 9AM | Tronsrue Marksmanship Center

For those with little to no firearm experience. Classroom portion will begin at 9AM at the Buffalo Soldier Pavilion located at 628 Hodges Pl. Practice follows at Tronsrue Marksmanship Center. Participants will receive a certificate.

Sign-up: (845) 938-1700 | westpoint.armymwr.com



Advanced Pistol Course

Sat. Apr. 18 | 9AM | Tronsrue Marksmanship Center

For those who have firearm experience, but would like to improve their skills. Stance, alignment, grip, and trigger control are discussed and put into practice. Firearm rentals and ammunition fees are included in the price for the course.

Sign-up: (845) 938-1700 | westpoint.armymwr.com



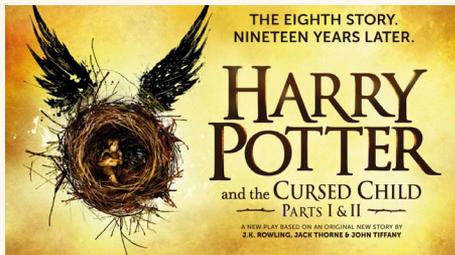
Leisure Travel Services



Philadelphia Flower Show

Mon. Mar. 2 | 8AM

Leave WP 8AM. Leave NYC 4PM. The Philadelphia Flower Show is the nation's largest horticultural event. \$35 all seats (transport only). More info: (845) 938-3601



Harry Potter and the Cursed Child Parts 1 & 2

Wed. Mar. 11 | 2PM

Lyric Theater, Part 1 curtain at 2PM, Part 2 curtain at 7:30PM. Leave West Point at 10:30AM. Leave NYC after the play. \$230 includes both parts of the play and transportation. Register call: (845) 938-3601



Frozen

Tues. Mar. 24 | 7PM

Leave WP 4PM. Leave NYC after the show. Discover that love is a force of nature. St James Theater. Row A Center Balcony seating. \$105 all seats (ticket & transport). More info: (845) 938-3601



Lower Manhattan

Sat. Mar. 28 | 8:30AM

Leave WP 8:30AM. Leave NYC 3:30PM. Visit the Statue of Liberty, 9/11 Memorial, NY Stock Exchange. \$30 Adult, \$25 Child (transport only). More info: (845) 938-3601

Questionnaire (Call ext. 3601)

Let us know what kinds of trips you're interested in:
Sight-seeing Tours | Breweries Wineries Trips | Festivals
Broadway Shows | Over Night Trips | Sporting Events



ODR in 2020



ODR Summer Reservations Begin

Tues. Feb. 18 | 12PM | For All Eligible DoD

More info: (845) 938-8811 | westpoint.armymwr.com

Bull Pond Lottery

Starts March 23

Lottery registration begins Mar. 23. Lottery will take place Sat. Apr. 4th at 9AM, Bonneville Cabin, Round Pond.

More info: (845) 938-2503
westpoint.armymwr.com



ODR Summer Camping

Season Starts April 1

Book your reservations with Round Pond and Lake Frederick.

More info: (845) 938-2503
westpoint.armymwr.com



ODR Equipment Checkout Center

Season Starts April 1

Get all of your outdoor recreational equipment at the Check Out Center.

More info: (845) 938-0123
westpoint.armymwr.com



West Point Fitness Center

Calendar Feb. 2020

NEW exciting classes, great instructors! The FMWR Fitness Center has it all to help you get in the shape you want, or even just to keep you moving.

More info, call: (845) 938-6490

Download the calendar at:

westpoint.armymwr.com

Heart & Sole Aerobic Challenge

Sat. Feb. 22 | 9:30AM

4-Event aerobic marathon, 3-member Team, Individual aerobic competition.

Sign-up, call: (845) 938-6490

westpoint.armymwr.com

Spin Basics 101

Wed. | 5:40PM (New Time)

Join us as we put the deep winter to use and emerge into a new year ready for performance. Cost \$5.

More info, call: (845) 938-6490

westpoint.armymwr.com

Holiday Themed Spin

Join Lois for this month's themed Spin classes! Various dates and times. See calendar for details, "Stupid Cupid Spin, Mardi Gras Spin, Leap Year Spin."

More info, call: (845) 938-6490

westpoint.armymwr.com



West Point Fitness Center

MINDFUL LIVING WORKSHOP



Mindful Living Workshop

New Day, Time & Location:
Mon. 5PM at Buffalo Soldier Pavilion



FIRST CLASS FREE. NOW \$10 per class. Have you ever been stressed because of work, family, and all the other normal experiences we struggle with? Punita Jani-Thaker is the founder of SachetanLife, dedicated to making mindfulness accessible for all. More info/Sign-up, call: (845) 938-6490
westpoint.armymwr.com

Give the Gift of Massage!

Gift Certificates are available! Give your loved ones a day of relaxation this year. Partnered with Wellness Springs!

More info, call: (845) 938-6490
westpoint.armymwr.com



Childcare Co-Op

The co-op is dedicated to helping parents who want to work out without an infant or toddler hanging off their arm. Participants volunteer for shifts looking after children at the co-op (conveniently located at the MWR Fitness Center).

More info, call: (845) 938-3969
westpoint.armymwr.com



Intramural Sports



Badminton

Jan 14 - Mar 3

MWR Staff & Faculty

The league will be held at Arvin Gym. League play will be held on Mon. - Fri. at 6:30-8:PM.

Registration open for individual players.

More info call: (845) 938-3066



Community Skate

Sun. Feb. 9, 16 | 2:30-4PM

Community Skate is back at Tate Rink for the 2019-2020 season! Season through March and is available most Sundays from 2:30-4PM.

More info call: (845) 938-3066



Noon-Time Wallyball

Wed. Jan 29 - Feb 26

MWR Staff & Faculty

The league will be held at Arvin Gym on the 4th floor racquetball courts. League play will be held on Wed. only, at 12:15-1:15PM. Registration open for individual players.

More info call: (845) 938-3066



Noon-Time Volleyball

Mon.-Fri. | Feb 24 - May 15

MWR Staff & Faculty

The league will be held at Arvin Gym on the 2nd floor. League play will be held on Mon.-Fri. at 12:15-1PM.

Registration open for individual players.

More info call: (845) 938-3066



Arts & Crafts Center

Calendar Feb. 2020

For the New Feb. Calendar

The West Point Arts & Crafts Center has amazing classes all. For a complete schedule of January & February classes go to:

westpointartsandcrafts.com



Gifts for All Occasions

The West Point Arts & Crafts Center can customize any gift for all occasions: bridal parties, weddings, birthdays, retirements, graduations and more!

Learn more, call: (845) 938-4812



Auto Center Special

Oil Change Special

Conventional Oil Change: \$35*
(Includes up to 5 qts of oil;
additional qts extra)

Synthetic Oil Change: \$55*
(Includes up to 5 qts of oil;
additional qts extra)

**For most cars and light trucks.*

Learn more, call: (845) 938-2074



Auto Skills Center

NEW HOURS

Start March 1, 2020!

The Auto Center will be open:

Tuesdays from 8AM-4PM

Wednesdays from 11AM-7PM

Thursdays from 11AM-7PM

Fridays from 10AM-6PM

Saturdays from 8AM-4PM

Learn more, call: (845) 938-2074



Child & Youth Services

Youth Center Open Saturdays

Now Open from 12-6PM for Open Recreation

Teen Bowling Night

Fri. Feb. 7 | 6-9PM

WP Bowling Center

Go bowling with your friends at the West Point Bowling Center. See who is the best or just hang out, either way it's going to be a blast.

Learn more, call: (845) 938-8889



Valentine's Dance

Fri. Feb. 14 | 5-8PM

Youth Center

The Valentine's Dance will be so much fun, whether you have a date or are going with friends, you're going to have a great time.

Learn more, call: (845) 938-8889



Spring Rec Sports & Coaches Needed

Reg. Feb 10 - Mar 13

Season: Mar. 30 - May 28

Rec Soccer, T-Ball, Flag Football, and Running Club available. Coaches must attend coaches meeting at Youth Center March 14 at 5PM.

Learn more, call: (845) 938-0939



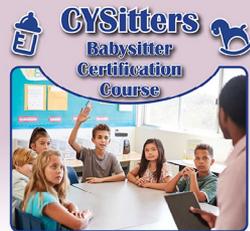
CYSitters Babysitter Certification Course

Feb. 21 | 3-6:30PM at MST

Feb. 22 | 9AM-4PM at Lee

Learn to care for children & infants, become CPR certified and more!

Learn more, call: (845) 938-3969



Army Community Services

Survivor Access Badge

West Point is honored to use the Survivor Access Badge. For more information, speak with a Support Coordinator at ACS.

Learn more, call: (845) 938-5654
armymwr.com/survivor-out-reach



Wee Ones Open Play Group

Feb 10 & 24 | 9:30-11AM
Youth Center

We invite children birth to four years of age and their parents to play together!

Learn more, call: (845) 938-3655



Wee Ones Open Reading Group

Feb. 13, 27 | 9:30-10:30AM
Bldg. 622 Conference Room

We invite children birth to four years of age and their parents to read together!

Learn more, call: (845) 938-3655



Mindfulness for Stress Reduction

Mon. Mar. 2 | 11:30AM-1PM
ACS, Bldg. 622

Presented by Julika von Stackelberg.
Topics include: What is mindfulness?
Practical tools to reduce stress.
RSVP NLT Feb. 28 to reserve a seat or for more info call:
(845) 938-5655.



Paid Advertisement

(No Federal Endorsement Intended.)



THE THAYER
Hotel
AT WEST POINT

Friends & Family Special

Available through March 31st | Rate Access Code: STAYARMY

The Historic Thayer Hotel at West Point

674 Thayer Rd, West Point, NY 10996

thethayerhotel.com | (845) 446-4731 | info@thayerhotel.com

West Point Family & MWR | westpoint.armymwr.com



Paid Advertisement

(No Federal Endorsement Intended.)



Visit the NEW Kiosk at the West Point Exchange!

In the PX Food Court Mon. - Fri. 9AM-5PM

For questions and information on your TRICARE Benefits,
an employee is available.

- Enrollment Eligibility
- Pharmacy Benefit
- Vision Benefit
- Retirement Transition
- Primary & Secondary Coverage
- Portability & Provider Network

Darrel Hutchinson, Sr.
Health Benefits Consultant
dhutchinson@svcmcnyc.org
(646) 354-0126
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