



**USAG WEST POINT**

# WHAT'S HAPPENING WITH FAMILY & MWR

**APRIL** 20  
23



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**DIGITAL GARRISON**  
MOBILE APP



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VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://westpoint.armymwr.com)

# CHILD & YOUTH SERVICES



## MONTH OF THE MILITARY CHILD

HONORING THE PAST • TREASURING THE PRESENT • SHAPING THE FUTURE

## West Point MOMC Fair

**APRIL 15<sup>TH</sup>, 10AM-12PM** AT HOWZE PLACE RD  
(BETWEEN MICHIE STADIUM AND THE HOLLEDER CENTER)

*Come join MWR for a Month of the Military Child Celebration, featuring carnival style games & activities, a t-shirt giveaway for military children, Army Athlete interactions, Emergency Services Touch-a-Truck, and more!*

**SPONSORED BY:**  
— — (NO FEDERAL  
ENDORSEMENT IMPLIED)



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# THE WEST POINT CLUB

## Mother's Day Brunch



**West Point Club | Sunday, May 14th**

Seatings at:

10:30am | 11am | 11:30am | 12pm | 12:30pm

Adults \$45 | Children 6-11 \$25 | Children 5 & under \$10

Reservations required by calling Rose at (845) 938-5120.

*Gate pass required for non West Point residents  
and non DoD card holders.*



[thewestpointclub.com](http://thewestpointclub.com)

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# THE WEST POINT CLUB

# HELP WANTED!

Apply now at [www.usajobs.gov](http://www.usajobs.gov)!

USA Jobs keyword: "Army Installation Management Command"

USA Jobs location: "West Point, NY"

## Supervisory Chef NF-03:

*Army Installation Management Command  
Family and Morale, Welfare and Recreation*

- Salary Range: \$44,870 - \$50,088
- Work Site: West Point Club



## Food and Beverage Attendant NA-01:

*Army Installation Management Command  
Family and Morale, Welfare and Recreation  
Announcement #O3NAFBR2211322535SR*

- Starting pay: \$16.76 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- AKA: Event Waiter/Waitress
- Work Site: West Point Club



## Cook NA-06:

*Army Installation Management Command  
Family and Morale, Welfare and Recreation*

- Salary Range: \$19.32 - \$22.54 per hour
- Work Site: West Point Club



## Cook NA-04:

*Army Installation Management Command  
Family and Morale, Welfare and Recreation*

- Salary Range: \$17.78 - \$20.74 per hour
- Work Site: West Point Club



## Food Service Worker NA-01:

*Army Installation Management Command  
Family and Morale, Welfare and Recreation*

- Salary Range: \$15.46 - \$18.04 per hour
- Work Site: West Point Club



Applicants/employees are authorized to have \*two\* government positions!

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# THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



**PLEASE NOTE:  
OUR EASTER SUNDAY  
BRUNCH IS SOLD OUT!**

**THANKS FOR YOUR  
PATRONAGE!**

**BENNY HAVEN'S LOUNGE NOW OPEN THU & FRI 4PM-9:30PM (KITCHEN CLOSING AT 8:30PM)**



## Club Lunch Program



Check our Facebook page for weekly menu rotations!

From 10:30am - 2pm, enjoy Bistro 603's Grab-N-Go lunch & daily carving board selections, plus:

**NEW: "BUFFET BONANZA"  
AT THE WEST POINT CLUB**

**Featuring Taco Tuesdays  
and Wing Wednesdays!**

**Mondays, Thursdays, & Fridays:  
Rotating International Favorites**

Buffet Bonanza (Dine In only) Includes Chef's choice of dessert & Iced Tea. \$14 pp.



## DINNER-TO-GO AT THE CLUB

**Now available Wednesday - Friday!**

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu [HERE](#). Order by calling (845) 446-5506/5504.



## DINNER-TO-GO

AT THE WEST POINT CLUB

**Planning an event? Book one of our off-premise sites!**

(845) 938-5120 OR (845) 446-5545 | [THEWESTPOINTCLUB.COM](http://THEWESTPOINTCLUB.COM)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# THE WEST POINT CLUB

**Attn: Faculty, Soldiers, Families & Civilians...**  
**School is Back and so is**  
**West Point Club's Benny Haven's Lounge!**



## Benny Haven's Lounge Menu

**Beer Battered Onion Rings \$6**  
Served with Horseradish Sauce

**Tempura Fried Shrimp \$8**  
Served with Shredded Carrot, Teriyaki  
Sauce and Sesame Seeds

**Warm Bavarian Pretzel Sticks  
with Beer Cheese Dip \$6**

**Loaded Waffle Fries \$9**  
Served with Melted Cheddar  
and Applewood Bacon

**Warm Spinach-Artichoke Dip  
with Tri-Color Tortilla Chips \$8**

**BBQ Pulled Pork Sandwich \$12**  
On a Brioche Roll  
served with House Fries

**Chicken Wings \$10**  
Buffalo, Garlic Parmesan or BBQ  
w/ choice of Bleu Cheese or Ranch

**Chicken Tender Basket \$10**  
Served with BBQ sauce or  
Honey Mustard and Fries

**Flatbread of the Day \$8**

*Check the Chalkboard*

**Beginning August 25th, Benny Haven's Lounge  
will open every Thursday & Friday evening from 4-9:30pm.**  
*Kitchen is open 4-8:30pm.*



**THEWESTPOINTCLUB.COM**

**For more info,  
call 845.938.5120**



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM**



# WEST POINT GOLF COURSE

**NOW OPEN  
FOR THE SEASON!**



## WEST POINT GOLF COURSE DAILY FEES

### ON WEEKDAYS

### DAILY

### TWILIGHT

E1-E5, CADETS, KIDS

\$46

\$28

E6-03

\$56

\$32

04-010, RETIREES,  
& DOD CIVILIANS

\$60

\$34

CONTRACTORS, VETS,  
SENIORS, & GUESTS

\$65

\$40

GENERAL PUBLIC

\$74

\$45

### WEEKENDS & HOLIDAYS

### DAILY

### TWILIGHT

E1-E5, CADETS, KIDS

\$53

\$30

E6-03

\$64

\$36

04-010, RETIREES,  
& DOD CIVILIANS

\$70

\$38

CONTRACTORS, VETS,  
SENIORS, & GUESTS

\$79

\$42

GENERAL PUBLIC

\$91

\$46

TWILIGHT PRICING STARTS AT 3PM & IS NOT AVAILABLE MONDAYS. FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

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# WEST POINT BOWLING CENTER

## WEST POINT FAMILY & MWR BOWLING CENTER



**APRIL 15<sup>TH</sup> THRU AUGUST 31<sup>ST</sup>!**

Kids ages 2-15 get two FREE bowling games every program day!  
Register for this offer online at: [kidsbowlfree.com/Army](http://kidsbowlfree.com/Army). For more info, call the West Point Bowling Center at (845) 938-2140.



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM  
SUN: 12PM-7:30PM | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# WEST POINT BOWLING CENTER

## WEST POINT FMWR BOWLING CENTER



### ***WE DELIVER!\****

**MON-WED & FRI: 11AM - 7PM**

**THU & SAT-SUN: 12PM - 7PM**

**PLACE ORDERS AT (845) 938-2140**



*\*FOOD DELIVERY SERVICE IS AVAILABLE FOR WEST POINT RESIDENTS ONLY.  
ON-SITE PICKUP AT THE BOWLING CENTER IS AVAILABLE FOR ALL OTHERS.*



**VIEW OUR ENTIRE MENU ONLINE  
AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



**MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM**  
**SUN: 12PM-7:30PM | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)**  
**(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996**



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# WEST POINT BOWLING CENTER

## SENSORY FRIENDLY BOWLING

Now offered from 4pm-5pm every  
2<sup>nd</sup> Wednesday of the month!



During Sensory-friendly Bowling hour, no music will be playing, and only special needs bowlers will be allowed use of the facility. For more information, call the Bowling Center at (845) 938-2140.



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM  
SUN: 12PM-7:30PM | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# WEST POINT BOWLING CENTER



## WEEKLY SPECIALS

### LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

### TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

### COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!  
\$5.00 per person, per game.

### OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.  
What are you waiting for?

## BOWLING LEAGUES



League play runs September through May with Monday, Sunday, and Thursday evening leagues! Teams are often looking for full time players or alternates. All leagues are handicap formatted. Please call us for more information. We can help place you on an existing team, or assist you in setting up your own!



MON-THU: 11AM-7:30PM, FRI: 11AM-11PM, SAT: 12PM-11PM  
SUN: 12PM-7:30PM | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
(845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)

# MORGAN FARM



**NOTE: OUR SUMMER RIDING CAMP IS SOLD OUT!**

**Pet Kenneling • Dog Grooming • Seasonal Riding Camp  
Riding Lessons • Horse Boarding • RV & Boat Storage**



## DOG GROOMING

- NAILS • BATHS
- EARS • TRIMS



## MORGAN FARM

STABLE & KENNEL



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM  
(845) 938-3926 | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
206 MORGAN FARM ROAD, WEST POINT, NY 10996



## PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



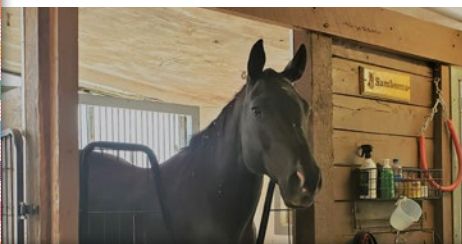
## HORSE RIDING LESSONS

Private and group lessons for ages 5+. Semi-private options available.  
For more info, call (845) 938-3926 or visit us on [the MWR website](http://the MWR website).



## HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, an 225'x95' indoor ring, scenic trails, and 3 different boarding options. Get more info at (845) 938-3926 or [online](http://online).



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)



# OUTDOOR RECREATION

## LAKE FREDERICK REC AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



**Contact the Lake Frederick Office at (845)938-2649.**

## LAKE FREDERICK CABIN RENTALS

Spend some good ol' fashioned quality time with your family in our cozy lakeside bunk houses! Amenities include heat, a mini fridge, fire ring, & charcoal grill. Four Family Style cabins (with dining area) are available to rent for just \$100 per night! (\$125 on holidays/USMA events). Wood, bagged ice, & Lake Frederick patches are also available to buy! For more info, or to book a reservation, visit [westpoint.armymwr.com](http://westpoint.armymwr.com) or call (845) 938-2649.



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# OUTDOOR RECREATION

## Lake Frederick Opening Season DISCOUNTS



**April 1<sup>st</sup> through April 30<sup>th</sup>**

**\$25 off cabin rental and ½ price tent site.  
(Includes 1 hour per day use of Lake Frederick boat).**

**Open to all eligible DoD card holders.**

**Customers must call Lake Frederick at  
(845) 938-2649 for reservation.**

**Offer is not offered for online reservations.**



UNITED STATES ARMY INSTALLATION  
MANAGEMENT COMMAND

[westpoint.armymwr.com](http://westpoint.armymwr.com)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# OUTDOOR RECREATION

## BULL POND OPEN HOUSE

April 1<sup>st</sup> - 28<sup>th</sup>



**By appointment only at the Bull Pond Recreation Area.**

Call 845-938-2649 or email  
[daniel.b.eichner.naf@army.mil](mailto:daniel.b.eichner.naf@army.mil) for an appointment.

Appointments for visit and Q and A are  
available from 9am-4pm seven days a week.

*Open to all eligible active duty, retirees, and DoD employees.*



For more info, visit  
[westpoint.armymwr.com](http://westpoint.armymwr.com)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# OUTDOOR RECREATION

## RECREATIONAL FISHING AND HUNTING

### — RECREATIONAL FISHING —



**SHOP BAIT & TACKLE  
AT ROUND POND!**

#### OPEN SEASON FOR:

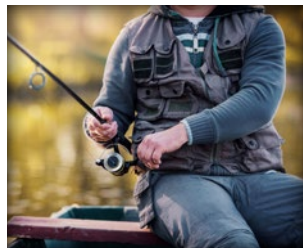
- TROUT • SUNFISH • SALMON • EEL
- WHITEFISH • CRAPPIE • PERCH
- STRIPED BASS



#### NOW CATCH & RELEASE ONLY:

BOTH SMALLMOUTH AND LARGEMOUTH BASS

**Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide**



### — RECREATIONAL HUNTING —



**REMEMBER TO WEAR  
YOUR HI-VIS GEAR!**

#### YOUTH WILD TURKEY HUNT (FOR HUNTERS AGES 12-15)

APRIL 22<sup>ND</sup> - 23<sup>RD</sup>. MUST BE ACCOMPANIED  
BY A LICENSED ADULT HUNTER.



#### ALSO IN SEASON THIS MONTH:

SNOW GEESE (ENDS APR 15<sup>TH</sup>) • MUSKRAT (ENDS APR 7<sup>TH</sup>)

(PLEASE CHECK EACH COUNTY FOR DATES AND RESTRICTIONS)

**Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide**

**HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT  
HUNTING PERMIT, WHICH MAY BE OBTAINED AT [WESTPOINT.ISPORTSMAN.NET](http://WESTPOINT.ISPORTSMAN.NET)**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



## OUTDOOR RECREATION

# Kids' Fishing Fun Day

**SAT MAY 6th | 9-11AM**

**Happy Mountain Pavilion | Round Pond**

**Free and open to all anglers ages 5-15  
who are residents of West Point, Stewart  
or a child of a DOD Cardholder.**

Refreshments provided | Need to provide own pole & tackle

Pre-register online at [westpoint.armymwr.com](http://westpoint.armymwr.com).



For more info call,  
(845) 938-2503.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# OUTDOOR RECREATION

## CAMPING AND ODR EQUIPMENT RENTALS



## CAMPING RESERVATIONS FOR 2023 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

**BULL POND | ROUND POND | LAKE FREDERICK**



## OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# AUTOMOTIVE SKILLS CENTER

## AUTOMOTIVE SKILLS CENTER



**THE AUTO CENTER IS OPEN FOR FULL SERVICE!**

### OIL CHANGE SPECIAL



#### **OIL CHANGE SPECIAL!**

Conventional Oil: \$45 for up to 5qts\*).

Synthetic Oil: \$70 for up to 5qts\*).

*\*Additional quarts extra*



#### **Auto Skills Center Hours**

**Tuesday - Saturday 8am - 3pm.**

For more info, call (845) 938-2074  
or visit us at [westpoint.armymwr.com](http://westpoint.armymwr.com).



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

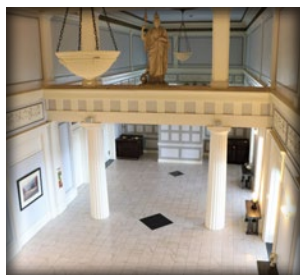
*For more info, call us at (845) 938-2074. Reservations are required.*

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# RENTAL FACILITIES

**MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES  
SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!**

**VIEW OUR FULL RENTAL BROCHURE [HERE!](#)**



## RENTALS FOR ALL OCCASIONS!



**BUFFALO SOLDIER PAVILION**



**VICTOR CONSTANT SKI LODGE**



**CLASS OF '49 LODGE**



**CLASS OF '47 TRAIN STATION**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# Arts & Crafts Center

## APRIL

## CALENDAR OF EVENTS



### Little Impressionist

Thu, Apr 6<sup>th</sup> & 20<sup>th</sup>

10:30-11:30am + 1pm-2pm

Let your little ones express their inner artist! For children 6 years of age or younger. \$5 per child. Registration required.



### Creation Station

Tue, Apr 11<sup>th</sup>

3:30pm - 4:30pm

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.



### Home School Art Class

Wed, Apr 12<sup>th</sup>

1:00pm - 2:00pm

Monthly art history projects for homeschoolers in grades K & up. "Albert Bierstadt". \$15 per person. Registration required.

**DID YOU KNOW? IF YOU'RE AN ADULT, OR GO TO TRADITIONAL SCHOOL, BUT WOULD LIKE TO LEARN ABOUT OUR HOME SCHOOL CLASS'S FEATURED ARTIST, YOU CAN DO A SELF-GUIDED CLASS AND PROJECT DURING CREATION STATION OR OPEN STUDIO! CALL US FOR DETAILS.**



### Canvas Painting

Thu, Apr 13<sup>th</sup>

5:00pm - 7:00pm

Come paint "Lovely Lilacs" with us! An 11"x14" canvas is \$20 pp; a 16"x20" is \$30. All ages welcome. Registration required.



### Open Studio

Sat, Apr 15<sup>th</sup> & 29<sup>th</sup>

9:00am - 3:00pm

Choose from a variety of mediums to work with in our studio! Projects start at \$12. Projects must begin by 2pm.



### Artopia

Tue, Apr 18<sup>th</sup>

3:00pm - 4:30pm

For grades 5 and up. Pick from several project options. Project pricing starts at \$15. Registration required.

**FOR MORE INFO, VISIT [WESTPOINTARTSANDCRAFTS.COM](http://WESTPOINTARTSANDCRAFTS.COM) OR CALL (845) 938-4812**



**ARTS & CRAFTS CENTER HOURS:**  
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.  
VISIT US ONLINE BY SCANNING THE QR CODE!  
OUR FACEBOOK: [WESTPOINTARTSANDCRAFTS](https://www.facebook.com/WestPointArtsAndCrafts)

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# Arts & Crafts Center



## Summer in COLOR ART-CAMP

AT WEST POINT ARTS & CRAFTS

### GRADES 1-4

9AM - 11:30AM

SESSION 1: JUNE 20<sup>TH</sup> - 23<sup>RD</sup>

SESSION 2: JUNE 27<sup>TH</sup> - 30<sup>TH</sup>

SESSION 3: JULY 11<sup>TH</sup> - 14<sup>TH</sup>

SESSION 4: JULY 18<sup>TH</sup> - 21<sup>ST</sup>

### GRADES 5-9

1PM - 3:30PM

SESSION 5: JUNE 20<sup>TH</sup> - 23<sup>RD</sup>

SESSION 6: JUNE 27<sup>TH</sup> - 30<sup>TH</sup>

SESSION 7: JULY 11<sup>TH</sup> - 14<sup>TH</sup>

SESSION 8: JULY 18<sup>TH</sup> - 21<sup>ST</sup>

WEST POINT ARTS & CRAFTS INVITES YOU TO JOIN THEM FOR SUMMER CAMP! WITH NEW PROJECTS EVERY DAY. YOUNG ARTISTS WILL EXPLORE DIFFERENT ART MEDIUMS WHILE STRENGTHENING THEIR SELF-CONFIDENCE, CREATIVE THINKING, AND ART MAKING TECHNIQUES. BOTH INDIVIDUALLY AND IN A COLLABORATIVE SETTING. CAMPERS WILL BE IMMERSSED IN COLORS, LINES, SHAPES, & TEXTURES. CAMP SESSIONS WILL BE BURSTING WITH CREATIVE ACTIVITIES TO EXPLORE!

\$150 PER CHILD, PER SESSION. REGISTER STARTING MAY 17<sup>TH</sup> VIA WEBTRAC, IN PERSON, OR BY PHONE. FULL PAYMENT IS REQUIRED AT REGISTRATION. SPACE IS LIMITED, SO REGISTRATION IS FIRST COME, FIRST SERVED.



U.S. ARMY



WEST POINT ARTS & CRAFTS CENTER HOURS:  
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.  
CONTACT ARTS & CRAFTS AT (845) 938-4812.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# TRONS RUE MARKSMANSHIP CENTER



**REC SHOOTING: TUE-WED 10AM-3PM, & THU-FRI 6:30PM-9PM**

**OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.**



## **NEW! Daily Specials at TMC**

Tue & Wed, 11am-2pm: \$10 Range Fee; \$5 Firearm Rental (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!



## **Cadet Appreciation Days**

From 10am-3pm at TMC on April 5<sup>th</sup> & 19<sup>th</sup>, and May 3<sup>rd</sup> & 9<sup>th</sup>, Cadets can enjoy exclusive discounts, featuring \$10 Range Fees and \$5 Rentals!

**CADETS ONLY BASIC PISTOL COURSE**  
**FRIDAY | APRIL 21ST | 4-6PM**



**Basic:** Friday | April 21st | 4-6pm  
OR  
Sunday | April 23rd | 10am-12pm  
(Same course, only choose one day.)

**Advanced:** Sunday | April 23rd | 1-5pm



## **Cadets Only Basic and Advanced Pistol Courses**

**Basic:** Fri, Apr 21<sup>st</sup>, 4pm-6pm, and again on Sun, Apr 23<sup>rd</sup>, 10am-12pm (choose one). \$50pp. **Advanced:** Apr 23<sup>rd</sup>, 1pm-5pm. \$90pp. **Prerequisite:** Basic. Both at TMC; Rental & ammo + targets + eye/ear protection included.

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# TRONS RUE MARKSMANSHIP CENTER



## Firearms Rentals

Did you know? TMC allows you to rent firearms for practice shooting on our indoor ranges. Available rentals include several types of SIG Sauers, Rugers, Smith & Wessons, and BUL M-5 Commanders, and well as the Springfield 1911. Call for more info.

## TRONS RUE CLOTHING AND STICKERS AVAILABLE NOW!



Tronsrue  
Marksmanship  
Center

**PUNCH PASSES  
ON SALE NOW!**

WEST POINT FAMILY AND MWR



**GIFT CARD**

## TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!



## Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# **YOUTH AND FAMILY**



## **INTRO TO FIREARM SAFETY CLINICS**

### **YOUTH NIGHT**

#### **THURSDAYS IN APRIL**

*\$5 per youth ages 12-20 with a non-shooting guardian experienced in firearm safety and operation.*



### **FAMILY INTRO TO FIREARM SAFETY**

#### **THURSDAY, APRIL 13<sup>TH</sup> & 27<sup>TH</sup>, FROM 5PM-6PM**

*\$5 per family with a maximum of 4 persons. Learn the basics of firearm safety and storage together.*

### **FAMILY INTRO TO SHOOTING**

#### **APRIL 20<sup>TH</sup> & 28<sup>TH</sup> FROM 5PM-6PM**

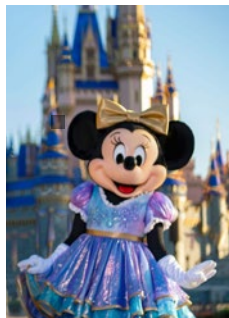
*\$5 per child. Shooting is open to children ages 12-20 only. Tronsrue staff will teach parents how to coach your child in shooting the Ruger 10.22 rifle.*

**REGISTRATION & INFO AT (845) 938-1700, [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM), OR IN PERSON AT TMC**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



## LEISURE TRAVEL SERVICES

# DAYTRIPPER - APR '23

### WED, APR 5<sup>TH</sup> - NY BOTANICAL GARDEN & ARTHUR AVE.



Enjoy a morning at the New York Botanical Garden, and then a trip to the Bronx's Little Italy for shopping and dining! NYBG tickets must be purchase in advance. We'll leave WP at 8:45am and leave the Bronx 3:30pm.

Transport cost: \$30/adult & \$25/child.

### SAT, APR 22<sup>ND</sup> - BIKING ALONG THE HUDSON RIVER



Bike above the Hudson via The Walkway, and travel through the colorful forests of the Hudson Valley Rail Trail! Later, we'll stop in New Paltz to eat, drink, and shop. Leave WP at 9am; leave New Paltz at 3pm.

\$30 with bike rental or \$15 with own bike.

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# LEISURE TRAVEL SERVICES



LEISURE TRAVEL SERVICES

## DAYTRIPPER - APR '23

### THURSDAY, APR 26<sup>TH</sup> - THEATER VAN TO BROADWAY



Purchase half-price theater tickets at the TKTS booth, and enjoy an exciting night on the town with shows like *Wicked*, *Chicago*, *Hadestown*, *Phantom of the Opera*, & more! Depart WP at 4pm; depart NYC at 10:45pm.

Transport cost: \$30/adult & \$25/child.

DISCOUNT UNIVERSAL STUDIOS TICKETS ARE AVAILABLE AT LTS!

CALL (845)-938-3601 FOR MORE INFO!



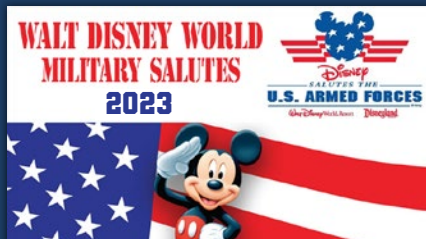
### SAT, APR 29<sup>TH</sup> - THE HIGH LINE AND CHELSEA MARKET



Enjoy spring in Manhattan by walking the High Line and going shopping at the Chelsea Market! The NY Auto Show is also being held in the nearby Javits Center. We will leave WP at 9am & leave NYC at 4pm.

Transport cost: \$30/adult & \$25/child.

### WALT DISNEY WORLD MILITARY SALUTES PASS 2023



Thru mid Dec '23, choose either a 4-day or 5-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility + ID)

- 5-Day w/ Park Hopper®: \$369 + tax.
- 4-Day w/ Park Hopper®: \$349 + tax.

For more information, click [HERE](#).

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

## MWR SWIM

# Lunchtime Lap Swim is Back at Crandall Pool!

**Wednesdays only, starting  
November 30th from 12-1:45pm.**

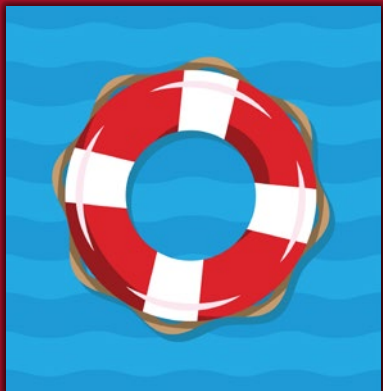


Crandall Pool is located at  
727 Brewerton Rd., Arvin Gym.

*For more info, call (845) 938-7060.*

Open to Active Duty Personnel, DoD Civilians,  
Retired Personnel & West Point Community Family Members.

*Please note the pool depth is between 8-16 feet and is not  
recommended for use by young children as there are no shallow areas.*



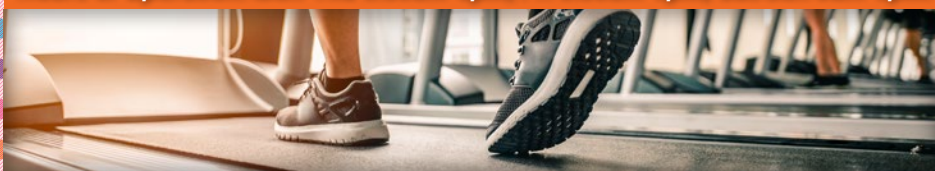
**West Point Community, we need you! MWR is seeking volunteer lifeguards for our Indoor Swim program! Certified lifeguards are preferred, but free Red Cross Lifeguard Training is available. Hours are Mon-Fri, 12pm-1:45pm. Valid DOD ID card is required. If interested, call 845-938-7060, or email [WestPointSFA@army.mil](mailto:WestPointSFA@army.mil).**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.



CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

New  
Evening  
Time!

## Functional Fitness

Classes with  
Anthony



## FUNCTIONAL FITNESS WITH ANTHONY

MON THROUGH FRI AT 9AM

+ TUE & THU 7PM-8PM

## ZUMBA

classes with Lindsey

At the MWR Fitness Center!

Wednesdays 6-7pm

Saturdays 9-10am

Tickets must be purchased at the  
front desk of the Fitness Center.

(845) 938-6490 | [westpoint.armymwr.com](http://westpoint.armymwr.com)



BACK  
MARCH  
15TH

GO AFTER  
WHAT YOU  
WANT



PERSONAL  
TRAINERS

AVAILABLE AT THE MWR FITNESS CENTER

## Personal Training Sessions & Assessments

Call our front desk or stop by to  
set up a session or assessment  
today! Call (845) 938-6490 or visit  
us online for pricing & more info.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR FITNESS CENTER

## Wellbeats™

**FITNESS THAT FITS YOUR LIFE**

**Starting Monday, March 20<sup>th</sup>  
at the MWR Fitness Center!**

Want to take a **FREE** Fitness Class? Come Join Wellbeats! Wellbeats is online fitness class that offers over 200 different classes. Any open period, you can take any class you would like! Open period is first come first serve.

[westpoint.armymwr.com](http://westpoint.armymwr.com) | (845) 938-6490



**Lifeguarding | Waterfront  
CPR | First Aid | AED  
CERTIFICATION CLASSES**



### CLASS 1

**April 29<sup>th</sup>**

8am at Long Pond (Waterfront)

12pm at Arvin Gym (Lifeguarding)

**April 30<sup>th</sup>**

8am at Buffalo Soldier Pavilion (CPR, FA, AED)

### CLASS 2

**May 6<sup>th</sup>**

8am at Long Pond (Waterfront)

12pm at Arvin Gym (Lifeguarding)

**May 7<sup>th</sup>**

8am at Buffalo Soldier Pavilion (CPR, FA, AED)



Open to ages 15 and up. Limited seats available, sign-up today online or at the MWR Fitness Center.

Cost: \$350 per person

For more info, call (845) 938-7060.

[westpoint.armymwr.com](http://westpoint.armymwr.com)

**WEST POINT MWR  
FITNESS CENTER  
IS HIRING!**

**RECREATION FACILITY AIDS  
FOR FLEXIBLE POSITIONS**

**TO APPLY, CALL (845) 938-6490 OR VISIT [USAJOBS.GOV](http://USAJOBS.GOV)**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



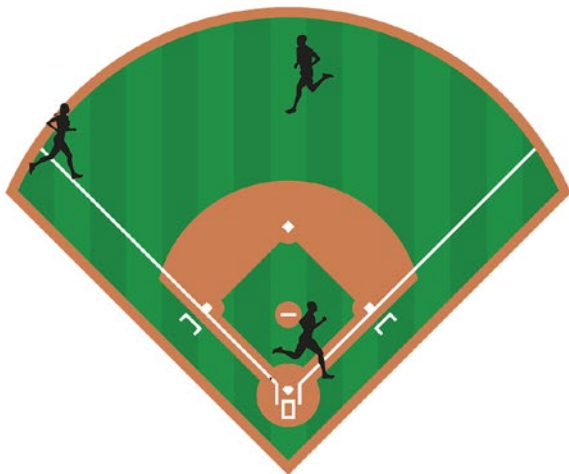
# MWR FITNESS CENTER

MWR Fitness Center

## Home Run Challenge

**March 30th - April 30th**

Looking to stay in shape or get in shape before the warm weather comes? Join the Home Run Challenge. The Home Run Challenge is an assortment of fitness challenges that allow you to get hits and score runs! The more runs you score, the bigger the chance of you winning a prize! Prizes will be given out for 1st, 2nd, and 3rd place finishers. The harder the challenge, the more runs you score. Are you ready to score?



UNITED STATES ARMY INSTALLATION  
MANAGEMENT COMMAND  
[westpoint.armymwr.com](http://westpoint.armymwr.com)  
(845) 938-6490



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR INTRAMURAL SPORTS

## West Point Community Adult Intramural Hockey League

OCTOBER 1ST  
THROUGH  
APRIL 30TH

MONDAY & THURSDAY, 6-7:30AM  
AND TUESDAY, 12-1:30PM

Tate Rink | Holleder Center



Season Pass Fee:

Active Duty Personnel: \$150

DoD Civilians: \$200

Non DoD Approved Civilians: \$250

To sign up and for more info, email  
james.p.mcguinness.naf@army.mil  
or call 845-938-3066.



## WP Community Noontime 4 on 4 Volleyball League

Tuesday & Friday, 12:15pm-1:15pm  
inside Arvin Gym on 2nd Floor.  
League runs Nov 29<sup>th</sup> - Apr 29<sup>th</sup>.

To sign up, call (845) 938-3066

## West Point Community Adult Intramural GOLF League

APR 4<sup>th</sup> - AUG 29<sup>th</sup>  
TUESDAYS | 4:30PM - DUSK  
West Point Golf Course

## WP Community Adult Intramural Golf League

Tuesdays only, 4:30pm to dusk,  
at the West Point Golf Course.  
(Course Fees apply; no entry fee).  
League runs April 4<sup>th</sup> - Aug 29<sup>th</sup>.

To sign up, call (845) 938-3066



## WP Community Noontime Ultimate Frisbee Tournament

Mon - Fri, 12pm-1pm at Daly Field.  
League runs March 20<sup>th</sup> - May 12<sup>th</sup>.

To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM



# MWR INTRAMURAL SPORTS



**Give it up  
for our  
West Point  
South Division  
Noontime 3on3  
Basketball  
Champions!**



## **WP Community Monday Women's Tennis League**

Doubles format. Mon, 9am-11am in  
Lichtenburg Indoor Tennis Facility.  
A Season Pass is required (\$80).  
The league will run thru May 22<sup>th</sup>.

To sign up, call (845) 938-3066



## **WP Community Noontime Indoor Pickleball League**

Tuesdays only, 12pm-1pm, at  
the Arvin Gym 2nd Floor Courts.  
League runs April 4<sup>th</sup> - May 9<sup>th</sup>.

To sign up, call (845) 938-3066



## **WP Community Noontime Outdoor Pickleball League**

Thursdays only, 12pm-1pm at  
Clinton Courts by Daly Field.  
League runs April 6<sup>th</sup> - May 11<sup>th</sup>.

To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# CHILD & YOUTH SERVICES

CYS SCHOOL SUPPORT SERVICES PRESENTS:

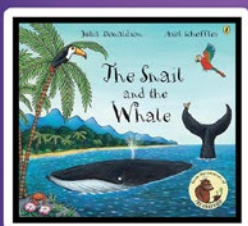
## RESILIENCY THROUGH



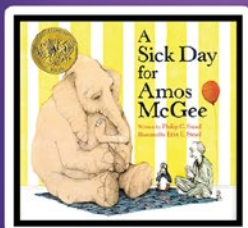
## READING

- CELEBRATING THE MONTH OF THE MILITARY CHILD -

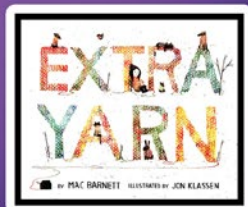
CYS SCHOOL SUPPORT SERVICES CELEBRATES OUR MILITARY CHILDREN! THIS APRIL, OUR STRONG BEGINNINGS CLASSROOMS WILL BE PRESENTED WITH A SPECIAL WEEKLY CHILDREN'S BOOK READING. COMPLETE WITH RELATED ACTIVITIES & DISCUSSION! CHILDREN WILL RECEIVE A FREE COPY OF THE BOOK. EACH STORY EXPLORES HOW RESILIENCY IS ROOTED IN BELIEF IN THEMSELVES AND THEIR RELATIONSHIPS WITH OTHERS.



• APRIL 4<sup>TH</sup> • APRIL 11<sup>TH</sup>  
• APRIL 18<sup>TH</sup> • APRIL 25<sup>TH</sup>



LOCATED IN THE  
STRONG BEGINNINGS  
CLASSROOMS.



FREE! OPEN TO CYS PATRONS ENROLLED IN STRONG BEGINNINGS. NO REGISTRATION REQUIRED.  
FOR MORE INFO, CALL THE STONY CDC AT (845) 938-4798/4523, OR VISIT WESTPOINTCYS.COM



CALL STONY CDC AT: (845) 938-4798/4523

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

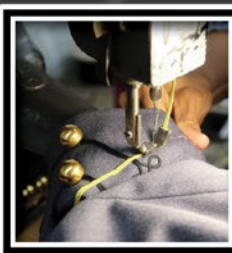


# CHILD & YOUTH SERVICES

**CYS SCHOOL SUPPORT SERVICES PRESENTS:**

HOME SCHOOL  
FIELD TRIP

## USMA CADET UNIFORM FACTORY



## APRIL 14<sup>TH</sup> 10AM-11AM

CYS INVITES ALL K-12 WEST POINT HOME SCHOOL STUDENTS & THEIR PARENTS ON A TOUR OF THE USMA CADET UNIFORM FACTORY (687 HARDEE PL). TO LEARN THE HISTORY OF OUR ICONIC GREY UNIFORM AND SEE HOW THEY'RE MADE! WE'LL MEET AT 9:50AM IN FRONT OF THE BUILDING. PARKING IS AVAILABLE BOTH IN FRONT & IN BACK.

**FREE! TO REGISTER, CALL P&OS AT (845) 938-0939/1362. REGISTRATION RUNS FROM MARCH 13<sup>TH</sup> THRU COB APRIL 12<sup>TH</sup>. FOR INFO, CALL SCHOOL SUPPORT SERVICES AT (845) 938-2092.**



UNITED STATES ARMY INSTALLATION  
MANAGEMENT COMMAND  
[WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# CHILD & YOUTH SERVICES

## 2023 CYS PARENT WORKSHOPS

**3PM TO 4PM** AT THE MST BUILDING  
(500 WASHINGTON RD)

### **MAR 23<sup>RD</sup> - EDIS PRESENTATION TO PS PARENTS**

LEARN ABOUT DEVELOPMENTAL SCREENINGS AVAILABLE THROUGH EDIS AND THE WEST POINT SCHOOL SYSTEM.

### **APR 17<sup>TH</sup>, 18<sup>TH</sup>, 19<sup>TH</sup>, & 27<sup>TH</sup> - VIRTUAL STOMP EVENT (ACS & PAVE)**

10AM-12PM. PATHWAYS TO MILITARY MEDICAL & MEDICAID BENEFITS FOR EXCEPTIONAL FAMILIES; COMPONENTS OF AN IEP. FINANCIALLY "DEPENDENT" PLANNING FOR A CHILD'S FINANCIAL STABILITY; EDUCATION SERVICES.

### **MAY 25<sup>TH</sup> - APPROPRIATE SEXUAL BEHAVIOR (WITH ACS FAPM)**

DEVELOPMENTALLY APPROPRIATE SEXUAL BEHAVIORS FROM BIRTH TO EARLY ELEMENTARY SCHOOL; TEACHING CHILDREN CONSENT; INAPPROPRIATE/PROBLEMATIC SEXUAL BEHAVIORS; REPORTING CHANNELS AND SUPPORT.

### **JUN 22<sup>ND</sup> - SOCIAL MEDIA SAFETY FOR MIDDLE & HIGH SCHOOLERS**

SOCIAL MEDIA USAGE + PROS & CONS; KEEPING MIDDLE & HIGH SCHOOL CHILDREN SAFE AND POSITIVE.

### **JUL 26<sup>TH</sup> - SETTING HEALTHY MEDIA LIMITS (WITH CYS FTS)**

LIMITING MEDIA USE; HOW TO SET HEALTHY SCREEN TIME LIMITS; ALTERNATIVES TO MEDIA USAGE.

### **AUG 22<sup>ND</sup> - ONLINE SAFETY FOR ELEMENTARY SCHOOLERS (CYS FTS)**

INTERNET SAFETY; USAGE BY CHILDREN + PROS & CONS; CYBERBULLYING; KEEPING CHILDREN SAFE ONLINE.

### **SEP 14<sup>TH</sup> & 15<sup>TH</sup> - TALK SAVES LIVES SUICIDE PREVENTION (SPPM & AFSP)**

COMMON RISK FACTORS & WARNING SIGNS OF SUICIDE; HOW TO KEEP YOURSELF AND OTHERS SAFE & SAVE LIVES.

### **OCT 5<sup>TH</sup> - TOILET LEARNING**

STEPS AND CHALLENGES OF TOILET LEARNING; DEVELOPMENTAL CONSIDERATIONS; CREATING BATHROOM PLANS.

### **NOV 9<sup>TH</sup> - HOW TO HANDLE TEMPER TANTRUMS**

LEARN ABOUT TEMPER TANTRUMS AND THE STRATEGIES PARENT CAN USE TO CALMLY HANDLE THEM.

### **DEC 7<sup>TH</sup> - ONLINE SAFETY FOR MIDDLE & HIGH SCHOOLERS (CYS FTS)**

INTERNET SAFETY; TEEN INTERNET USAGE + PROS & CONS; CYBERBULLYING; HOW TO KEEP TEENS SAFE ONLINE.

**FREE AND OPEN TO WEST POINT PARENTS WITH CYS REGISTERED YOUTH. REGISTER IN PERSON AT PARENT & OUTREACH SERVICES OR BY CALLING (845) 938-1362/4458/0939.**



CALL P&OS AT: (845) 938-1362/4458/0939

VISIT CYS ONLINE AT: [WESTPOINTCYS.COM](http://WESTPOINTCYS.COM)

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# CHILD & YOUTH SERVICES

## School Age Center



**Mon - Fri, June thru August**

**6am - 5:30pm at Lee Area CYS Facility (Bldg 140)**



FOR GRADES K-5. COST BASED ON INCOME. JOIN WAITLIST AT [MILITARYCHILDCARE.COM](http://MILITARYCHILDCARE.COM) (OPENS FEB 1<sup>ST</sup> AT NOON).

Lee Area CYS Facility



**Before & After School Care**

### Before & After School Care

At Lee Area CYS Facility

Mon - Fri on normal school days,  
6:00am-8:30am & 3:00pm-5:30pm

Register for the 2022-2023 School Year  
online at: [militarychildcare.com](http://militarychildcare.com). For  
more info, call (845) 938-8530 / 0941.



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



**SALARY RANGE:**

**\$17.53 - \$22.52**

**PER HOUR**



APPLY BY SCANNING  
QR CODE, OR GO TO  
[WWW.USAJOB.S:GOV](http://WWW.USAJOB.S:GOV)

**ALL NEW HIRES  
WILL RECEIVE A**

**\$500**

**RECRUITMENT  
BONUS!**

**JOIN  
OUR  
TEAM**

**WEST POINT CYS IS HIRING!**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# CHILD & YOUTH SERVICES



## BABYSITTER CERTIFICATION COURSE

— OPEN TO ALL CYS REGISTERED YOUTH AGES 12+ —

# APR 29<sup>TH</sup>, 9AM TO 4PM

## AT THE LEE CYS FACILITY (140 BUCKNER LOOP)

### IN THIS CLASS, PARTICIPANTS WILL LEARN HOW TO:

- Care for children and infants
- Be a good leader and role model
- Make good decisions & problem solve
- Keep children and themselves safe
- Handle emergencies and injuries
- Become CPR certified, and more!

\$20 PER PERSON. OPEN TO ALL CYS REGISTERED YOUTH AGES 12+. REGISTRATION RUNS THRU APR 27<sup>TH</sup> OR UNTIL FILLED. REGISTER ONLINE VIA WEBTRAC, IN PERSON AT PARENT CENTRAL SERVICES, OR BY CALLING (845) 938-1362/0939. CLASS SIZE IS LIMITED TO THE FIRST 10 REGISTRANTS. ATTENDEES MAY BRING NUT-FREE SNACKS AND LUNCHES TO CLASS.



OUTREACH SERVICES: (845) 938-1362/0939

VISIT CYS ONLINE AT: [WESTPOINTCYS.COM](http://WESTPOINTCYS.COM)

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# ARMY COMMUNITY SERVICE

## WOMEN'S R.A.D. SELF-DEFENSE COURSE

**SUPPORT,  
PROTECT,  
DEFEND...  
YOURSELF!**



**APRIL 4<sup>TH</sup>, 6<sup>TH</sup>, 11<sup>TH</sup>, & 13<sup>TH</sup>**

**6PM-8PM AT THE MST BLDG (500 WASHINGTON RD.)**

**Join ACS and get certified in R.A.D. Self-defense!**

- Interactive 4-session workshop!
- Simulates realistic scenarios
- Led by instructors from the Town of Woodbury Police Department

This event is free and open to all female DoD ID Cardholders ages 14+. Participants must attend all 4 sessions in order to receive certificate. Space is limited; registration is required. Please call (845) 938-5658 or email [emily.a.calangi2.civ@army.mil](mailto:emily.a.calangi2.civ@army.mil) to make a reservation today!



CALL ACS AT: (845) 938-2519 / FAX: 0633  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# ARMY COMMUNITY SERVICE

ARMY COMMUNITY SERVICE FAMILY ADVOCACY PROGRAM

## Exploring & Understanding Your Child's *Love Language*

**APRIL 24<sup>TH</sup> 10AM - 11:30AM**

**IN THE ACS BLDG (#622 SWIFT RD) HERITAGE ROOM**

**ACS invites you to join them in exploring the Five Love Languages of Children, as created by Gary Chapman!**

This interactive workshop is open to parents and guardians who are looking to strengthen their familial relationship by discovering their child's love language!

Free & open to all DoD ID Cardholders. Call (845) 938-5658 for more info!



CALL ACS AT: (845) 938-2519 / FAX: 0633  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# ARMY COMMUNITY SERVICE

ACS EFMP INVITES YOU TO JOIN IN OUR

## Stress Less Series



**EVERY 2<sup>ND</sup> TUESDAY OF THE MONTH  
3PM-5PM AT THE ACS BUILDING (#622)**

Studies have shown that interacting with animals can reduce loneliness, strengthen communal ties, and boost your mood. ACS EFMP has teamed up with Hudson Valley Paws for a Cause to provide you and your family with a 5-month series of wellness and stress-relief events. Take a "paws" and join us every 2<sup>nd</sup> Tuesday of the month for an afternoon of fun and relaxation! Free and open to the West Point & Highland Falls Community.



CALL ACS AT: (845) 938-3655 / EFMP: 5655  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARMY COMMUNITY SERVICE

APRIL IS AUTISM AWARENESS MONTH, AND WEST POINT ACS EFMP HAS BEEN CHOSEN TO HOST A VIRTUAL STOMP WORKSHOP ON APRIL 17<sup>TH</sup>, 18<sup>TH</sup>, 19<sup>TH</sup>, & 27<sup>TH</sup>, FROM 10AM-12PM! SEE REGISTRATION INFO BELOW, OR [CLICK THIS LINK](#).



## LIVE STOMP WORKSHOP

**April 17, 2023**

Pathways to Military Medical & Medicaid Benefits for Exceptional Families.

**April 18, 2023**

Demystifying Key Components for an IEP

**April 19, 2023**

Financial "Dependent" Planning for a Child's Financial Stability


**April 27, 2023**

The Great IDEA: Parent's Right's in Four Parts

STOMP workshops are open to all military connected families!



**Use Link to Register**

 **10:00am - 12:00pm ET**

[www.tfaforms.com/5050730](http://www.tfaforms.com/5050730)

OR



**Scan to Register**

**Questions contact:**

407-419-1559 or

[stomp@wapave.org](mailto:stomp@wapave.org)



**EFMP**

Exceptional  
Family Member  
Program

Brought to you by **West Point EFMP**

**PAVE**

Partnerships for Action, Voices for Empowerment

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# ARMY COMMUNITY SERVICE



**Join the West Point Family Advocacy Program  
as we delve deep into the following topics:**

- **OVERCOMING STRESS AND ANGER**
- **COUPLE'S ENRICHMENT**
- **POSITIVE PARENTING**
- **BABY BOOTCAMP**



**Be on the lookout for upcoming, program-specific course flyers!  
Course content is also offered in-between sessions on a 1:1 basis.**

**ALL SESSIONS ARE FREE! FOR MORE INFORMATION, CALL US AT (845) 938-0629/5658,  
OR CHECK OUT OUR OFFICIAL FACEBOOK PAGE @WESTPOINTARMYCOMMUNITYSERVICE!**



CALL ACS AT: (845) 938-2519 / FAP: 0633  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



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# ARMY COMMUNITY SERVICE

## Wee-Play & Wee-Read



### WEE-PLAY: 9AM-10AM BI-WEEKLY, ON TUESDAYS

Wee-Play is an open play group designed for your little ones to learn, play, make new friends, and develop their social, cognitive, and motor skills. This group also provides a great opportunity for West Point parents to connect and socialize with each other!

April 4<sup>th</sup> & 18<sup>th</sup> | May 2<sup>nd</sup>, 16<sup>th</sup>, & 30<sup>th</sup> | June 13<sup>th</sup> & 27<sup>th</sup>

### WEE-READ: 9AM-10AM BI-WEEKLY, WEDNESDAYS

Wee-Read is a fun-filled story time with activities that promote speech development and learning. Come listen to a new story with us every session, and complete a themed activity together!

April 5<sup>th</sup> & 19<sup>th</sup> | May 3<sup>rd</sup>, 17<sup>th</sup>, & 31<sup>st</sup> | June 14<sup>th</sup> & 28<sup>th</sup>

### WEE-ONES PROGRAMS OFFERED IN THE MST BUILDING'S GYM (500 WASHINGTON RD)

Free and open to all ranks and DoD civilians with children ages 4 or under. Space is limited; registration is required. Call (845) 938-0633 to register. More info at [westpoint.armymwr.com](http://westpoint.armymwr.com).



CALL ACS AT: (845) 938-2519 / FAX: 0633  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
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# ARMY COMMUNITY SERVICE

*Just PCS'ed to West Point? Then you need the...*

## ARMY COMMUNITY SERVICE RELOCATION READINESS ← NEWCOMERS ORIENTATION → AND WELCOME

SPouses  
WELCOME TO  
ATTEND!



**HELD EVERY TUESDAY AT 1PM & THURSDAY AT 9AM  
IN BUILDING 622 SWIFT RD, ACS HUDSON ROOM 156**

**SPOUSES ARE WELCOMED & ENCOURAGED TO ATTEND!**

*Open to all Active Duty Military and their families. No registration is required.  
For more info, call the ACS Relocation Readiness Program at (845) 938-3487.*



RELOCATION READINESS: (845) 938-3487  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

**ARMY COMMUNITY SERVICE**

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# *Little Movers*



**WEST POINT ARMY COMMUNITY SERVICE WOULD LIKE TO WELCOME YOUR CHILDREN TO THEIR NEW HOME!**

Moving can be a stressful process, so ACS offers all newly relocated children ages 2 to 12 a free, fun-filled activity bag to keep them occupied while traveling or getting settled in!

**CALL THE RELOCATION ASSISTANCE PROGRAM AT (845) 938-3487 TO SCHEDULE A TIME TO PICK UP YOUR ACTIVITY BAG(S) AT THE ACS BUILDING (622 SWIFT ROAD).**



RELOCATION ASSISTANCE: (845) 938-3487  
VISIT MWR AT: [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# ARMY COMMUNITY SERVICE



**ARMY**  
EMERGENCY  
RELIEF

Consider making a donation today at  
[ARMYEMERGENCYRELIEF.ORG/DONATE/](https://ARMYEMERGENCYRELIEF.ORG/DONATE/)

## 2023 AER Campaign

March 1<sup>st</sup> - May 15<sup>th</sup>

For over 80 years, AER has been the conduit through which Soldiers provide financial support to their brothers and sisters in arms.



## EFMP

Exceptional Family Member Program

# Coffee Hour



**EVERY 1<sup>ST</sup> THURSDAY OF THE MONTH, 10AM-11AM AT THE ACS BLDG**

ACS invites all EFMP families to join us for a free coffee hour at the ACS building (622 Swift Rd)! Come connect with other EFMP families and share resources, knowledge, and ideas for services focusing on individuals with special needs! Open to all. Dates subject to change.

**EFMP COFFEE HOUR IS SCHEDULED FOR THE FOLLOWING DATES:**

**Jan 5 Feb 2 Mar 2 Apr 6 May 4 Jun 1 Jul 6 Aug 3 Sep 7 Oct 5 Nov 2 Dec 7**

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Paid Advertisement (No Federal Endorsement Intended)

# BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE  
PRIME OPTION



West Point Family & MWR  
681 Hardee Place, Rm 202  
West Point, NY, 10996



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