





## **USAG WEST POINT**

# WHAT'S HAPPENING WITH FAMILY & MWR SEPTEMBER 22

TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS Addbe Acrobat, or thru an internet browser. Links will not work in email previews.

COVID-19 RESTRICTIONS STRICTLY ENFORCED AT MWR FACILITIES FOR CUSTOMER & STAFF SAFETY



# HELP WANTED!

Apply now at www.usajobs.gov! USA Jobs keyword: "Army Installation Management Command" USA Jobs location: "West Point, NY"

#### Supervisory Chef NF-03:

Army Installation Management Command Family and Morale, Welfare and Recreation

- Salary Range: \$44,870 \$50,088
- Work Site: West Point Club

#### Cook NA-08:

Army Installation Management Command Family and Morale, Welfare and Recreation

- Salary Range: \$20.87 \$24.34 per hour
- Work Site: West Point Club

#### Cook NA-06:

Army Installation Management Command Family and Morale, Welfare and Recreation

- Salary Range: \$19.32 \$22.54 per hour
- Work Site: West Point Club

#### Cook NA-04:

Army Installation Management Command Family and Morale, Welfare and Recreation

- Salary Range: \$17.78 \$20.74 per hour
- Work Site: West Point Club

#### Food Service Worker NA-01:

Army Installation Management Command Family and Morale, Welfare and Recreation

- Salary Range: \$15.46 \$18.04 per hour
- Work Site: West Point Club











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## Applicants/employees are authorized to have \*two\* government positions!

# HELP WANTED!

Apply now at www.usajobs.gov! USA Jobs keyword: "Army Installation Management Command"

### USA Jobs location: "West Point, NY"

#### Food and Beverage Attendant NA-01:

Army Installation Management Command Family and Morale, Welfare and Recreation <u>Announcement #03NAFBR22113225355R</u>

- Starting pay: \$16.76 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- AKA: Event Waiter/Waitress
- Work Site: West Point Club

#### Bartender NA-03:

Army Installation Management Command Family and Morale, Welfare and Recreation <u>Announcement #03NAFBR2211332894SR</u>

- Starting pay: \$17.00 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- Work Site: West Point Club

#### Bar Assistant NA-01:

Army Installation Management Command Family and Morale, Welfare and Recreation <u>Announcement #03NAFBR2211553518SR</u>

- Starting pay: \$15.46 per hour, plus guaranteed gratuities on most events paid by the WP Club.
- Work Site: West Point Club

## Applicants/employees are authorized to have \*two\* government positions!







## **Upcoming Special Events**



## **Upcoming Special Events**



## FRIDAY, OCTOBER 7TH: 4PM-9PM

## SATURDAY, OCT 8TH (FAMILY DAY): 3PM-8PM



CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY

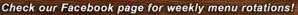






# MWR

Club Lunch Program



From 10:30am - 2pm, enjoy Bistro 603's Grab-N-Go lunch & daily carving board selections, plus:

NEW: "BUFFET BONANZA" AT THE WEST POINT CLUB Featuring Taco Tuesdays and Wing Wednesdays! Mondays, Thursdays, & Fridays: Rotating International Favorites

Buffet Bonanza (Dine In only) Includes Chef's choice of dessert & Iced Tea. \$14 pp.

#### **DINNER-TO-GO AT THE CLUB**

Now available Wednesday - Friday!

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu <u>HERE</u>. Order by calling (845) 446-5506/5504.



Planning an event? Book one of our off-premise sites! (845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

Attn: Faculty, soldiers, Families & civilians... School is Back and so is West Point Club's Benny Haven's Lounge!



## Benny Haven's Lounge Menu

Beer Battered Onion Rings \$6 Served with Horseradish Sauce

Tempura Fried Shrimp \$8 Served with Shredded Carrot, Teriyaki Sauce and Sesame Seeds

Warm Bavarian Pretzel Sticks with Beer Cheese Dip \$6

Loaded Waffle Fries \$9 Served with Melted Cheddar and Applewood Bacon

Warm Spinach-Artichoke Dip with Tri-Color Tortilla Chips \$8 BBQ Pulled Pork Sandwich \$12 On a Brioche Roll served with House Fries

Chicken Wings \$10 Buffalo, Garlic Parmesan or BBQ w/ choice of Bleu Cheese or Ranch

Chicken Tender Basket \$10 Served with BBQ sauce or Honey Mustard and Fries

Flatbread of the Day \$8

Check the Chalkboard



Beginning August 25th, Benny Haven's Lounge will open every Thursday & Friday evening from 4-9:30pm. *Kitchen is open 4-8:30pm.* 



#### THEWESTPOINTCLUB.COM

For more info, call 845.938.5120



含SPIRIT会

GO ARMY

## West Point Club | Grand Ballroom



Thur Thur Thur Thur Thur Tues Thur Wed

Sept 8 UTSA Sept 15 Villanova Sept 29 Georgia State Oct 13 Colgate Oct 20 ULM Nov 1 Air Force (Away) Nov 17 UCONN Dec 7 Navy (Away)

**Doors Open at 11am | Luncheon Begins 12pm** \$13 Per Person in Advance | \$15 Per Person at Door

Seating: Buy Early for Reserved Seats! Each Luncheon is a Pep Rally for that Week's Game!

Reservations are based on the tickets sold by 2pm on the day prior to the lunch. Please indicate which department you're with or who you would like to sit with when purchasing tickets. After 2pm, tickets will only be available at the door, and will be open seating, based on space availability.

THEWESTPOINTCLUB.COM



## **WEST POINT GOLF COURSE**



## **WEST POINT GOLF COURSE DAILY FEES**

<u>on weekdays</u>	<u>DAILY</u>	<u>twilight</u>	$\Diamond$
E1-E6, CADETS, KIDS	\$35	\$23	
E7-03	\$48	\$28	$\mathbf{X}$
04-010, RETIREES, & DOD CIVILIANS	\$50	\$30	$\otimes$
CONTRACTORS, VETS, SENIORS, & GUESTS	\$60	\$35	$\mathbf{X}$
GENERAL PUBLIC	\$71	\$43	$\langle \rangle$

## WEEKENDS & HOLIDAYS DAILY TWILIGHT

E1-E6, CADETS, KIDS	\$40	\$25
E7-03	\$55	\$32
04-010, RETIREES, & DOD CIVILIANS	\$58	\$35
CONTRACTORS, VETS, SENIORS, & GUESTS	\$73	\$45
GENERAL PUBLIC	\$88	\$55

TWILIGHT PRICING STARTS AT 3PM, & IS NOT AVAILABLE ON MONDAYS. DAILY FEES INCLUDE CART RENTAL. YOU MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

## **WEST POINT BOWLING CENTER**

OPEN <u>Mon-Thurs</u>: 11AM-7:30PM, <u>FRI</u>: 11AM-11PM, <u>SAT</u>: 12PM-11PM, <u>& SUN</u>: 12PM-7:30PM Note: The FMWR Bowling Center Will be closed for all Army home football games



\*DELIVERY IS AVAILABLE FOR WEST POINT RESIDENTS ONLY. ON-SITE PICKUP IS AVAILABLE FOR ALL OTHERS.

NEW! Sensory-friendly bowling now offered every 2<sup>nd</sup> Wednesday of the month from 4:30pm-5:30pm at the FMWR Bowling Center!

# SENSORY-FRIENDLY!

West Point

During Sensory-friendly Bowling hour, there be no music playing, and only special needs bowlers will be allowed use of the facility.

## WEST POINT BOWLING CENTER

# WEEKLY Specials

## LUNCH N' BOWL

#### Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

## COSMIC BOWLING

#### Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center! \$5.00 per person, per game.

BOWLING

LEAGUES

## TIME FOR TOTS

#### Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

## OPEN BOWLING

#### 7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals. What are you waiting for?

League play runs September through May with Monday, Sunday, and Thursday evening leagues! Teams are often looking for full time players or alternates. All leagues are handicap formatted. Please call us for more information. We can help place you on an existing team, or assist you in setting up your own!



MON-THU: 8:30am-1pm, FRI: 11am-11pm, SAT: 12pm-11pm SUN: 12pm-7:30pm | WWW.WESTPOINT.ARMYMWR.COM (845) 938-2140 | 622 SWIFT RD, WEST POINT, NY 10996



## **MORGAN FARM**

Pet Kenneling • Dog Grooming • Seasonal Riding Camp Riding Lessons • Horse Boarding • RV & Boat Storage



JEST POINT

MORGAN FARM

#### DOG GROOMING

NAILS · BATHS
 EARS · TRIMS









RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM (845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM 206 MORGAN FARM ROAD, WEST POINT, NY 10996



#### PET KENNELING • DAILY DOG WALKS • LARGE DOG RUNS • CLIMATE CONTROLLED • MULTI-PET DISCOUNTS



#### HORSE RIDING LESSONS

Private & group lessons for ages 5+. Semi-private options available. Face masks required. For info, call (845) 938-3926 or visit <u>the MWR website.</u>



#### **HORSE BOARDING**

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, an 225'x95' indoor ring, scenic trails, and 3 different boarding options. Get more info at (845) 938-3926 or <u>online.</u>

## LAKE FREDERICK REC AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Contact the Lake Frederick Office at (845)938-2649.

## LAKE FREDERICK CABIN RENTALS

Spend some good ol' fashioned quality time with your family in our cozy lakeside bunk houses! Amenities include heat, a mini fridge, fire ring, & charcoal grill. Four Family Style cabins (with dining area) are available to rent for just \$100 per night! (\$125 on holidays/USMA events). Wood, bagged ice, & Lake Frederick patches are also available to buy! For more info, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.





Bull Pond Recreation Area now open for the season! Lodging dates and application info available <u>HERE</u>.



## **MAKE YOUR RESERVATION TODAY!**

#### **RESERVATIONS OPEN TO ALL ELIGIBLE DOD PERSONNEL.**

Bull Pond Reservations are available on a first come, first serve basis. To make a reservation, call (845) 938-2649. Questions can be emailed to daniel.b.eichner.naf@army.mil. To see available lodging dates, please visit the <u>Bull Pond</u> page on westpoint.armymwr.com.



## **RECREATIONAL FISHING & HUNTING**



Fishing Permits & Fishing Info | Hunting Permits & Hunting Info

## CAMPING RESERVATIONS FOR 2022 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links: BULL POND | ROUND POND | LAKE FREDERICK



#### OUTDOOR RECREATION EQUIPMENT RENTALS

The <u>Outdoor Recreation Equipment Checkout Center</u> is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.



## Sunday | September 18 | 9am-3:30pm Bonneville Cabin at Round Pond FREE & GOOD FOR LIFE!

## To register, visit westpoint.armymwr.com

Class is also offered online through NYS DEC. In person class will better prepare you to be certified.

For more info, call the Round Pond Office at (845) 938-2503; 7 days; 9am-5pm.

This class is required to purchase NY State/West Point Bow Hunting License/Permits. Class is limited to 12 persons max for social distancing.





1348 Round Pond Rd., West Point, NY 10996

westpoint.armymwr.com

## **AUTOMOTIVE SKILLS CENTER**



#### THE AUTO CENTER IS OPEN FOR FULL SERVICE!





#### **OIL CHANGE SPECIAL!**

Conventional Oil: \$45 for up to 5qts\*). Synthetic Oil: \$70 for up to 5qts\*). \*Additional quarts extra



Auto Skills Center Hours Tuesday - Saturday 8am - 3pm. For more info, call (845) 938-2074 or visit us at westpoint.armymwr.com.

The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics! For more info, call us at (845) 938-2074. Reservations are required.

## **RENTAL FACILITIES**

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

## VIEW OUR FULL RENTAL BROCHURE HERE!







HAPPY MOUNTAIN PAVILION

SHAPPY'S REC. PAVILION

**WOOD-E LO HI PAVILION** 

## **RENTALS FOR ALL OCCASIONS!**



**BUFFALO SOLDIER PAVILION** 



VICTOR CONSTANT SKI LODGE



**CLASS OF '49 LODGE** 



**CLASS OF '47 TRAIN STATION** 

## Arts & Crafts Center

## SEPTEMBER CALENDAR OF EVENTS



ARTOPIA

#### Creation Station Tue, Sep 6<sup>th</sup>

3:30pm - 4:30pm Complete a craft of your choice! Project prices start at \$15. For ages 5+. Registration required.

#### Artopia

Tue, Sep 13th

3:00pm - 4:30pm Complete a craft of your choice! For grades 5 and up. Project prices start at \$15. Registration required.

#### **Kids Canvas Painting**

Thu, Sep 15<sup>th</sup> <u>4:00pm - 5:00pm</u> Come paint a cat on a fence with us on an 11"x14" canvas! Cost: \$20 per person. Registration required.

#### Wine & Paint Canvas Painting Thu, Sep 22<sup>nd</sup>

<u>5:30pm - 7:30pm</u> Paint an autumn wreath on an 16"x20" canvas! \$30 pp. Registration required.

#### Special Pallet Project Thu, Sep 29<sup>th</sup>

5:00pm - 8:00pm Paint a large outdoor palette with the Sanderson Sisters from Hocus Pocus! \$65 pp. Registration Required.











#### Home School Art Class

Sep 13<sup>th</sup> or 14<sup>th</sup> <u>1:00pm - 2:00pm</u> Monthly art history projects for homeschoolers grades K & up. "Walt Disney". \$15 pp. Registration required.

#### Little Impressionists Thu, Sep 15<sup>th</sup> & 29<sup>th</sup>

<u>10:30-11:30am + 1pm-2pm</u> For ages birth through 6 years old. \$5 per child. Registration required.

#### Middle School Resin Class

Wed, Sep 21st

<u>3:30pm-5:00pm</u> Create a beautiful glass and resin piece of art! Prices vary. Registration required.

#### **Monthly Pallet Project**

Tue, Sep 27<sup>th</sup>

5:00pm - 8:00pm Paint a 10"x18" Football Pallet with exterior paint to display your Army Spirit! \$40 pp. Registration Required.

#### Pick & Paint Ceramics

Every Tue, Wed, & Thu

<u>9:00am - 4:00pm</u> Create a work of art in our Ceramics Studio! Prices vary. Must start project by 3pm. No registration required.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812











ARTS & CRAFTS CENTER HOURS: TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT. VISIT US ONLINE BY SCANNING THE QR CODE! OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

## **Arts & Crafts Center**

## OCTOBER CALENDAR OF EVENTS



Home School Art Class Oct 4<sup>th</sup> or 5<sup>th</sup>

1:00pm - 2:00pm Monthly art history projects for homeschoolers grades K & up. "Paul Klee". \$15 pp. Registration required.



#### Creation Station Tue, Oct 4<sup>nd</sup>

3:30pm - 4:30pm Complete a craft of your choice! Projects prices start at \$15. For ages 5+. Registration required.



#### Kids Canvas Painting Wed. Oct 5<sup>th</sup>

4:00pm - 5:00pm Come paint a pumpkin hat with us on an 11"x14" canvas! Cost: \$20 per person. Registration required.



#### Wine & Paint Canvas Painting Tue, Oct 11<sup>th</sup>

<u>5:30pm - 7:30pm</u> Paint a spooky tree on an 10"x20" canvas! \$30 pp. Registration required.



Artopia Wed, Oct 12<sup>th</sup>

3:00pm - 4:30pm Complete a craft of your choice! For grades 5 and up. Project prices start at \$15. Registration required.



#### Little Impressionists Thu, Oct 13<sup>th</sup>

<u>10:30-11:30am + 1pm-2pm</u> For ages birth through 6 years old. \$5 per child. Registration required.



#### Wine & Paint Canvas Painting Tue, Oct 18<sup>th</sup>

5:30pm - 7:30pm Paint an autumn road on an 16"x20" canvas! \$30 pp. Registration required.



#### Pick & Paint Ceramics Every Tue, Wed, & Thu

<u>9:00am - 4:00pm</u> Create a work of art in our Ceramics Studio! Prices vary. Must start project by 3pm. No registration required.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812







Arts & Crafts West Point



ARTS & CRAFTS CENTER HOURS: TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT. VISIT US ONLINE BY SCANNING THE QR CODE! OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

## **TRONSRUE MARKSMANSHIP CENTER**

**REC SHOOTING: <u>TUE-WED</u> 10AM-3PM, & <u>THU-FRI</u> 6:30PM-9PM <b>DUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS.** REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

SUNDAY, SEP 25<sup>™</sup>: MWR RANGE WILL BE DPEN FOR REC SHOOTING FROM 9AM-12PM!



TWO HOUR CADETS ONLY

**DASIC PISTOL CLASS** 

Cadet Study Day Specials Wed, Sep 14<sup>th</sup> & Sep 28<sup>th</sup> at TMC From 10am to 3pm, Cadets can enjoy \$10 per hr Range Fees & \$5 Rentals!

#### 2 Hour Cadet Only Basic Pistol Class

Sunday, Sep 18<sup>th</sup> 2pm - 4pm @ TMC. Learn the fundamentals of the Sig Sauer 17 in this Basic Pistol Class! \$50 per person. Includes firearm, ammo, target, and eye & ear protection.



August 28 or September 18

2-4pm | Tronsrue Marksmanship Center



#### Women's Intro to Pistol Class

Sunday, Sep 25<sup>th</sup> 1pm - 5pm @ TMC. Open only to women aged 21+, learn firearm safety and the fundamentals of shooting in this Intro to Pistol Class! \$85 pp. No experience necessary.



#### Personally Owned Firearm Open Range Sessions

On Oct 8<sup>th</sup> + Nov 5<sup>th</sup> & 12<sup>th</sup>, 9am-3pm, at Range 5 (Gettysburg Range Complex) off Rte 293, across from Round Pond. DoD ID holders and Dependants only. One guest allowed. Shooters must be age 10+. Weapons limited to .308/7mm, .62mm and below. No auto or rapid-fire.

## **TRONSRUE MARKSMANSHIP CENTER**



#### **Private Shooting Lessons**

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.

## TRONSRUE CLOTHING AND STICKERS AVAILABLE NOW!



### TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!



## LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



## LEISURE TRAVEL SERVICES DAYTRIPPER - SEP '22

### SUNDAY, SEP $25^{TH}$ - THE FEAST OF SAN GENNARO



NYC's Little Italy comes alive with lights, carnival booths, and food vendors during this celebration of Italian-American culture featuring delicious classics like spaghetti and meatballs, pizza, zeppole, and cannoli!

Transport cost: \$30/adult & \$25/child.

### THURSDAY, SEP 29<sup>th</sup> - THEATER VAN TO BROADWAY



Purchase half-price theater tickets at the TKTS booth, and enjoy an exciting night on the town with shows like Wicked, Chicago, Hadestown, POTO, & more! Depart WP at 4pm; leave NYC after shows (~10:45pm).

Transport cost: \$30/adult & \$25/child.

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click <u>HERE</u> for info! **VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM** 

## LEISURE TRAVEL SERVICES



# LEISURE TRAVEL SERVICES

## WED, OCTOBER 26<sup>th</sup> - THEATER VAN TO BROADWAY



Purchase half-price theater tickets at the TKTS booth, and enjoy an exciting night on the town with shows like Wicked, Chicago, Hadestown, POTO, & more! Depart WP at 4pm; leave NYC after shows (~10:45pm).

Transport cost: \$30/adult & \$25/child.

### MON, OCT 31<sup>st</sup> - GREENWICH HALLOWEEN PARADE

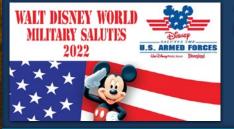


Experience the Big Apple's iconic holiday parade (Greenwich Village's 49<sup>th</sup> annual)! This is the nation's only major night parade, with an entire mile of spooky fun! Depart West Point at 4:30pm; leave NYC at 10:30pm.

Transport cost: \$30/adult & \$25/child.



### WALT DISNEY WORLD MILITARY SALUTES PASS 2022



Thru Dec 16<sup>th</sup>, choose between a 4-day or 5-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility + ID)

• 5-Day w/ Park Hopper®: \$70 per day.

4-Day w/ Park Hopper<sup>®</sup>: \$83 per day.

For more information, click <u>HERE</u>.

## **MWR FITNESS CENTER**

NEW HOURS OF OPERATION! The MWR Fitness Center is now open Monday thru Thursday from 5:30am-8pm, Fridays 5:30am-6pm, & Sat-Sun 9am-5pm.



#### FUNCTIONAL FITNESS WITH ANTHONY

MON THROUGH FRI AT 9AM + TUE & THU 7PM-8PM





## ZUMBA CLASS WITH GINELLA

MON & WED 5:30PM-6:30PM + SAT, SEP 24<sup>TH</sup>, 9AM-10AM

## **YOGA at Trophy Point**

#### Saturdays, 9am-10am

(Weather permitting)

#### Last Class: Saturday, September 24<sup>th</sup> \$5 pp. Class size: 20. Pre-registration highly encouraged. BYO yoga mat.

Classes are \$5 pp. Class size limited; pre-registration is highly encouraged.



## **Personal Training** Sessions & Assessments

Call our front desk or stop by to set up a session or assessment today! Call (845) 938-6490 or visit us online for pricing & more info.

## **MWR INTRAMURAL SPORTS**



OCTOBER 1ST

**APRIL 30TH** 

THROUGH

#### MONDAY & THURSDAY, 6-7:30AM AND THURSDAY, 12-1:30PM

#### Tate Rink | Holleder Center

Season Pass Fee: Active Duty Personnel: \$150 | DoD Civilians: \$200 Non DoD Approved Civilians: \$250

To sign up and for more info, email james.p.mcguinness.naf@army.mil or call 845-938-3066.





UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND wesing and a statement command



## **MWR INTRAMURAL SPORTS**



Community

SEPT 8TH - NOV 8RD

THURSDAYS | 1241PM

Clinton Courts by Daly Field

dnesday

G FOOTBALL

venin<mark>g</mark> League

#### **WP Community Noontime Ultimate Frisbee League**

Mon-Fri, 12pm-1pm at Daly Field. League begins August 15th. Must register for a team by August 8th.

To sign up, call (845) 938-3066

#### **WP Community Outdoor Pickleball League**

Thursdays from 12pm-1pm at **Clinton Courts by Daly Field.** League runs Sep 8th - Nov 3rd.

To sign up, call (845) 938-3066

#### **WP Community Adult Flag Football League**

September 7th - November 9th, on Wednesdays from 7pm to 9pm at the USMAPS Football Stadium.

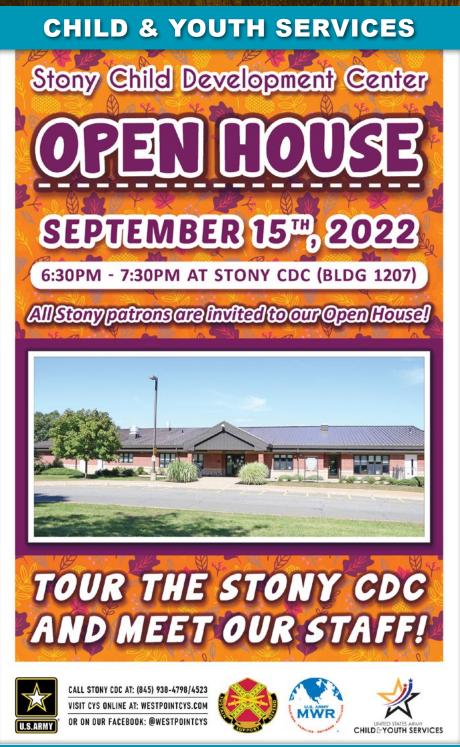
To sign up, call (845) 938-3066



#### 38th Annual Army Ten **Miler Marathon**

On October 9th at Washington DC. Try out for a place on the MWR's team and represent West Point!

To sign up, call (845) 938-3066 or email john.georg@westpoint.edu





-BOAT RIDE-

## October 6<sup>th</sup>, 2022 -1x80pm - 8pm at Supt<sup>e</sup>s Boat South Dock-

### ENJOY A SCENIC CRUISE DOWN THE HUDSON RIVER & CONNECT WITH OTHER HOME SCHOOLING FAMILIES!

FREE & OPEN TO CYS REGISTERED YOUTH! BYO SNACKS AND DRINKS ALLOWED. MUST REGISTER BY OCT  $4^{TH}$  (BY CALLING P&OS AT (845) 938-4458/1362/3969). FOR MORE INFO, PLEASE CALL SCHOOL SUPPORT SERVICES AT (845) 938-2092.



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND WESTPOINT.ARMYMWR.COM





#### West Point Child and Youth Services Sports & Instructional Programs

#### Rec Soccer | Flag Football | Running Club | Volleyball









Requirements include: Background checks must be cleared on all coaches prior to the season. Coaches must attend the coaches meeting to review the rules and coaching policies. Become certified through the National Alliance for Youth Sports (NAYS). Coaches children get to play for free.

Contact the Youth Sports Office at (845) 938-3208.





#### Before & After School Care At Lee Area CYS Facility

Mon - Fri on normal school days, 6:00am-8:30am & 3:00pm-5:30pm

Register for the 2022-2023 School Year online at: <u>militarychildcare.com</u>. For more info, call (845) 938-8530 / 0941.



## Stony Child Development Center



## SEPTEMBER 15<sup>TH</sup>, 6:30PM - 7:30PM IN ROOMS 148 & 154 AT STONY CDC (BLDG 1207)



THIS EVENT IS ONLY FOR CYS PATRONS ENROLLED IN STRONG BEGINNINGS. FOR MORE INFORMATION, PLEASE CONTACT STONY CDC AT (845) 938-4798.



CALL STONY CDC AT: (845) 938-4798/4523 VISIT CYS ONLINE AT: WESTPOINTCYS.COM OR ON OUR FACEBOOK: @WESTPOINTCYS





## CHILD & YOUTH SERVICES WEST POINT CYS PARENTS

# CPR+ FIRST AID CLASS



## **5PM-7PM ON SEP 16<sup>TH</sup>** At the Lee Area Cys Facility (building #140)

THIS CLASS IS FREE & OPEN TO ALL PARENTS OF CYS REGISTERED YOUTH! REGISTER IN PERSON AT PARENT & OUTREACH SERVICES, OR BY CALLING (845) 938-4458/0938/1362. SPACE IS LIMITED, SO PLEASE REGISTER ASAP.



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND WESTPOINT.ARMYMWR.COM



CHILD& YOUTH SERVICES





SEASON RUNS AUGUST 29" - UCTUBER 27". Registration: Jul II<sup>TH</sup> for Mil/Dod (Aug I<sup>ST</sup> for Others)-Aug 12<sup>TH</sup>.

### SOCCER

Mon & Wed, 5pm-6pm\* at Dragon Park for Division C; H-Lot for others. \$25 for Ages 3-4; \$55 for all older.

- <u>Smart Start</u> (Age 3): Mon ONLY
- Just 4 U (Age 4): Weds ONLY
- Division A (Ages 5-6)
- Division B (Ages 7-8)
- Division C (Ages 9-12)

\*Sessions are 45 min for Ages 3-4.

### FLAG FOOTBALL

Tue & Thu, 5pm-6pm at H-Lot. \$55.

- Collegiate (Ages 7-9)
- Junior NFL (Ages 10-12)
- Grades 7-8

### **RUNNING CLUB**

Tues & Thurs at Dragon Park. \$25

• Grades 2-8 | 4pm-5pm

### VOLLEYBALL

Mon & Wednesdays, 4pm-5pm. At the MST (Building 500). \$55.

• Ages 7-12

## **INTRO TO GOLF**

Thursdays at H-Lot, in 2 sessions: 4pm-4:45pm & 5pm-5:45pm. \$25.

• Ages 6-9

SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR Program facilitation. More info at: (845) 938-4458/1362 or westpointcys.com



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## **ARMY COMMUNITY SERVICE**





FAP WEE-ONES PROGRAMS AT THE YOUTH CENTER BLDG (500)

Wee-Ones programming is free and open to all Mil & DoD civilians with children ages 4 and younger. Registration is required. Register by calling (845) 938-0633.



# ARMY COMMUNITY SERVICE



#### Army Community Service would like to welcome your children to their new home!

Moving can be a stressful process, so ACS offers all newly relocated children ages 2-12 a free, fun-filled activity bag to keep them occupied while traveling or getting settled in!

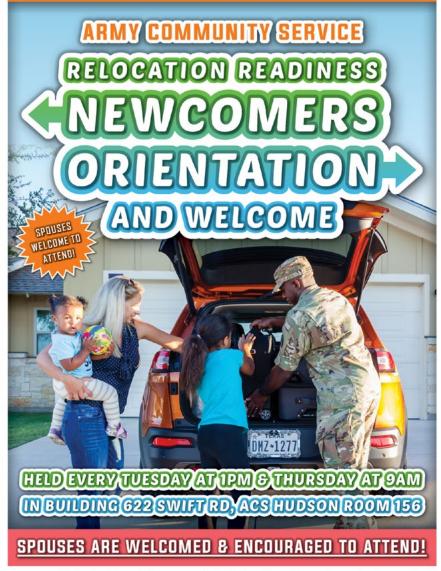
You can schedule a time to pick up your activity bag(s) at the ACS Building (622 Swift Road) by calling the Relocation Assistance Program at (845) 938-3487.



FAP offers Life Skills Classes for Parenting, Couple's Communication, Stress Management, and Anger Management! Each program is 4-6 sessions of 1-2 hours each, located at the ACS Building (622) To register, call (845) 938-0633.

## **ARMY COMMUNITY SERVICE**

Just PCS'ed to West Point? Then you need the ...



Open to all Active Duty Military and their families. No registration is required. For more info, call the ACS Relocation Readiness Program at (845) 938-3487.



RELOCATION READINESS: (845) 938-3487 VISIT MWR AT: WESTPOINT.ARMYMWR.COM f:@WESTPOINTARMYCOMMUNITYSERVICE



## **ARMY COMMUNITY SERVICE**

#### NEED TO CORROW CASIC HOUSEHOLD ITEXS? AGS HAS YOU COVERED!

ARMY COMMUNITY SERVICE

You can borrow items for up to 30 days ... for FREE!

Dishware • Cookware • Utensils
 Small Appliances • Microwaves
 Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm at the ACS Building (622 Swift Road).





For more information, please call ACS at (845) 938-3487.





#### EVERY 3RD THURS OF THE MONTH, 10AM-11AM AT THE ACS BLDG (622)

ACS invites all EFMP families to join us for a coffee hour, either in person at the ACS building (622) or online via Microsoft Teams. Come connect with other EFMP families and share resources, knowledge, and ideas for services focusing on individuals with special needs!

 EFMP COFFEE HOUR IS SCHEDULED FOR THE FOLLOWING DATES:

 1/20
 2/17
 3/17
 4/21
 5/19
 6/16
 7/21
 8/18
 9/15
 10/20
 11/17
 12/15

Free & open to all. To register, call (845) 938-5655. Dates subject to change.

West Point Family & MWR 681 Hardee Place, Rm 202 West Point, NY, 10996



