

WHAT'S HAPPENING With Family & MWR

PAPPY NEW YEAR

Danuary Edition

Ski Season at West Point!



Update: Snowmaking Underway!!

We are in the process of making snow, weather permitting. Family & MWR will continue to update our ski customers as we progress. Think Snow! For more information and updates check out: facebook.com/victorconstantskiarea or call: (845) 938-8810

Group Packages



Group Ski/Snowboard Packages -Plan Your Ski Trip with Us

Do you have a large group of people from your workplace, church, organization, or school that want to ski or snowboard? Plan your Ski trip with us! We offer a great package value! 1 Hour group lesson, ski/snowboard and snow pass \$54 per person. Helmet rental and food option extra. Call us today at 845-938-8810!

victorconstantski.com

Special Events with MWR





Polar Fest 2020!

Sat. Feb. 29th | 11AM-7PM | Save the Date Open to the Public!

Polar Fest is going to be fun for the whole family. Mark your calendars for the annual ski and snowboard event of the season!

More info coming soon at: westpoint.armymwr.com

Ski Rentals

Rent the Ski Lodge

2019-2020 Season

The ski lodge can host any event you have this season! Rent the lodge for \$200 per day for your private event, or rent the lodge and the slope for \$725 per day. More info: (845) 938-8810

victorconstantski.com



Ski Resale Merchandise



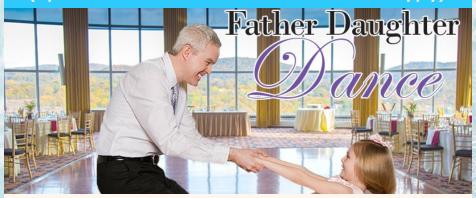
Victor Constant Ski Area Merch.

As we closely anticipate the opening of our 2020 Ski season (hopefully soon!), we want to re-introduce our resale merchandise! From shirts, to beanies, to coffee tumblers, we got it! Stop by the VCSA Ski Office this week and get your swag!

More info: (845) 938-8810 | victorconstantski.com

The West Point Club

(Open to the Public - DoD Visitor Access Policies Apply)



Father-Daughter Dance

Jan. 17 & 18 | 6-9PM

Dance with your little girl! There will be a DJ and dinner buffet with photo opportunities. General Admission is 2 for \$39. Each additional child is \$14 each. Reserve/info, call: (845) 938-5120

Bridal Show!

Sun. Jan. 26 | 1-4PM

Kick off the 2020 wedding season with the West Point Club. Vendors, fashion, food and more! In partnership with Everything Bridal. This event is free!

More info, call: (845) 938-5120



All West Point Club Events accept registration only by phone.

The West Point Club A Premiere Catering and Wedding Venue

Wedding Season is Here at The West Point Club

Weddings at the West Point Club are perfect for making your special day, one to remember.

Reserve/info, call: (845) 938-5120 **thewestpointclub.com**



Family & MWR Delivery Services



Dinner-to-Go (Mon-Fri)

Place order by 2PM Deliveries between: 5-7PM

Pick-up: 4:30-6:30PM

Servings for 4 & 6 people.
Deliveries on West Point only.
Menu: **thewestpointclub.com**To order, call: (845) 938-5120



West Point Bowling Delivers Pizza

Sun-Thurs, 3-8PM Fri-Sat, 3-9:30PM

Deliveries for West Point residents only. The West Point Bowling Center can cater all of your pizza needs. To order, call: (845) 938-2140

Morgan Farm

Horse Boarding

Morgan Farms historic stables offers large stalls, daily turnout, 3 lighted outdoor rings, trails and three different boarding options in a scenic and private location. More info, or to register call: (845) 938-3926 or go to: westpoint.armymwr.com



*Weather Permitting For Ages 5 & Up

Private and group lessons available. Riding lessons suitable for beginners thru advanced. More info, call: (845) 938-3926 Or: westpoint.armymwr.com





Morgan Farm - Kenneling

Pet Kenneling

We at Morgan Farm, realize that your pet is an important member of your family. Let Morgan Farm take care of your pet while you are away!

Register: (845) 938-3926 westpoint.armymwr.com



Tronsrue Marksmanship

Basic Pistol Course

Sat. Jan. 18 | 9AM Tronsrue Marksmanship Ctr.

For those with little to no firearm experience. Classroom portion will begin at 9AM at 628 Hodges Pl. Sign-up: (845) 938-1700 westpoint.armymwr.com



Advanced Pistol Course

Sat. Feb. 15 | 9AM Tronsrue Marksmanship Ctr.

For those who have firearm experience. Firearm rentals and ammunition fees are included. Sign-up: (845) 938-1700 westpoint.armymwr.com



Bowling Center Happenings

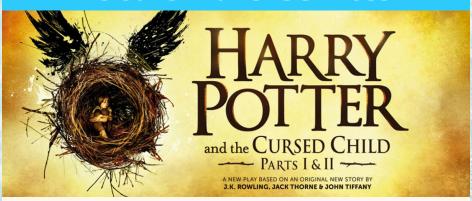
Winter Leagues

Leagues on Sundays, Mondays & Thursdays

Sun. Night mixed league (4 person) Mon. Night mixed league (4 person) Thurs. Night league (3 person team) Sign-up, call: (845) 938-2140



Leisure Travel Services



Harry Potter and the Cursed Child Parts 1 & 2 Wed. Mar. 11 | 2PM | Lyric Theater

The Story continues on Broadway. Sometimes, darkness comes from unexpected places. Lyric Theater, Part 1 curtain at 2PM, Part 2 curtain at 7:30PM. Leave West Point at 10:30AM. Leave NYC after the play. \$230 includes both parts of the play and transportation. Register call: (845) 938-3601



Frozen

Tues. Mar. 24 | 7PM | St James Theater

Leave WP 4PM. Leave NYC after the show. Discover that love is a force of nature. St James Theater. Row A Center Balcony seating. \$105 all seats (ticket & transport).

Register call: (845) 938-3601

ODR in 2020



Round Pond

Now Taking Reservations

Round Pond is taking reservations starting Jan 21 for Active Duty and Graduation. All other authorized DoD starts Feb 18.

More info: (845) 938-2503 westpoint.armymwr.com



Lake Frederick

Open All Year!!

Lake Frederick is open all year long. With heated cabins, enjoy the snow and winter in a rustic cabin on a lake.

More info: (845) 938-2503 westpoint.armymwr.com

West Point Fitness Center

Calender Jan. 2020

NEW exciting classes, great instructors! The FMWR Fitness Center has it all to help you get in the shape you want, or even just to keep you moving.

More info, call: (845) 938-6490 Download the calendar at: westpoint.armymwr.com

Yoga with Christine

Fridays | 5-6PM

Jump start your weekend with Gentle Yoga with Christine. Advanced sign-ups are required. Call or stop by the MWR fitness Center to sign-up. \$5 per class. Sign-up, call: (845) 938-6490 westpoint.armymwr.com





West Point Fitness Center



Mindful Living Workshop Tuesdays | 10:15AM | MWR Fitness Center



FIRST CLASS FREE. NOW \$10 per class or \$20 per 2 hour class. Have you ever been stressed because of work, family, relationship and all the other normal experiences we struggle with? Punita Jani-Thaker is the founder of SachetanLife, dedicated to making mindfulness accessible for all. More info/Sign-up, call: (845) 938-6490 westpoint.armymwr.com

Give the Gift of Massage!

Gift Certificates are available! Give your loved ones a day of relaxation this year. Partnered with Wellness Springs!

More info, call: (845) 938-6490 westpoint.armymwr.com



The co-op is dedicated to helping parents who want to work out without an infant or toddler hanging off their arm. Participants volunteer for shifts looking after children at the co-op (conveniently located at the MWR Fitness Center). More info, call: (845) 938-3969

westpoint.armymwr.com





Intramural Sports



MWR Intramural Hockey

Ongoing | MWR Staff and Faculty

The league will be held on Tate Ice Rink. League play will held on Mon. & Thurs. mornings at 6AM an Tues. at 12PM. Season passes must be purchased in order to participate. Registration open for individual players. More info call: (845) 938-3066



Community Skate

Sun. Jan. 19 & 26 2:30-4PM

Community Skate is back at Tate Rink for the 2019-2020 season! Season through March and is available most Sundays from 2:30-4PM.

More info call: (845) 938-3066



Noon-Time and Night-Time Basketball

Thru Feb 28 MWR Staff & Faculty

The league will be held at Arvin Gym. Noon-Time League play will be held on Mon. - Fri. at 12:10-1:00PM. Night-Time League play will be held on Mon. - Fri. at 6:30-9PM. Registration open for individual players.

More info call: (845) 938-3066



Badminton

Jan 14 - Mar 3 MWR Staff & Faculty

The league will be held at Arvin Gym. League play will be held on Mon. - Fri. at 6:30-8:PM. Registration open for individual players.

More info call: (845) 938-3066



Arts & Crafts Center

Calendar Jan. 2020

For the New Jan. Calendar

The West Point Arts & Crafts Center has amazing classes all. For a complete schedule of January & February classes go to:

westpointartsandcrafts.com



Framing, Engraving & Dye Sublimating

Get something special for anyone in your life with the help of the Arts and Crafts Center! At the Arts & Crafts Center we personalize any gift with custom engraving.

Learn more, call: (845) 938-4812



Gifts for All Occasions

The West Point Arts & Crafts Center can customize any gift for all occasions: bridal parties, weddings, birthdays, retirements, graduations and more! Learn more, call: (845) 938-4812



Auto Center Special

Oil Change Special

Conventional Oil Change: \$35* (Includes up to 5 qts of oil; additional qts extra)

Synthetic Oil Change: \$55* (Includes up to 5 qts of oil; additional qts extra)

*For most cars and light trucks.

Learn more, call: (845) 938-2074



NEW Hours at Auto!

Automotive Skills Center

NEW HOURS!!

The Auto Center is now open: Wednesdays from 11AM-7PM Thursdays from 11AM-7PM Fridays from 10AM-6PM Saturdays from 8AM-4PM Learn more, call: (845) 938-2074



Child & Youth Services

Palisades Mall Trip

Sat. Jan. 11 | 12-6PM Leave Youth Center at 12PM

The Palisades Mall has everything from movies, shopping, race-karts, obstacle courses, and more! Learn more, call: (845) 938-8889



Intro to Swim

Thursdays Jan. 16 - Mar. 5 6:30-7PM | Crandall Pool

This Stroke Development Course will help swimmers with their technique. 8 classes - \$80. Learn more, call: (845) 938-0939



Ice Time - Skating Trip

Fri. Jan. 24 | 7-9PM Leave Youth Center at 6PM

Go Ice Skating at Newburgh's Ice Time Skate Rink during the DJ Skate Night.

Learn more, call: (845) 938-8889



Child & Youth Services

Fine Arts Festival

Thurs. Jan. 30 | 5:30-7PM Youth Center

The youth at the Youth Center have been putting together pieces of artwork to be viewed by their families and friends.

Refreshments will be provided. Learn more, call: (845) 938-8889



Army Community Services

Survivor Access Badge

West Point is honored to use the Survivor Access Badge. For more information, speak with a Support Coordinator at ACS.

Learn more, call: (845) 938-5654 armymwr.com/survivor-out-reach

Wee Ones Open Play Group

Jan 13 & 27 | 9:30-11AM Youth Center

We invite children birth to four years of age and their parents to play together! Learn more, call: (845) 938-3655

Wee Ones Open Reading Group

Jan. 9, 23 | 9:30-10:30AM Bldg. 622 Conference Room

We invite children birth to four years of age and their parents to read together!

Learn more, call: (845) 938-3655







Paid Advertisement (No Federal Endorsement Intended.)



Afternoon High Tea

Saturday, Jan. 25th | 3pm - 5pm

reservations recommended



Paid Advertisement

(No Federal Endorsement Intended.



Visit the NEW Kiosk at the West Point Exchange!

In the PX Food Court Mon. - Fri. 9AM-5PM

For questions and information on your TRICARE Benefits, an employee is available.

- Enrollment Eligibility
- Pharmacy Benefit
- Vision Benefit
- Retirement Transition
- Primary & Secondary Coverage
- Portability & Provider Network

Darrel Hutchinson, Sr. Health Benefits Consultant **dhutchinson@svcmcny.org** (646) 354-0126

Customer Service: 1-800-241-4848

Follow us on Social Media



#WESTPOINTMWR







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