





**USAG WEST POINT** 

# WHAT'S HAPPENING WITH FAMILY & MWR



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADDBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.





# MONTHOFTHE MUTARY GHILD

CLICK <u>HERE</u> TO VIEW THE MOMC CALENDAR OF EVENTS! JOIN MWR THIS APRIL FOR A MONTH OF CELEBRATION!



MONTH OF THE MILITARY CHILD "MILITARY CHILDREN BRAVE, FEARLESS, RESILIENT!"

# Sneaker Ball & Talent Show

A semi-formal dance with your favorite sneakers! Friday, April 5th from 5pm-8pm West Point Club (603 Cullum Road)

- ★ Free and open to the West Point Community ★
  - 🖈 Dance, talent show, photo booth, & more 🖈
- ★ Food and beverages available for purchase 🖈
- ★ Sensory-safe room with headphones will be available ★
- ★ To participate in the talent show, contact (845) 938–0633 ★

















SPONSORED BY (NO FEDERAL





# **MORGAN FARM**

JOIN US IN SUPPORTING MONTH OF THE MILITARY CHILD!

Open House

AT THE SAINT EQUESTRIAN CENTER

APRIL 2151 11:30AM 2PM



- \* MEET THE ARMY MULES!
- \* RAFFLES
- \* FREE PONY RIDES!
- \* BOUNCY HOUSES
- \* ACTIVITIES AND INFO FROM OTHER MWR DIVISIONS
- \* FOOD AVAILABLE FOR SALE BY THE WEST POINT CLUB

## OPEN TO THE PUBLIC!





LEARN ABOUT OUR RIDING LESSONS. SUMMER CAMPS. PET KENNELING. HORSE BOARDING. DOG GROOMING SERVICES. RECREATIONAL VEHICLE STORAGE. 6 MORE!





RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM



# MWR SPECIAL EVENTS



VIP HOUR: 6PM-7PM (INCLUDES EARLY ACCESS, VIP GIFT BAG, & HORS D'OEUVRES)

GENERAL ADMISSION: \$30. ONLINE PRE-SALE: \$25. VIP: \$40 DESIGNATED DRIVERS: \$5.

MUST BE AGE 21+ TO ATTEND. REGISTRATION & INFO AT WESTPOINT.ARMYMWR.COM









SPONSORED BY (NO FEDERAL ENDORSEMENT IMPLIED):







# **USMA GRADUATION SERVICES**



# MAKE YOUR USMA GRADUATION RESERVATIONS WITH MWR!

For West Point MWR Graduation Services information, click <u>HERE</u>

For West Point Club Graduation Week Lunch Tickets, click HERE

For West Point Club Catering requests, email <a href="mailto:westpointcatering@army.mil">westpointcatering@army.mil</a>

For Outdoor Graduation Tailgates, order **HERE** 



# West Point Club | Sunday, May 12th

Seatings at:

10:30am, 11:00am, 11:30am, 12:00pm, 12:30pm and 1:00pm

Register online at thewestpointclub.com or by calling the Club at (845) 938-5120.

Purchased before May 2nd Adults (12+): \$50 Under Age 12: \$25

Purchased after May 2nd Adults (12+): \$60 Under Age 12: \$30

Children under age 3 are free.

No refunds after May 6th.

Gate pass required for non West Point residents and non DoD card holders.











thewestpointclub.com

(845) 938-5120

# West Point Club Ala Carte Menu

603 Cullum Rd. | 845.938.5120

















Call the Club 72 hours in advance to place your order.

Our culinary professionals will be on the move to prepare your dinner to be ready for pick-up!

Pick-up time is between 12-5pm.











View full menu online at TheWestPointClub.com



CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



PATRONS, PLEASE NOTE: BENNY HAVEN'S LOUNGE HAS BEEN CLOSED INDEFINITELY.

#### **COCKTAIL HOUR PACKAGES**

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

2-Hour Package info <u>here;</u> 3-Hour <u>here</u>. Reserve yours today at (845) 446-5120!



# Club Lunch Program Check our Facebook page for weekly menu rotations!

#### **DINNER-TO-GO AT THE CLUB**

Available Wednesday & Thursday!

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu online <u>HERE</u>. Order at (845) 446-5504/5545/5506.

#### **CLUB LUNCH/GRAB-N-GO**

<u>Buffet & Carving Line</u>: available Wed & Thu, 10:30am-2pm in the Pierce Dining Room.

Express Buffet Lunch: available Tue & Fri by reservation only (20 person minimum).

More information available <u>HERE</u>. Order at (845) 446-5504/5545/5506.



Planning an event? Book one of our off-premise sites! (845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

# **WEST POINT GOLF COURSE**



# ANNUAL RASSISALE

GET READY TO SWING INTO ACTION! ANNUAL PASSES
FOR THE WEST POINT GOLF COURSE ARE NOW UP
FOR GRABS! ENJOY UNLIMITED ACCESS TO
OUR PREMIER GOLF COURSE FOR THE
ENTIRE 2024 SEASON!



# ANNUAL PASS COST (COVERS GREENS FEES ONLY):

YOUTH AGES 18 & UNDER, CADETS, & E1-E6: \$800 (FAMILY PASS: \$1160) E7-03: \$1600 (FAMILY PASS: \$2550)

04-010 & AUTHORIZED DOD PATRONS: \$1800 (FAMILY PASS: \$2900)

SENIORS AGES 62+ & VETERANS: \$2000 (FAMILY PASS: \$3000)

WEST POINT ARMY CONTRACTORS & ARMY COACHES: \$2500 (FAMILY PASS: \$3500)
GENERAL PUBLIC: \$3000 (FAMILY PASS: \$3600)

SEASON PASSES ARE AVAILABLE FOR PURCHASE AT THE VICTOR CONSTANT SKI LODGE.







732 VICTOR CONSTANT RD, WEST POINT, NY
CALL GOLF AT: (845) 938-2327/2435/2067
VISIT ONLINE AT WESTPOINT.ARMYMWR.COM
OR FACEBOOK: @WESTPOINTGOLFCOURSE



# **WEST POINT GOLF COURSE**



# **WEST POINT GOLF COURSE DAILY FEES**



<u>on weekdays</u>	<u>DAILY</u>	<b>TWILIGHT</b>
E1-E6, CADETS, YOUTH	\$46	\$28
E7-03	\$56	\$32
04-010, RETIREES, & DOD CIVILIANS	\$60	\$34
CONTRACTORS, VETS, SENIORS, & GUESTS	\$65	\$40
GENERAL PUBLIC	\$74	\$45



WEEKENDS & HOLIDAYS	<b>DAILY</b>	<b>TWILIGHT</b>
E1-E6, CADETS, YOUTH	\$53	\$30
E7-03	\$64	\$36
04-010, RETIREES, & DOD CIVILIANS	\$70	\$38
CONTRACTORS, VETS, SENIORS, & GUESTS	\$79	\$42
GENERAL PUBLIC	\$91	\$46

TWILIGHT PRICING STARTS AT 3PM (NOT AVAILABLE MONDAYS). ALL FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

# **WEST POINT BOWLING CENTER**

# **BOWLING HOURS**

Mon-Thu: 11am - 7:30pm Friday: 11am - 11pm Saturday: 12pm - 11pm

Sunday: 12pm - 7:30pm

DELIVERY HOURS

(For West Point locations only)

Mon-Weds & Fri: 11am - 7pm Thu & Sat-Sun: 12am - 7pm

Place your order at (845) 938-2140.

Sign up for a Bowling League today! League play runs Sep-May with Mon, Sun, and Thu evening league options. All Leagues are handicap formatted. Call (845) 938-2140 for info and assistance.

# **WEEKLY BOWLING SPECIALS**

# LUNCH N. BOMT

#### Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

# TIME FOR TOTS

#### Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$7.50 per child!

# COSMIC BOWLING

#### Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center! \$5.00 per person, per game.

## OPEN BOWLING

#### 7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals. What are you waiting for?



ON THE 2<sup>40</sup> THURSDAY OF EACH MONTH, FROM 4PM-5PM

#### **Sensory Friendly Bowling**

Offered from 4pm-5pm on every 2<sup>nd</sup>
Thursday of the month at the West
Point FMWR Bowling Center! During
this time, no music will play, and only
special needs bowlers will be allowed
use of the facility. Call (845) 938-2140
for more information.

# **WEST POINT BOWLING CENTER**

WEST POINT FAMILY & MWR BOWLING CENTER



# APRIL 15TH THRU AUGUST 31ST

Kids ages 2-15 get two FREE bowling games every program day! Register for this offer online at: kidsbowlfree.com/Army. On Friday and Saturday, games must be completed by 5pm. For more info, call the West Point Bowling Center at (845) 938-2140.











Mon-Thu: Ilan-7:30ps, Fri: Ilan-Ilps, Sat: 12ps-Ilps Sun: 12ps-7:30ps I www.westpoint.armymwr.com (895) 938-2190 I 822 Swift Rd. West Point, NY 10996



## **MORGAN FARM**



Pet Kenneling • Dog Grooming • Seasonal Riding Camp Riding Lessons • Horse Boarding • RV & Boat Storage



#### DOG GROOMING

- NAILS
   BATHS
- · FARS · TRIMS





# MORGAN FARM



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-IPM (845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM 206 MORGAN FARM ROAD, WEST POINT, NY 10996



#### PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



#### HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us online.

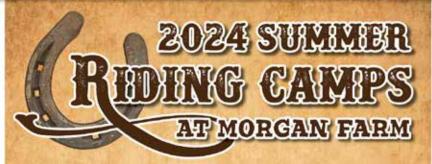




#### **HORSE BOARDING**

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us online.

# **MORGAN FARM**









RIDING LESSONS FOR ALL LEVELS OF EXPERIENCE!

# CAMP DATES

WEEK 1: JUN 10™ - JUN 14™

WEEK 2: JUN 17<sup>TH</sup> - JUN 21<sup>ST</sup>

WEEK 3: JUN 24TH - JUN 28TH

WEEK 4: JUL 8TH - JUL 12TH

WEEK 5: JUL 15™ - JUL 19™

WEEK 6: JUL 22ND - JUL 26TH

WEEK 7: JUL 29TH - AUG 2ND



EACH 5-DAY CAMP WILL RUN MONDAY-FRIDAY, 9AM-3PM.

THE PRICE FOR A 5-DAY CAMP IS \$390 PER CHILD.

REGISTRATION AND INFO AT WESTPOINT, ARMYMWR, COM







RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM (845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM



# LAKE FREDERICK RECAREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.











Contact the Lake Frederick Office at (845) 938-2649.

## LAKE FREDERICK CABIN RENTALS

Spend some quality time with your friends and family in our cozy lakeside bunk houses! Amenities include heat, a mini fridge, fire ring, & charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.









Wednesday April 24th 4-6:30pm

Round Pond Recreation Area

4-5pm: Scavenger Hunt & Hike 5-6:30pm: Bonfire & S'mores

Campfire, s'mores, games and activities provided.

Patrons should bring their own camp chairs.

This event is free and open to the West Point Community.

Sign-up online at westpoint.armymwr.com by 5pm on April 23rd.

For more info, call (845) 938-2503.









westpoint/armymwr.com



# **BULL POND REC AREA**

Bull Pond Recreation Area will reopen on April 15<sup>th</sup>! Lodging dates and application info available <u>HERE</u>.

















# **RESERVATIONS OPEN ON APRIL 6th!**

RESERVATIONS OPEN TO ALL ELIGIBLE DOD PERSONNEL.

Bull Pond Reservations are available on a first come, first serve basis. To make a reservation, call (845) 938-2649. Questions can be emailed to daniel.b.eichner.naf@army.mil. To see available lodging dates, please visit the Bull Pond page on westpoint.armymwr.com.







# FISHING & HUNTING

# - RECREATIONAL FISHING



#### **CURRENT SEASONAL FISH:**

- SMALL AND LARGEMOUTH BLACK BASS
- STRIPED BASS
   SUNFISH
   PERCH
- AMERICAN SHAD CRAPPIE EEL
- WHITEFISH\* ATLANTIC SALMON\*
- ALL TROUT SPECIES SPLAKE

\*Cannot be found on West Point.

#### Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide







# RECREATIONAL HUNTING



#### **CURRENT SEASONAL GAME:**

- SNOW GEESE: NOW - APR 15™

#### **SPRING TURKEY SEASON:**

- YOUTH HUNT: APRIL 20™ & 21st
- REGULAR: MAY 1ST MAY 31ST

TURKEY HUNTING HOURS: 1/2 HOUR BEFORE SUNRISE TO NOON. BAG LIMIT (YOUTH HUNT): 1 BEARDED BIRD. BAG LIMIT (REGULAR HUNT): 2 BEARDED BIRDS

#### **Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide**

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

# CAMPING MD ODR EQUIPMENT RENTALS







## **CAMPING RESERVATIONS FOR 2024 STASON**

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

#### **BULL POND | ROUND POND | LAKE FREDERICK**







## OUTDOOR RECREATION EQUIPMENT RENTALS

The <u>Outdoor Recreation Equipment Checkout Center</u> is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

# RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



# **AUTOMOTIVE SKILLS CENTER**



#### THE AUTO CENTER IS OPEN FOR FULL SERVICE!



#### **OIL CHANGE SPECIAL!**

Conventional Oil: \$45 for up to 5qts\*). Synthetic Oil: \$70 for up to 5qts\*). \*Additional quarts extra



#### **Auto Skills Center Hours**

**Tuesday - Saturday 8am - 4pm.**For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics! For more info, call us at (845) 938-2074. Reservations are required.

# **RENTAL FACILITIES**

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

VIEW OUR FULL RENTAL BROCHURE HERE!







# **RENTALS FOR ALL OCCASIONS!**







VICTOR CONSTANT SKI LODGE



**CLASS OF '49 LODGE** 



**CLASS OF '47 TRAIN STATION** 

# **ARTS & CRAFTS CENTER**

# APRIL

# CALENDAR OF EVENTS



A Stitch in Time: A Weekly Yarn Social

Wednesdays, 9am - 12pm

Bring your current projects and enjoy the company of your fellow textile artists!



#### **Home School Art Class**

Wed, Apr 10th

1:00pm - 2:00pm

Monthly art history projects for homeschoolers in grades K and up. "Alexander Calder". \$15 pp. Registration required.



#### Meet the Artist Class

Wed, Apr 10th

3:30pm - 4:30pm

Monthly art history projects for all youth in grades K & up. "Alexander Calder". \$15 pp. Registration required.



#### Little Impressionist

Thu, Apr 4th & 18th

10:30-11:30am + 1pm-2pm

Let your little one express their inner artist! For all children ages 6 or younger. \$5 pp. Registration required.



#### Creation Station Thu, Apr 4th & 18th

inu, Apr 4" & 18

3:00pm - 4:30pm

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.



#### **Adult Canvas Painting**

Thu, Apr 11th

5:30pm - 7:30pm or later

Paint hydrangeas with us on an 11"x14" canvas! \$25 pp. Registration required.



#### Open Studio

Each Tue, Wed & Thu

9:00am - 4:00pm

Drop in & create a work of art in ceramics, glass/resin, or canvas painting! Prices vary. Must start by 3pm. DID YOU KNOW? IF YOU'RE AN ADULT. BUT WANT TO LEARN ABOUT OUR HOME SCHOOL CLASS'S FEATURED ARTIST. YOU CAN DO A SELF-GUIDED CLASS © PROJECT DURING CREATION STATION OR OPEN STUDIO! CALL FOR DETAILS.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812











ARTS & CRAFTS CENTER HOURS:

TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

# ARTS & CRAFTS CENTER

MONTH OF THE MILITARY CHILD



SHARE YOUR ADVENTURES AS A MILITARY CHILD IN THE FORM OF A COMIC STRIP FOR THE CHANCE TO WIN A \$25 GIFT CARD!

ONE WINNER WILL BE CHOSEN PER AGE GROUP (AGES 0-4, 5-10, 11-14, & 15-18). STOP BY ARTS & CRAFTS BETWEEN 9AM-4PM TO PICK UP YOUR OFFICIAL COMIC STRIP PAPER ON ANY OF THE FOLLOWING DATES: APRIL 2\*\*0-4\*\*\*, AND APRIL 9\*\*-11\*\*\*. ENTRIES MUST BE SUBMITTED TO WEST POINT ARTS & CRAFTS (693 WASHINGTON ROAD) BY 4PM ON APRIL 16\*\*\*, AND WILL BE DISPLAYED AT THE MWR FITNESS CENTER FROM APRIL 22\*\*0-29\*\* TO BE VOTED ON BY THE COMMUNITY. GOOD LUCK!

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812











ARTS & CRAFTS CENTER HOURS: TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT. VISIT US ONLINE BY SCANNING THE QR CODE! OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

# **ARTS & CRAFTS CENTER**



9AM - 11:30AM

SESSION 1: JUNE 25™ - 28™ SESSION 2: JULY 9™ - 12™

SESSION 2: JULY 16TH - 19TH

SESSION 4: JULY 23\*0 - 26\*1

1PM - 3:30PM

SESSION 5: JUNE 25™-28™

SESSION 6: JULY 9TH - 12TH

SESSION 7: JULY 16™ - 19™

SESSION 8: JULY 23<sup>80</sup> - 26<sup>TO</sup>

WEST POINT ARTS © CRAFTS INVITES YOU TO JOIN THEM FOR SUMMER CAMP! WITH NEW PROJECTS EVERY DAY. YOUNG ARTISTS WILL EXPLORE DIFFERENT ART MEDIUMS WHILE STRENGTHENING THEIR SELF-CONFIDENCE. CREATIVE THINKING. AND ART MAKING TECHNIQUES. BOTH INDIVIDUALLY AND IN A COLLABORATIVE SETTING. CAMPERS WILL BE IMMERSED IN COLORS. LINES. SHAPES. © TEXTURES. CAMP SESSIONS WILL BE BURSTING WITH CREATIVE ACTIVITIES TO EXPLORE!

\$150 PER CHILD, PER SESSION. REGISTER OPENS 9AM MAY 14<sup>TM</sup> VIA WEBTRAC, IN PERSON, OR BY PHONE. FULL PAYMENT IS REQUIRED AT REGISTRATION. SPACE IS LIMITED, SO REGISTRATION IS FIRST COME, FIRST SERVED. DON'T DELAY; REGISTER NOW! SUMMER IN COLOR ART CAMP REGISTRATION WILL CLOSE AT 4PM JUNE 13<sup>TM</sup>. SESSIONS THAT DO NOT MEET THE MINIMUM PARTICIPATION REQUIREMENT ARE SUBJECT TO CANCELLATION.







WEST POINT ARTS & CRAFTS CENTER HOURS: TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT. CONTACT ARTS & CRAFTS AT (845) 938-4812.



### TRONSRUE MARKSMANSHIP CENTER

PLEASE NOTE: THE SHOOTING RANGE WILL BE CLOSED FRI. APRIL 26TH, IN SUPPORT OF THE SANDHURST COMPETITION



REC SHOOTING: <u>Tue-wed</u> 10am-3pm, & <u>Thu-fri</u> 6:30pm-9pm OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.



#### SRT. JUNE 22™. 9RM-5PM

AT TRONSRUE MARKSMANSHIP CENTER

LEARN: Firearm Basics for Revolver & Pistol, Shooting Fundamentals, Gear and Gadgets, Holster Draw, and Firearm Purchasing

COURSE INCLUDES: Live range time for practical application of the various shooting fundamentals and a USCCA certificate.

Cost: \$150 per person

Register online, in person at Tronsrue, or by calling (845) 938-1700.

WESTPOINT. RRMYMWR!COM









### TRONSRUE MARKSMANSHIP CENTER

# April is Month of the Military Child Come Celebrate with Transruel





# Thursdays in April | Youth Special | 6:20-Cpm | Free

Youth ages 12-15 shoot for free (includes one hour range time & firearm rental) and receive one (1) complimentary paper target on the same lane. Ammunition sold separately. Rentals are on a first come, first serve basis. Must be accompanied by an adult who is knowledgeable in firearm safety & instruction.

# Fitday, April 12th | Shooting Range Orientation 5-6:30pm | Youth ages 12-20 | \$20

Learn range safety & etiquette, types of pistols and rifles available at Tronsrue, & nomenclature. Parent or guardian must be present with student under 18yrs of age. No charge for parent or guardian supervising. This will be a live fire class for ages 12-20. Experience the sound and recoil of a .22cal rifle and AR type (age 12-15) & pistol (ages 16-20).

# Salurday, April 13th | Pistel Orientation 4-4pm | Youth ages 14-20 | \$50

Learn range & firearm safety, nomenclature & fundamentals.

This will be a live fire class on the 9mm M17 pistol.











Tronsrue Marksmanship Center Register online, in person or by calling (845) 938-1700.

westpoint.armymwr.com

#### TRONSRUE MARKSMANSHIP CENTER

DASTE PIETOL COMPSE NUMBAY | APML 1400 | 10AM-13PM

Basic: Saturday | April 13th | 1-3pm at Sunday | April 14th | 10am-12pm

Advanced: Sunday | April 14th | 1-5pm

#### **Pistol Courses**

Basic Course: April 13th, from 1pm-3pm, or April 14th, from 10am-12pm. Cost: \$50 pp.

Advanced Course: April 14th, 1pm-5pm. Cost: \$90 pp. Prerequisite: Basic Course.

All 3 at TMC. Cost includes rental firearm, ammo, targets, and eye & ear protection.

#### TRONSRUE MARKSMANSHIP CENTER



NYS Concealed Carry
Permit Course

#### NYS Concealed Carry Permit Course

June 8<sup>th</sup> & 9<sup>th</sup>, 9am-6pm at TMC. \$400 per person. 16 hr class + 2 hrs live fire. Both days required for permit. Learn firearm safety & fundamentals, and NY laws including use of deadly force as well as carry locations & possession.



#### **Daily Specials at Tronsrue**

Tuesday & Wednesday: \$10 Range Fee + \$5 Firearm Rental (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!



#### **Private Shooting Lessons**

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors.

Cost: \$85 for one person, or \$135 for two people. Ammo sold separately.

Available by appointment only.

CHECH OUT OUR NEW FACEBOOK PAGE!
VISIT US ONLINE AT WWW.FACEBOOK.COM/TRONSRUE

# LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!

NOTE: LTS WILL BE CLOSED ON MONDAY, APRIL 1<sup>ST</sup>.



# DAYTRIPPER - APR '24

#### THU, APRIL 11TH - LTS THEATER VAN TO BROADWAY



Treat yourself to a dazzling Broadway show with half-price tickets from the iconic TKTS booth! Or, just enjoy a night of fun in the Big Apple! We'll leave West Point at 4pm; depart NYC after shows (approx. 10:45pm).

Transport cost: \$30/adult & \$25/child.

## SAT, APRIL 20TH - THE HIGH LINE & CHELSEA MARKET



Enjoy a spring stroll thru Manhattan by walking the High Line, offering an elevated view of the skyline! After, explore delicious food and shopping at Chelsea Market! We will leave WP at 9am & leave NYC at 4pm.

Transport cost: \$30/adult & \$25/child.

## WED, APRIL 24TH - NYB GARDENS AND BRONX ZOO



Discover the tranquil beauty of the NY Botanical Gardens and/or the Bronx Zoo! Both attraction tickets must be reserved online in advance. We will leave from West Point at 8:45am and leave NYC at 3:30 pm.

Transport cost: \$30/adult & \$25/child.

Amusement Park Passes & Tickets available! Click <u>HERE</u> for info!

## **MWR SWIM**

# Lunchtime Lap Swim at Crandall Pool

12:00-1:45pm on the following days only.

January: 3, 5, 8,10,16,18, 24, 26, 29, 31 February: 5, 7, 9, 12, 14, 20, 22, 26, 28 March: 1, 4, 6, 11, 13, 15, 18, 20, 25, 27, 29 April: 2, 4, 8, 10, 12, 15, 17, 22, 24, 29 May: 1, 6, 8, 10, 15, 17, 21, 23, 29, 31

Crandall Pool is located at 727 Brewerton Rd., Arvin Gym.



## Waterfront Skills & Lifeguarding CPR/FA/AED

May 4th Round Pond Beach at 10am

Crandall Pool from 12:00pm to 6:00pm.

May 6th Buffalo Soldier Pavilion from 2:30pm to 4:30pm

May 11th Round Pond Beach at 10am

Crandall Pool from 12:00pm to 6:00pm.

May 12th Buffalo Soldier Pavilion from 9am to 11am

Open to ages 15 and up. Limited seats available.

Sign-up today at the MWR Fitness Center.

## **MWR FITNESS CENTER**

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.



CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.



MONDAY - THURSDAY | 9AM MWR FITNESS CENTER S5 PER CLASS

To sign-up, call (845) 938-6490.

westpoint.armymwr.com



- Prepare your body for real life movement and activities.
- Train your muscles to work in unison.
- Simulate common movements you would do at home, work or in sports.



MWR Fitness Center
Boston
Marathon
Challenge

APRIL 15TH - 22ND | 2024

EXAMPLY OF THE MATERIAL PROPERTY.

Complete a full marathon of 26.2 miles.
Run at your own pace indoors or outdoors on any race route.
Must verify distance/lime on a filness tracker device or screenshot.
Must complete marathon in one week.
Marathon time must be submitted NLT 8am on April 23rd.

Prizes will be given to everyone who completes the marathon.

Registration is free and open to all DoD Community Members.

For more info, call (845) 938-7060.

westpoint.armymwr.com

## **MWR FITNESS CENTER**





Mondays, Thursdays & Fridays 9:30-10:30am

STARTING APRIL 1ST NEW LOCATION!

DRAGON PARK

#### BRING YOUR KIDS!

Single Class Pass \$12 | Five Class Pass \$60 Ten Class Pass \$110 | Unlimited Monthly \$65

On sale online at westpoint.armymwr.com or at the Fitness Center.

westpoint.armymwr.com | (845) 938-6490









STARTING SEPTEMBER 11TH CLASSES WILL BE HELD ON MONDAYS & WEDNESDAYS ONLY.

## **Zumba with Lindsey**

Monday & Wednesday, 6pm-7pm at the MWR Fitness Center. \$5 pp. Pre-register online via Webtrac or purchase class coupon at the front desk. Call (845) 938-6490 or visit westpoint.armvmwr.com for info.

# Parent/Child POWER ZON













Starting February 1, MWR is introducing Parent/Child Power Zone. This program is an opportunity for active parents to bring their child to the West Point MWR Fitness Center and work out in our dedicated Fitness Studio!

This room will include a Rower, Spin bikes, Exercise Balls, and Free Weights to cover your fitness needs without the hassle of looking for a babysitter!

> Monday - Thursday: 0900 to 2000 Friday: 0900 to 1800 Saturday - Sunday: 0900 to 1700

- · Parents are responsible for their children at all times
- · Child must be in the room at all times while parent is working out · Babies must be kept in their strollers
- · Children should be an arms length from their parents at all times
- · Children should not play with weights

# **MWR FITNESS CENTER**



Mother's Day Special 
May 12th-19th

25% off massage therapy services for mothers at the MWR Fitness Center!

Living Angelic offers a wide variety of different massage techniques to help you heal and feel less tense!

Contact the MWR Fitness Center at (845) 938-6490 to schedule your appointment today.











westpoint.armymwr.com

For more info, call (845) 938-7060.

# **MWR INTRAMURAL SPORTS**

West Point Community
Monday Morning
WOMEN'S
WOMEN'S
DOUBLES TENNIS
League

#### STARTS JANUARY 22ND

MONDAYS ONLY | 9AM = 11AM LICHTENBURG INDOOR TENNIS FACILITY

Seasonal Pass Required | \$80 DoD/\$90 NoN-DoD

Open to Active Duty Personnel, DoD Civillans, Retired Personnel West Point Community Family Members & approved non-DoD. To sign-up, call MWR Intramural Sports at (845) 938-3066.



West Point Community
Noontime
Noontime
Badminton/Pickleball
Open Play

# **Starts January 9th**

TUESDAYS | 12PM-1PM
Arvin Gym 2nd Floor Courts

Open to Active Duty Personnel, DoD Civilians, Retired Personnel, West Point Community Family Members & Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066.

## MWR INTRAMURAL SPORTS



## WP Community Monday Evening Pickleball League

Mondays from 7pm-9pm at the Lichtenburg Indoor Tennis Facility. Seasonal Pass required (Cost is \$80-\$90).

To sign up, call (845) 938-3066



# WP Community Noontime 4 on 4 Volleyball League

Wednesday & Friday only, from 12:15pm-1:15pm at Arvin Gym 2<sup>nd</sup> Floor Courts. League runs October 27<sup>th</sup> - May 1<sup>st</sup>.

To sign up, call (845) 938-3066



# WP Community Adult Intramural Golf League

Tuesdays, 4:30pm to Dusk, at the West Point Golf Course. League will run April 2<sup>nd</sup> - August 27<sup>th</sup>.

To sign up, call (845) 938-3066



# WP Community Noontime Ultimate Frisbee League

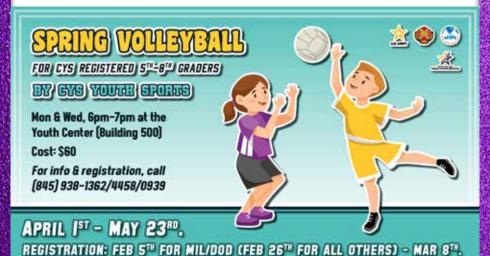
Monday through Friday, 12pm-1pm at Daly Field. League will run March 19<sup>th</sup> - May 1<sup>st</sup>.

To sign up, call (845) 938-3066. Team Entry deadline is March 12<sup>th</sup>.





FOR GRADES K-5. COST BASED ON INCOME. REQUESTS OPEN ON FEB 151 AT 12:30PM ON MILITARYCHILDCARE.COM



OCUSITIESS
BABYSITTER GERTIFICATION GOURSE

#### CYSitters Babysitting Certification Course

Sat, April 13th, 9am-4pm at the School Age Center (140 Buckner Loop). \$20 per person. Open to CYS registered Youth aged 12+ Register via Webtrac, or by contacting P&OS. Registration runs thru Apr 11th or until full. Max: 8.

MONTH OF THE MILITARY CHILD

# DRILY FUNESS CHALLENGE

EACH WEEKDAY MORNING DURING THE MONTH
OF APRIL, CYS YOUTH SPORTS WILL POST A
FITNESS CHALLENGE ON THEIR FACEBOOK

→ PAGE (@WESTPOINTCYS)!





FOR MORE INFORMATION. CONTACT THE YOUTH SPORTS OFFICE AT (845) 938-3266.







CYS YOUTH SPORTS OFFICE: (845) 938-3266
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



# WEST POINT GYS WALK-IN HIRING EVENT

#### **CYS Walk-In Hiring Event**

CYS will be conducting on the spot interviews every Tuesday from 10am-2pm at the Stony CDC (1207 Patrick Trail)! Full time, part time, and Flex positions available. Must bring valid ID & transcripts/high school diploma. Visitor's Pass required to enter Base.

# TAEKWONDO

Mon & Wed, 11:15am-12pm at the MST (BLDG 500)

Mon & Wed, 5:15pm-6pm at the SAC (BLDG 140)

Registration: Feb 20" for Mil/DoD (Feb 28" for others) to Mar 8". To register, call (845) 938-0939/4458/1362.



# SCHOOL SUPPORT SERVICES PRESENTS:







JOIN CYS FOR A HANDS-ON STEM EVENT FEAT. ROBOTS! USMA STEM OUTREACH WILL BE BRINGING VEX ROBOTICS KITS SO YOU CAN BUILD, PROGRAM, AND COMPETE AGAINST OTHERS WITH YOUR ROBOT! FREE & OPEN TO HOME SCHOOLERS IN GRADES 5-8. REGISTER MAR 11" - APR 10" VIA WEBTRAC OR PAGS. FOR MORE INFO. CALL (845) 938-2092.

APRIL 11" 8:30AM-11:30AM AT THE YOUTH CENTER



SEASON RUNS APRIL IST THRU MAY 23".

REGISTRATION: FEB 5TH FOR MILIDOD (FEB 26TH FOR ALL OTHERS) - MAR 8TH.

Baseball + Football + Soccer + Run + Gym + Fitness

#### CYS YOUTH SPONSORSHIP PROGRAM



#### **CYS Youth Sponsorship**

Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit westpoint.armymwr.com

Wast Point Middle School/ Teen Center is looking for Child & Youth Program Resistants!

Part-Time & Flex positions are available

Salary Renges from \$18.50 \$24.53 per hour





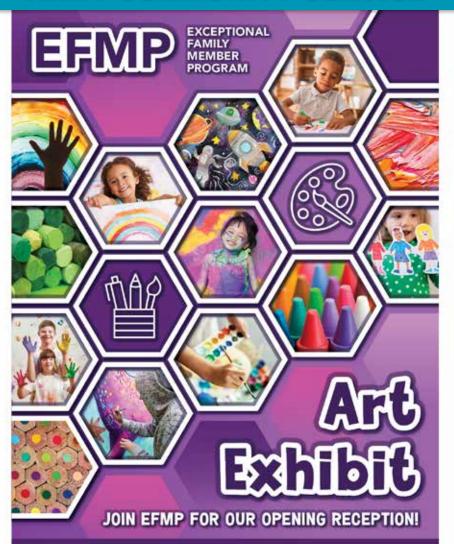












ON APRIL 1514, JOIN EFMP AT THE PX (1204 STONY LONESOME RD) FROM 4PM-5:30PM FOR THE OPENING RECEPTION OF OUR EFMP ART EXHIBIT, FEATURING INCREDIBLE ARTWORK BY ARTISTS WITH SPECIAL NEEDSI THIS FREE EVENT IN SUPPORT OF AUTISM AWARENESS AND ACCEPTANCE MONTH WILL INCLUDE FUN GIVEAWAYS, MUSIC, LIGHT REFRESHMENTS, AND ART ACTIVITIES. COME CELEBRATE THE DIVERSITY THAT ENRICHES OUR WORLD! THE EXHIBIT WILL BE ON DISPLAY THROUGH APRIL 2216. FOR MORE INFO. CALL (845) 938-5655.







CALL ACS AT: (845) 938-3655 / EFMP: 5655
VISIT MWR AT: WESTPOINT.ARMYMWR.COM

• WESTPOINTARMYCOMMUNITYSERVICE







Certified instructors from the Town of Woodbury Police Department will lead this interactive 4-session workshop. Participants will have a chance to practice their skills, including a real-world simulation! Leave feeling empowered to defend yourself in any given situation!

This event is free and open to all female DoD Cardholders ages 14\*. Participants must attend all four sessions in order to receive a certificate. Space is limited, so registration is required. To make a reservation, please call (845) 938-0629 or email emily.a.calangi2.civ@army.mil.













#### **SOS Constellations**

Survivor Outreach Services invites Gold Star Families to join them on the third Wednesday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.





Join the West Point Family Advocacy Program for our workshops on the following topics:

- April 1st, 1pm-2pm Problematic Sexual Behavior in Children & Youth
- April 4th, 11:30am-12:30pm Couples Communication
- April 11th, 11:30am-12:30pm Stress and Anger Management
- April 17<sup>th</sup>, 4pm-5pm Positive Parenting
- April 18th, 11:30am-12:30pm Enhancing Your Child's Wellness
- May 2nd, 11:30am-12:30pm Couples Communication
- May 9th, 11:30am-12:30pm Stress and Anger Management
- May 15<sup>th</sup>, 4pm-5pm Positive Parenting
- May 23<sup>rd</sup>, 11:30am-12:30pm Perinatal Wellness
- June 3<sup>rd</sup>, 1pm-2pm Problematic Sexual Behavior in Children & Youth
- June 6th, 11:30am-12:30pm Couples Communication
- June 13th, 11:30am-12:30pm Stress and Anger Management
- · June 26th, 4pm-5pm Positive Parenting
- June 27th, 11:30am-12:30pm Family Advocacy Program Overview

REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-0629. ALL SESSIONS ARE FREE AND TAKE PLACE AT THE ACS BUILDING (622 SWIFT ROAD).











# Wee-Play & Wee-Kend



# WEE-PLAY: 9AM-10AM BI-WEEKLY, TUESDAYS

Wee-Play is an open play group designed for your little ones to learn, play, make new friends, and develop their social, cognitive, and motor skills. This group also provides a great opportunity for West Point parents to connect and socialize with each other!

New Schedule is as follows: April 9th | May 7th & 21st | June 4th

# WEE-READ: 9AM-10AM BI-WEEKLY, WEDNESDAYS

Wee-Read is a fun-filled story time with activities that promote speech development and learning. Come listen to a new story with us every session, and complete a themed activity together!

New Schedule is as follows: April 10th | May 8th & 22nd | June 5th

PROGRAMS NOW OFFERED IN THE SCHOOL AGE CENTER GYM (140 BUCKNER LOOP)

Free and open to all ranks & DoD civilians with children ages 4 or younger.







CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM

• @WESTPOINTARMYCOMMUNITYSERVICE







ENJOY AN EVENING OF BOWLING ON US! INCLUDES 2 CAMES, SHOE RENTAL, PIZZA, AND UNLIMITED FOUNTAIN DRINKS!

Free and open to all Cadets, Active Duty, Guard, Reserve, & Veteran Service Members and their families! Offer is limited to the first 50 bowlers. Participants must adhere to the event's start and end times.













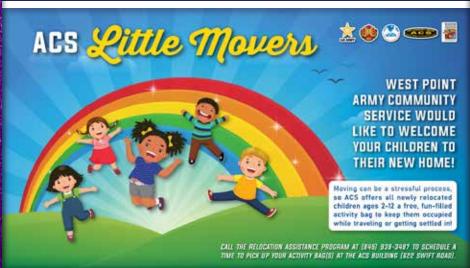
Just PCS'ed to West Point? Want to learn more about the installation? Then you need the...





# ACS Employment Readiness Program (ERP)

ERP advances careers by providing info about job search tips, education, training, transition, and volunteering to Soldiers, DoD Civilians, and their Family. Call (845) 938-0232 for details.



# BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:

- Same-day urgent care appointments
- Quick and easy specialty referrals
- An extensive network of providers and facilities close to your home
- Free eyewear, free dental care, and \$250 gym reimbursements

**USFHP.NET** 



A TRICARE PRIME OPTION



West Point Family & MWR 681 Rogers Place, Rm 202 West Point, NY, 10996





