



# Connections

JULY - SEPTEMBER 2021

## INSIDE THIS ISSUE:

Child Development Center	2
School Age Center	3
Middle School and Teen Center	4
Youth Sports and Fitness	5
School Support Services	6
CYS Nurse Notes	7
Parent and Outreach Services	8

## Updates to West Point CYS

### Drop-Off & Pick-Up

We are pleased to announce that effective **2 August, 2021**, parents/guardians have been approved to enter the caregiving area to facilitate drop-off and pick-up of their children. After signing their children into the classroom at drop-off, parents/guardians will be required to assist their children with handwashing.

Please note: CYS Staff will continue to receive, screen and store infant bottles in classroom refrigerators at drop-off as well as retrieve from storage at pick-up.

### Meal Service

Family Style Dining within our CDC programs and Buffet Style Dining for all older children will be reinstated beginning **2 August, 2021**. West Point CYS Staff are excited to once again assist and engage the children in this Best Practice. Children build coordination, develop their self-help and social skills, turn-taking and community relationships. Family Style and Buffet Style dining also promote decision-making and problem-solving as children choose foods and healthy quantities.

Please note: Though they will continue to role model self-service, Staff will not eat and will remain masked during mealtimes.

West Point CYS will continue to augment current practices to meet changing guidance while balancing developmentally appropriate practice.

### Parent Participation Events

With Patron/Guardian classroom access increased, our CDC and SAC programs invite all enrolled patrons to once again attend in-person facility events. Times and event details will be posted on the Parent Information Board one month prior to event.

### Child Development Center

- 19 August 2021**—Strong Beginnings Orientation
- 16 September 2021**—Stony Open House
- 21 October 2021**—Stony Fall Festival
- 18 November 2021**—Thanksgiving Luncheon
- 1–31 December 2021**—Multicultural Holiday Celebrations

### School Age Center

- 5 August 2021**—Before/After School Orientation
- 16 September 2021**—SAC Open House
- 14 October 2021**—SAC Fall Festival
- 10 November 2021**—Thanksgiving Luncheon
- 15 December 2021**—Cocoa Pouches Project



Save the Date!

# Stony Child Development Center



Happy Summer to all of our Stony CDC families! We are looking forward to an incredible summer with your children. Here at the Stony CDC, we use developmentally appropriate practices to help your children grow and learn through play. The children have ample space to explore math, literacy, science, engineering, technology, and art. The children will also have the opportunity to play outside, weather permitting, so be sure to fill out a basic care form and bring sunscreen. We are looking forward to seeing each and every one of you!



## Summer Water Play!

Your child will need:

Bathing suit \* Closed-toe water shoes  
Towel \* Approved Sunscreen



## Curriculum Snapshots



**17.a** Uses and appreciates books and other texts



**33.** Explores the visual arts



**7.** Demonstrates fine-motor strength and coordination

CDC Infant, Toddler and Preschool Staff provide daily programming which is developmentally appropriate. Activities, environments and interactions are focused on Teaching Strategies Creative Curriculum's 38 Objectives for Learning and Development.



## Family Resources

**Understanding and Responding to Children Who Bite**

<https://www.naeyc.org/our-work/families/understanding-and-responding-children-who-bite>

**10 Tips for Raising a Compassionate Infant-Toddler**

<https://www.naeyc.org/our-work/families/raising-compassionate-infant-toddler>

**Help your Preschool Gain Self-Control**

<https://www.naeyc.org/our-work/families/help-your-preschool-gain-self-control>

**NAEYC.ORG**

Have a question about CDC programming?

Contact the CDC Management team:

845-938-4798/4523.

### REMINDER:

All adults and children 2 + entering facility must wear a face mask.

No longer required for children during outdoor play.

# School Age Center



**FRONT DESK**  
**845-938-8530.**

PAGE 3

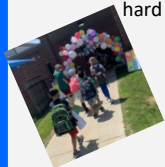
West Point School Age Center is currently offering Summer Camp care for School Age children enrolled in Child and Youth Services at West Point, in addition to Full Day School Age care for Hybrid and Remote Learning Models in other districts. The School Age Center provides programming through developmentally appropriate activities and enriched environments that promote learning and exploration in five different services areas. If you are interested in joining the SAC programming, Request SAC care Today on [militarychildcare.com](http://militarychildcare.com).

## CURRENT & PAST EVENTS

Before and After School Registration for School Year 2021 through 2022 now OPEN on [militarychildcare.com](http://militarychildcare.com)!

### Last Day of WPES

The last day of school for West Point Elementary School was 10 June 2021. The children were greeted with a balloon arch immediately off the bus to celebrate all the hard work the children endured this year. Congratulations to all students for completely another hard but successful school year.

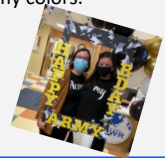


### Summer Camp

Summer Camp has officially kicked off. From sports at H lot to water play on the field and lost of programming in between, the children are having a blast. The future of Summer Camp holds several activities including under the sea, mystical creatures, superhero's and a couple of visits from mad science.

### Happy Birthday Army!

SAC celebrated Army's 246th birthday with several other activities. Families were greeted with a balloon arch encouraging children to ask about the army's birthday. Children dressed up each day of the week participating in a Spirit week, and cupcakes were served decorated in Army colors.



## SAC Scoop!

### Smart Girls

We all gathered for one last time, and shared an activity we each enjoyed most from the club. Our last day of club we celebrated with a dance session, ideas for next year's Smart Girls Club, and a photo booth. The best part of the day is when I asked, "What is something you love about yourself?" and all the girls provided a positive answer.



### Triple Play

A Game Plan for the Mind, Body and Soul is BGCA's proven health and wellness program co-sponsored by the Anthem Foundation and founding partner The Coca-Cola Company. Here at SAC, we encourage children to live healthy lifestyles. Triple Play Club takes place in the gym every week. During the month of May, Triple Play solely focused on physical fitness. The Wall of Fame is used to showcase individual strengths as well as to inspire others to find their inner strengths.



### STEAM

In May, STEAM Club made Shrinky Dinks keychains! Each child picked and printed a character they wanted. They taped the shrinky dink plastic on top of their picture, outlined and colored the picture with sharpies. Once completed, staff cut out the picture, placed it in the oven and watched them shrink!



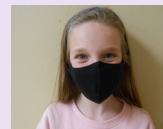
## STARS OF THE MONTH

### Kind Kid of the Month

Children are nominated by staff based on the pillars of character. Once the children are narrowed down to 2-3 in their age range, their peers nominate them to be child of the month.



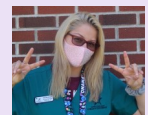
Alex P.



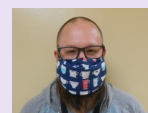
Katherine R.

### Staff of the Month

Staff are nominated by parents, colleagues and children by filling out a nomination form located at the front desk. At the end of each month, a child who has been awarded and kid of the month, will draw a name from the shout out basket.



Ms. Martina



Mr. Cory





# Middle School and Teen Center

The Youth Center provides programs for youth to get involved in based on our 5 service areas: The Arts, Education & Career Development, Character & Leadership Development, Health, Wellness & Life Skills, and Sports & Recreation. We send out monthly program calendars, trip information, upcoming events, and volunteer opportunities to parents emphasizing the particular programs and clubs going on for the current month (if you are not receiving emails, please make sure your contact information is up to date at Parent Central).

**\*The Youth Center is currently closed until further notice \***

**July-August Trips and Events are to be determined and will be announced through RecConnect and our social media platforms**



**BOYS & GIRLS CLUBS OF AMERICA**

## HUDSON MAYER YOUTH OF THE YEAR!!

I AM WELCOME @ WEST POINT, NY



#ARMYYOUTH #WESTPOINTCYS  
#GETCONNECTED #KNOWYOURSLO  
#MAKINGMOVESMEMORABLE



### New York State Military Youth of the Year Runner up 2021

Hudson Mayer earned the honor of the West Point Youth of the Year and West Point Middle School & Teen Center representative for The Boys and Girls Club of America's Youth of the year competition at the state/military level.

Hudson was highlighted in the West Point Pointer View where he stated, "It was really exciting to be recognized as the BGCA West Point Youth of the Year." "I really appreciate Mrs. Riley for helping me apply and prepare. "My participating in the competition has made me feel more confident. Now I feel like I can do anything."

I AM WELCOME @ WEST POINT, NY



#ARMYYOUTH #WESTPOINTCYS  
#GETCONNECTED #KNOWYOURSLO  
#MAKINGMOVESMEMORABLE

### Youth Sponsorship

12 youth participated  
in the youth sponsorship  
training to be sponsors  
for our new incoming youth  
arriving at West Point this



### S.T.E.M ROCKET LAUNCH



**The youth designed, built and blasted off their rockets!!!**



# Youth Sports Programs

**Spring Sports** were a huge success thanks to our volunteer coaches! CYS Youth Sports would not have nearly as much impact as a program without the service, sacrifice, and leadership of our volunteer coaches. These special individuals embody the heart of CYS Youth Sports and Fitness by facilitating, leading, and exemplifying inclusion every time they step onto the field. Sports this spring. Specifically we would like to send up a huge thank you to two coaches who signed up for not one but two sports this spring.

**Coach Yeye** and **Coach Ruff** were on the field Monday through Thursday coaching, modeling leadership and most importantly ensuring the children were having fun. Coach Yeye and Coach Ruff are an example of some of the awesome volunteers we have the opportunity to work with. If you played sports as a kid or in college and want to pay it forward to today's youth, then become a volunteer coach!



**CYS Volunteer Coaches** encourage all children to explore the world of sports, learn the fundamentals of good sportsmanship and have fun at the same time. Contact CYS Youth Sports and Fitness to begin the process 845-938-3208.

## Fall Sports Sign Ups

Fall sports registration will begin on **Monday, July 12<sup>th</sup> for Military & DOD Civilians**. All other eligible participants may register starting **Monday, August 2<sup>nd</sup>**. Sports offerings will include: running club, volleyball, soccer, and flag football. Season will be from August 30th through October 28th.



## Youth Sports Weather Hotline:

**845-938-8897**

Information regarding cancellations due to inclement weather and adverse field conditions.

## Youth Sports Office :

**845-938-8896/3208**



## Rec Soccer

Start Smart (age 3) - \$25  
Just 4 U (age 4) - \$25  
Division A (ages 5-6) - \$55  
Division B (ages 7-8) - \$55  
Division C (ages 9-11) - \$55

## Running Club

Ages 7-12 at 4-5pm - \$25  
7th & 8th Graders at 3-4pm - \$25

## Flag Football

Collegiate (ages 7-9) - \$55  
Junior NFL (ages 10-12) - \$55  
7th & 8th Grade - \$55

## Volleyball

Ages 7-12 - \$55

# Greetings from the CYS Nurse



Happy Summer Everyone!!

Here are a few summer tips to remember:

1. **Wear sunscreen**-apply sunscreen 30 minutes prior to exposure to the sun and reapply every two hours or immediately after being in the water.
2. **Stay hydrated**— adults should drink 8 glasses of water a day. Wear light clothes. If extended time in heat, monitor for heat related illness. Symptoms include headache, dizziness, nausea, and muscle cramps. Seek a cool environment and drink fluids, preferably sport drinks.
3. **ALWAYS** supervise children when in or near water. Monitor ALL pool activities. Swimming lessons for all children is recommended.
4. **ALWAYS** wear a helmet when biking, motorcycling, horseback riding or when on an ATV.
5. **Tick checks**-complete a body check upon returning from the outdoors, followed by showering.
6. **Car safety-NEVER** leave children unattended in a vehicle. Get your child's car seat checked for proper fit.
7. Playground equipment can become extremely hot during summer months. Monitor temperature of equipment before and during playtime.



Christine Marino, CYS Nurse

**Contact Information:**

christine.s.marino.naf@mail.mil

845-938-8528





# School Support Services

PAGE 7



## **APPLY FOR GRATITUDE INITIATIVE'S FREE COLLEGE PREP PROGRAM!**



Gratitude Initiative's mission is to provide educational support and college scholarships to children and families of military service members, veterans, disable veteran and those killed in defense of our country.

**WHO:** Students in 8<sup>th</sup> – the beginning of 12<sup>th</sup> grade

**WHAT:** Comprehensive college prep that includes access to the online program from anywhere around the globe and degreed experts that work directly with you via email, phone or chat. The program offers a customized action plan, unlimited access to your team of advisors, career and college selection and admissions counseling, SAT, ACT and PSAT test prep and financial aid and scholarship counseling that includes review of all financial aid forms.

**HOW:** [gratitudeinitiative.org](http://gratitudeinitiative.org)

Select **APPLY FOR PROGRAMS** to start the process!



**The Youth Sponsorship Program** is designed to help your child make a smooth transition from your previous community and school to your new West Point community and school! We have trained Youth Sponsors that we can connect your child to. The Youth Sponsor can answer questions, provide information about the school, expose them to various local activities and events and help your child meet new people!

To get a Youth Sponsor, Contact **School Support Services at 845-938-2092**

**For More Information Contact: [michi.l.carl.naf@mail.mil](mailto:michi.l.carl.naf@mail.mil) 845-938-2092**

# Parent & Outreach Services

## Parent Central Services

Monday-Friday

7:30 AM - 5:00 PM

845.938.1362

845.938.4458

845.938.0939

**Walk-ins welcomed  
starting 1 August!**

## *Parent Participation*



**You can earn a 10% discount on  
your child care bill!**

The West Point CYS parent Participation Program provides parents an excellent opportunity to share their unique gifts, talents and abilities while volunteering to support regularly scheduled programs (full day and before and/or after school). See your child's program management for ways you can participate (Due to COVID protocols, in-person volunteering may be limited at this time).

## Parent Education Opportunity

**"Setting Limits for Toddlers"**

31 August 2021 @ the Stony CDC

1145-1315 and 1800-1930

Register starting 16 August 2021 by calling 845-938-3969



## *Parent Advisory Board (PAB)*

All CYS Patrons are General Members of the West Point CYS PAB. The PAB provides an avenue for two-way feedback about CYS program operations between patrons and the command as well as helps identify parent/community needs. The West Point CYS PAB meets formally once a quarter; all CYS Patrons are welcome to attend these meetings along with the elected PAB Board Officers and West Point CYS Program representatives. PAB Board Officers are available outside of quarterly meetings and can be reached via multiple avenues:

General inquiries can be sent to **Secretary Mike Ruppert**: [mikerruppert97@gmail.com](mailto:mikerruppert97@gmail.com).

If you need to connect with the **President Dr. Mia Reisweber**, please call or text 607.220.8895

If you'd like to chat in person with our PAB representative on USMA's campus, please stop into **Treasurer Dr. Kamil Woronowicz's** office in Bartlett Hall Room 366.

**Child and Youth Services Board Member Emily Miller** can be reached at

Emily.s.miller1.naf@mail.mil or 845.938.5838.