



USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

JANUARY ²⁰/₂₅



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

UPCOMING MWR EVENTS



UPCOMING EVENTS & PROGRAMS

(CLICK ON HYPERLINKED ACTIVITIES FOR MORE INFO)

JANUARY

- 7th** [First CYS Taekwondo Class - Tuesdays at the SAC thru Feb 18th](#)
- 8th** [First CYS Rock Climbing Class - Wednesdays at the MST, 4pm-4:50pm](#)
- 11th** [Handgun 101: Basic Firearms Training at Tronsrue, 2pm-6pm](#)
- 12th** [CYS Learn to Play Ice Hockey at Bear Mtn. Ice Rink, 8am-9am](#)
- 14th** [CYS Taekwondo at SAC, Ages 5-6: 5pm-5:30pm; Ages 7-12: 5:30pm-6:15pm](#)
- 15th** [Blueprints to Financial Freedom Workshop: 12pm-1pm at the ACS BLDG](#)
- 15th** [CYS Rock Climbing at the MST, 4pm-4:50pm](#)
- 14th** [SOS Constellations: A Gathering of Gold Stars - 10am-11am at the ACS BLDG](#)
- 18th** [Outdoor Rec Starlight Snowshoeing at Victor Constant Ski Area, 7pm-10pm](#)
- 19th** [CYS Learn to Play Ice Hockey at Tate Ice Rink \(in Holleder Center\), 2pm-3pm](#)
- 21st** [CYS Taekwondo at SAC, Ages 5-6: 5pm-5:30pm; Ages 7-12: 5:30pm-6:15pm](#)
- 22nd** [CYS Rock Climbing at the MST, 4pm-4:50pm](#)
- 24th & 25th** [Father & Daughter Dance at the West Point Club, 6:30pm-9pm](#)
- 26th** [CYS Learn to Play Ice Hockey at Bear Mtn. Ice Rink, 8am-9am](#)
- 28th** [CYS Taekwondo at SAC, Ages 5-6: 5pm-5:30pm; Ages 7-12: 5:30pm-6:15pm](#)
- 29th** [Blueprints to Financial Freedom Workshop: 12pm-1pm at the ACS BLDG](#)
- 29th** [CYS Rock Climbing at the MST, 4pm-4:50pm](#)

THE BOWLING CENTER WILL BE CLOSED FOR BOWLING DURING JANUARY, BUT WILL REMAIN OPEN FOR FOOD SERVICE.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

Father & Daughter Dance



West Point Club
Friday, January 24th
Saturday, January 25th

From 6:30-9pm

- Dinner Buffet
- Dessert and Dancing
- Dress is Sunday Best
- Photo Booth

Calling all dads, grandfathers, brothers, uncles, moms, sisters, aunts and friends to our annual Father Daughter Dance.

Reservations online only at thewestpointclub.com.

Presale Pricing

(Dec. 16 -Jan. 17 - Online Only)

Adult \$32

Child \$22

Regular Pricing

(Subject to availability, only by calling or visiting the WPC.)

Adult \$40

Child \$30

(applicable to child 13 or younger.)

No refunds for cancellations after January 12, 2025.

Gate pass required for non-West Point residents and non-DoD card holders.



For more info, call
(845) 938-5120.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

Mother & Son Dance



West Point Club
Friday, February 7th
From 6:30-9pm

- Dinner Buffet
- Dessert and Dancing
- Dress in Sunday Best
- Photo Booth

Calling all Moms, Grandmothers, Sisters, Aunts, Dads, Brothers, and Uncles to our annual Mother & Son Dance.

Presale Pricing

(Dec. 19 - Jan. 31 - Online Only)

Adult \$32

Child \$22

Regular Pricing

(Subject to availability, only by calling or visiting the WPC.)

Adult \$40

Child \$30

(applicable to children 13 or younger.)

No refunds for cancellations after January 27, 2025.

Register online at thewestpointclub.com.

Gate pass required for non-West Point residents and non-DoD card holders.



For more info, call
(845) 938-5120.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



COCKTAIL HOUR PACKAGES

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

2-Hour Package info [here](#); 3-Hour [here](#). Reserve yours today at (845) 446-5120!



DINNER-TO-GO

★
AT THE WEST POINT CLUB

Available Tuesday - Friday Starting January 7th.

Call (845) 446-5506/5504 by 2pm to order. Please specify a pickup time between 4:00pm and 5:30pm. 4 Servings for \$35 or 6 Servings for \$50.

For a complete menu, visit thewestpointclub.com

NEW SCHEDULE FOR 2025! STARTING JAN 7TH

Planning an event? Book one of our off-premise sites!
(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

VICTOR CONSTANT SKI AREA

FOR DAILY UPDATES & OPERATION TIMES, CALL (845) 938-2475

**NOW OPEN FOR
THE SEASON!**

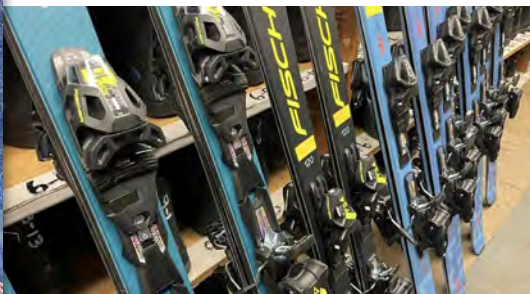


VISIT US ONLINE HERE!

MULTI-WEEK SKI LESSONS WILL GO ON SALE DEC 9TH FOR ACTIVE DUTY MILITARY & DEPENDENTS; DEC 10TH FOR ELIGIBLE DOD CIV CARDHOLDERS & DEPENDENTS; AND DEC 11TH FOR THE GENERAL PUBLIC. SALES ARE ONLINE ONLY.



SNOW PASSES, EQUIPMENT RENTALS, TUNING & REPAIR, LOCKERS, AND MERCHANDISE ARE AVAILABLE HERE!



SEASONAL SKI AND SNOWBOARD RENTALS

LIMITED INVENTORY AVAILABLE—
PURCHASE YOURS TODAY! ON-SITE
(SKI OR SNOWBOARD) AND OFF-SITE
(SKI ONLY) RENTALS ARE AVAILABLE.

***VCSA SEASON PASSES ARE NOW AVAILABLE!
INCLUDES UNLIMITED, WEEKDAY, AND WEEKEND SKI PASSES.***

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

VICTOR CONSTANT SKI AREA

WELCOME BACK LESSONS Skiing and Snowboarding



Victor Constant Ski Area

Saturdays | 4 sessions

February 1st, 8th, 15th, & 22nd | 9-10am

This weekly clinic is designed to help you out of the lodge and back on the mountain! Our instructors will work with you to build both technique and confidence. Wherever you are now, we'll help you get to the next level or at least where you left off.

\$72 - 4 Lessons

\$80 - Add Daily Rentals - 4 Rentals

\$36 - Add Daily Snow Pass - 4 Passes

For more info, visit victorconstantski.com or call (845) 938-8810.



Scan the QR Code to register online with WebTrac.



UNITED STATES ARMY INSTALLATION
MANAGEMENT COMMAND

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM



Pet Kenneling • Dog Grooming • Seasonal Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage

Grooming & Kenneling Services

We offer kenneling for dogs and cats, with daily dog walks, large dog runs, a climate controlled facility, and multi-pet discounts! Grooming is also available, including baths, nail & coat trims, and ear cleaning. For more info, call (845) 938-3926 or visit us [online](#).



HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](#).

HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us [online](#).



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM



Equine Assisted — ACTIVITIES —

Starting September 2024, Morgan Farm will be offering Equine Assisted Unmounted Activities. These 12 week programs are designed to build relationships outside of one's self, as well as confidence, independence, patience, self-care, empathy, and fun while interacting with horses!

All sessions will be taught by a P.A.T.H. (Professional Association of Therapeutic Horsemanship) International Certified instructor, and will be tailored to each individual or group's needs.



Hour or half-hour sessions are available Sunday thru Thursday in private, semi-private, or group formats (limit 6 per group).

Pricing for Equine Assisted Services

- **Half-Hour Introductory/Assessment Session:** \$46 (limit 1 per person)
- **1 Hour Private, 12 Sessions:** \$600 pp
- **1 Hour Semi-Private, 12 Sessions:** \$550 pp
- **1 Hour Group, 12 Sessions:** \$500 pp

Open to people of all ages and abilities! For more info, call (845) 938-3926.



U.S. ARMY



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CAMPING AND ODR EQUIPMENT RENTALS



OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center has all the your party equipment you need for the Holidays! To rent tables or chairs for your event or family gathering, please visit the Outdoor Recreation Equipment Checkout Center's webpage and click the "Email Us" link to make a reservation.

RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

ARMY MWR OUTDOOR RECREATION PRESENTS:

Bounce House Bonanza

Saturdays

January 11th | February 8th | March 8th
2 sessions 9am-12pm and 1-4pm | \$5 per child



Want to stay warm this winter and let out your energy? Join ODR at the Middle School Teen Center (MST building 500) for hours of jumping and sliding, during our Bounce House Bonanza!

Register at the Victor Constant Ski Area or online at westpoint.armymwr.com. Walk-in spots available as well. For more info, call (845) 938-8810.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

SEASONAL MID-WEEK CABIN SPECIALS



LAKE FREDERICK CABIN SPECIAL

(Available October through March)

Check in on a Monday or Tuesday, stay two nights, and get the third night (a value of \$100) FREE!

To receive discount, call the Lake Frederick office at (845) 938-2649.

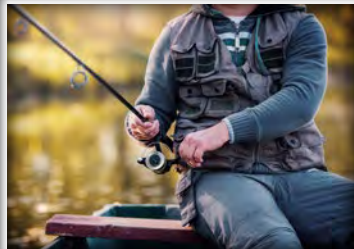
DISCOUNTS NOT AVAILABLE ONLINE. EXCLUDES HOLIDAYS & WEEKENDS.

FISHING & HUNTING

[Fishing Permits & Fishing Info](#) | [NYS Freshwater Fishing Guide](#)

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

[Hunting Permits & Hunting Info](#) | [NYS Hunting & Trapping Guide](#)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

ARMY MWR OUTDOOR RECREATION PRESENTS:

Starlight Snowshoeing

**January 18th* & February 1st, 7-10pm
February 16th, 5:30-8:30pm**

\$25 per person

**The January 18th event will be held January 25th if the ski slope is not yet open.*



Join us at the Victor Constant Ski Area for an enchanted evening of snowshoeing on the slopes! Registration costs include snowshoes, trekking poles and a bonfire with smores at top of the slopes.

**Register online at westpoint.armymwr.com,
VCSA Rental Building or by calling (845) 938-8810**



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

LAKE FREDERICK RECREATION AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Lakeside bunk house amenities include heat, a mini fridge, fire ring, and charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.

BULL POND RECREATION AREA

Bull Pond is available to DOD civilian employees! Lodging dates and application info available [HERE](#).



INFO ON THE 2025 BULL POND SEASON LOTTERY COMING SOON!
FOR QUESTIONS, CALL (845) 938-2649 OR EMAIL DANIEL.B.EICHNER.NAF@ARMY.MIL.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER



THE AUTO CENTER IS OPEN FOR FULL SERVICE!

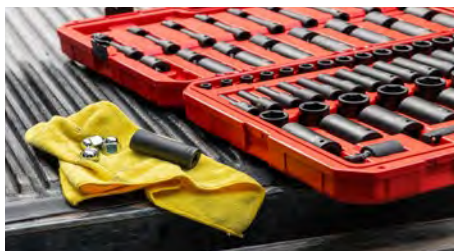
OIL CHANGE SPECIAL



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*
Synthetic Oil: \$70 for up to 5qts*.

**Additional quarts extra*



Auto Skills Center Hours

Tuesday - Saturday 8am - 4pm.

For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

For more info, call us at (845) 938-2074. Reservations are required.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

UNLEASH YOUR CREATIVITY!

The Arts & Crafts Center offers a variety of craft classes for all ages, including pick-and-paint pottery, stained glass, canvas painting, glass fusion, pallet painting, mosaics, sewing, scrapbooking, and more! Birthday packages and private event bookings are also available. Call (845) 938-4812 for more info.

BE ON THE LOOKOUT FOR NEW CLASSES AND EVENTS AS WE RELEASE OUR MONTHLY ARTS & CRAFTS CENTER CALENDAR!

Our custom framing experts will help turn your achievements into timeless works of art! Choose from 500+ quality mouldings, 450 acid-free mats, & UV-Protective glass. DIY framing classes are also available by appointment.

Turn your gift-giving up a notch! West Point Arts & Crafts offers framing, engraving, full color sublimation services, and other unique gifting options!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

JANUARY CALENDAR OF EVENTS



Open Studio

Each Tue, Wed, & Thu

9:00am - 4:00pm

Drop in & create a work of art in ceramics, glass/resin, or canvas painting! Prices vary. Must start by 3pm.



A Stitch in Time: A Weekly Yarn Social

Wednesdays, 9am - 12pm

Bring your current projects and enjoy the company of your fellow textile artists!



Resin Class

Tue, Jan 7th

5:30pm - 7:30pm

Create an 8"x10" Cardinal piece of resin art. \$40 pp. Registration required.



Little Impressionists

Thu, Jan 9th & 23rd

10:30-11:30am or 1pm-2pm

For ages birth through 5 years old. \$5 per child. Registration required.



Creation Station

Thu, Jan 9th & 23rd

3:30pm - 4:30pm

Complete a craft of your choice! Project prices start at \$15. For ages 5+. Registration required.



Family Canvas Painting

Tue, Jan 14th

5:30pm - 7:30pm

"Winter Mittens". Everyone can paint their own set of winter mittens! \$20 pp. Registration required.



Home School Art Class

Wed, Jan 15th

1:00pm - 2:00pm

Monthly art history projects for homeschoolers in grades K+. "Élisabeth Vigée Le Brun". \$15. Registration required.



Meet the Artist Class

Wed, Jan 15th

3:30pm - 4:30pm

Monthly art history projects for all youth in grades K+. "Élisabeth Vigée Le Brun". \$15. Registration required.



Art Attack

Fri, Jan 17th

10am-12pm or 1:30-3:30pm

Create a unique artwork for free! Part of the "Resiliency Thru Art" program. Registration required.



Pick & Paint Ceramics

Sat, Jan 25th

9:00am - 12:00pm

Create a work of art in our Ceramics Studio! Prices vary. Must start project by 11am. Registration suggested.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

FEBRUARY CALENDAR OF EVENTS



A Stitch in Time: A Weekly Yarn Social

Wednesdays, 9am - 12pm

Bring your current projects and enjoy the company of your fellow textile artists!



Little Impressionists

Thu, Feb 6th & 20th

10:30-11:30am or 1pm-2pm

For ages birth through 5 years old. \$5 per child. Registration required.



Creation Station

Thu, Feb 6th & 20th

3:30pm - 4:30pm

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.



Resin Class

Fri, Feb 7th

5:30pm - 7:30pm

Create an 8"x10" Heart piece of resin art. \$40 pp. Registration required.



Family Paint Night

Thu, Feb 11th

5:00pm - 6:30pm

Paint your heart out with us! Your choice. \$20 pp. Registration required.



Art Attack

Wed, Feb 12th

10am-12pm or 1:30-3:30pm

Create a unique artwork for free! Part of the "Resiliency Thru Art" program. Registration required.



Home School Art Class

Wed, Feb 19th

1:00pm - 2:00pm

Monthly art history projects for homeschoolers in grades K and up. "Bisa Butler". \$15 pp. Registration required.



Meet the Artist Class

Wed, Feb 19th

3:30pm - 4:30pm

Monthly art history projects for all youth in grades K and up. "Bisa Butler". \$15 pp. Registration required.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
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OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

TMC RANGE CLOSURES: JAN 14TH & 15TH (FOR A PRIVATE EVENT), AND JAN 31ST + FEB 7TH (FOR ARMY PISTOL TEAM)

OPERATIONAL HOURS: TUE-WED: 10AM-3PM; THU-FRI: 6:30PM-9PM



OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

WINTER BREAK HOURS: JANUARY 2ND & 3RD: 3PM-9PM



HANDGUN 101:

Basic Training of Firearms and the Fundamentals

Saturday, January 11th | 2-6pm



Learn firearm safety and the fundamentals of shooting. Gain confidence needed to safely handle and operate a firearm. Open to all patrons & general public ages 16 and up. No experience or equipment necessary to participate.

\$90 per Person & Includes:
Firearm, targets, ammunition, safety glasses & hearing protection.

Register online at westpoint.armymwr.com, at the center or by calling (845) 938-1700.



VISIT US ONLINE AT WWW.FACEBOOK.COM/TRONSRUE

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

TRONSRUE MARKSMANSHIP CENTER



Women Only

Introduction to Pistol

Saturday, January 11th, 9am-1pm

\$90 per person

665 Tower Rd. | West Point, NY

Learn firearm safety and the fundamentals of shooting.
Gain confidence needed to safely handle and operate a firearm.

Available to women only, ages 16 and up.

No experience or equipment necessary to participate.



Register online at
westpoint.armymwr.com,
at the center or by calling
(845) 938-1700.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

VALENTINES DATE NIGHT

Thursday, February 13th | 6:30-9pm



Celebrate Valentine's Day at the Tronsrue Marksmanship Center!

Cost is \$100 per couple and includes range fee, firearm rental, box of ammo, ear/eye protection and two targets.

Plus you will receive a \$50 MWR gift card that can be used at any of our West Point MWR facilities.

(Gift card can be used at a later date).

Sessions are for 1 hour shared range time valid for February 13 only.

Couples can arrive anytime between 6:30-8pm.

Military/DoD ID Required to Participate.



Register online, at the center
or by calling (845) 938-1700.

westpoint.armymwr.com

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER



Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.



Daily Specials at Tronsrue

Tues & Wed: enjoy Lunch Hours rate from 10am to 3pm (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

TRONSRUE CLOTHING AND STICKERS ARE AVAILABLE!



Tronsrue
Marksmanship
Center

**PUNCH PASSES
ON SALE NOW!**

WEST POINT FAMILY AND MWR



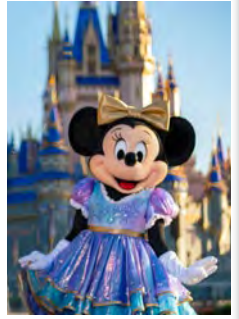
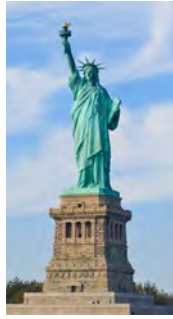
GIFT CARD

TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



LEISURE TRAVEL SERVICES FUN & EXCITEMENT AT YOUR FINGERTIPS!

WALT DISNEY WORLD MILITARY SALUTES PASS 2025



Now available! Choose either a 4-day, 5-day, or 6-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility plus ID)

- 6-Day w/ Park Hopper®: \$409 + tax.
- 5-Day w/ Park Hopper®: \$389 + tax.
- 4-Day w/ Park Hopper®: \$369 + tax.

DISCOUNT UNIVERSAL
STUDIOS TICKETS ARE
AVAILABLE AT LTS!

FOR MORE INFO, CALL
(845)-938-3601



LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

24/7 FITNESS ACCESS AT THE WEST POINT FITNESS CENTER

- ✓ YOU MUST BE AN AUTHORIZED USER OF THE MWR PHYSICAL FITNESS CENTER (AW AR 215-1, TABLE 7-1 AND A MINIMUM OF 18 YEARS OLD (17 YEARS OLD FOR ACTIVE DUTY)).
- ✓ PRE-REGISTER, IN-PERSON, AT THE MWR FITNESS CENTER.
- ✓ 24/7 WILL BE AVAILABLE NIGHTS, WEEKENDS, HOLIDAYS AND DURING SEVERE WEATHER, BUT YOU MUST BE PREREGISTERED TO TAKE ADVANTAGE.

THE FITNESS CENTER WILL REMAIN OPEN DURING CODE REDS. MUST BE REGISTERED FOR THE 24/7 FITNESS ACCESS TO USE THE FACILITY. ENTER AT YOUR OWN RISK. WE ARE NOT RESPONSIBLE FOR ANY INJURIES THAT MAY OCCUR IN OR OUTSIDE OF THE FACILITY DUE TO WEATHER. LOCKER ROOMS MAY BE CLOSED, BUT BATHROOMS ARE AVAILABLE.

Parent/Child POWER ZONE

AT THE MWR FITNESS CENTER



Parent/Child Power Zone

Bring your child with you and work out in our dedicated Fitness Studio! Room includes Rower, Spin Bikes, Exercise Balls, & Free Weights. Children must be supervised at all times. Hours are Mon-Thu: 9am-8pm; Fri: 9am-6pm; & Sat-Sun: 9am-5pm

Yoga

with Krista K



Yoga with Krista K is canceled through January 3rd, and will resume on January 6th.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

NEW YEAR DEALS

MWR FITNESS CENTER Month of January Deals

**Looking to start the new year off correctly?
Come purchase a Massage Therapy Session or
Personal Training Sessions in the month of
January and receive 10% off the services!**

**For pricing of the massage therapy and personal
training sessions, visit westpoint.armymwr.com.**



**For more info, call
1 (520) 717-9827.**



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.

PERSONAL TRAINING SESSIONS AND ASSESSMENTS

STOP BY OR CALL (845) 938-6490 TO SET UP A SESSION OR ASSESSMENT TODAY! FOR DETAILS, CALL OR VISIT ONLINE.

CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

S.L.A.M. *SWEAT LIKE A MOTHER!*

Fitness Class

Mondays, Thursdays & Fridays
9:30-10:30am

STARTING APRIL 1ST
NEW LOCATION!

DRAGON PARK



S.L.A.M.

A fitness class for mothers! Mon & Fri, 9:30am-10:30am at Dragon Park. Bring your kids! Single Class Pass: \$12. Five Class Pass: \$60. Ten Class Pass: \$110. Unlimited Monthly Pass: \$65. On sale online or at the Fitness Center front desk. Call (845) 938-6490 for info.

Living Angelic Massage Therapy



MASSAGE THERAPY NOW AVAILABLE THROUGH LIVING ANGELIC AT THE MWR FITNESS CENTER!

Living Angelic Massage Therapy

Helping you heal by relieving your tension with a wide variety of massage techniques! Schedule an appointment today by calling Elliot at (347) 567-6060. Full list of pricing and services at westpoint.armymwr.com.

STARTS
OCTOBER
29th

WAKE UP WITH PAT

Tuesdays & Thursdays
6:30-7:30am

MWR Fitness Center | \$5 per class

westpoint.mwr.com | (845) 938-6490



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RECREATIONAL SWIMMING



West Point Community, we need you! In order to establish a Noontime Lap Swimming program at Crandall Pool in Arvin CPDC, West Point MWR is seeking volunteers to serve as lifeguards. Current certified lifeguards are preferred but free Red Cross Lifeguard Training is available. Volunteer Hours are Wednesdays & Fridays, 1200 – 1345. All volunteers must have a valid DOD ID Card. For more information or to volunteer today, please email WestPointSFA@army.mil or call 845-938-7060.

Prerequisites for Free Red Cross Lifeguard Course: Candidates MUST

1.) Be age 18+. 2.) Be able to: Continuously swim 300yds (back/side swimming not allowed); Tread water using only legs for 2 min; and be able to, within 1 min 40 sec, swim 20 yds, surface dive to a depth of 7-10ft to retrieve a 10lb object, return to the surface & swim 20yds on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to breathe, and exit the water without using a ladder or steps.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RECREATIONAL SWIMMING

Lunchtime Lap Swim

• AT CRANDALL POOL •

Available 12pm-1:45pm on the following days:

Winter/Spring 2025

Jan: 8th, 13th, 15th, 21st, 23rd, 27th, 29th

Feb: 3rd, 5th, 10th, 12th, 18th, 20th, 24th, 26th

Mar: 3rd, 5th, 10th, 12th, 24th, 26th, 31st

Apr: 2nd, 7th, 9th, 14th, 16th, 22nd, 25th, 28th, 30th

May: 5th, 7th, 12th, 14th

Open to Active Duty Personnel, DoD Civilians, Retired Personnel, and West Point Community Family Members.



Crandall Pool is located at
727 Brewerton Rd., Arvin Gym
(845) 938-7060



MWR INTRAMURAL SPORTS



WP Community Noontime
Indoor Pickleball
Tuesdays & Thursdays from
12pm-1pm at Arvin Gym 2nd Floor
Courts. Played year-round!
To sign up, call (845) 938-3066



WP Community Adult
Intramural Hockey
Sun 5:30pm-7pm, plus Mon & Fri
6am-7:30am, at Tate Rink in the
Hollerder Center. Season Pass
required. Sep 15th thru Mar 14th.
To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS



WP Community Weds Eve Women's Doubles Tennis

Wednesdays, 7:30pm-9:30pm at
the Lichtenburg Tennis Center.
Season Pass required. \$100 DoD;
\$110 all others) Jan 22nd - Apr 30th.

To sign up, call (845) 938-3066



WP Community Monday Women's Doubles Tennis

Mondays, 9am-11am at the
Lichtenburg Tennis Center.
Season Pass required. \$100 DoD;
\$110 all others) Jan 13th - Apr 21st.

To sign up, call (845) 938-3066



WP Community Monday Evening Pickleball

Mondays, 7:30pm-9:30pm at the
Lichtenburg Tennis Center.
Season Pass required. \$100 DoD;
\$110 all others) Jan 13th - May 5th.

To sign up, call (845) 938-3066



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS

2024-2025

West Point Community Skate Program

Tate Rink - Holleder Center



Sundays | 3:15-5:15pm

November 3rd & 17th | December 15th | February 2nd & 9th

Christmas Break | 1-3pm

Friday, December 27th



Cost

\$3 per person

No Cash, Credit/Debit Card Only.



Open to Active Duty Personnel, DoD Civilians,
Retired Personnel, & West Point Community Family Members.

Skaters must supply their own skates.

For more information, call the sports office at (845) 938-3066.



UNITED STATES ARMY INSTALLATION
MANAGEMENT COMMAND

westpoint.armymwr.com



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS

West Point Community

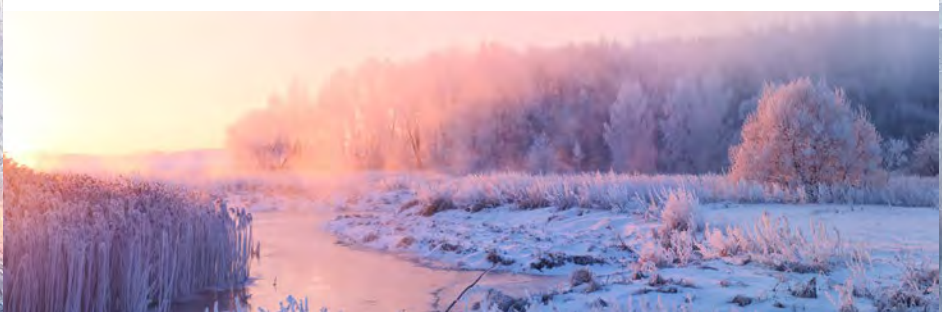
3 on 3 NOONTIME BASKETBALL LEAGUE

November 4 - March 14

Mondays & Thursdays | 12:15PM-1:15PM
Arvin Gym 4th Floor Courts

Open to Active Duty Personnel, DoD Civilians, Retired Personnel,
West Point Community Family Members & Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066.



West Point Community 4 on 4 Noontime VOLLEYBALL LEAGUE

WED & FRI ONLY | OCT 6 - MAY 7
12:15-1:15pm | Arvin Gym 2nd Floor Courts

Open to Active Duty Personnel,
DoD Civilians, Retired Personnel, and
West Point Community Family Members
and Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

TAEKWONDO

BEGINNER SESSIONS FOR YOUTH AGES 5-12



OFFERED BY CYS
YOUTH SPORTS

TUESDAYS, JAN 7TH - FEB 18TH

AT THE SCHOOL AGE CENTER (140 BUCKNER LOOP)

AGES 5-6 (Little Dragons): 5pm-5:30pm. \$55.

AGES 7-12: 5:30pm-6:15pm. \$70.

REGISTRATION OPENS DEC 11TH AND CLOSSES JAN 6TH. TO REGISTER, CALL (520) 717-9763/9724/9740. MAKE-UP CLASS (IF NEEDED) WILL BE FEB 25TH.



CYS YOUTH SPORTS OFFICE: (845) 938-3727
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

PART-DAY CARE PROGRAMS AT THE STONY CDC (1207 PATRICK TRAIL)

BEFORE CARE & AFTER CARE

For WP Elementary UPK Program Participants

- Runs Mon-Fri, 6am-5:30pm
- WPES will bus children between the CDC & School
- Full-day care is provided on school-out days



Program follows the WPES DoDEA Calendar, and may be requested on www.militarychildcare.com.
Cost based on CYS Fee Policy. CYS registration is required. Call (845) 938-1362/4458/0939 for info.



*Wishing you a
Happy New Year!*

VIEW THE YOUTH SPORTS 2024-2025 CALENDAR HERE

WEST POINT CYS WALK-IN HIRING EVENT

CYS Walk-In Hiring Event
CYS will be conducting on the spot interviews every Tuesday from 10am-2pm at the Stony CDC (1207 Patrick Trail)! Full time, part time, and Flex positions available. Must bring valid ID & transcripts/high school diploma. Visitor's Pass required to enter Base.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES



UNITED STATES ARMY
CHILD & YOUTH SERVICES



SALARY RANGE:
\$18.50 - \$23.77
PER HOUR



JOIN OUR TEAM

APPLY BY SCANNING
QR CODE, OR GO TO
WWW.USAJOB.SOV

ALL NEW HIRES
WILL RECEIVE A

\$500
RECRUITMENT
BONUS!

WEST POINT CYS IS HIRING!

MAKE THE MOST OF YOUR SPARE TIME AT THE YOUTH CENTER (MST)!



SCHOOL YEAR HOURS
2:30PM - 5:30PM

MST FEATURES: • FREE WIFI • SNACKS • HOMEWORK ASSISTANCE • CLUBS • ACTIVITIES • SPECIAL EVENTS
• MACBOOKS • GYM • CAFÉ • GAME ROOM • THEATER ROOM • MUSIC/TEEN ROOM • ART ROOM

THE MST (MIDDLE SCHOOL & TEEN CENTER), IS FREE AND OPEN TO ALL WEST POINT MIDDLE & HIGH SCHOOLERS! YOUTH MAY REGISTER TO USE THE FACILITY (AT 500 WASHINGTON RD) AT ANY TIME. HOWEVER, IF THEY REQUIRE ANY RESCUE MEDICATION, THEY MUST FIRST REGISTER THROUGH PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.



CYS YOUTH SPONSORSHIP PROGRAM



JOIN OUR TEAM & WELCOME NEW STUDENTS!

CYS Youth Sponsorship
Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit westpoint.armymwr.com

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ACS PRESENTS: BLUEPRINTS TO
**FINANCIAL
FREEDOM**



12PM-1PM AT THE ACS BUILDING
(622 SWIFT ROAD)

BI-WEEKLY, ON WEDNESDAYS

JOIN ACS FOR A NEW WORKSHOP SERIES DESIGNED TO GUIDE PARTICIPANTS ON A JOURNEY OF FINANCIAL FREEDOM AND INDEPENDENCE USING TRIED AND TRUE METHODS FOR PERSONAL FINANCE! THESE SESSIONS—OFFERED THROUGHOUT THE YEAR—WILL FOCUS ON BUDGETING, HEALTHY MONEY HABITS, INVESTING, TAXES, AND FINANCIAL GOALS. FREE AND OPEN TO ALL DOD ID CARDHOLDERS! TO REGISTER, EMAIL TIMOTHY.L.POOLE15.CIV@ARMY.MIL 1 WEEK BEFORE EVENT.

**SPRING 2025 SCHEDULE: JANUARY 15TH & 29TH,
FEBRUARY 12TH & 26TH, AND MARCH 12TH & 26TH**



U.S. ARMY



CALL ACS AT (845) 938-4621, OR VISIT THEM
ONLINE AT WWW.WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

JOIN ACS FOR **FAMILY GAME NIGHT**

FEBRUARY 7TH, 5PM-7PM
@ THE ACS BUILDING
(BLDG 622)

**JOIN ACS FOR A FUN-FILLED GAME NIGHT WITH KARAOKE,
BOARD GAMES, VIDEO GAMES, AND LIGHT REFRESHMENTS!**

FREE AND OPEN TO ALL! NOTE: PARENTS MUST BE PRESENT AT ALL TIMES.



U.S. ARMY



CALL ACS AT: (520) 717-9739 / FAX: 9711
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Employment Readiness Program

Resume Review



Need help finding employment? Stop by the Employment Readiness Program (ERP) Office at the ACS Building (622 Swift Road)!

Have your resume reviewed by an Advanced Certified Resume Development Strategist, practice your intro “elevator pitch”, prepare for interviews, or get assistance with your job search!

Office Hours:

Mon - Thu

9am - 12pm

1pm - 4pm

FOR MORE INFO, CONTACT:

Charles E. Bernal

**Employment Readiness
Program Manager**

Building 622, Room 158



EMPLOYMENT READINESS: (520) 717-9437
EMAIL: CHARLES.E.BERNAL.CIV@ARMY.MIL
f: @WESTPOINTARMYCOMMUNITYSERVICE



ARMY COMMUNITY SERVICE

ARMY COMMUNITY SERVICE LENDING CLOSET

You can borrow items for up to 30 days ... **for FREE!**

- Dishware • Cookware • Utensils
- Small Appliances • Microwaves
- Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm at the ACS Building (622 Swift Road).



For more information, please call ACS at (845) 938-3487.

Constellations
A GATHERING OF SURVIVORS & GOLD STARS
10AM-11AM IN THE ACS BUILDING (622 SWIFT RD)
ON THE THIRD THURSDAY OF EACH MONTH

SOS Constellations

Survivor Outreach invites Survivors & Gold Star Families to join them on the third Thursday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.

ACS Little Movers
WEST POINT ACS WOULD LIKE TO WELCOME YOUR CHILDREN TO THEIR NEW HOME!

ACS Little Movers

West Point ACS welcomes children to their new home! ACS offers free, fun-filled activity bags for children ages 2-12 to entertain them while traveling or unpacking! Call (845) 938-3487 to schedule a pick up at 622 Swift Rd.

**ARMY COMMUNITY SERVICE
RELOCATION READINESS
NEWCOMERS
ORIENTATION
AND WELCOME**
HELD EVERY TUE AT 1PM & THU AT 9AM
AT 622 SWIFT RD, ACS HUDSON RM 156

ACS RRP Newcomers Orientation & Welcome

Relocation Readiness Program offers a Newcomers Orientation & Welcome every Tue at 1pm & Thu at 9am at 622 Swift Road in the ACS Hudson Room 156. Spouses are welcome to attend!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Wee-Play & Wee-Read



BOTH PROGRAMS TAKE PLACE IN THE SCHOOL AGE CENTER (BUILDING 140) GYM

***PROGRAMS EXCLUDE SCHOOL OUT DAYS. FREE & OPEN TO ALL RANKS & DOD CIVILIANS WITH CHILDREN AGES 4 OR YOUNGER. NO REGISTRATION REQUIRED. CALL (520) 717-9711 FOR INFO.**

WEE-PLAY: TUE

9AM-10AM, WEEKLY*

- JAN 7TH, 14TH & 28TH
- FEB 4TH, 11TH, 18TH & 25TH
- MAR 4TH, 11TH & 25TH

WEE-READ: WED

9AM-10AM, BI-WEEKLY*

- JANUARY 8TH & 22ND
- FEBRUARY 5TH & 19TH
- MARCH 5TH



Join the FAP at the ACS Building (622 Swift Rd) for our THRIVE workshops!



- Jan 6th, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- Jan 9th, 11:30am-12:30pm - *Stress and Anger Management*
- Jan 16th, 11:30am-12:30pm - *Couples Communication*
- Jan 22th, 4pm-5pm - *Enhancing Your Child's Wellness*
- Jan 30th, 11:30am-12:30pm - *Positive Parenting*

- Feb 6th, 11:30am-12:30pm - *Stress and Anger Management*
- Feb 19th, 4pm-5pm - *Perinatal Wellness*
- Feb 20th, 11:30am-12:30pm - *Couples Communication*
- Feb 27th, 11:30am-12:30pm - *Positive Parenting*

- Mar 3rd, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- Mar 6th, 11:30am-12:30pm - *Stress and Anger Management*
- Mar 13th, 11:30am-12:30pm - *Couples Communication*
- Mar 19th, 4pm-5pm - *FAP Overview*
- Mar 27th, 11:30am-12:30pm - *Positive Parenting*



REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-4621. ALL SESSIONS ARE FREE!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Paid Advertisement (No Federal Endorsement Intended)

BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE
PRIME OPTION



West Point Family & MWR
681 Rogers Place, Rm 202
West Point, NY, 10996



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