

County	Name	Location	Eligibility	Cost	Military Discount	Swim Lessons	Lesson Fees	All Year or Seasonal	Lap Swim
Rockland	Germonds Pool	West Nyack	Anyone	\$10	Combat Vets from	No	N/A	Seasonal	No
	Lake Nanuet	Nanuet	Anyone	\$10	Clarkstown	No	N/A	Seasonal	No
	Congers Pool	Congers	Anyone	\$10	No	No	N/A	Seasonal	No
	Aqua Swim	Monsey	Anyone		No	Yes	\$425-for five-30 Minutes (1Per)	All Year	No
	Rockland Lake State Pool	Valley Cottage	Anyone	\$5	No	No		Seasonal	No
	Rockland County YMCA	Nyack	Anyone		No	Yes	Varies between \$65-\$125	All Year	No
	Permiere Athletic Club	Montrose	Anyone	Varies	No	Yes	Adult Members \$172/Non Mem \$200-Youth Mem \$264/Non Mem 341	All Year	No
	Malden Aquatics	Suffern	Anyone	Varies	No	Yes	\$180-for five-30 Minutes (1Per)	All Year	No
Orange	Goshen Aquatic Center	Goshen	Anyone	None	No	Yes	4 Weeks   1 Class/week   \$125  3-5 years old   30 minutes 4 Weeks   1 Class/week   \$185  8-15 years old  60 minutes 4 Weeks   1 Class/week   \$125  8-12 years old   30 minutes	All Year	
	Sportsplex	New Windsor	Anyone	Varies	No	Yes	Adult-10 Classes(1 per week) 45 minutes \$300 Members: \$40/person-30 minutes - Non-Members \$45/person 30 minutes	All Year	Yes
	YMCA Monroe Middletown	Monroe Middletown	Anyone	Join Fee \$35 Membership Fee \$41 monthly	No	Yes	6 months to Adult - 30 minutes Aquacize-45 Minutes	All Year	Yes
	Bear Mountain State Park Pool	Bear Mountain	Anyone	Varies	No	No	Swimmng and Paddle Boat rentals	Memorial Day - Labor Day	No
	Valley Central High School	Montgomery	Anyone	\$3/person \$7/Family	No	Summers Only	NA	Lap Swim All year	No
	Golds Gym	Newburgh	Anyone	Varies	No	Yes	Group Infant to Adult 30 minuets/7weeks \$210 Private lessons available multiple prices	All Year	No
	Warwick Valley High School	Warwick	Anyone	Morning=Free Night=\$10 per month	No	N/A	NA	All Year	Yes
Dutchess	The River Pool	Beacon	Anyone	Free	No	No	NA	Seasonal July to Labor Day	No
	Splashdown Water Park	Fishkill	Anyone	Season pass \$120	No	No	NA	Seasonal (Dates not noted)	No