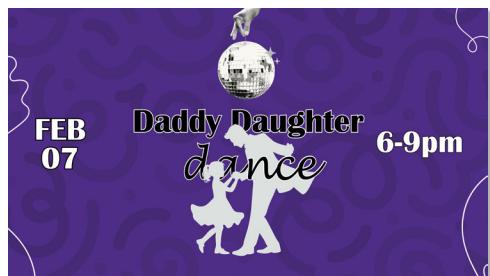




JANUARY 2026 HIGHLIGHTS

CLICK ON EVENT IMAGES FOR DETAILS. TO ENABLE EMBEDDED HYPERLINKS, FILE MUST BE OPENED IN ADOBE ACROBAT OR A WEB BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.

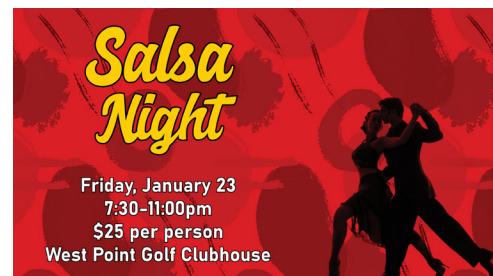
WEST POINT CLUB



WEST POINT CLUB



SPECIAL EVENTS



VICTOR CONSTANT SKI AREA



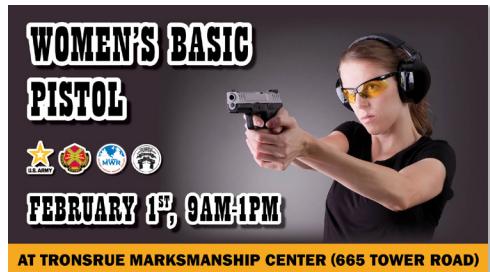
TRONSRUE MARKSMANSHIP



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WEST POINT ARTS & CRAFTS



WEST POINT ARTS & CRAFTS



WEST POINT ARTS & CRAFTS



CEA CLASSES

Songwriting with Pendrick

CREATIVE ENGAGEMENT WITH THE Arts



JAN 17TH FROM 12PM - 1:30PM AT THE BSP

CEA CLASSES

Hip-hop Dance with Abbygale Chung

CREATIVE ENGAGEMENT WITH THE Arts



JAN 24TH 12PM TO 1:30PM AT WP GOLF

CEA CLASSES

Improv Class with James Mastraieni

CREATIVE ENGAGEMENT WITH THE Arts



FEB 7TH 12PM TO 1:30PM AT THE BSP

MWR FITNESS CENTER

SHAMROCK SHUFFLE

COME JOIN MWR FOR OUR ANNUAL SAINT PATRICK'S DAY 5K!

8AM ON SAT, MAR 14TH

STARTING AND ENDING AT THE MWR FITNESS CENTER



U.S. ARMY MWR US ARMY SPORTS FITNESS ACADEMY

MWR FITNESS CENTER

PILATES WITH SALLY

Starting Jan 5th 2026!

Mon & Wed, 5:45am-6:30am at the Fitness Center



MWR FITNESS CENTER

WAKE UP WITH PAT

Tuesdays and Thursdays 6:30am-7:30am

At the MWR Fitness Center



MWR FITNESS CENTER

MWR FITNESS CENTER

Biomagnetic Therapy



MWR FITNESS CENTER

Stretching & Mobility with Krista K

9AM FRIDAYS AT THE MWR FITNESS CENTER



MWR FITNESS CENTER

S.L.A.M

SWEAT LIKE A MOTHER! FITNESS CLASS

Mondays, Wednesdays, and Fridays, from 9:30am-10:30am at Dragon Park

(Inside the MST starting Nov 3rd)



MWR FITNESS CENTER

PERSONAL TRAINERS AT THE MWR FITNESS CENTER



BUFFALO SOLDIER PAVILION

Dancing Salsa with the Soto's

Classes begin April 28



INTRAMURAL SPORTS

West Point Community NOONTIME INDOOR PICKLEBALL Open Play

Tuesdays & Thursdays | 12-1pm



INTRAMURAL SPORTS

WEST POINT ADULT INTRAMURAL ICE HOCKEY

• 5:30PM-7PM SUNDAYS
• 6AM-7:30AM TUE & FRI

AT TATE RINK IN THE HOLLEDER CENTER, SEP-MAR

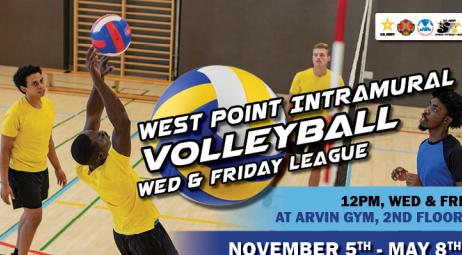


INTRAMURAL SPORTS

WEST POINT INTRAMURAL VOLLEYBALL WED & FRIDAY LEAGUE

12PM, WED & FRI AT ARVIN GYM, 2ND FLOOR

NOVEMBER 5TH - MAY 8TH



INTRAMURAL SPORTS

Ice Skating AT TATE ICE RINK IN THE HOLLEDER CENTER

\$3 PP OPEN TO THE WEST POINT COMMUNITY!

JAN 4TH, 11TH, & 25TH | FEB 1ST, 15TH, & 22ND | MAR 1ST



STAY UP TO DATE BY FOLLOWING OUR FACEBOOK AND INSTAGRAM!

