



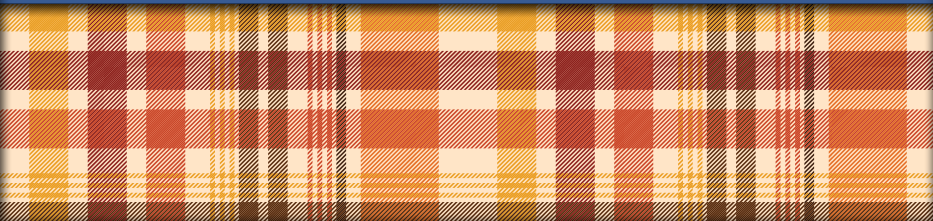
USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

SEPTEMBER ²⁰/₂₄



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

UPCOMING MWR EVENTS



UPCOMING EVENTS & PROGRAMS

(CLICK ON HYPERLINKED ACTIVITIES FOR MORE INFO)

SEPTEMBER

- 4th** [Yoga with Kristi K begins at the MWR Fitness Center: 4pm](#)
- 7th + 8th** [Yoga at Trophy Point: 9am-10am](#)
- 7th + 14th** [NYS Concealed Carry Course at TMC: 9am-6pm](#)
- 12th** [CYS Parents CPR + AED + First Aid Class : 5pm-7pm at the Stony CDC](#)
- 14th** [ITS Trip: The High Line & Chelsea Market: depart 9am, leave NYC 4pm](#)
- 14th** [UTAH/Florida Concealed Carry Course at TMC: 9am-5pm](#)
- 14th** [CYS Kid's Day at the School Age Center: 12pm-3pm](#)
- 14th** [Cornhole Tournament at the Bowling Center Biergarten: 5pm-7pm](#)
- 15th** [Bowhunter Education Course at Round Pond: 9am-3pm](#)
- 16th** [Women's Doubles Tennis League starts: 9am-11am at Lichtenburg Facility](#)
- 17th** [ACS Ballet Classes begin: 11am & 12pm at the ACS Building](#)
- 18th** [SOS Constellations - Gold Stars: 10am-11am at the ACS Building](#)
- 19th** [ITS Trip: The Feast of San Gennaro: depart 8:30am, leave NYC 3:30pm](#)
- 19th** [Outdoor Rec presents Yappy Hour: 4pm-7pm in the Large Dog Park](#)
- 25th** [ITS Trip: Theater Van to Broadway: Depart 4pm, leave NYC ~10:45pm](#)
- 27th + 28th** [Oktoberfest at VCSA Ski Lodge: Fri: 4pm-9pm & Sat: 3pm-8pm](#)
- 27th** [Parents' Night Out \(CYS Childcare\): 6pm-9pm at the Stony CDC](#)

MORE MWR EVENTS, PROGRAMS, & OFFERINGS BELOW!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR SPECIAL EVENTS

EAT, DRINK, AND BE MERRY AT OUR ANNUAL

WEST POINT MWR OKTOBERFEST!

SEP 27TH & 28TH AT VICTOR CONSTANT SKI AREA
LOCATED AT 732 VICTOR CONSTANT RD, WEST POINT, NY



JOIN MWR FOR OUR CELEBRATION OF GERMAN CULTURE WITH FOOD, DRINKS, MUSIC, DANCING, CONTESTS, & MORE! TICKETS AVAILABLE AT THE DOOR FOR \$5 PP, OR ONLINE (STARTING AUG 29TH) VIA WEBTRAC FOR \$3 PP. OPEN TO THE PUBLIC!



FRIDAY, SEPTEMBER 27TH: 4PM-9PM

SATURDAY, SEP 28TH (FAMILY DAY): 3PM-8PM



FOR UPCOMING INFO, FOLLOW OUR FACEBOOK OR VISIT WESTPOINT.ARMYMWR.COM!



MWR EVENTS: (845) 938-3601/6497

WWW.WESTPOINT.ARMYMWR.COM

f FACEBOOK: @WESTPOINTFMWR

Instagram: @WESTPOINTMWR



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR SPECIAL EVENTS



COLLEGE-THEMED ADULT

GAME NIGHT



OCTOBER 18TH | 6PM-10PM

AT THE MWR BOWLING CENTER BIERGARTEN (622 SWIFT RD)

- PONG & CORNHOLE TOURNAMENTS
- KARAOKE
- COLLEGE STYLE GAMES
- FOOD & DRINKS
- BOARD GAMES & CARD GAMES
- PRIZES & GIVEAWAYS

OPEN TO AGES 21+. COST IS \$5. REGISTER ONLINE VIA WEBTRAC, IN PERSON AT LTS OR OUTDOOR REC, OR BY CALLING (845) 938-3601/0123. THE FIRST 50 PEOPLE TO REGISTER ONLINE RECEIVE A FREE DRINK! NEED SOMEONE TO WATCH THE KIDS? REGISTER FOR PARENTS' NIGHT OUT WITH CYS BY SCANNING THE QR CODE BELOW!

DRINK RESPONSIBLY! SHUTTLE SERVICE WILL RUN AT 7PM, 8PM, 9PM, & 10PM. SHUTTLE WILL STOP AT BUS STOPS ALONG STONY LONESOME & WASHINGTON ROAD



SCAN FOR PARENTS' NIGHT OUT INFO AND REGISTRATION →



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

PARENTS'
— NIGHT OUT —

FRI, SEP 27TH

6PM-9PM AT THE STONY CDC



CYS WILL BE OFFERING CHILDCARE AT THE STONY CDC (1207 PATRICK TRAIL) TO FACILITATE THE MWR OKTOBERFEST ADULTS-ONLY EVENT!

LEAVE THE KIDS WITH US AND ENJOY AN EVENING OUT WITH GERMAN FOOD & BEVERAGES, MUSIC, CONTESTS, AND MORE!

COST FOR CARE IS \$55 PER CHILD. TO REGISTER, OR FOR INFORMATION, CONTACT PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.



PARENTS'
— NIGHT OUT —



FRIDAY, OCT 18TH

6PM-9PM AT THE STONY CDC

CYS WILL BE OFFERING CHILDCARE AT THE STONY CDC (AT 1207 PATRICK TRAIL) FOR CHILDREN AGES INFANT THROUGH 5TH GRADE!

LEAVE THE KIDDOS WITH US AND ENJOY A NIGHT OF MWR COLLEGE-THEMED FUN & GAMES AT THE BOWLING CENTER!

COST FOR CARE IS \$55 PER CHILD. TO REGISTER, OR FOR INFORMATION, CONTACT PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



PATRONS, PLEASE NOTE: BENNY HAVEN'S LOUNGE HAS BEEN CLOSED INDEFINITELY.

COCKTAIL HOUR PACKAGES

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

2-Hour Package info [here](#); 3-Hour [here](#). Reserve yours today at (845) 446-5120!



Club Lunch Program

★
Check our Facebook page for weekly menu rotations!

DINNER-TO-GO AT THE CLUB

Available Wednesday & Thursday!

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu online [HERE](#).
Order at (845) 446-5504/5545/5506.

CLUB LUNCH / GRAB-N-GO

Buffet & Carving Line: available Wed & Thu, 10:30am-2pm in the Pierce Dining Room.

Express Buffet Lunch: available Tue & Fri by reservation only (20 person minimum).

More information available [HERE](#).
Order at (845) 446-5504/5545/5506.



DINNER-TO-GO

★
AT THE WEST POINT CLUB

Planning an event? Book one of our off-premise sites!

(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

★ GO ARMY ★



SPIRIT LUNCHEON

West Point Club | Grand Ballroom



Wed Aug 28 Lehigh
Thur Sept 19 Rice
Thur Oct 10 UAB
Thur Oct 17 East Carolina
Thur Oct 31 Air Force
Tue Nov 26 UTSA
Wed Dec 11 Navy

Doors Open at 11am | Luncheon Begins at 12pm

\$15 per person online presale

\$17 per person space available, day of

Presale tickets available online only starting
1 August at thewestpointclub.com.

Please make any special requests when you order online.



U.S. ARMY

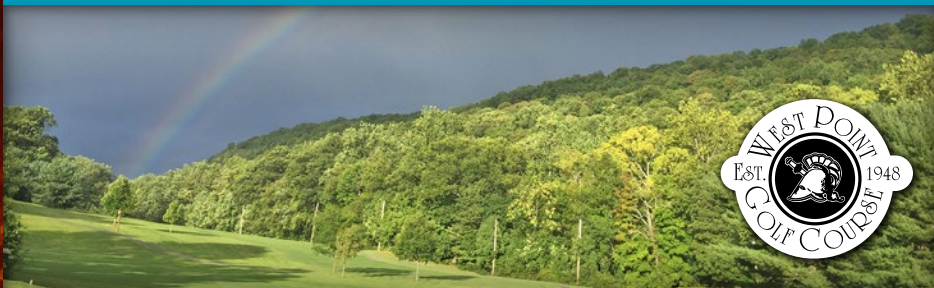


For more info, call,
(845) 938-5120



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE



WEST POINT GOLF COURSE DAILY FEES

ON WEEKDAYS

DAILY

TWILIGHT

E1-E6, CADETS, YOUTH

\$46

\$28

E7-03

\$56

\$32

04-010, RETIREES,
& DOD CIVILIANS

\$60

\$34

CONTRACTORS, VETS,
SENIORS, & GUESTS

\$65

\$40

GENERAL PUBLIC

\$74

\$45

WEEKENDS & HOLIDAYS

DAILY

TWILIGHT

E1-E6, CADETS, YOUTH

\$53

\$30

E7-03

\$64

\$36

04-010, RETIREES,
& DOD CIVILIANS

\$70

\$38

CONTRACTORS, VETS,
SENIORS, & GUESTS

\$79

\$42

GENERAL PUBLIC

\$91

\$46

TWILIGHT PRICING STARTS AT 3PM (NOT AVAILABLE MONDAYS). ALL FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE



CLICK HERE FOR THE MONTHLY GOLF COURSE UPDATE!

West Point Golf Course **ANNUAL PASS SALE**



GET READY TO SWING INTO ACTION! ANNUAL PASSES FOR THE WEST POINT GOLF COURSE WILL BE UP FOR GRABS STARTING MARCH 26TH! ENJOY UNLIMITED ACCESS TO OUR PREMIER GOLF COURSE FOR THE ENTIRE 2024 SEASON (OPENING MARCH 29TH)! SEASON PASSES WILL BE AVAILABLE FOR PURCHASE AT THE VICTOR CONSTANT SKI LODGE.

ANNUAL PASS (COVERS GREENS FEES ONLY):

- YOUTH AGES 18 & UNDER, CADETS, & E1-E6: \$800 (FAMILY PASS: \$1160)
- E7-03: \$1600 (FAMILY PASS: \$2550)
- 04-010 & AUTHORIZED DOD PATRONS: \$1800 (FAMILY PASS: \$2900)
- SENIORS AGES 62+ & VETERANS: \$2000 (FAMILY PASS: \$3000)
- WEST POINT ARMY CONTRACTORS & ARMY COACHES: \$2500 (FAMILY PASS: \$3500)
- GENERAL PUBLIC: \$3000 (FAMILY PASS: \$3600)



Driving Range Now Open!

Open Wednesday-Sunday, 7am-6pm. Shuttle buses run every 30 min from the Ski Lodge to Golf Maintenance, from 7am-5pm. The last shuttle back to the Ski Lodge will leave at 6pm.

Small Bucket of Golf Balls: \$8.
Large Bucket of Golf Balls: \$14

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT BOWLING CENTER

BOWLING HOURS

Mon-Thu: 11am - 7:30pm

Friday: 11am - 11pm

Saturday: 12pm - 11pm

Sunday: 12pm - 7:30pm

DELIVERY HOURS

(For West Point locations only)

Mon-Weds & Fri: 11am - 7pm

Thu & Sat-Sun: 12am - 7pm

Place your order at (845) 938-2140.

Sign up for a Bowling League today! League play runs Sep-May with Mon, Sun, and Thu evening league options. All Leagues are handicap formatted. Call (845) 938-2140 for info and assistance.

WEEKLY BOWLING SPECIALS

LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$9.00 per child!

COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!
\$5.00 per person, per game.

OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.
What are you waiting for?

WEST POINT FMWR
BOWLING CENTER



**SENSORY
FRIENDLY
BOWLING**



ON THE 2ND THURSDAY OF EACH MONTH, FROM 4PM-5PM

Sensory Friendly Bowling

Offered from 4pm-5pm on every 2nd Thursday of the month at the West Point FMWR Bowling Center! During this time, no music will play, and only special needs bowlers will be allowed use of the facility. Call (845) 938-2140 for more information.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM



**Pet Kenneling • Dog Grooming • Seasonal Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage**

Grooming & Kenneling Services

We offer kenneling for dogs and cats, with daily dog walks, large dog runs, a climate controlled facility, and multi-pet discounts! Grooming is also available, including baths, nail & coat trims, and ear cleaning. For more info, call (845) 938-3926 or visit us [online](#).



HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](#).

HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us [online](#).



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM

ARMY ★ FOOTBALL TAILGATE KENNELING

LET MORGAN FARM
CARE FOR YOUR
DOG WHILE YOU
ENJOY THE
GAME!



CALL (845) 938-3926 TO BOOK YOUR KENNELING RESERVATION TODAY!

COST: \$26 PER DOG. DROP OFF BETWEEN 8AM-11AM AND PICK UP BETWEEN 3PM-5PM. NEED MORE TIME? RESERVATION EXTENSIONS FROM 5PM-7PM ARE AVAILABLE FOR \$52 PER DOG.

MUST SHOW PROOF OF RABIES, DISTEMPER, & BORDETELLA VACCINATIONS. RESERVATIONS REQUIRE VALID CREDIT/DEBIT CARD. MUST CONFIRM PICKUP TIME AT RESERVATION. NO SHOWS WILL BE CHARGED FOR THE FULL DAY.

ARMY FOOTBALL HOME GAMES: 9/21, 10/12, 10/19, 11/12, & 11/30



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

MORGAN FARM



Equine Assisted — ACTIVITIES —

Starting September 2024, Morgan Farm will be offering Equine Assisted Unmounted Activities. These 12 week programs are designed to build relationships outside of one's self, as well as confidence, independence, patience, self-care, empathy, and fun while interacting with horses!

All sessions will be taught by a P.A.T.H. (Professional Association of Therapeutic Horsemanship) International Certified instructor, and will be tailored to each individual or group's needs.



Hour or half-hour sessions are available Sunday thru Thursday in private, semi-private, or group formats (limit 6 per group).

Pricing for Equine Assisted Services

- **Half-Hour Introductory/Assessment Session:** \$46 (limit 1 per person)
- **1 Hour Private, 12 Sessions:** \$600 pp
- **1 Hour Semi-Private, 12 Sessions:** \$550 pp
- **1 Hour Group, 12 Sessions:** \$500 pp

Open to people of all ages and abilities! For more info, call (845) 938-3926.



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM
(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM
206 MORGAN FARM ROAD, WEST POINT, NY 10996



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WWW.WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CAMPING AND ODR EQUIPMENT RENTALS



CAMPING RESERVATIONS FOR 2024 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

[BULL POND](#) | [ROUND POND](#) | [LAKE FREDERICK](#)



OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

LAKE FREDERICK RECREATION AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



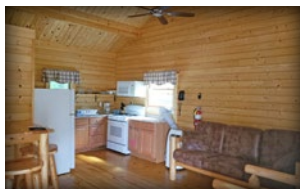
Lakeside bunk house amenities include heat, a mini fridge, fire ring, and charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.

BULL POND RECREATION AREA

**Bull Pond is available to DOD civilian employees!
Lodging dates and application info available [HERE](#).**



TO MAKE A BULL POND RESERVATION, CALL (845) 938-2649 (FIRST COME, FIRST SERVED). EMAIL QUESTIONS TO DANIEL.B.EICHNER.NAF@ARMY.MIL.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CORN HOLE TOURNAMENT

September 14 | 5-7pm
Bowling Center Biergarten

Join us for a fun-filled evening at the brand new Biergarten in the back of the bowling center for a bracket-style cornhole tournament. Sign-ups will be for teams of 2. The winning team will get 4 free shoe rentals and 4 free bowling games (1 game = 1 person).

For more info, call (845) 938-0123.



YAPPY HOUR

August 15th & September 19th
4-7pm | Large Dog Park

Enjoy free eats, treats and drinks for your favorite four-legged friends!
Drink & food specials are available for purchase throughout for our pet parents. Please abstain from bringing any unsocialized dogs.
Large & small dogs are welcome.

The Large Dog Park is located directly across from Subway on Buckner Loop.



Fall Foliage Kayaking Trip on the Hudson River

SUNDAY, OCTOBER 6TH 12PM - 3PM

Enjoy one of the best places in New York to observe the changing autumn leaves while kayaking on the Hudson River. We will provide transportation from South Dock to get to the launch point. We will then paddle 4.5 miles from Mine Dock Park ending conveniently at South Dock. Open to all experienced users ages 15 & up.

Cost is \$35 per person. Registration is required and is available online, by phone or at the center. Registration ends on October 4th. Call (845) 938-0123 for more info.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

E-BIKE TRAIL RIDE

October 26th | 10am-2pm
ODR Equipment Checkout Center

Come and ride on our new electric bikes for a 19 mile ride on the scenic Heritage Trail throughout Orange County. Enjoy the views, the changing leaves and stops at local shops along the way. We will provide all necessary transportation and gear. Cost is \$40 per person. Open to ages 16 and up.

For more info, call (845) 938-0123 | westpoint.armymwr.com



Round Pond Recreation Area Fall Mid-Week Mini Cabin Specials

Check-in on a Monday or Tuesday,
stay two nights, get the third night FREE
during the months of September and October!
(For a cost of \$120 for two nights.)

*Discount is not available online and
excludes holidays & weekends.*

Call the Round Pond office for the discount at (845) 938-2503.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

E-BIKES NOW FOR RENT



AT THE ODR EQUIPMENT CHECKOUT CENTER

Available now through October 31st.

\$40 For 4 Hours*

\$70 For 8 Hours*

Call (845) 938-0123 to reserve yours today.



BOWHUNTER

EDUCATION COURSE

Sunday | September 15 | 9am-3pm
Bonneville Cabin at Round Pond

FREE & GOOD FOR LIFE!

To register, visit
westpoint.armymwr.com

For more info, call the Round Pond Office
at (845) 938-2503; 7 days; 9am-5pm.

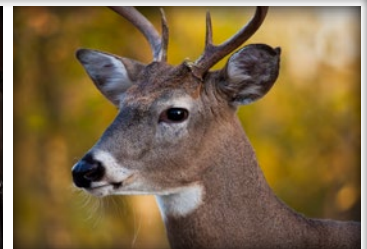
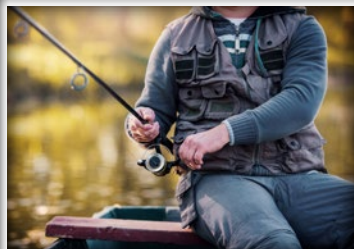


FISHING & HUNTING

Fishing Permits & Fishing Info | [NYS Freshwater Fishing Guide](#)

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

Hunting Permits & Hunting Info | [NYS Hunting & Trapping Guide](#)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER

OPEN FOR FULL SERVICE!

**OIL
CHANGE
SPECIAL**



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*
Synthetic Oil: \$70 for up to 5qts*.

**Additional quarts extra*



Auto Skills Center Hours

Tuesday - Saturday 8am - 4pm.

For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.

The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

For more info, call us at (845) 938-2074. Reservations are required.

West Point B.O.S.S.

Thru Sep 15th: Free Auto Skill Basics at West Point Auto!

Unlock the keys to independence with this private instructional class where you'll learn basic engine functions, how to change a tire, check fluids, and how to change your oil (cost of the oil is covered)!

Call West Point Auto's David Decembre at (845) 938-2074 to book an appointment. Open to all BOSS Eligible Soldiers!

September 14th, 9am-5pm: Free Utah/Florida Concealed Carry Course at Tronsrue Marksmanship Center!

This permit allows non-residents to carry a concealed handgun in over 30 states (excluding New York), and is ideal for traveling the country.

The course includes comprehensive instruction, live range usage, firearm rental, ammo, ear & eye protection, targets, permit photo, fingerprints, application, mailing envelope, and address labels.

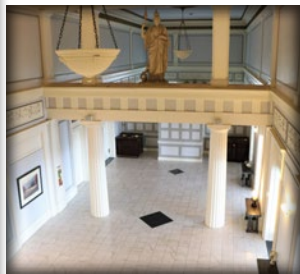
Sign up by emailing the MWR Advisor at eric.t.hamilton7.naf@army.mil, or calling (845) 938-6497. Open to all BOSS Eligible Soldiers ages 21+.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

**MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES
SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!**

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

UNLEASH YOUR CREATIVITY!

The Arts & Crafts Center offers a variety of craft classes for all ages, including pick-and-paint pottery, stained glass, canvas painting, glass fusion, pallet painting, mosaics, sewing, scrapbooking, and more! Birthday packages and private event bookings are also available. Call (845) 938-4812 for more info.

BE ON THE LOOKOUT FOR NEW CLASSES AND EVENTS AS WE RELEASE OUR MONTHLY ARTS & CRAFTS CENTER CALENDAR!

Our custom framing experts will help turn your achievements into timeless works of art! Choose from 500+ quality mouldings, 450 acid-free mats, & UV-Protective glass. DIY framing classes are also available by appointment.

Turn your gift-giving up a notch! West Point Arts & Crafts offers framing, engraving, full color sublimation services, and other unique gifting options!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

SEPTEMBER CALENDAR OF EVENTS

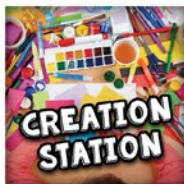


Little Impressionists

Thu, Sep 5th & 19th

10:30-11:30am + 1pm-2pm

For ages birth through 5 years old. \$5 per child. Registration required.



Creation Station

Thu, Sep 5th & 19th

3:30pm - 4:30pm

Complete a craft of your choice! Project prices start at \$15. For ages 5+. Registration required.

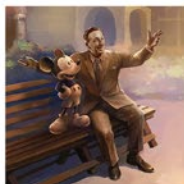


Home School Art Class

Wed, Sep 18th

1:00pm - 2:00pm

Monthly art history projects for youth in grades K and up. "Walt Disney". \$15 pp. Registration required.



Meet the Artist Class

Wed, Sep 18th

3:30pm - 4:30pm

Monthly art history projects for all youth in grades K and up. "Walt Disney". \$15 pp. Registration required.



PRIVATE EVENT

Wed, Sep 18th

5:30pm - 8:00pm

West Point Arts & Crafts Center will be closed to facilitate a private event.



Art Attack

Fri, Sep 20th

12:00pm-2:00pm

Create an original piece of artwork! Self-guided and free. Open to all ages. Registration required.



Canvas Painting

Fri, Sep 20th

6:00pm - 8:00pm

Paint the Beat Navy Tunnel on an 11"x14" canvas! \$20 pp. Registration required.



Pick & Paint Ceramics

Sat, Sep 21st

9:00am - 12:00pm

Create a work of art in our Ceramics Studio! Prices vary. Must start project by 11am. Registration suggested.



Open Studio

Each Tue, Wed, & Thu

9:00am - 4:00pm

Drop in & create a work of art in ceramics, glass/resin, or canvas painting! Prices vary. Must start by 3pm.

JOIN US FOR "A STITCH IN TIME". OUR FREE YARN SOCIAL EVENT. ON WEDNESDAYS. 9AM-12PM! BRING YOUR CURRENT TEXTILE PROJECT!

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

OPERATIONAL HOURS: TUE-WED: 10AM-3PM; THU-FRI: 6:30PM-9PM



OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

NYS concealed carry *Permit Course*



Sat, Sept 7th (Buffalo Soldier Pavilion)
Sun, Sept 8th (Tronsrue Marksmanship Center)
9am-6pm | \$400 per person

This is a 16-hour class plus 2-hour live fire course required by New York State. Must be present for both days of instruction to receive certificate.

Utah/Florida
Concealed Carry
Permit Course



Saturday | September 14 | 9am-5pm
Tronsrue Marksmanship Center

Utah/Florida Concealed Carry Permit Course

Sep 14th at Tronsrue, 9am-5pm

Allows non-residents to conceal carry in 30+ states (excludes NY). \$175 pp + application fee. Open to Active Mil & Cadets age 18+, and US Citizens 21+.

**CHECK OUT OUR NEW FACEBOOK PAGE!
VISIT US ONLINE AT WWW.FACEBOOK.COM/TRONSRUE**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER



Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.



Daily Specials at Tronsrue

Tues & Wed: enjoy Lunch Hours rate from 10am to 3pm (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

TRONSRUE CLOTHING AND STICKERS ARE AVAILABLE!



Tronsrue
Marksmanship
Center

**PUNCH PASSES
ON SALE NOW!**

WEST POINT FAMILY AND MWR



GIFT CARD

TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



LEISURE TRAVEL SERVICES 2024 DAYTRIPS: SEP/OCT '24

SAT, SEP 14TH - THE HIGH LINE & CHELSEA MARKET



Enjoy an invigorating day in Manhattan by walking the High Line and going shopping at the Chelsea Market! Also nearby is Hudson Yards and The Vessel. We depart from West Point at 9am, and leave NYC at 4pm.

Transport cost: \$30/adult & \$25/child.

THURSDAY, SEP 19TH - THE FEAST OF SAN GENNARO



Little Italy comes alive with a celebration featuring carnival booths, contests, lights, and food vendors, ft. classics like zeppole, spaghetti & meatballs, pizza, cannoli, and more! Depart at 4pm; leave NYC at 10:30pm.

Transport cost: \$30/adult & \$25/child.

WED, SEP 25TH & OCT 16TH - LTS VAN TO BROADWAY



Treat yourself to a dazzling Broadway show with half-price tickets from the iconic TKTS booth! Or, just enjoy a night of fun in the Big Apple! We'll leave West Point at 4pm, and depart NYC after the shows (~10:45pm).

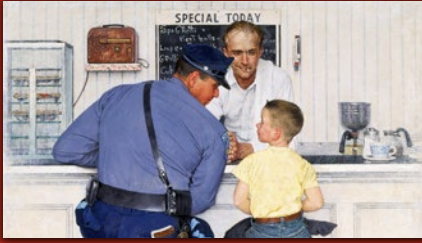
Transport cost: \$30/adult & \$25/child.

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

FRIDAY, OCT 11TH - THE NORMAN ROCKWELL MUSEUM



Nestled in the picturesque Berkshires, this museum offers a deep dive into Rockwell's timeless and iconic American illustrations, plus breathtaking autumn views! Depart WP at 8am; leave Stockbridge MA at 2:30pm.

Transport cost: \$30/adult & \$25/child.

SATURDAY, OCTOBER 26TH - LOWER MANHATTAN TRIP



See where American history started for so many and the gateway for the future! Visit the Statue of Liberty, 9/11 Memorial, the NY Stock Exchange, Brooklyn Bridge and more. Leave WP at 8:30am; leave NYC at 3:30pm.

Transport cost: \$30/adult & \$25/child.

THU, OCT 31ST - THE GREENWICH HALLOWEEN PARADE



Experience the Big Apple's iconic holiday parade (Greenwich Village's 51st annual)! This is the nation's only major night parade, with an entire mile of spooky fun! Depart from West Point at 4pm; leave NYC at 11pm.

Transport cost: \$30/adult & \$25/child.

**DISCOUNT UNIVERSAL
STUDIOS TICKETS ARE
AVAILABLE AT LTS!**

**FOR MORE INFO, CALL
(845)-938-3601**



RADIO CITY CHRISTMAS SPECTACULAR TICKETS GO ON SALE OCT 1ST!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.

PERSONAL TRAINING SESSIONS AND ASSESSMENTS

STOP BY OR CALL (845) 938-6490 TO SET UP A SESSION OR ASSESSMENT TODAY! FOR DETAILS, CALL OR VISIT ONLINE.

CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

NEW DAYS & TIMES STARTING NOV 1ST

Functional Fitness

Classes with Anthony



Functional Fitness

A class for building functional muscle used in everyday activities! Monday thru Thursday, starting at 9am at the Fitness Center. \$5 class pass. Passes on sale online or at the Fitness Center. Call (845) 938-6490 for info.



YOGA at Trophy Point

SATURDAYS | 9-10AM | \$5

JUNE	AUGUST	SEPTEMBER
1st, 15th & 29th	3rd, 17th & 31st	7th & 14th

Pre-registration online via WebTrac highly encouraged.

Class is limited to 20 participants. Weather permitting.

Please bring your own yoga mat!

Please bring group fitness coupon or exact change.

For more info, call (845) 938-6490 or visit westpoint.armymwr.com

S.L.A.M.

SWEAT LIKE A MOTHER!
Fitness Class

Mondays, Thursdays & Fridays
9:30-10:30am

STARTING APRIL 1ST
NEW LOCATION!

DRAGON PARK



S.L.A.M.

A fitness class for mothers! Mon & Fri, 9:30am-10:30am at Dragon Park. Bring your kids! Single Class Pass: \$12. Five Class Pass: \$60. Ten Class Pass: \$110. Unlimited Monthly Pass: \$65. On sale online or at the Fitness Center front desk. Call (845) 938-6490 for info.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

24/7 FITNESS ACCESS AT THE WEST POINT FITNESS CENTER

- ✓ YOU MUST BE AN AUTHORIZED USER OF THE MWR PHYSICAL FITNESS CENTER (IAW AR 215-1, TABLE 7-1 AND A MINIMUM OF 18 YEARS OLD (17 YEARS OLD FOR ACTIVE DUTY)).
- ✓ PRE-REGISTER, IN-PERSON, AT THE MWR FITNESS CENTER, BEGINNING NOVEMBER 15, AT 12PM.
- ✓ 24/7 WILL BE AVAILABLE NIGHTS, WEEKENDS, HOLIDAYS AND DURING SEVERE WEATHER, BUT YOU MUST BE PREREGISTERED TO TAKE ADVANTAGE.

THE FITNESS CENTER WILL REMAIN OPEN DURING CODE REDS. MUST BE REGISTERED FOR THE 24/7 FITNESS ACCESS TO USE THE FACILITY. ENTER AT YOUR OWN RISK. WE ARE NOT RESPONSIBLE FOR ANY INJURIES THAT MAY OCCUR IN OR OUTSIDE OF THE FACILITY DUE TO WEATHER. LOCKER ROOMS MAY BE CLOSED, BUT BATHROOMS ARE AVAILABLE.

Parent/Child POWER ZONE

AT THE MWR FITNESS CENTER



Parent/Child Power Zone

Bring your child with you and work out in our dedicated Fitness Studio! Room includes Rower, Spin Bikes, Exercise Balls, & Free Weights. Children must be supervised at all times. Hours are Mon-Thu: 9am-8pm; Fri: 9am-6pm; & Sat-Sun: 9am-5pm

'24 WEST POINT Summer CHALLENGER SERIES!

*MAY 27TH TO
SEPTEMBER 2ND*

*EARN POINTS FOR EVERY
CHALLENGE COMPLETED.
ADULT & YOUTH DIVISIONS.
PRIZES FOR MOST POINTS!*

SCAN QR CODE FOR MORE



Become an MWR Fitness Trainer or Instructor!

Join our team and become a Personal Fitness Trainer or Group Instructor!
For info, call (845) 938-7060 or email patrick.j.starro.naf@army.mil.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Yoga with Krista K

MONDAYS 7:30PM | WEDNESDAYS 4PM | FRIDAYS 11AM
COST \$5 | MWR FITNESS CENTER

LOOKING TO IMPROVE YOUR MOBILITY, FLEXIBILITY
AND CORE? COME JOIN YOGA WITH KRISTA K!

FOR MORE INFO, CALL (845) 938-6490
OR VISIT US ONLINE AT WESTPOINT.ARMYMWR.COM



MWR Fitness Center Presents:

TURKEY TROT 5K

Saturday, November 16th, 8am

Registration & T-Shirt

Adults w/shirt: \$20.00

Kids or adults registration only: \$10.00



Join us for our Turkey Trot 5K and let's make it fun by wearing your best costume! Costumes are not mandatory but encouraged. An award will be presented to the best costume! Race starts and ends at the MWR Fitness Center.

Sign-up today online at westpoint.armymwr.com or at the MWR Fitness Center front desk.

Day of registration starts at 7am. Sign-up by November 1st to guarantee your shirt size.

For more info, call (845) 938-6490



Living Angelic Massage Therapy



MASSAGE THERAPY NOW AVAILABLE THROUGH
LIVING ANGELIC AT THE MWR FITNESS CENTER!

Living Angelic Massage Therapy

Helping you heal by relieving your tension with a wide variety of massage techniques! Schedule an appointment today by calling Elliot at (347) 567-6060. Full list of pricing and services at westpoint.armymwr.com.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR INTRAMURAL SPORTS



August 19th - November 1st

Monday - Friday | 12:15-1pm
At Daly Field

WP Noontime Ultimate Frisbee Fall League

Mon-Fri from 12:15pm-1pm at Daly Field (weather permitting). Season runs August 19th - November 1st.

To sign up, call (845) 938-3066



West Point Community
NOONTIME-INDOOR PICKLEBALL
Open Play

Tuesdays & Thursdays | 12-1pm

WP Community Noontime Indoor Pickleball

Tuesdays & Thursdays from 12pm-1pm at Arvin Gym 2nd Floor Courts. Played year-round!

To sign up, call (845) 938-3066



West Point Community
FLAG FOOTBALL
Wednesday Evening League

WP Community Weds Flag Football League

Wednesdays from 7pm-9pm at the USMAPS Football Field (weather permitting), Sep 14th thru Nov 6th.

To sign up, call (845) 938-3066



★ ATTENTION ALL ★
ACTIVE DUTY PERSONNEL!

Sign-up today for the 39th annual

ARMY TEN MILER
MWR TEAM

and represent West Point!

40th Annual Army 10 Miler

October 13th in Washington D.C.
Open to all Active Duty personnel.
Represent West Point MWR!

To try out for a spot on the team, or for info, call (845) 938-3066 or email james.p.mcguinness.naf@army.mil

MWR INTRAMURAL SPORTS

West Point Community Monday Morning **WOMEN'S DOUBLES TENNIS** League



September 16th-December 16th

Mondays | 9am - 11am
Lichtenburg Tennis Center

Seasonal Pass Required | \$90 DoD/\$100 NoN-DoD

Open to Active Duty Personnel, DoD Civilians, Retired Personnel,
West Point Community Family Members & approved non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066.



West Point Community **MONDAY EVENING PICKLEBALL** LEAGUE



September 16 - December 16

MONDAYS | 7PM - 9PM

LICHTENBURG INDOOR TENNIS FACILITY

Seasonal Pass Required | \$90 DoD/\$100 Non-DoD

Open to Active Duty Personnel, DoD Civilians, Retired Personnel,
West Point Community Family Members & Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

CLICK ON THIS LINK TO VIEW THE CYS YOUTH SPORTS 2024-2025 CALENDAR!

CYS FALL 2024 YOUTH SPORTS




SEASON RUNS FROM AUG 26TH - OCT 24TH.

REGISTRATION: JUL 9TH FOR MIL/DOD (JUL 29TH FOR ALL OTHERS) - AUG 9TH.


SOCCER – Ages 3-4: \$30. Ages 5+: \$60.

- **Smart Start (Age 3)** - Mondays, 5pm-6pm at Stony Field
 - **Just 4 U (Age 4)** - Wednesdays, 5pm-6pm at Stony Field
 - **Division A (Ages 5-6)** - Mon & Wed, 5pm-6pm at Dragon Park
 - **Division B (Ages 7-9)** - Mon & Wed, 5pm-6pm at Dragon Park
 - **Division C (Ages 10-13)** - M&W, 5pm-6pm, WP Elementary School Field
- 

• FLAG FOOTBALL – \$60.


- **Jr. NFL (Ages 7-9)** Tues & Thurs, 5pm-6pm, at Dragon Park
 - **NFL (Ages 10-13)** Tues & Thurs, 5pm-6pm, at Dragon Park
- 

HOME SCHOOL GYM – Tues & Thurs in the MST Gym. \$50.

- **Grades K-3** | 11am-11:45am
 - **Grades 4-8** | 12:15pm-1pm
- 

INTRO TO FITNESS

For Ages 12-18 | Mondays, 4pm-5pm at the MWR Fitness Center | \$50



RUNNING CLUB

Thursdays at Dragon Park. \$25

- **Ages 7-13** | 4pm-5pm

VOLLEYBALL

Mon & Wed, at the MST. \$60.

- **Grades 4-6** | 6pm-7pm

TO REGISTER, CALL P&OS AT (845) 938-0939/4458/1362. SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES



CPR+
AED+

FIRST AID CLASS



FREE & OPEN TO PARENTS OF CYS REGISTERED YOUTH! REGISTER IN PERSON AT P&OS, OR CALL THEM AT (845) 938-1362/4458/0939.



AT STONY CDC (BLDG 1207)

ON SEP 12TH

FROM 5:00PM - 7:00PM
FOR CYS PARENTS ONLY

WEST POINT CYS WALK-IN HIRING EVENT

CYS Walk-In Hiring Event
CYS will be conducting on the spot interviews every Tuesday from 10am-2pm at the Stony CDC (1207 Patrick Trail)! Full time, part time, and Flex positions available. Must bring valid ID & transcripts/high school diploma. Visitor's Pass required to enter Base.

WEST POINT CYS

RAIN OR SHINE!



KID'S DAY



SAT, SEPTEMBER 14TH, 12PM-3PM

CELEBRATE THE BOYS AND GIRLS CLUBS OF AMERICA DAY FOR KIDS WITH CYS! ENJOY A FUN AFTERNOON OF ARTS & CRAFTS, CHILDREN'S ACTIVITIES, TREATS, A BOUNCE HOUSE, AND MORE! FREE AND OPEN TO THE WEST POINT COMMUNITY. NO REGISTRATION IS REQUIRED.

AT THE SAC
(BUILDING 140)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

PART-DAY CARE PROGRAMS

- AT THE STONY CDC (1207 PATRICK TRAIL) -

BEFORE CARE & AFTER CARE

For WP Elementary UPK
Program Participants

- Starts September 3rd 2024
- Runs Mon-Fri, 6am-5:30pm
- WPES will bus children between the CDC and School
- Full-day care is provided on school-out days



PART-DAY PRESCHOOL

AM Program, for ages 3-5

- Starts October 7th, 2024*
- Runs Mon-Fri, 9am-12pm
- 2-Day and 3-Day care options are available

Both programs follow the WPES DoDEA Calendar and are available for request on militarychildcare.com. Cost is based on CYS Fee Policy. CYS registration is required. Contact P&OS at (845) 938-1362/4458/0939 for more information.

*Program facilitation is dependent on community need and requests received.



CALL P&OS AT: (845) 938-1362/4458/0939

VISIT CYS ONLINE AT: WESTPOINTCYS.COM

OR ON OUR FACEBOOK: @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

THE PLAY PROJECT



A PARENT-LED AUTISM EARLY INTERVENTION PROGRAM FOCUSED ON DEVELOPING THRU PLAY

JOIN CYS FOR AN INTRODUCTION TO THE PLAY PROJECT, AN EARLY INTERVENTION PROGRAM! LEARN HOW TO IMPROVE SOCIAL & EMOTIONAL DEVELOPMENT OF CHILDREN WITH AUTISM THRU LANGUAGE & PLAY. MORE INFO AT: PLAYPROJECT.ORG

FREE AND OPEN TO THE WEST POINT COMMUNITY! REGISTRATION IS REQUIRED. REGISTER BY OCTOBER 21ST, EITHER IN PERSON AT P&OS, OR BY CALLING (845) 938-1362/4458/0939. LIMIT: 20 PARTICIPANTS.

OCT 24TH 4PM-5PM AT THE ACS BLDG (#622)

CYS YOUTH SPONSORSHIP PROGRAM



JOIN OUR TEAM & WELCOME NEW STUDENTS!

CYS Youth Sponsorship

Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit westpoint.armymwr.com

MAKE THE MOST OF YOUR SPARE TIME AT THE YOUTH CENTER (MST)!



SUMMER HOURS
(NOW-SEPTEMBER 4TH):
12:30PM - 5:30PM

SCHOOL YEAR HOURS
(STARTS SEPTEMBER 5TH):
2:30PM - 5:30PM

MST FEATURES: • FREE WIFI • SNACKS • HOMEWORK ASSISTANCE • CLUBS • ACTIVITIES • SPECIAL EVENTS
• MACBOOKS • GYM • CAFÉ • GAME ROOM • THEATER ROOM • MUSIC/TEEN ROOM • ART ROOM

THE MST (MIDDLE SCHOOL & TEEN CENTER), IS FREE AND OPEN TO ALL WEST POINT MIDDLE & HIGH SCHOOLERS! YOUTH MAY REGISTER TO USE THE FACILITY (AT 500 WASHINGTON RD) AT ANY TIME. HOWEVER, IF THEY REQUIRE ANY RESCUE MEDICATION, THEY MUST FIRST REGISTER THROUGH PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

WOMEN'S SELF-DEFENSE COURSE

**SUPPORT,
PROTECT,
DEFEND...
YOURSELF!**



OCT 1ST, 3RD, 8TH, & 10TH
6PM-8PM AT THE SAC (140 BUCKNER LOOP)

JOIN ACS AND GET CERTIFIED IN WOMEN'S SELF-DEFENSE!

- Interactive 4-session workshop!
- Led by instructors from the Town of Woodbury Police Department

This event is free and open to all female DoD Cardholders ages 14+. Participants must attend all four sessions in order to receive a certificate. Space is limited, so registration is required. To make a reservation, please call (845) 938-0629 or email emily.a.calangi2.civ@army.mil.



ACS
Employment Readiness Program
Where Career Success Begins

JOB SEARCH ASSISTANCE • CAREER RESOURCES • REFERRAL SERVICES • TRAINING OPPORTUNITIES

ACS Employment Readiness Program (ERP)

ERP advances careers by providing info about job search tips, education, training, transition, and volunteering to Soldiers, DoD Civilians, and their Family. Call (845) 938-0232 for details.

Wee-Play & Wee-Read



BOTH PROGRAMS TAKE PLACE IN THE SCHOOL AGE CENTER (BUILDING 140) GYM

FREE & OPEN TO ALL RANKS AND DOD CIVILIANS WITH CHILDREN AGES 4 OR YOUNGER. NO REGISTRATION REQUIRED. FOR MORE INFORMATION, CALL FAP AT (845) 938-0633.

WEE-PLAY: TUE

9AM-10AM, BI-WEEKLY

- SEPTEMBER 10TH & 24TH
- OCTOBER 8TH & 22ND
- NOVEMBER 5TH & 19TH
- DECEMBER 3RD & 17TH

WEE-READ: WED

9AM-10AM, BI-WEEKLY

- SEPTEMBER 25TH
- OCTOBER 9TH & 23RD
- NOVEMBER 6TH & 20TH
- DECEMBER 4TH & 18TH



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ARMY COMMUNITY SERVICE LENDING CLOSET

You can borrow items for up to 30 days ... **for FREE!**

- Dishware • Cookware • Utensils
- Small Appliances • Microwaves
- Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm at the ACS Building (622 Swift Road).



For more information, please call ACS at (845) 938-3487.

SOS Constellations

Survivor Outreach Services invites Gold Star Families to join them on the third Wednesday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.



ACS Little Movers

West Point ACS welcomes children to their new home! ACS offers free, fun-filled activity bags for children ages 2-12 to entertain them while traveling or unpacking! Call (845) 938-3487 to schedule a pick up at 622 Swift Rd.

ACS Little Movers

WEST POINT ACS WOULD LIKE TO WELCOME YOUR CHILDREN TO THEIR NEW HOME!



ACS RRP Newcomers Orientation & Welcome

Relocation Readiness Program offers a Newcomers Orientation & Welcome every Tue at 1pm & Thu at 9am at 622 Swift Road in the ACS Hudson Room 156. Spouses are welcome to attend!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ACS IS OFFERING FREE BALLET CLASSES!

TUESDAYS AT 11AM & 12PM

Starting September 17th

AT THE ACS BUILDING (622 SWIFT ROAD)

ACS WILL BE OFFERING FREE BALLET CLASSES FOR CHILDREN AGES 3-5! SPACE IS LIMITED, SO REGISTRATION IS REQUIRED. ALL GENDERS AND ABILITIES ARE WELCOME! CHILD MUST BE AGE 3 OR OLDER AT TIME OF REGISTRATION. SCAN THE QR CODE TO REGISTER.



Join the FAP at the ACS Building (622 Swift Rd) for our THRIVE workshops!



- **July 11th**, 11:30am-12:30pm - *Stress and Anger Management*
- **July 25th**, 11:30am-12:30pm - *Positive Parenting*
- **July 31st**, 4pm-5pm - *Enhancing Your Child's Wellness*

- **August 1st**, 11:30am-12:30pm - *Stress and Anger Management*
- **August 5th**, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- **August 8th**, 11:30am-12:30pm - *Positive Parenting*
- **August 14th**, 4pm-5pm - *Couples Communication*
- **August 22nd**, 11:30am-12:30pm - *Perinatal Wellness*

- **September 5th**, 11:30am-12:30pm - *Stress and Anger Management*
- **September 18th**, 4pm-5pm - *Couples Communication*
- **September 19th**, 11:30am-12:30pm - *Positive Parenting*
- **September 26th**, 11:30am-12:30pm - *FAP Overview*



REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-0629. ALL SESSIONS ARE FREE!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Paid Advertisement (No Federal Endorsement Intended)

BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE
PRIME OPTION



West Point Family & MWR
681 Rogers Place, Rm 202
West Point, NY, 10996



 [#WESTPOINTMWR](https://www.instagram.com/WESTPOINTMWR)
 [/WESTPOINTMWR](https://www.facebook.com/WESTPOINTMWR)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://www.westpoint.armymwr.com)