



USAG WEST POINT

# WHAT'S HAPPENING WITH FAMILY & MWR

# FEBRUARY <sup>20</sup><sub>25</sub>



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# UPCOMING MWR EVENTS



## ***UPCOMING EVENTS & PROGRAMS***

**(CLICK ON HYPERLINKED ACTIVITIES FOR MORE INFO)**

### **FEBRUARY**

- 1<sup>st</sup>** [ODR Starlight Snowshoeing, 7pm-10pm at Victor Constant Ski Area](#)
- 2<sup>nd</sup>, 16<sup>th</sup> & 23<sup>rd</sup>** [CYS Learn to Play Ice Hockey, 2pm-3pm at Tate Rink](#)
- 2<sup>nd</sup> & 9<sup>th</sup>** [WP Community Skate, 3:15-5:15 at Tate Rink \(in Holleder Center\)](#)
- 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup>** [CYS Taekwondo for Beginners, 5pm-6:15pm at the SAC](#)
- 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup>** [CYS Rock Climbing, 4pm-4:50pm at the MST](#)
- 7<sup>th</sup>** [Last day to register for CYS Spring Youth Sports](#)
- 7<sup>th</sup>** [ACS Family Game Night, 5pm-7pm at the ACS Building](#)
- 7<sup>th</sup>** [CPR + AED + First Aid Class, 5pm-7pm at the Stony CDC](#)
- 7<sup>th</sup>** [Mother & Son Dance, 6:30pm-9pm at the West Point Club](#)
- 8<sup>th</sup>** [ODR Bounce House Bonanza, 9am-12pm at the MST](#)
- 9<sup>th</sup>** [CYS Learn to Play Ice Hockey, 8am-9am at Bear Mountain Ice Rink](#)
- 11<sup>th</sup>** [Understanding CYS MIAT Parent Class, 4pm-5pm at the School Age Center](#)
- 12<sup>th</sup> & 26<sup>th</sup>** [Blueprints to Financial Freedom Workshop, 12pm-1pm at ACS](#)
- 13<sup>th</sup>** [Valentines Date Night, 6:30pm-9pm at Tronsrue Marksmanship Center](#)
- 16<sup>th</sup>** [ODR Starlight Snowshoeing, 5:30pm-8:30pm at Victor Constant Ski Area](#)
- 20<sup>th</sup>** [SOS Constellations Meeting, 10am-11am at the ACS Building](#)
- 23<sup>rd</sup>** [Utah/Florida \(Non-Resident\) Concealed Permit Course, 9am-6pm at Tronsrue](#)

***MORE MWR EVENTS, PROGRAMS, & OFFERINGS BELOW!***

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# THE WEST POINT CLUB

## Mother & Son Dance



**West Point Club**  
**Friday, February 7th**  
From 6:30-9pm

- Dinner Buffet
- Dessert and Dancing
- Dress in Sunday Best
- Photo Booth

Calling all Moms, Grandmothers, Sisters, Aunts, Dads, Brothers, and Uncles to our annual Mother & Son Dance.

### Presale Pricing

(Dec. 19 - Jan. 31 - Online Only)

Adult \$32

Child \$22

### Regular Pricing

(Subject to availability, only by calling or visiting the WPC.)

Adult \$40

Child \$30

*(applicable to children 13 or younger.)*

No refunds for cancellations after January 27, 2025.

Register online at [thewestpointclub.com](http://thewestpointclub.com).

*Gate pass required for non-West Point residents and non-DoD card holders.*



For more info, call  
(845) 938-5120.

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# THE WEST POINT CLUB



## Valentine's Day Dinner-To-Go

★  
West Point Club | February 14th

Dinner for two for \$30, four for \$56 or six for \$78

Place your order by 5pm, February 11. Pick-up at the WPC between 4:30-6:30pm on February 14.

*This menu is in lieu of our regular Dinner-To-Go menu.*

### APPETIZER (included)

#### **Chickpea Panelle with Homemade Marinara**

Sicilian Chickpea Fritters, Fire Roasted Tomato Sauce, Freshly Grated Parmigiano  
(a la carte – \$2 each)

### SALAD (included)

#### **Classic Caesar**

Romaine Leaves, Pecorino Cheese, Herb Croutons, Creamy Caesar Dressing  
(a la carte – \$5 each)

### ENTRÉE (Choose One Per Person)

#### **Boneless Beef Short Rib with Tomato Fondue**

Tender Braised Beef, Slow-Cooked in Tomato Sauce

#### **Shrimp Cacciatore**

Sautéed Jumbo Shrimp, Peppers & Onions, Tomatoes, Fresh Herbs

#### **Stuffed Chicken Breast**

Prosciutto & Spinach Stuffed Chicken Breast, Roasted Red Pepper Cream Sauce

#### **Pasta Primavera**

Campanelle Pasta, Red Onion, Bell Pepper, Zucchini, Tomatoes, Fresh Garlic & Herbs  
(a la carte – \$10 each)

### SIDES (Choose Two)

Garlic Whipped Red Potatoes ♦ Wild Rice  
Roasted Brussels Sprouts ♦ Honeyed Baby Carrots  
(a la carte – \$5 each)

### DESSERT (Choose One)

Triple Chocolate Cake ♦ Raspberry Cheesecake ♦ Chocolate Dipped Strawberries  
(a la carte – \$3 each)

All dinners include warm dinner rolls.

*"a la carte" pricing applies to items ordered as additions  
to fixed price menu and may not be purchased individually.*



[thewestpointclub.com](http://thewestpointclub.com)

To place an order, call (845) 446-5506/5504.

# THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



## COCKTAIL HOUR PACKAGES

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

2-Hour Package info [here](#); 3-Hour [here](#). Reserve yours today at (845) 446-5120!



*Pierce's*  *Provisions*

Effective January 7, Pierce's Provisions will be open for Lunch Tuesday through Friday!



## PIERCE'S PROVISIONS

Stop by and check out the Club's new Lunch Program, available Tuesday - Friday, 11am-1:30pm!

More information available [HERE](#). Order at (845) 938-5120.

## DINNER-TO-GO AT THE CLUB

**Available Wednesday & Thursday!**

Must place order by 2pm, and specify a pick up time between 4pm and 5:30pm. Servings for 4 or 6 people are available.

View our full menu online [HERE](#).

Order at (845) 938-5120.



## DINNER-TO-GO



AT THE WEST POINT CLUB

**Planning an event? Book one of our off-premise sites!**

(845) 938-5120 OR (845) 446-5545 | [THEWESTPOINTCLUB.COM](http://THEWESTPOINTCLUB.COM)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# VICTOR CONSTANT SKI AREA

FOR DAILY UPDATES & OPERATION TIMES, CALL (845) 938-2475

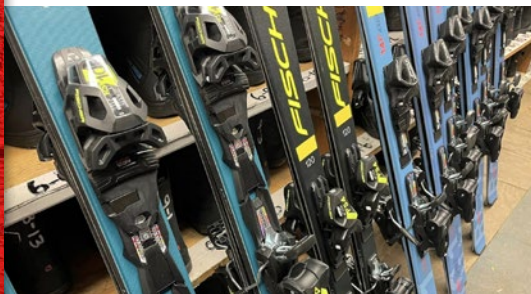
**OPEN FOR  
THE SEASON!**



**VISIT US ONLINE HERE!**



**SNOW PASSES, EQUIPMENT RENTALS, TUNING & REPAIR,  
LOCKERS, AND MERCHANDISE ARE AVAILABLE HERE!**



## SEASONAL SKI AND SNOWBOARD RENTALS

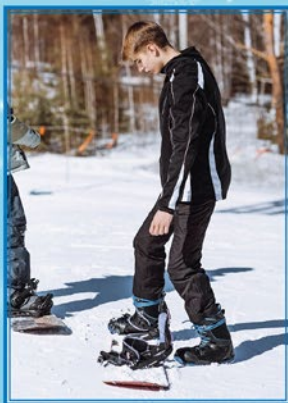
LIMITED INVENTORY AVAILABLE—  
PURCHASE YOURS TODAY! ON-SITE  
(SKI OR SNOWBOARD) AND OFF-SITE  
(SKI ONLY) RENTALS ARE AVAILABLE.

**VCSA SEASON PASSES ARE NOW AVAILABLE!  
INCLUDES UNLIMITED, WEEKDAY, AND WEEKEND SKI PASSES.**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

# VICTOR CONSTANT SKI AREA

## WELCOME BACK LESSONS Skiing and Snowboarding



### Victor Constant Ski Area

Saturdays | 4 sessions

February 1st, 8th, 15th, & 22nd | 9-10am

This weekly clinic is designed to help you out of the lodge and back on the mountain! Our instructors will work with you to build both technique and confidence. Wherever you are now, we'll help you get to the next level or at least where you left off.

\$72 - 4 Lessons

\$80 - Add Daily Rentals - 4 Rentals

\$36 - Add Daily Snow Pass - 4 Passes

For more info, visit [victorconstantski.com](http://victorconstantski.com) or call (845) 938-8810.



Scan the QR Code to register online with WebTrac.



UNITED STATES ARMY INSTALLATION  
MANAGEMENT COMMAND

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# WEST POINT BOWLING CENTER

## BOWLING HOURS

Mon-Thu: 11am - 7:30pm

Friday: 11am - 11pm

Saturday: 12pm - 11pm

Sunday: 12pm - 7:30pm

## DELIVERY HOURS

(For West Point locations only)

Mon-Weds & Fri: 11am - 7pm

Thu & Sat-Sun: 12am - 7pm

Place your order at (845) 938-2140.

Sign up for a Bowling League today! League play runs Sep-May with Mon, Sun, and Thu evening league options. All Leagues are handicap formatted. Call (845) 938-2140 for info and assistance.

## WEEKLY BOWLING SPECIALS

### LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

### TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$9.00 per child!

### COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!  
\$5.00 per person, per game.

### OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.  
What are you waiting for?

WEST POINT FMWR  
BOWLING CENTER



**SENSORY  
FRIENDLY  
BOWLING**



ON THE 2<sup>ND</sup> THURSDAY OF EACH MONTH, FROM 4PM-5PM

### Sensory Friendly Bowling

Offered from 4pm-5pm on every 2<sup>nd</sup> Thursday of the month at the West Point FMWR Bowling Center! During this time, no music will play, and only special needs bowlers will be allowed use of the facility. Call (845) 938-2140 for more information.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM



# MORGAN FARM



**Pet Kenneling • Dog Grooming • Seasonal Riding Camp  
Riding Lessons • Horse Boarding • RV & Boat Storage**

## Grooming & Kenneling Services

We offer kenneling for dogs and cats, with daily dog walks, large dog runs, a climate controlled facility, and multi-pet discounts! Grooming is also available, including baths, nail & coat trims, and ear cleaning. For more info, call (845) 938-3926 or visit us [online](#).



## HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](#).

## HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us [online](#).



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# MORGAN FARM



## Equine Assisted — ACTIVITIES —

**Starting September 2024, Morgan Farm will be offering Equine Assisted Unmounted Activities.** These 12 week programs are designed to build relationships outside of one's self, as well as confidence, independence, patience, self-care, empathy, and fun while interacting with horses!

All sessions will be taught by a P.A.T.H. (Professional Association of Therapeutic Horsemanship) International Certified instructor, and will be tailored to each individual or group's needs.



**Hour or half-hour sessions are available** Sunday thru Thursday in private, semi-private, or group formats (limit 6 per group).

### Pricing for Equine Assisted Services

- **Half-Hour Introductory/Assessment Session:** \$46 (limit 1 per person)
- **1 Hour Private, 12 Sessions:** \$600 pp
- **1 Hour Semi-Private, 12 Sessions:** \$550 pp
- **1 Hour Group, 12 Sessions:** \$500 pp

**Open to people of all ages and abilities! For more info, call (845) 938-3926.**



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM  
(845) 938-3926 | [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
206 MORGAN FARM ROAD, WEST POINT, NY 10996



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)**

# OUTDOOR RECREATION

## CAMPING AND ODR EQUIPMENT RENTALS



## OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center has all the your party equipment you need for the Holidays! To rent tables or chairs for your event or family gathering, please visit the Outdoor Recreation Equipment Checkout Center's webpage and click the "Email Us" link to make a reservation.

## RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# OUTDOOR RECREATION

ARMY MWR OUTDOOR RECREATION PRESENTS:

## Bounce House Bonanza

Saturdays

February 8th | March 8th  
9am-12pm | \$5 per child

NEW TIME!



Want to stay warm this winter and let out your energy? Join ODR at the Middle School Teen Center (MST building 500) for hours of jumping and sliding, during our Bounce House Bonanza!

Register at the Victor Constant Ski Area or online at [westpoint.armymwr.com](http://westpoint.armymwr.com). Walk-in spots available as well. For more info, call (845) 938-8810.



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## OUTDOOR RECREATION

# SEASONAL MID-WEEK CABIN SPECIALS



## LAKE FREDERICK CABIN SPECIAL

(Available October through March)

**Check in on a Monday or Tuesday, stay two nights, and get the third night (a value of \$100) FREE!**

To receive discount, call the Lake Frederick office at (845) 938-2649.

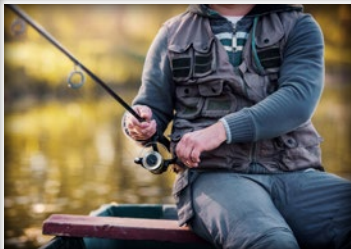
**DISCOUNTS NOT AVAILABLE ONLINE. EXCLUDES HOLIDAYS & WEEKENDS.**

## FISHING & HUNTING

**Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide**

**HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT [WESTPOINT.ISPORTSMAN.NET](http://WESTPOINT.ISPORTSMAN.NET)**

**Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide**



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# OUTDOOR RECREATION

ARMY MWR OUTDOOR RECREATION PRESENTS

## Starlight Snowshoeing

January 18th\* & February 1st, 7-10pm  
February 16th, 5:30-8:30pm

\$25 per person

*\*The January 18th event will be held January 25th if the ski slope is not yet open.*



Join us at the Victor Constant Ski Area for an enchanted evening of snowshoeing on the slopes! Registration costs include snowshoes, trekking poles and a bonfire with smores at top of the slopes.

Register online at [westpoint.armymwr.com](http://westpoint.armymwr.com),  
VCSA Rental Building or by calling (845) 938-8810



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# OUTDOOR RECREATION

## LAKE FREDERICK RECREATION AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



Lakeside bunk house amenities include heat, a mini fridge, fire ring, and charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit [westpoint.armymwr.com](http://westpoint.armymwr.com) or call (845) 938-2649.

## BULL POND RECREATION AREA

**Bull Pond is available to DOD civilian employees!  
Lodging dates and application info available [HERE](#).**



**INFO ON THE 2025 BULL POND SEASON LOTTERY ON NEXT PAGE!  
FOR QUESTIONS, CALL (845) 938-2649 OR EMAIL [DANIEL.B.EICHNER.NAF@ARMY.MIL](mailto:DANIEL.B.EICHNER.NAF@ARMY.MIL).**



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# BULL POND RECREATION AREA

## BULL POND VIRTUAL LOTTERY COMING SOON!

**Lottery Drawing 30 March 2025**  
**Register now through COB 28 March**



**The Lottery is open to Active Duty Military Personnel only.**

Any dates available after the lottery will be open to all other eligible DoD personnel and will be on a first come-first served basis.

**Visit [westpoint.armymwr.com](http://westpoint.armymwr.com) for lottery application/dates/cost.**

Lottery is limited to one (1) chance per household.

All reservations require advance payment in full. Cash, check or credit cards are accepted.

Winners will be contacted NLT Friday 4 April.



845.938.2649  
[westpoint.armymwr.com](http://westpoint.armymwr.com)



**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**



# AUTOMOTIVE SKILLS CENTER

## AUTOMOTIVE SKILLS CENTER



**THE AUTO CENTER IS OPEN FOR FULL SERVICE!**

**OIL  
CHANGE  
SPECIAL**



### **OIL CHANGE SPECIAL!**

Conventional Oil: \$45 for up to 5qts\*.  
Synthetic Oil: \$70 for up to 5qts\*.

*\*Additional quarts extra*



### **Auto Skills Center Hours**

**Tuesday - Saturday 8am - 4pm.**

For more info, call (845) 938-2074  
or visit us at [westpoint.armymwr.com](http://westpoint.armymwr.com).



The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

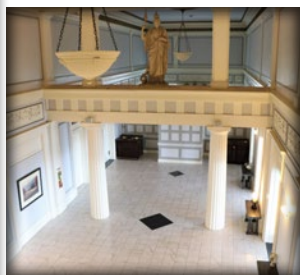
*For more info, call us at (845) 938-2074. Reservations are required.*

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# RENTAL FACILITIES

**MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!**

**VIEW OUR FULL RENTAL BROCHURE [HERE!](#)**



## RENTALS FOR ALL OCCASIONS!



**BUFFALO SOLDIER PAVILION**



**VICTOR CONSTANT SKI LODGE**



**CLASS OF '49 LODGE**



**CLASS OF '47 TRAIN STATION**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARTS & CRAFTS CENTER

## UNLEASH YOUR CREATIVITY!

The Arts & Crafts Center offers a variety of craft classes for all ages, including pick-and-paint pottery, stained glass, canvas painting, glass fusion, pallet painting, mosaics, sewing, scrapbooking, and more! Birthday packages and private event bookings are also available. Call (845) 938-4812 for more info.

**BE ON THE LOOKOUT FOR NEW CLASSES AND EVENTS AS WE RELEASE OUR MONTHLY ARTS & CRAFTS CENTER CALENDAR!**

Our custom framing experts will help turn your achievements into timeless works of art! Choose from 500+ quality mouldings, 450 acid-free mats, & UV-Protective glass. DIY framing classes are also available by appointment.

*Turn your gift-giving up a notch! West Point Arts & Crafts offers framing, engraving, full color sublimation services, and other unique gifting options!*



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARTS & CRAFTS CENTER

## FEBRUARY CALENDAR OF EVENTS



### A Stitch in Time: A Weekly Yarn Social

**Wednesdays, 9am - 12pm**

Bring your current projects and enjoy the company of your fellow textile artists!



### Little Impressionists

**Thu, Feb 6<sup>th</sup> & 20<sup>th</sup>**

**10:30-11:30am or 1pm-2pm**

For ages birth through 5 years old. \$5 per child. Registration required.



### Creation Station

**Thu, Feb 6<sup>th</sup> & 20<sup>th</sup>**

**3:30pm - 4:30pm**

Complete a craft of your choice! Projects prices start at \$15. For ages 5 years and up. Registration required.



### Resin Class

**Fri, Feb 7<sup>th</sup>**

**5:30pm - 7:30pm**

Create an 8"x10" Heart piece of resin art. \$40 pp. Registration required.



### Family Paint Night

**Thu, Feb 11<sup>th</sup>**

**5:00pm - 6:30pm**

Paint your heart out with us! Your choice. \$20 pp. Registration required.



### Art Attack

**Wed, Feb 12<sup>th</sup>**

**10am-12pm or 1:30-3:30pm**

Create a unique artwork for free! Part of the "Resiliency Thru Art" program. Registration required.



### Home School Art Class

**Wed, Feb 19<sup>th</sup>**

**1:00pm - 2:00pm**

Monthly art history projects for homeschoolers in grades K and up. "Bisa Butler". \$15 pp. Registration required.



### Meet the Artist Class

**Wed, Feb 19<sup>th</sup>**

**3:30pm - 4:30pm**

Monthly art history projects for all youth in grades K and up. "Bisa Butler". \$15 pp. Registration required.

FOR MORE INFO, VISIT [WESTPOINTARTSANDCRAFTS.COM](http://WESTPOINTARTSANDCRAFTS.COM) OR CALL (845) 938-4812



**ARTS & CRAFTS CENTER HOURS:**  
TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.  
VISIT US ONLINE BY SCANNING THE QR CODE!  
OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# TRONS RUE MARKSMANSHIP CENTER

TMC WILL BE CLOSED FEB 7<sup>TH</sup> FOR THE ARMY PISTOL TEAM MATCH

OPERATIONAL HOURS: TUE-WED: 10AM-3PM; THU-FRI: 6:30PM-9PM



OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

## Utah/Florida (Non-Resident) Concealed Permit Course



Sunday | February 23rd | 9am-6pm  
Tronsrue Marksmanship Center  
665 Tower Rd., West Point, NY 10996

This permit allows non-residents to carry a concealed handgun in 30+ states.  
(NY does not recognize the Utah/Florida permit.)

\$175 per person (Does not include application fee.)

Register online, at the Tronsrue Marksmanship Center or by calling (845) 938-1700.

[westpointarmymwr.com](http://westpointarmymwr.com)



VISIT US ONLINE AT [WWW.FACEBOOK.COM/TRONS RUE](http://WWW.FACEBOOK.COM/TRONS RUE)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# TRONS RUE MARKSMANSHIP CENTER

## VALENTINES DATE NIGHT

Thursday, February 13th | 6:30-9pm



### Celebrate Valentine's Day at the Tronsrue Marksmanship Center!

Cost is \$100 per couple and includes range fee, firearm rental, box of ammo, ear/eye protection and two targets.

Plus you will receive a \$50 MWR gift card that can be used at any of our West Point MWR facilities.

(Gift card can be used at a later date).

Sessions are for 1 hour shared range time valid for February 13 only.

*Couples can arrive anytime between 6:30-8pm.*

Military/DoD ID Required to Participate.



Register online, at the center or by calling (845) 938-1700.

[westpoint.armymwr.com](http://westpoint.armymwr.com)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# TRONSRUE MARKSMANSHIP CENTER

## ***CADETS ONLY BASIC & ADVANCED PISTOL COURSES***

### ***TRONSRUE MARKSMANSHIP CENTER***

#### **BASIC:**

~~Fri., Oct. 4 | 4-6pm~~  
~~Sun., Nov. 17 | 9-11am~~  
Sun., Mar. 2 | 9-11am  
Sun., Mar. 9 | 9-11am

#### **ADVANCED:**

~~Sun., Nov. 17 | 1-5pm~~  
~~Sun., Mar. 2 | 1-5pm~~  
Sun., Mar. 9 | 1-5pm



**Basic Course:** This 2 hour basic pistol course builds upon and refines your skills, sets, concepts and shooting principles. Discuss and learn the fundamentals of the new Army Service Pistol, Sig Sauer M17. 50 rounds of ammo included.

**Advanced Course:** This program explains and demonstrates the specific techniques to perform this very rapid, but accurate type of firearms presentation and shooting. The students will practice the fundamentals of tactical shooting, holster work, target transitions and shooting on the move while using the Sig Sauer M17, Army's Service Pistol. 100 rounds of ammo included.

*Prerequisite: Tronsrue Cadet Basic Pistol Class or equivalent.*

Basic: \$50 per person | Advanced: \$100 per person  
Includes firearm, ammo, targets and eye/ear protection.

*Pre-registration is required.*



**Tronsrue Marksmanship Center**

Register online, at the center,  
or by calling (845) 938-1700.

[WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# TRONSRUE MARKSMANSHIP CENTER



## Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.



## Daily Specials at Tronsrue

Tues & Wed: enjoy Lunch Hours rate from 10am to 3pm (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

## TRONSRUE CLOTHING AND STICKERS ARE AVAILABLE!



Tronsrue  
Marksmanship  
Center

**PUNCH PASSES  
ON SALE NOW!**

WEST POINT FAMILY AND MWR



GIFT CARD

## TMC PUNCH PASSES & GIFT CARDS ARE ALSO AVAILABLE!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# TRONSRUE MARKSMANSHIP CENTER

## TRONSRUE MARKSMANSHIP CENTER



# NYS concealed carry *Permit Course*

Saturday, March 22<sup>nd</sup> & Sunday, March 23<sup>rd</sup>  
9am-6pm | \$400 per person

This is a 16-hour class plus 2-hour live fire course required by New York State. Must be present for both days of instruction to receive certificate. Topics include: firearm safety, loading and unloading, use of deadly force under NYS law, carry locations and possession, gun safety and fundamentals.

This course covers all material required by New York State & students will take both a written examination and practical skills exam. This course is designed for new pistol license applicants as well as permit holders who are required to take a course to upgrade or renew a pistol license.



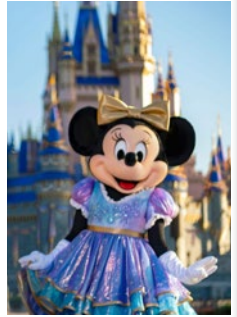
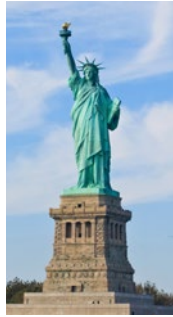
REGISTER ONLINE AT  
[WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM),  
IN PERSON AT TRONSRUE, OR  
BY CALLING (845) 938-1700.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



## LEISURE TRAVEL SERVICES FUN & EXCITEMENT AT YOUR FINGERTIPS!

### WALT DISNEY WORLD MILITARY SALUTES PASS 2025



Now available! Choose either a 4-day, 5-day, or 6-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility plus ID)

- 6-Day w/ Park Hopper®: \$409 + tax.
- 5-Day w/ Park Hopper®: \$389 + tax.
- 4-Day w/ Park Hopper®: \$369 + tax.

DISCOUNT UNIVERSAL  
STUDIOS TICKETS ARE  
AVAILABLE AT LTS!

FOR MORE INFO, CALL  
(845)-938-3601



LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR FITNESS CENTER

## 24/7 FITNESS ACCESS AT THE WEST POINT FITNESS CENTER

- ✓ YOU MUST BE AN AUTHORIZED USER OF THE MWR PHYSICAL FITNESS CENTER IAW AR 215-1, TABLE 7-1 AND A MINIMUM OF 18 YEARS OLD (17 YEARS OLD FOR ACTIVE DUTY).
- ✓ PRE-REGISTER, IN-PERSON, AT THE MWR FITNESS CENTER.
- ✓ 24/7 WILL BE AVAILABLE NIGHTS, WEEKENDS, HOLIDAYS AND DURING SEVERE WEATHER, BUT YOU MUST BE PREREGISTERED TO TAKE ADVANTAGE.

**THE FITNESS CENTER WILL REMAIN OPEN DURING CODE REDS. MUST BE REGISTERED FOR THE 24/7 FITNESS ACCESS TO USE THE FACILITY. ENTER AT YOUR OWN RISK. WE ARE NOT RESPONSIBLE FOR ANY INJURIES THAT MAY OCCUR IN OR OUTSIDE OF THE FACILITY DUE TO WEATHER. LOCKER ROOMS MAY BE CLOSED, BUT BATHROOMS ARE AVAILABLE.**



### Parent/Child POWER ZONE

AT THE MWR FITNESS CENTER



### Parent/Child Power Zone

Bring your child with you and work out in our dedicated Fitness Studio! Room includes Rower, Spin Bikes, Exercise Balls, & Free Weights. Children must be supervised at all times. Hours are Mon-Thu: 9am-8pm; Fri: 9am-6pm; & Sat-Sun: 9am-5pm

## Shamrock Shuffle



### 5K RACE



March 15th | 8am | \$25

Start and finish at the MWR Fitness Center.

Register online or at the fitness center by February 15th and get a guaranteed shirt size!

(845) 938-6490

[westpoint.armymwr.com](http://westpoint.armymwr.com)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR FITNESS CENTER

## Become a Fitness Trainer or Instructor!

Join our team and become a Personal Fitness Trainer or Group Fitness Instructor! For info on how to become one, call (845) 938-7060 or email [patrick.j.starro.naf@army.mil](mailto:patrick.j.starro.naf@army.mil).



## Quadfecta Race Series Passes

Interested in running multiple 5Ks at a discount rate? Sign-up for the Quadfecta Race Pass for only \$100! Offer valid till February 10th with a price increase after.

Available online at [westpoint.armymwr.com](http://westpoint.armymwr.com).



This pass is authorized for the following races:

**Shamrock Shuffle**  
(March 15th)

**Army Birthday**  
(June 14th)

**Ring Run**  
(August 23rd)

**Remembrance Run**  
(September 13th)

For more info, call (520) 717-9827



## Yoga with Krista K

WEDNESDAYS AT 4PM AND FRIDAYS AT 11AM  
AT THE MWR FITNESS CENTER. COST: \$5 PP

LOOKING TO IMPROVE YOUR MOBILITY, FLEXIBILITY  
AND CORE? COME JOIN YOGA WITH KRISTA K!

FOR MORE INFO, CALL (845) 938-6490  
OR VISIT US ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.

## PERSONAL TRAINING SESSIONS AND ASSESSMENTS

STOP BY OR CALL (845) 938-6490 TO SET UP A SESSION OR ASSESSMENT TODAY! FOR DETAILS, CALL OR VISIT ONLINE.

CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

## Living Angelic Massage Therapy



MASSAGE THERAPY NOW AVAILABLE THROUGH LIVING ANGELIC AT THE MWR FITNESS CENTER!

## Living Angelic Massage Therapy

Helping you heal by relieving your tension with a wide variety of massage techniques! Schedule an appointment today by calling Elliot at (347) 567-6060. Full list of pricing and services at [westpoint.armymwr.com](http://westpoint.armymwr.com).

## S.L.A.M. SWEAT LIKE A MOTHER! Fitness Class



WEEKLY, ON  
MON, THU & FRI,  
9:30AM-10:30AM

AT THE MST  
(500 WASHINGTON  
ROAD)

## S.L.A.M. Fitness Class

A fitness class for mothers! Mon-Fri, 9:30am-10:30am at the MST. Bring your kids! Single Class Pass: \$12. Five Class Pass: \$60. Ten Class Pass: \$110. Unlimited Monthly Pass: \$65. On sale online or at the Fitness Center front desk. Call (845) 938-6490 for info.

# WAKE UP WITH PAT

Tuesdays & Thursdays  
6:30-7:30am

MWR Fitness Center | \$5 per class

[westpoint.mwr.com](http://westpoint.mwr.com) | (845) 938-6490



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# RECREATIONAL SWIMMING



West Point Community, we need you! In order to establish a Noontime Lap Swimming program at Crandall Pool in Arvin CPDC, West Point MWR is seeking volunteers to serve as lifeguards. Current certified lifeguards are preferred but free Red Cross Lifeguard Training is available. Volunteer Hours are Wednesdays & Fridays, 1200 – 1345. All volunteers must have a valid DOD ID Card. For more information or to volunteer today, please email [WestPointSFA@army.mil](mailto:WestPointSFA@army.mil) or call 845-938-7060.

## Prerequisites for Free Red Cross Lifeguard Course: Candidates MUST

1.) Be age 18+. 2.) Be able to: Continuously swim 300yds (back/side swimming not allowed); Tread water using only legs for 2 min; and be able to, within 1 min 40 sec, swim 20 yds, surface dive to a depth of 7-10ft to retrieve a 10lb object, return to the surface & swim 20yds on the back to return to the starting point with both hands holding the object and keeping the face at or near the surface so they are able to breathe, and exit the water without using a ladder or steps.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# RECREATIONAL SWIMMING

## Lunchtime Lap Swim

• AT CRANDALL POOL •

Available 12pm-1:45pm on the following days:

Winter/Spring 2025

Jan: 8<sup>th</sup>, 13<sup>th</sup>, 15<sup>th</sup>, 21<sup>st</sup>, 23<sup>rd</sup>, 27<sup>th</sup>, 29<sup>th</sup>

Feb: 3<sup>rd</sup>, 5<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, 18<sup>th</sup>, 20<sup>th</sup>, 24<sup>th</sup>, 26<sup>th</sup>

Mar: 3<sup>rd</sup>, 5<sup>th</sup>, 10<sup>th</sup>, 12<sup>th</sup>, 24<sup>th</sup>, 26<sup>th</sup>, 31<sup>st</sup>

Apr: 2<sup>nd</sup>, 7<sup>th</sup>, 9<sup>th</sup>, 14<sup>th</sup>, 16<sup>th</sup>, 22<sup>nd</sup>, 25<sup>th</sup>, 28<sup>th</sup>, 30<sup>th</sup>

May: 5<sup>th</sup>, 7<sup>th</sup>, 12<sup>th</sup>, 14<sup>th</sup>

Open to Active Duty Personnel, DoD Civilians, Retired Personnel, and West Point Community Family Members.



Crandall Pool is located at  
727 Brewerton Rd., Arvin Gym  
(845) 938-7060



# MWR INTRAMURAL SPORTS



## WP Community Noontime Indoor Pickleball

Tuesdays & Thursdays from  
12pm-1pm at Arvin Gym 2nd Floor  
Courts. Played year-round!

To sign up, call (845) 938-3066



## WP Community Adult Intramural Hockey

Sun 5:30pm-7pm, plus Mon & Fri  
6am-7:30am, at Tate Rink in the  
Hollerder Center. Season Pass  
required. Sep 15<sup>th</sup> thru Mar 14<sup>th</sup>.

To sign up, call (845) 938-3066

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# MWR INTRAMURAL SPORTS



## WP Community Weds Eve Women's Doubles Tennis

Wednesdays, 7:30pm-9:30pm at  
the Lichtenburg Tennis Center.  
Season Pass required. \$100 DoD;  
\$110 all others) Jan 22<sup>nd</sup> - Apr 30<sup>th</sup>.

To sign up, call (845) 938-3066



## WP Community Monday Women's Doubles Tennis

Mondays, 9am-11am at the  
Lichtenburg Tennis Center.  
Season Pass required. \$100 DoD;  
\$110 all others) Jan 13<sup>th</sup> - Apr 21<sup>st</sup>.

To sign up, call (845) 938-3066



## WP Community Monday Evening Pickleball

Mondays, 7:30pm-9:30pm at the  
Lichtenburg Tennis Center.  
Season Pass required. \$100 DoD;  
\$110 all others) Jan 13<sup>th</sup> - May 5<sup>th</sup>.

To sign up, call (845) 938-3066



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)



# MWR INTRAMURAL SPORTS

West Point Community



November 4 - March 14

Mondays & Thursdays | 12:15PM-1:15PM  
Arvin Gym 4th Floor Courts

Open to Active Duty Personnel, DoD Civilians, Retired Personnel,  
West Point Community Family Members & Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066.



2024-2025

*West Point Community Skate Program*

Tate Rink - Holleder Center



## West Point Community Ice Skating Program

February 2<sup>nd</sup> & 9<sup>th</sup> from 3:15pm-  
5:15pm at Tate Rink, in the  
Holleder Center. Cost is \$3 per  
person; credit/debit only.

Must bring your own skates.



## West Point Community 4 on 4 Noontime VOLLEYBALL LEAGUE

WED & FRI ONLY | OCT 6 - MAY 7  
12:15-1:15pm | Arvin Gym 2nd Floor Courts

Open to Active Duty Personnel,  
DoD Civilians, Retired Personnel, and  
West Point Community Family Members  
and Approved Non-DoD.

To sign-up, call MWR Intramural Sports at (845) 938-3066.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# CHILD & YOUTH SERVICES

## CYS SPRING 2025

# YOUTH SPORTS



SEASON RUNS MARCH 31<sup>ST</sup> - MAY 22<sup>ND</sup>. REGISTER JAN 28<sup>TH</sup> - MAR 7<sup>TH</sup>  
BY CALLING P&OS AT (520) 717-9763/9724/9740 OR ONLINE VIA WEBTRAC.

### FLAG FOOTBALL

Tue & Thu 6pm-7pm; location TBD.

- **Junior NFL (Ages 7-9)** \$60
- **NFL (Ages 10-13)** \$60

### HOME SCHOOL GYM

Tue & Thu in MST Gym. \$60.

- **Grades K-3: 11am-11:45am**
- **Grades 4-8: 12pm-12:45pm**

### RUNNING CLUB

Thu, 4pm-5pm at Dragon Park.

- **Ages 7-12** \$25

### VOLLEYBALL

Mon & Wed, 6pm-7pm in MST Gym.

- **Grades 4-8** \$60

### SOCCER

Ages 3-4: \$25. Ages 5+: \$60.

- **Smart Start (Age 3):** 5pm-6pm Mondays at H-Lot Fields
- **Just 4 U (Age 4):** 5pm-6pm Wednesdays at H-Lot Fields
- **Division A (Ages 5-6):** 5pm-6pm Mon & Wed at H-Lot Fields
- **Division B (Ages 7-9):** 5pm-6pm Mon & Wed at H-Lot Fields
- **Division C (Ages 10-13):** 5pm-6pm Mon & Wed at Dragon Park

### BASEBALL

Age 4: \$25. Ages 5+: \$60.

- **Smart Start Baseball (Age 4):** Tue, 5pm-6pm at Dragon Park
- **Tee-Ball (Ages 5-6):** Tue & Thu, 5pm-6pm at Dragon Park
- **Minor League (Ages 7-9):** Tue & Thu, 5pm-6pm at H-Lot
- **Major League (Ages 10-13):** Tue & Thu, 5pm-6pm at H-Lot

**PARTICIPANTS MUST HAVE AN UPDATED HASPS ON FILE. PROGRAMS CAN ONLY RUN WITH ENOUGH VOLUNTEER COACHES! IF INTERESTED IN COACHING, CALL CYS AT (520)717-9706.**



U.S. ARMY



CYS YOUTH SPORTS OFFICE: (520) 717-9706

VISIT CYS ONLINE AT: [WESTPOINTCYS.COM](http://WESTPOINTCYS.COM)

OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# CHILD & YOUTH SERVICES

**VIEW THE YOUTH SPORTS 2024-2025 CALENDAR HERE**



## **CYSITTERS**

**BABYSITTER CERTIFICATION COURSE**

— OPEN TO ALL CYS REGISTERED YOUTH AGES 12+ —

**SAT, MARCH 1<sup>ST</sup>, 9AM-4PM**

AT THE SCHOOL AGE CENTER (140 BUCKNER LOOP)

**IN THIS CLASS, PARTICIPANTS  
WILL LEARN HOW TO:**

- Care for children and infants
- Be a good leader and role model
- Make good decisions & problem solve
- Keep children and themselves safe
- Handle emergencies and injuries
- Become CPR certified, and more!



\$20 PER PERSON. OPEN TO CYS REGISTERED YOUTH AGES 12+. REGISTRATION RUNS THRU FEB 27<sup>TH</sup> OR UNTIL FILLED. REGISTER ONLINE VIA WEBTRAC, IN PERSON AT PARENT CENTRAL, OR BY CALLING (520) 717-9763/9724/9740. CLASS SIZE LIMITED TO 8. ATTENDEES MAY BRING NUT-FREE SNACKS & LUNCHES TO CLASS. MAY BE CANCELED DUE TO LOW ENROLLMENT.

## **WEST POINT CYS WALK-IN HIRING EVENT**

**CYS Walk-In Hiring Event**  
*CYS will be conducting on the spot interviews every Tuesday from 10am-2pm at the Stony CDC (1207 Patrick Trail)! Full time, part time, and Flex positions available. Must bring valid ID & transcripts/high school diploma. Visitor's Pass required to enter Base.*



## **CPR+ AED+ FIRST AID CLASS**



FREE & OPEN TO THE COMMUNITY FOR AGES 18+ REGISTER IN PERSON AT PARENT CENTRAL, OR CALL (520) 717-9763/9724/9740.



**AT STONY CDC (BLDG 1207)**

**FEBRUARY 7<sup>TH</sup>**

**5:00PM - 7:00PM**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# CHILD & YOUTH SERVICES

JOIN CYS FOR OUR  
PARENT CLASS ON

## Understanding MIAT

(Multidisciplinary Inclusion Action Team)

**Feb 11<sup>th</sup> 4pm-5pm**

**At the SAC (140 Buckner Loop)**

MIAT (Multidisciplinary Inclusion Action Team) is a regulatory process that determines the necessary accommodations for children with special needs. CYS invites families to learn more about the MIAT process and its requirements at this free class!

To register, please contact Parent Central Services at: (520) 717-9763/9724/9740.



### THE PLAY PROJECT



PARENT-LED  
AUTISM EARLY  
INTERVENTION

**MARCH 27<sup>TH</sup>**

4PM-5PM AT ACS (622 SWIFT RD)



### The Play Project

Learn about The Play Project with CYS! This Early Intervention program helps improve social & emotional development of autistic children.

Free & open to the community.

Registration opens Feb 27<sup>th</sup>.

Register with Parent Central.

## Parent Participation Events

- **Feb 12<sup>th</sup>**: Fitness Challenge at the MST, 2:30pm-5:30pm
- **Feb 14<sup>th</sup>**: Valentine's Day Card Exchange at Stony CDC, 3:30pm
- **Feb 14<sup>th</sup>**: Friendship Bracelets at the School Age Center, 4pm-5:30pm



# CHILD & YOUTH SERVICES



UNITED STATES ARMY  
CHILD & YOUTH SERVICES



**SALARY RANGE:**  
**\$18.90 - \$28.96**  
**PER HOUR**



# JOIN OUR TEAM

APPLY BY SCANNING  
QR CODE, OR GO TO  
[WWW.USAJOBS.GOV](http://WWW.USAJOBS.GOV)

ALL NEW HIRES  
WILL RECEIVE A

**\$500**  
RECRUITMENT  
BONUS!

## WEST POINT CYS IS HIRING!

### MAKE THE MOST OF YOUR SPARE TIME AT THE YOUTH CENTER (MST)!



**SCHOOL YEAR HOURS**  
**2:30PM - 5:30PM**

**MST FEATURES:** • FREE WIFI • SNACKS • HOMEWORK ASSISTANCE • CLUBS • ACTIVITIES • SPECIAL EVENTS  
• MACBOOKS • GYM • CAFÉ • GAME ROOM • THEATER ROOM • MUSIC/TEEN ROOM • ART ROOM

THE MST (MIDDLE SCHOOL & TEEN CENTER), IS FREE AND OPEN TO ALL WEST POINT MIDDLE & HIGH SCHOOLERS! YOUTH MAY REGISTER TO USE THE FACILITY (AT 500 WASHINGTON RD) AT ANY TIME. HOWEVER, IF THEY REQUIRE ANY RESCUE MEDICATION, THEY MUST FIRST REGISTER THROUGH PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.



### CYS YOUTH SPONSORSHIP PROGRAM



JOIN OUR TEAM & WELCOME NEW STUDENTS!

### CYS Youth Sponsorship

Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit [westpoint.armymwr.com](http://westpoint.armymwr.com)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARMY COMMUNITY SERVICE

## JOIN ACS FOR **FAMILY GAME NIGHT**

FEBRUARY 7<sup>TH</sup>, 5PM-7PM

@ THE ACS BUILDING  
(BLDG 622)

## JOIN ACS FOR OUR FAMILY GAME NIGHT!

### FEATURING:

- BOARD GAMES
- VIDEO GAMES
- KARAOKE
- LIGHT REFRESHMENTS

### FREE AND OPEN TO ALL!

NOTE: PARENTS MUST BE ON  
SITE AT ALL TIMES.



## WOMEN'S SELF-DEFENSE COURSE

**SUPPORT,  
PROTECT,  
DEFEND...  
YOURSELF!**



**APR 8<sup>TH</sup>, 10<sup>TH</sup>, 15<sup>TH</sup>, & 17<sup>TH</sup>**  
**FROM 6PM TO 8PM AT THE SCHOOL AGE CENTER**

## JOIN ACS AND GET CERTIFIED IN WOMEN'S SELF-DEFENSE!

- Interactive 4-session workshop!
- Led by instructors from the Town of Woodbury Police Department

This event is free and open to all female DoD Cardholders ages 14+. Participants must attend all four sessions in order to receive a certificate. Space is limited, so registration is required. To make a reservation, please call (520) 717-9711 or email [emily.a.calanqi2.civ@army.mil](mailto:emily.a.calanqi2.civ@army.mil).



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARMY COMMUNITY SERVICE

## ACS PRESENTS: BLUEPRINTS TO **FINANCIAL FREEDOM**



**12PM-1PM**

**AT THE ACS BUILDING  
(622 SWIFT ROAD)**

**BI-WEEKLY, ON WEDNESDAYS**

JOIN ACS FOR A NEW WORKSHOP SERIES DESIGNED TO GUIDE PARTICIPANTS ON A JOURNEY OF FINANCIAL FREEDOM AND INDEPENDENCE USING TRIED AND TRUE METHODS FOR PERSONAL FINANCE! THESE SESSIONS—OFFERED THROUGHOUT THE YEAR—WILL FOCUS ON BUDGETING, HEALTHY MONEY HABITS, INVESTING, TAXES, AND FINANCIAL GOALS. FREE AND OPEN TO ALL DOD ID CARDHOLDERS! TO REGISTER, EMAIL [TIMOTHY.L.POOLE15.CIV@ARMY.MIL](mailto:TIMOTHY.L.POOLE15.CIV@ARMY.MIL) 1 WEEK BEFORE EVENT.

**SPRING 2025 SCHEDULE: JANUARY 15<sup>TH</sup> & 29<sup>TH</sup>,  
FEBRUARY 12<sup>TH</sup> & 26<sup>TH</sup>, AND MARCH 12<sup>TH</sup> & 26<sup>TH</sup>**



CALL ACS AT (845) 938-4621, OR VISIT THEM  
ONLINE AT [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)  
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WWW.WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)

# ARMY COMMUNITY SERVICE

## Employment Readiness Program

# Resume Review



***Need help finding employment? Stop by the Employment Readiness Program (ERP) Office at the ACS Building (622 Swift Road)!***

Have your resume reviewed by an Advanced Certified Resume Development Strategist, practice your intro “elevator pitch”, prepare for interviews, or get assistance with your job search!

### **Office Hours:**

**Mon - Thu**

**9am - 12pm**

**1pm - 4pm**

### **FOR MORE INFO, CONTACT:**

**Charles E. Bernal**

**Employment Readiness  
Program Manager**

**Building 622, Room 158**



EMPLOYMENT READINESS: (520) 717-9437  
EMAIL: CHARLES.E.BERNAL.CIV@ARMY.MIL  
f: @WESTPOINTARMYCOMMUNITYSERVICE





# ARMY COMMUNITY SERVICE

## ARMY COMMUNITY SERVICE LENDING CLOSET

You can borrow items for  
up to 30 days ... **for FREE!**

- Dishware • Cookware • Utensils
- Small Appliances • Microwaves
- Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm  
at the ACS Building (622 Swift Road).

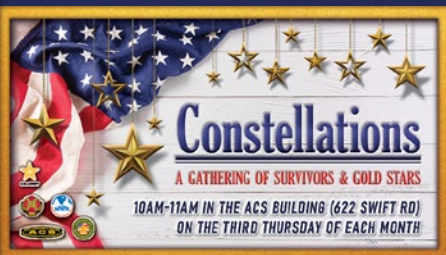


For more information, please call ACS at (520) 717-9823.



## SOS Constellations

Survivor Outreach invites Survivors & Gold Star Families to join them on the third Thursday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.



## ACS Little Movers

West Point ACS welcomes children to their new home! ACS offers free, fun-filled activity bags for children ages 2-12 to entertain them while traveling or unpacking! Call (520) 717-9823 to schedule a pick up at 622 Swift Rd.



## ACS RRP Newcomers Orientation & Welcome

Relocation Readiness Program offers a Newcomers Orientation & Welcome every Tue at 1pm & Thu at 9am at 622 Swift Road in the ACS Hudson Room 156. Spouses are welcome to attend!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)

# ARMY COMMUNITY SERVICE

## Wee-Play & Wee-Read



**BOTH PROGRAMS TAKE PLACE IN THE SCHOOL AGE CENTER (BUILDING 140) GYM**

**\*PROGRAMS EXCLUDE SCHOOL OUT DAYS. FREE & OPEN TO ALL RANKS & DOD CIVILIANS WITH CHILDREN AGES 4 OR YOUNGER. NO REGISTRATION REQUIRED. CALL (520) 717-9711 FOR INFO.**

### WEE-PLAY: TUE

9AM-10AM, WEEKLY\*

- JAN 7<sup>TH</sup>, 14<sup>TH</sup> & 28<sup>TH</sup>
- FEB 4<sup>TH</sup>, 11<sup>TH</sup>, 18<sup>TH</sup> & 25<sup>TH</sup>
- MAR 4<sup>TH</sup>, 11<sup>TH</sup> & 25<sup>TH</sup>

### WEE-READ: WED

9AM-10AM, BI-WEEKLY\*

- JANUARY 8<sup>TH</sup> & 22<sup>ND</sup>
- FEBRUARY 5<sup>TH</sup> & 19<sup>TH</sup>
- MARCH 5<sup>TH</sup>



**Join the FAP at the ACS Building (622 Swift Rd) for our THRIVE workshops!**



- Jan 6<sup>th</sup>, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- Jan 9<sup>th</sup>, 11:30am-12:30pm - *Stress and Anger Management*
- Jan 16<sup>th</sup>, 11:30am-12:30pm - *Couples Communication*
- Jan 22<sup>nd</sup>, 4pm-5pm - *Enhancing Your Child's Wellness*
- Jan 30<sup>th</sup>, 11:30am-12:30pm - *Positive Parenting*

- Feb 6<sup>th</sup>, 11:30am-12:30pm - *Stress and Anger Management*
- Feb 19<sup>th</sup>, 4pm-5pm - *Perinatal Wellness*
- Feb 20<sup>th</sup>, 11:30am-12:30pm - *Couples Communication*
- Feb 27<sup>th</sup>, 11:30am-12:30pm - *Positive Parenting*

- Mar 3<sup>rd</sup>, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- Mar 6<sup>th</sup>, 11:30am-12:30pm - *Stress and Anger Management*
- Mar 13<sup>th</sup>, 11:30am-12:30pm - *Couples Communication*
- Mar 19<sup>th</sup>, 4pm-5pm - *FAP Overview*
- Mar 27<sup>th</sup>, 11:30am-12:30pm - *Positive Parenting*



**REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-4621. ALL SESSIONS ARE FREE!**

**VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WESTPOINT.ARMYMWR.COM)**

# BENEFITS OF JOINING USFHP

**OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:**



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE  
PRIME OPTION



West Point Family & MWR  
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West Point, NY, 10996



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