



USAG WEST POINT

WHAT'S HAPPENING WITH FAMILY & MWR

JULY 20
24



TO ENABLE EMBEDDED HYPERLINKS, THIS PDF MUST BE VIEWED THRU A PDF VIEWER SUCH AS ADOBE ACROBAT, OR THRU AN INTERNET BROWSER. LINKS WILL NOT WORK IN EMAIL PREVIEWS.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR UPCOMING EVENTS



UPCOMING EVENTS & PROGRAMS

(CLICK ON HYPERLINKED ACTIVITIES FOR MORE INFO)

JUL

6

INTRO TO KAYAKING CLASS - 10AM AT LAKE FREDERICK

9

REGISTRATION FOR FALL YOUTH SPORTS OPENS

11

THRIVE: STRESS AND ANGER MANAGEMENT - 11:30AM AT ACS BUILDING

12

AUTO HOT SUMMER NIGHTS KICK-OFF EVENT - 4:30PM AT AUTO CENTER

13

INTRO TO STAND-UP PADDLE BOARDING - 10AM AT ROUND POND

17

SOS CONSTELLATIONS: GOLD STARS - 10AM AT ACS BUILDING

19

CYSITTERS BABYSITTER CERTIFICATION COURSE - 9AM AT STONY CDC

20

TROPHY POINT YOGA - 9AM AT TROPHY POINT

25

THRIVE: POSITIVE PARENTING - 11:30AM AT ACS BUILDING

25

SUNSET STAND-UP PADDLE BOARDING - 6PM AT ROUND POND

26

TEEN CAR CARE CLASS (AGES 15-17) - 5:30PM AT AUTO CENTER

31

WEST POINT COMMUNITY FAIR - 3PM AT IKE HALL GRAND BALLROOM

31

THRIVE: ENHANCING YOUR CHILD'S WELLNESS - 4PM AT ACS BUILDING

MORE MWR EVENTS, PROGRAMS, & OFFERINGS BELOW!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR SPECIAL EVENTS

WELCOME!

WEST POINT

COMMUNITY FAIR

JULY 31, 2024, 3:00-5:00PM

**IN THE CREST & GRAND BALLROOMS,
INSIDE IKE HALL (655 PITCHER RD, WEST POINT, NY)**



**Come see what
West Point and
the Hudson Valley
have to offer!**

**New Military
Families and
Civilians who
have recently
been assigned to
West Point are
encouraged to
attend.**

**This event is
also open to the
general public!**

VENDOR REGISTRATION RUNS THRU JUL 19 FOR WEST POINT DOD AGENCIES & AFFILIATED WEST POINT PRIVATE ORGANIZATIONS, OFF-POST NON-DOD ORGANIZATIONS, & BUSINESSES. TO REGISTER, SCAN THE QR CODE OR VISIT WESTPOINT.ARMYMWR.COM



681 ROGERS PL #202, WEST POINT, NY 10996
CALL MWR MARKETING AT: (845) 938-8186
VISIT ONLINE AT WESTPOINT.ARMYMWR.COM
OR ON OUR FACEBOOK: @WESTPOINTFMWR

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

THE WEST POINT CLUB

CLUB IS OPEN TO THE PUBLIC - DOD VISITOR ACCESS POLICIES APPLY



PATRONS, PLEASE NOTE: BENNY HAVEN'S LOUNGE HAS BEEN CLOSED INDEFINITELY.

COCKTAIL HOUR PACKAGES

Perfect for celebrations and functions of all kinds! Enjoy unlimited beer, wine, and soda, plus delicious dining options and room rental, all for one incredible price!

2-Hour Package info [here](#); 3-Hour [here](#). Reserve yours today at (845) 446-5120!



Club Lunch Program

★
Check our Facebook page for weekly menu rotations!

CLUB LUNCH / GRAB-N-GO

Buffet & Carving Line: available Wed & Thu, 10:30am-2pm in the Pierce Dining Room.

Express Buffet Lunch: available Tue & Fri by reservation only (20 person minimum).

More information available [HERE](#).
Order at (845) 446-5504/5545/5506.

DINNER-TO-GO AT THE CLUB

Available Wednesday & Thursday!

Must place order by 2pm, and specify a pick up time between 4pm and 6:30pm. Servings for 4 or 6 people are available.

View our full menu online [HERE](#).
Order at (845) 446-5504/5545/5506.



DINNER-TO-GO

★
AT THE WEST POINT CLUB

Planning an event? Book one of our off-premise sites!

(845) 938-5120 OR (845) 446-5545 | THEWESTPOINTCLUB.COM

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE



WEST POINT GOLF COURSE DAILY FEES



<u>ON WEEKDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, YOUTH	\$46	\$28
E7-03	\$56	\$32
04-010, RETIREES, & DOD CIVILIANS	\$60	\$34
CONTRACTORS, VETS, SENIORS, & GUESTS	\$65	\$40
GENERAL PUBLIC	\$74	\$45



<u>WEEKENDS & HOLIDAYS</u>	<u>DAILY</u>	<u>TWILIGHT</u>
E1-E6, CADETS, YOUTH	\$53	\$30
E7-03	\$64	\$36
04-010, RETIREES, & DOD CIVILIANS	\$70	\$38
CONTRACTORS, VETS, SENIORS, & GUESTS	\$79	\$42
GENERAL PUBLIC	\$91	\$46

TWILIGHT PRICING STARTS AT 3PM (NOT AVAILABLE MONDAYS). ALL FEES SHOWN INCLUDE CART RENTAL. MUST PRESENT A VALID ID TO RECEIVE MILITARY/DOD RATES. NO OUTSIDE ALCOHOLIC BEVERAGES OR COOLERS ARE PERMITTED ON THE GOLF COURSE PREMISES.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE

NINE, WINE & DINE

AT THE WEST POINT GOLF COURSE



JOIN US AT 4PM ON FRIDAY, JULY 26TH FOR AN EVENING ROUND AT THE WEST POINT GOLF COURSE!



AFTER YOUR ROUND, ENJOY LOCAL WINE PAIRED WITH A DELICIOUS DINNER!



COST IS \$65 PER PERSON (INCLUDES GREEN FEES, CART, CLUB RENTALS, WINE, AND DINNER). REGISTRATION IS REQUIRED. TO REGISTER, CALL (845) 938-2435. REGISTRATION OPENS JULY 5TH.



732 VICTOR CONSTANT RD, WEST POINT, NY
CALL GOLF AT: (845) 938-2327/2435/2067
VISIT ONLINE AT WESTPOINT.ARMYMWR.COM
OR FACEBOOK: @WESTPOINTGOLFCOURSE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

WEST POINT GOLF COURSE

CLICK HERE FOR THE MONTHLY GOLF COURSE UPDATE!

West Point Golf Course

ANNUAL PASS SALE



GET READY TO SWING INTO ACTION! ANNUAL PASSES FOR THE WEST POINT GOLF COURSE WILL BE UP FOR GRABS STARTING MARCH 26TH! ENJOY UNLIMITED ACCESS TO OUR PREMIER GOLF COURSE FOR THE ENTIRE 2024 SEASON (OPENING MARCH 29TH)! SEASON PASSES WILL BE AVAILABLE FOR PURCHASE AT THE VICTOR CONSTANT SKI LODGE.

ANNUAL PASS

(COVERS GREENS FEES ONLY):

- YOUTH AGES 18 & UNDER, CADETS, & E1-E6: \$800 (FAMILY PASS: \$1160)
- E7-03: \$1600 (FAMILY PASS: \$2550)
- 04-010 & AUTHORIZED DOD PATRONS: \$1800 (FAMILY PASS: \$2900)
- SENIORS AGES 62+ & VETERANS: \$2000 (FAMILY PASS: \$3000)
- WEST POINT ARMY CONTRACTORS & ARMY COACHES: \$2500 (FAMILY PASS: \$3500)
- GENERAL PUBLIC: \$3000 (FAMILY PASS: \$3600)



Driving Range Now Open!

Open Wednesday-Sunday, 7am-6pm. Shuttle buses run every 30 min from the Ski Lodge to Golf Maintenance, from 7am-5pm. The last shuttle back to the Ski Lodge will leave at 6pm.

Small Bucket of Golf Balls: \$8.

Large Bucket of Golf Balls: \$14

WEST POINT BOWLING CENTER

KIDS BOWL FREE PROGRAM

APRIL 15TH THROUGH AUGUST 31ST!

Kids ages 2-15 get two FREE bowling games every program day! Friday and Saturday, games must be completed by 5pm. For more info, call the West Point Bowling Center at (845) 938-2140.

REGISTER FOR THIS OFFER AT: [KIDSBOWLFREE.COM/ARMY](https://www.kidsbowlfree.com/army)

VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](https://www.westpoint.armymwr.com)

WEST POINT BOWLING CENTER

BOWLING HOURS

Mon-Thu: 11am - 7:30pm

Friday: 11am - 11pm

Saturday: 12pm - 11pm

Sunday: 12pm - 7:30pm

DELIVERY HOURS

(For West Point locations only)

Mon-Weds & Fri: 11am - 7pm

Thu & Sat-Sun: 12am - 7pm

Place your order at (845) 938-2140.

Sign up for a Bowling League today! League play runs Sep-May with Mon, Sun, and Thu evening league options. All Leagues are handicap formatted. Call (845) 938-2140 for info and assistance.

WEEKLY BOWLING SPECIALS

LUNCH N' BOWL

Monday - Friday, 11:30am - 1pm

Buy any Combo Meal and get your bowling game for half price! Come in during lunch hour and shake up your typical break from the office.

TIME FOR TOTS

Tuesdays, 11:30am - 1:30pm

Kids 6 years old or younger get two bowling games, bowling shoes, a small fountain soda, and a slice of pizza for only \$9.00 per child!

COSMIC BOWLING

Fridays & Saturdays, 5pm - 11pm

When the sun goes down, black lights, glow pins and good times await you at the West Point Bowling Center!
\$5.00 per person, per game.

OPEN BOWLING

7 Days a Week

Open Bowling at West Point is always a great deal! Only \$4.50 per person per game, with \$4.00 shoe rentals.
What are you waiting for?

WEST POINT FMWR
BOWLING CENTER



**SENSORY
FRIENDLY
BOWLING**



ON THE 2ND THURSDAY OF EACH MONTH, FROM 4PM-5PM

Sensory Friendly Bowling

Offered from 4pm-5pm on every 2nd Thursday of the month at the West Point FMWR Bowling Center! During this time, no music will play, and only special needs bowlers will be allowed use of the facility. Call (845) 938-2140 for more information.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MORGAN FARM



NOTE: OUR SUMMER RIDING CAMP IS SOLD OUT!



**Pet Kenneling • Dog Grooming • Seasonal Riding Camp
Riding Lessons • Horse Boarding • RV & Boat Storage**



HORSE RIDING LESSONS

Riding lesson times available on Saturdays and Sundays! We offer private and group riding lessons for ages 5+. Semi-private options available. For more info, call (845) 938-3926 or visit us [online](#).

HORSE BOARDING

Our historic stables offer large stalls, daily turnout, 2 lighted outdoor rings, a 225'x95' indoor ring, and scenic trails. For more info, please call (845) 938-3926 or visit us [online](#).



DOG GROOMING

- NAILS
- BATHS
- EARS
- TRIMS



MORGAN FARM

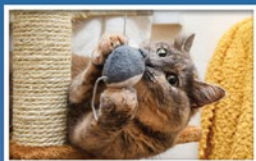
STABLE & KENNEL



RESERVATIONS CAN BE MADE MON-FRI, 8:30AM-1PM

(845) 938-3926 | WWW.WESTPOINT.ARMYMWR.COM

206 MORGAN FARM ROAD, WEST POINT, NY 10996



PET KENNELING

- DAILY DOG WALKS
- LARGE DOG RUNS
- CLIMATE CONTROLLED
- MULTI-PET DISCOUNTS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT [WESTPOINT.ARMYMWR.COM](http://WWW.WESTPOINT.ARMYMWR.COM)

OUTDOOR RECREATION

JOIN OUTDOOR REC FOR AN

INTRO TO KAYAKING CLASS

JULY 6 | 10AM-12PM | LAKE FREDERICK | \$25



Open to all ages 12 and up. Participants will learn introductory techniques. We will be paddling around and playing games to practice the skills you learn. Come in clothes that are good to get wet and bring plenty of water.



For info, call
(845) 938-0123
WESTPOINT.ARMYMWR.COM



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

CAMPING AND ODR EQUIPMENT RENTALS



CAMPING RESERVATIONS FOR 2024 SEASON

Book your reservation by calling (845) 938-8810/2503 between 12pm-4pm, Mon-Fri. For more info about campsites, please click the following links:

[BULL POND](#) | [ROUND POND](#) | [LAKE FREDERICK](#)



OUTDOOR RECREATION EQUIPMENT RENTALS

The Outdoor Recreation Equipment Checkout Center is your home base for hiking, backpacking, canoeing, kayaking, rock climbing, mountain biking, paintball, & more! In addition to rental equipment, it also offers an equipment resale discount program, as well as guide books and maps of local trails and outdoor activities. For rental assistance, or for more information, contact ODR at (845) 938-0123.

RV & BOAT STORAGE

Morgan Farm: Monthly and Yearly storage options. 24/7 access all year round!

Round Pond: Daily, Monthly, and Seasonal storage options. Come & Go Access from Apr-Nov (No gate access during winter).

Storage at either open to Active Duty Mil, Retirees, & DoD ID Cardholders.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

OUTDOOR RECREATION PRESENTS

INTRODUCTION TO **STAND-UP PADDLE BOARDING**

JULY 13 | 10AM-12PM | ROUND POND | \$25



Participants will first learn introductory techniques. Afterwards, you will be paddling around and playing games to practice the skills you have learned. Please wear clothes that are okay to get wet and potentially swim in and shoes with good grip. Remember to bring plenty of water as well. Cost includes equipment. Open to ages 12 and up.



For more info,
call (845) 938-0123
Register online at
WESTPOINT.ARMYMWR.COM



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

OUTDOOR RECREATION PRESENTS
**SUNSET STAND-UP
PADDLE BOARDING**

JULY 25TH | 6PM-8PM | ROUND POND | \$25



**Have experience paddle boarding?
Come enjoy the sunset at Round Pond!**

PLEASE WEAR CLOTHES THAT ARE OKAY TO GET WET AND POTENTIALLY SWIM IN AND SHOES WITH GOOD GRIP. REMEMBER TO BRING PLENTY OF WATER AS WELL. COST INCLUDES EQUIPMENT. OPEN TO AGES 12+. REGISTER ONLINE VIA WEBTRAC.



ARMY OUTDOOR REC: (845) 938-0123
VISIT AT: WESTPOINT.ARMYMWR.COM
ASK US ABOUT EQUIPMENT RENTALS!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION

LAKE FREDERICK RECREATION AREA

Lake Frederick Recreation Area offers 8 bunk houses with heat & A/C, 50 tent sites, a meeting/mess hall, pavilions, & bathhouse. A mountain lake, ADA fishing pier, swimming beach, and hiking trails are all within walking distance from your site! Our main office offers firewood, canoes, paddle boats, rowboats and more. Additional Services include a bathhouse with hot showers, a volleyball court, basketball court, & coin operated laundry.



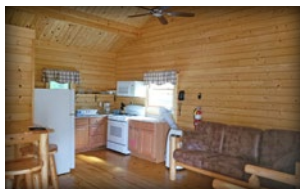
Lakeside bunk house amenities include heat, a mini fridge, fire ring, and charcoal grill. 4 Family Style cabins are available to rent for \$125 per night (\$150 on holidays/USMA events. Two night minimum weekend stay). Wood, bagged ice, & Lake Frederick patches are also available to buy! For details, or to book a reservation, visit westpoint.armymwr.com or call (845) 938-2649.

BULL POND RECREATION AREA

**Bull Pond is available to DOD civilian employees!
Lodging dates and application info available [HERE](#).**



TO MAKE A BULL POND RESERVATION, CALL (845) 938-2649 (FIRST COME, FIRST SERVED). EMAIL QUESTIONS TO DANIEL.B.EICHNER.NAF@ARMY.MIL.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION



JULY IS NATIONAL PARKS AND RECREATION MONTH

Come celebrate at
Round Pond Recreation Area
with our tent site weekend specials!

Receive a discount on a
Friday through Sunday
stay at only \$14 a night!

(Regularly \$24 a night)

Available weekends only in July.



U.S. ARMY



For reservations, call
845.938.2503.

westpoint.armymwr.com

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

OUTDOOR RECREATION



SUMMER

Swim Events at Round Pond Beach!

Fourth of July Summer Bash

Join us on July 4th and receive a
FREE ice cream with paid entry!

Adult Swim Party, July 27th, 5pm-8pm

BYOB - with games, music & swimming!
Must be 21+ cost is \$15 per person

Millennial Day, August 3rd

Listen to all the greatest hits of the
90's, 2000's and 2010's while
enjoying games & ice cream!

Movie Night, TBD

Projected on a large inflatable screen!



westpoint.armymwr.com

For more info, call
(845) 938-7060.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RECREATIONAL SWIMMING

SWIMMING AT LONG POND

NEW
WATER PARK
WIBITS!



Now thru Labor Day: 9am-6pm, 7 Days/week

FOR MORE INFORMATION AND PRICING, CALL (845) 938-7060.
OR VISIT WESTPOINT.ARMYMWR.COM OR HUDSONSKYROPE.COM

Round Pond & Lake Frederick Swim Areas

Open Memorial Day Weekend
to Labor Day Weekend.

Open 11am-5pm with lifeguard on duty.

Open weekends and holidays only:
May 25th-27th, June 1st-2nd, June 8th-9th,
June 15th-16th, June 19th & June 22nd-23rd.

Open 7 days a week starting
June 29th through August 25th.

Open Labor Day Weekend
August 31 - September 2nd
(Final Weekend).



westpoint.armymwr.com
(845) 938-7060



VOLUNTEER INDOOR LIFEGUARDS NEEDED!
Certified lifeguards are preferred; free training is available. Hours are Monday-Friday, 12pm-1:45pm. A valid DOD ID card is required. If interested, call (845) 938-7060, or email WestPointSFA@army.mil.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

FISHING & HUNTING

RECREATIONAL FISHING



CURRENT SEASONAL FISH:

- SMALL & LARGEMOUTH BLACK BASS
- ALL TROUT SPECIES
- NORTHERN PIKE
- PICKEREL
- SPLAKE
- MUSKELLUNGE
- STRIPED BASS
- SUNFISH
- PERCH
- AMERICAN SHAD
- CRAPPIE
- EEL
- WHITEFISH*
- ATLANTIC SALMON*
- TIGER MUSKELLUNGE
- WALLEYE

**Cannot be found on West Point.*

For Hudson River downstream of Troy Dam (and Tributaries): All Species, All year, Catch & Release only (except for bait fish).

Fishing Permits & Fishing Info | NYS Freshwater Fishing Guide

HUNTING ON WEST POINT REQUIRES A NYS HUNTING LICENSE & A WEST POINT HUNTING PERMIT, WHICH MAY BE OBTAINED AT WESTPOINT.ISPORTSMAN.NET

Hunting Permits & Hunting Info | NYS Hunting & Trapping Guide

AUTOMOTIVE SKILLS CENTER

AUTOMOTIVE SKILLS CENTER

OPEN FOR FULL SERVICE!

OIL CHANGE SPECIAL



OIL CHANGE SPECIAL!

Conventional Oil: \$45 for up to 5qts*
Synthetic Oil: \$70 for up to 5qts*.

**Additional quarts extra*



Auto Skills Center Hours

Tuesday - Saturday 8am - 4pm.

For more info, call (845) 938-2074
or visit us at westpoint.armymwr.com.

The Auto Center offers full mechanical services as well as self-help bays, NYS Inspections, oil changes, tire services, and computer diagnostics!

For more info, call us at (845) 938-2074. Reservations are required.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

HOT SUMMER NIGHTS AT AUTO



**OPEN UNTIL 8PM FOR SELF-HELP AND NYS
INSPECTION APPOINTMENTS ON SELECT FRIDAYS:**

• JULY 12TH, 19TH, & 26TH • AUGUST 9TH, 16TH, & 23RD

HOT SUMMER NIGHTS KICK-OFF EVENT: JULY 12TH, 4:30PM-5:30PM

Enjoy pizza, giveaways and a raffle!

TEEN CAR CARE CLASS (AGES 15-17): JULY 26TH, 5:30PM-7:00PM

Bring your teen and learn about the fundamentals of car care! Teens must be accompanied by an adult. Cost: \$20 (includes teen and adult).

LADIES NIGHT: AUGUST 16TH, 5:30PM-7:00PM

Come learn how to care for your vehicle! Cost: \$15.

For both the Ladies Night & Teen Car Care Class, the first 30 min will be a shop safety class. All participants receive a shop safety card. Topics covered include checking fluids, battery, & tire pressure; changing oil & flat tires, roadside safety, jumpstarting a battery, and replacing light bulbs, wiper blades, & air filters. Demonstrations will be done on shop vehicle. Mechanics will be available afterwards for Q&A. Registration required via WebTrac.



U.S. ARMY



BUSINESS HRS: TUE-SAT 8AM-4PM
CONTACT AUTO AT: (845) 938-2074
648 WILSON RD, WEST POINT, NY

**AUTOMOTIVE
SKILLS CENTER**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

AUTOMOTIVE SKILLS CENTER

Hot Summer Savings at the West Point Automotive Skills Center



10% OFF
Vehicle Tune Up

Valid June 18 - August 31, 2024

10% OFF
Brake Service

Valid June 18 - August 31, 2024

20% OFF
A/C Recharge Service

****Complete Evacuation, Vacuum Leak Test, & Charge Service.
Special applies to most standard cars, compact trucks, &
SUVs with R134a refrigerant. Restrictions apply.**

Valid June 18 - August 31, 2024

20% OFF
Hourly Bay Rentals on

Tuesdays, Wednesdays, & Thursdays

Valid June 18 - August 31, 2024



BUSINESS HRS: TUE-SAT 8AM-4PM
CONTACT AUTO AT: (845) 938-2074
648 WILSON ROAD, WEST POINT, NY

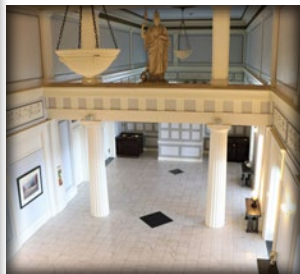
**AUTOMOTIVE
SKILLS CENTER**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

RENTAL FACILITIES

MWR OFFERS A WIDE RANGE OF RENTAL FACILITIES SUITABLE FOR ALL MANNER AND SIZES OF EVENTS!

VIEW OUR FULL RENTAL BROCHURE [HERE!](#)



RENTALS FOR ALL OCCASIONS!



BUFFALO SOLDIER PAVILION



VICTOR CONSTANT SKI LODGE



CLASS OF '49 LODGE



CLASS OF '47 TRAIN STATION

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARTS & CRAFTS CENTER

JUNE / JULY CALENDAR OF EVENTS

PLEASE NOTE: THERE WILL BE NO OPEN STUDIO FROM JUN 25TH THROUGH AUG 1ST

A Stitch in Time

A weekly yarn social at West Point Arts & Crafts



Wednesdays, from 9am-12pm

BRING YOUR CURRENT PROJECTS AND ENJOY THE COMPANY OF FELLOW TEXTILE ARTISTS!

A STITCH IN TIME

9am-12pm

- June 5th
- June 12th

Returns
July 31st

WEST POINT ARTS & CRAFTS WISHES YOU A SAFE, HAPPY, AND FUN FILLED SUMMER!

Summer in COLOR ART CAMP AT WEST POINT ARTS & CRAFTS

GRADES 1-4

9AM - 11:30AM

SESSION 1: JUNE 25TH - 28TH
SESSION 2: JULY 9TH - 12TH
SESSION 3: JULY 16TH - 19TH
SESSION 4: JULY 23TH - 26TH

GRADES 5-9

1PM - 3:30PM

SESSION 5: JUNE 25TH - 28TH
SESSION 6: JULY 9TH - 12TH
SESSION 7: JULY 16TH - 19TH
SESSION 8: JULY 23TH - 26TH

SUMMER IN COLOR ART CAMP

With new projects every day, young artists will explore different art mediums while strengthening their self-confidence, creative thinking, and art making techniques, both individually and in a collaborative setting. Campers will be immersed in colors, lines, shapes, and textures. Camp sessions will be bursting with creative activities to explore! \$150 per child per session (due in full at registration). Registration will run from 9am May 14th to 4pm June 13th. Sessions that fail to meet the minimum participation required may be canceled.

FOR MORE INFO, VISIT WESTPOINTARTSANDCRAFTS.COM OR CALL (845) 938-4812



ARTS & CRAFTS CENTER HOURS:

TUE-THU: 9AM-4PM, & FRI BY APPOINTMENT.
VISIT US ONLINE BY SCANNING THE QR CODE!

OUR FACEBOOK: WESTPOINTARTSANDCRAFTS

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

NEW SUMMER HOURS AT TRONSRUE!

OFFERING MORE OPPORTUNITIES TO ENJOY TMC, NOW THRU AUGUST 9TH!

TUESDAY-WEDNESDAY: 12PM-7PM. THURSDAY-FRIDAY: 3PM-9PM.



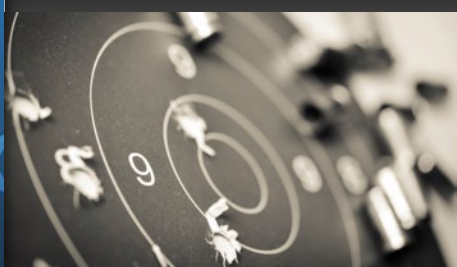
OUR INDOOR SHOOTING FACILITY IS ACCESSIBLE TO DOD ID CARDHOLDERS. REGISTER FOR CLASSES ONLINE VIA WEBTRAC, IN PERSON, OR AT (845) 938-1700.

THE RANGE WILL BE CLOSED JULY 4TH & 5TH, AND AGAIN FOR MAINTENANCE STARTING JULY 16TH, REOPENING JULY 25TH.



Private Shooting Lessons

TMC offers handgun & rifle instruction for every level of learner in a private setting by experienced instructors. Cost: \$85 for one person, or \$135 for two people. Ammo sold separately. Available by appointment only.



Daily Specials at Tronsrue

Tuesday & Wednesday: Lunch Hours rate from 12-3pm (with valid Mil/DoD ID)! Thu: Youth ages 12-15 shoot free (range + rental) & get a complimentary paper target (must be accompanied by adult to shoot). Also Thu: "Ladies Night", ft. \$10 Range Fee & \$5 Rentals!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

TRONSRUE MARKSMANSHIP CENTER

OUR WOMEN'S ONLY INTRO TO PISTOL, OUR HANDGUN 101 BASIC FIREARM TRAINING COURSES ARE BOTH SOLD OUT!

TRONSRUE MARKSMANSHIP CENTER PRESENTS



**STOP
THE BLEED**
AND SAVE A LIFE

THURSDAY, AUGUST 1ST | 5PM-9PM
AT TRONSRUE MARKSMANSHIP CENTER

STOP THE BLEED/TECC

Aug 1st NOW AT TRONSRUE, 5pm-9pm

Learn the skills & knowledge needed to provide lifesaving care during direct and indirect threats! \$50 pp. Includes free training tourniquet & Trauma Certificate from the ACSC.

NYS concealed carry *Permit Course*



Sat, Sept 7th (Buffalo Soldier Pavilion)
Sun, Sept 8th (Tronsrue Marksmanship Center)

9am-6pm | \$400 per person

This is a 16-hour class plus 2-hour live fire course required by New York State. Must be present for both days of instruction to receive certificate.



(845) 938-1700 | westpoint.armymwr.com

Utah/Florida Concealed Carry Permit Course



Saturday | September 14 | 9am-5pm
Tronsrue Marksmanship Center

Utah/Florida Concealed Carry Permit Course

Sep 14th at Tronsrue, 9am-5pm

Allows non-residents to conceal carry in 30+ states (excludes NY). \$175 pp + application fee. Open to Active Mil & Cadets age 18+, and US Citizens 21+.

**CHECK OUT OUR NEW FACEBOOK PAGE!
VISIT US ONLINE AT WWW.FACEBOOK.COM/TRONSRUE**

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

LTS (LOCATED AT 683 BUCKNER LOOP) IS OPEN FROM 8AM TO 4:15PM. CALL US AT (845) 938-3601 FOR INFORMATION ON ATTRACTIONS, TICKETS, TRIPS, AND MORE!



LEISURE TRAVEL SERVICES 2024 DAYTRIPPER: JUL & AUG

WED, JUL 17TH & WED, AUG 14TH - LTS VAN TO BROADWAY



Treat yourself to a dazzling Broadway show with half-price tickets from the iconic TKTS booth! Or, just enjoy a night of fun in the Big Apple! We'll leave West Point at 10am, and depart NYC after the shows.

Transport cost: \$30/adult & \$25/child.

SAT, JUL 20TH & AUG 3RD - EXPLORING LOWER MANHATTAN



See where American history started for so many and the gateway for the future! Visit the Statue of Liberty, 9/11 Memorial, the NY Stock Exchange, Brooklyn Bridge and more. Leave WP at 8:30am; leave NYC at 3:30pm.

Transport cost: \$30/adult & \$25/child.



LTS HAS MILITARY DISCOUNTED TICKETS ON SALE FOR SIX FLAGS GREAT ADVENTURE IN JACKSON, NJ! CONTACT US TODAY AT (845) 938-3601!

LEGOLAND, Hershey Park, Universal, Disney, Six Flags, Sesame Place, and IKON Passes & Tickets available! Click [HERE](#) for info!

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

LEISURE TRAVEL SERVICES

WED, JUL 24TH & AUG 28TH - NYB GARDENS & BRONX ZOO



Enjoy a day at the beautiful NY Botanical Gardens and/or the Bronx Zoo! Tickets for both attractions must be reserved online in advance. We will leave from West Point at 8:30am and leave from NYC at 3:30 pm.

Transport cost: \$30/adult & \$25/child.

TUESDAY, AUGUST 13TH - DAY TRIP TO CONEY ISLAND



Join LTS for a special seaside day-cation in Brooklyn! Visit the NY Aquarium, ride the famous Cyclone roller coaster, explore the boardwalk, and relax at the beach! Depart WP at 9am, leave Coney Island at 4pm.

Transport cost: \$30/adult & \$25/child.

DISCOUNT UNIVERSAL STUDIOS TICKETS ARE AVAILABLE AT LTS!

FOR MORE INFO, CALL (845)-938-3601



WALT DISNEY WORLD MILITARY SALUTES PASS 2024

WALT DISNEY WORLD
MILITARY SALUTES
2024



Now available! Choose either a 4-day, 5-day, or 6-day Disney Military Promotional Ticket! (Special pricing! Requires eligibility plus ID)

- 6-Day w/ Park Hopper®: \$409.
- 5-Day w/ Park Hopper®: \$389.
- 4-Day w/ Park Hopper®: \$369.



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

Hours of Operation: Mon-Thu 5:30am-8pm; Fri 5:30am-6pm; Sat/Sun 9am-5pm.

PERSONAL TRAINING SESSIONS AND ASSESSMENTS

STOP BY OR CALL (845) 938-6490 TO SET UP A SESSION OR ASSESSMENT TODAY! FOR DETAILS, CALL OR VISIT ONLINE.

CLASS SIZES ARE LIMITED! PRE-REGISTRATION HIGHLY ENCOURAGED.

NEW
DAYS & TIMES
STARTING NOV 1ST

Functional Fitness

Classes with
Anthony



Functional Fitness

A class for building functional muscle used in everyday activities! Monday thru Thursday, starting at 9am at the Fitness Center. \$5 per class. Passes on sale online or at the Fitness Center. Call (845) 938-6490 for info.

YOGA at Trophy Point

SATURDAYS | 9-10AM | \$5

JUNE 1st, 15th & 29th	AUGUST 3rd, 17th & 31st	SEPTEMBER 7th & 14th
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Pre-registration online via WebTrac highly encouraged.

Class is limited to 20 participants. Weather permitting.

Please bring your own yoga mat!

Please bring group fitness coupon or exact change.

For more info, call (845) 938-6490
or visit westpoint.armymwr.com



S.L.A.M. SWEAT LIKE A MOTHER!

Fitness Class

Mondays, Thursdays & Fridays
9:30-10:30am

STARTING APRIL 1ST
NEW LOCATION!

DRAGON PARK



S.L.A.M.

A fitness class for mothers! Mon & Fri, 9:30am-10:30am at Dragon Park. Bring your kids! Single Class Pass: \$12. Five Class Pass: \$60. Ten Class Pass: \$110. Unlimited Monthly Pass: \$65. On sale online or at the Fitness Center front desk. Call (845) 938-6490 for info.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER

24/7 FITNESS ACCESS AT THE WEST POINT FITNESS CENTER

- ✓ YOU MUST BE AN AUTHORIZED USER OF THE MWR PHYSICAL FITNESS CENTER (IAW AR 215-1, TABLE 7-1 AND A MINIMUM OF 18 YEARS OLD (17 YEARS OLD FOR ACTIVE DUTY)).
- ✓ PRE-REGISTER, IN-PERSON, AT THE MWR FITNESS CENTER, BEGINNING NOVEMBER 15, AT 12PM.
- ✓ 24/7 WILL BE AVAILABLE NIGHTS, WEEKENDS, HOLIDAYS AND DURING SEVERE WEATHER, BUT YOU MUST BE PREREGISTERED TO TAKE ADVANTAGE.

THE FITNESS CENTER WILL REMAIN OPEN DURING CODE REDS. MUST BE REGISTERED FOR THE 24/7 FITNESS ACCESS TO USE THE FACILITY. ENTER AT YOUR OWN RISK. WE ARE NOT RESPONSIBLE FOR ANY INJURIES THAT MAY OCCUR IN OR OUTSIDE OF THE FACILITY DUE TO WEATHER. LOCKER ROOMS MAY BE CLOSED, BUT BATHROOMS ARE AVAILABLE.

Parent/Child POWER ZONE

AT THE MWR FITNESS CENTER



Parent/Child Power Zone

Bring your child with you and work out in our dedicated Fitness Studio! Room includes Rower, Spin Bikes, Exercise Balls, & Free Weights. Children must be supervised at all times. Hours are Mon-Thu: 9am-8pm; Fri: 9am-6pm; & Sat-Sun: 9am-5pm

'24 WEST POINT Summer CHALLENGER SERIES!

*MAY 27TH TO
SEPTEMBER 2ND*

*EARN POINTS FOR EVERY
CHALLENGE COMPLETED.
ADULT & YOUTH DIVISIONS.
PRIZES FOR MOST POINTS!*

SCAN QR CODE FOR MORE



Become an MWR Fitness Trainer or Instructor!

Join our team and become a Personal Fitness Trainer or Group Instructor!
For info, call (845) 938-7060 or email patrick.j.starro.naf@army.mil.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

MWR FITNESS CENTER



Ring Run 5K 2024

Aug 24th at 8am, starting & ending at the Thayer Extension. Preregistration: \$59 (ends July 15th). After July 15th: \$65. Day of Registration: \$70. Includes a Class Crest T-shirt! Cadets run for free but must call the MWR Fitness Center to register at (845) 938-6490.

MWR INTRAMURAL SPORTS

West Point Community
Noontime
Badminton/Pickleball
Open Play



WP Community Noontime Badminton/Pickleball Open Play

Tuesdays from 12pm-1pm at Arvin
Gym 2nd floor courts.

To sign up, call (845) 938-3066

West Point Community
Adult Intramural
GOLF
League

APR 2nd - AUG 27th
TUESDAYS | 4:30PM - DUSK
West Point Golf Course



WP Community Adult Intramural Golf League

Tuesdays, 4:30pm to Dusk, at the
West Point Golf Course. League
will run April 2nd - August 27th.

To sign up, call (845) 938-3066



40th Annual Army 10 Miler

October 13th in Washington D.C.
Open to all Active Duty personnel.
Represent West Point MWR!

To try out for a spot on the team, or
for info, call (845) 938-3066 or email
james.p.mcguinness.naf@army.mil

CHILD & YOUTH SERVICES

CLICK ON THIS LINK TO VIEW THE CYS YOUTH SPORTS 2024-2025 CALENDAR!

CYS FALL 2024 YOUTH SPORTS



SEASON RUNS FROM AUG 26TH - OCT 24TH.

REGISTRATION: JUL 9TH FOR MIL/DOD (JUL 29TH FOR ALL OTHERS) - AUG 9TH.


SOCCER – Ages 3-4: \$30. Ages 5+: \$60.

- **Smart Start (Age 3)** - Mondays, 5pm-6pm at Stony Field
 - **Just 4 U (Age 4)** - Wednesdays, 5pm-6pm at Stony Field
 - **Division A (Ages 5-6)** - Mon & Wed, 5pm-6pm at Dragon Park
 - **Division B (Ages 7-9)** - Mon & Wed, 5pm-6pm at Dragon Park
 - **Division C (Ages 10-13)** - M&W, 5pm-6pm, WP Elementary School Field
- 

• **FLAG FOOTBALL** – \$60.


- **Jr. NFL (Ages 7-9)** Tues & Thurs, 5pm-6pm, at Dragon Park
 - **NFL (Ages 10-13)** Tues & Thurs, 5pm-6pm, at Dragon Park
- 

HOME SCHOOL GYM – Tues & Thurs in the MST Gym. \$50.

- **Grades K-3** | 11am-11:45am
 - **Grades 4-8** | 12:15pm-1pm
- 

INTRO TO FITNESS

For Ages 12-18 | Mondays, 4pm-5pm at the MWR Fitness Center | \$50



RUNNING CLUB

Thursdays at Dragon Park. \$25

- **Ages 7-13** | 4pm-5pm

VOLLEYBALL

Mon & Wed, at the MST. \$60.

- **Grades 4-6** | 6pm-7pm

TO REGISTER, CALL PCSOS AT (845) 938-0939/4458/1362. SPORTS ARE SUBJECT TO CHANGE BASED ON HPCON LEVELS & COMMAND APPROVAL FOR PROGRAM FACILITATION.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES

THE YOUTH CENTER (MST) IS NOW OPEN!

SUMMER HOURS:
12:30PM - 5:30PM

SCHOOL YEAR HOURS:
2:30PM - 5:30PM

THE MST OFFERS FREE WIFI, SNACKS, HOMEWORK ASSISTANCE, CLUBS, ACTIVITIES, AND SPECIAL EVENTS! AMENITIES INCLUDE MACBOOKS, A GYM, A CAFÉ, A GAME ROOM, A THEATER ROOM, A MUSIC/TEEN ROOM, AND AN ART ROOM.

YOUTH MAY REGISTER AT THE MST (AT 500 WASHINGTON ROAD) AT ANY TIME. HOWEVER, IF THEY REQUIRE ANY RESCUE MEDICATION (INHALER, EPIPEN, ETC.), THEY MUST FIRST REGISTER THRU PARENT & OUTREACH SERVICES AT (845) 938-1362/4458/0939.



CYS YOUTH SPONSORSHIP PROGRAM



JOIN OUR TEAM & WELCOME NEW STUDENTS!

CYS Youth Sponsorship

Kids who want to help other kids new to West Point can be a guide, mentor, cyber pal, & friend! Activities include training, welcomes and farewells, orientation tours, and more. For more info, call the SLO at (845) 938-2092, or visit westpoint.armymwr.com



CYSITTERS

BABYSITTER CERTIFICATION COURSE

— OPEN TO ALL CYS REGISTERED YOUTH AGES 12+ —

JULY 19TH, FROM 9AM-4PM

AT THE STONY CDC (1207 PATRICK TRAIL)

IN THIS CLASS, PARTICIPANTS WILL LEARN HOW TO:

- Care for children and infants
- Be a good leader and role model
- Make good decisions & problem solve
- Keep children and themselves safe
- Handle emergencies and injuries
- Become CPR certified, and more!



\$20 PER PERSON. OPEN TO CYS REGISTERED YOUTH AGES 12+. REGISTRATION RUNS THRU JUL 17TH OR UNTIL FILLED. REGISTER ONLINE VIA WEBTRAC. IN PERSON AT PARENT CENTRAL SERVICES, OR BY CALLING (845) 938-1362/4458/0939. CLASS SIZE IS LIMITED TO THE FIRST 8 REGISTRANTS. ATTENDEES MAY BRING NUT-FREE SNACKS & LUNCHES TO CLASS.

VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

CHILD & YOUTH SERVICES



**CYS PARENT
WORKSHOP**

SETTING HEALTHY MEDIA LIMITS

**JULY 24TH
FROM 3PM-4PM**

AT THE SCHOOL AGE CENTER (140 BUCKNER LOOP)

Join CYS for our July Parent Workshop, where we will discuss limiting children's media usage, how to set healthy screen time limits, & media usage alternatives!

THIS EVENT IS FREE & OPEN TO MEMBERS OF THE WEST POINT COMMUNITY. REGISTER IN PERSON AT PARENT & OUTREACH SERVICES OR BY CALLING (845) 938-1362/4458.



OUTREACH SERVICES: (845) 938-1362/4458
VISIT CYS ONLINE AT: WESTPOINTCYS.COM
OR VISIT OUR FACEBOOK @WESTPOINTCYS



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

Back to School

BBQ

WITH ACS

**AUGUST 7TH
12PM-3PM**

**AT MORGAN FARM
(206 MORGAN FARM RD)**

- **FREE**
- **FOOD AND DRINKS**
- **PONY RIDES**
- **BOUNCY HOUSES**
- **OPEN TO WEST POINT DOD ID CARDHOLDERS**



U.S. ARMY



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE

ARMY COMMUNITY SERVICE LENDING CLOSET

You can borrow items for up to 30 days ... **for FREE!**

- Dishware • Cookware • Utensils
- Small Appliances • Microwaves
- Irons & Ironing Boards • & more!

The Lending Closet is open 9am-1pm at the ACS Building (622 Swift Road).



For more information, please call ACS at (845) 938-3487.

SOS Constellations

Survivor Outreach Services invites Gold Star Families to join them on the third Wednesday of each month, from 10am-11am in the ACS Building (622 Swift Rd), to socialize, support, learn, and grow with one another! Call (845) 938-5654 for more info.



ACS Little Movers

West Point ACS welcomes children to their new home! ACS offers free, fun-filled activity bags for children ages 2-12 to entertain them while traveling or unpacking! Call (845) 938-3487 to schedule a pick up at 622 Swift Rd.



ACS RRP Newcomers Orientation & Welcome

Relocation Readiness Program offers a Newcomers Orientation & Welcome every Tue at 1pm & Thu at 9am at 622 Swift Road in the ACS Hudson Room 156. Spouses are welcome to attend!



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

ARMY COMMUNITY SERVICE



Join the West Point Family Advocacy Program for our workshops on the following topics:

- July 11th, 11:30am-12:30pm - *Stress and Anger Management*
- July 25th, 11:30am-12:30pm - *Positive Parenting*
- July 31st, 4pm-5pm - *Enhancing Your Child's Wellness*

- August 1st, 11:30am-12:30pm - *Stress and Anger Management*
- August 5th, 1pm-2pm - *Problematic Sexual Behavior in Children & Youth*
- August 8th, 11:30am-12:30pm - *Positive Parenting*
- August 14th, 4pm-5pm - *Couples Communication*
- August 22nd, 11:30am-12:30pm - *Perinatal Wellness*

- September 5th, 11:30am-12:30pm - *Stress and Anger Management*
- September 18th, 4pm-5pm - *Couples Communication*
- September 19th, 11:30am-12:30pm - *Positive Parenting*
- September 26th, 11:30am-12:30pm - *FAP Overview*

REGISTRATION IS REQUIRED. FOR REGISTRATION & MORE INFO, CALL (845) 938-0629. ALL SESSIONS ARE FREE AND TAKE PLACE AT THE ACS BUILDING (622 SWIFT ROAD).



CALL ACS AT: (845) 938-2519 / FAP: 0633
VISIT MWR AT: WESTPOINT.ARMYMWR.COM
f: @WESTPOINTARMYCOMMUNITYSERVICE



VISIT THE WEST POINT FAMILY & MWR ONLINE AT WESTPOINT.ARMYMWR.COM

Paid Advertisement (No Federal Endorsement Intended)

BENEFITS OF JOINING USFHP

OUR MEMBERS RECEIVE GREAT HEALTHCARE BENEFITS, WHICH INCLUDE:



Same-day urgent care appointments



Quick and easy specialty referrals



An extensive network of providers and facilities close to your home



Free eyewear, free dental care, and \$250 gym reimbursements

[USFHP.NET](https://www.usfhp.net)



A TRICARE
PRIME OPTION



West Point Family & MWR
681 Rogers Place, Rm 202
West Point, NY, 10996



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